The Waldorf Education Catalog

Books for parents, educators and children

703-661-1594

SteinerBooks
Welcome to our 2018 Waldorf Education Catalog

This catalog is the result of the work of many authors and editors, artists and teachers: thinkers and doers, whose insights and deeds can be experienced as healing gifts of warmth and light. Rooted in the spiritual science of Anthroposophy, they bring new ideas for enrichment through an educational practice that relies on the inner work of teachers and the loving support of parents. 

More than ever before, the modern child needs the natural rhythms of life to be supported by wholesome food, a connection to nature, and enrichment through the arts, literature, and science. Waldorf Education can be a healing educational journey for everyone—students, teachers, and parents — and part of our mission at SteinerBooks is to support this journey with books, lectures, and other educational resources. We share the work Rudolf Steiner began with his writings and lectures in the form of publications that you can turn to as you, like us, seek to bring meaning to the art of education.

As we usher in 100 years of Waldorf Education in 2019, we welcome you to explore the wisdom and insight that started it all (Foundations of Waldorf Education series, p. 52) as well as the many truly wonderful new offerings in the pages that follow.

With best wishes for all your endeavors,

Kathy Donchak

Staying Connected with SteinerBooks
Join our email list
Would you like news about special offers and information about new books, seminars, and events to come to you directly in your inbox? You can choose which book categories you are interested in. Sign up online: steinerbooks.org

International Distribution

UK, Europe
Floris Books
Telephone: +44-(0)845-370 0067
www.florisbooks.co.uk
orders@booksource.net

Rudolf Steiner Press
Telephone: +44-(0)845-370 0063
www.rudolfsteinerpress.com
orders@booksource.net

Canada
Tri-Fold Books
Telephone: 905-727-1117
www.trifoldbooks.com
info@trifoldbooks.com

Australia and New Zealand
Footprint Books
Telephone: 02-9997-3973
info@footprint.com.au
www.footprint.com.au

www.steinerbooks.org
TEL 703–661–1594 FAX 703–661–1501
HOURS 9–5 EST

CONTENTS

NEW & FEATURED BOOKS
Parenting .................................................................1
Child Health..............................................................6
Ecology.................................................................8
Waldorf Education & Child Development ..........9
Extra Lessons..........................................................10
Picture Books.........................................................11

STORIES & FESTIVAL ACTIVITIES WITH CHILDREN ....18

BOOKS FOR CHILDREN
Board Books............................................................22
Picture Books..........................................................24
Waldorf Story Books, Poems, & Songs ............30
Folk & Fairy Tale Collections .........................31
Storybooks for Preteens & Young Adults ..........32

CREATIVE ARTS
Activities in Nature................................................33
Crafts & Activities................................................34

HEALTH & PARENTING
Family Health..........................................................40
Parenting ...............................................................42

EDUCATION & CHILD DEVELOPMENT
Waldorf Education & Child Development ..........43
Therapeutic Arts & Education..........................47

EDUCATOR RESOURCES
Waldorf Education Resources .........................48
Foundations of Waldorf Education Series ..........52
Rudolf Steiner College Press
Waldorf Education Resources .........................53
Goethean Science................................................56

BOOK EXCERPTS FROM
With Stars in Their Eyes
by Sharifa Oppenheimer.................................59

Childhood Illnesses and Immunizations
by Dr. Ross Rentea, Dr. Mark Kamsler, and
Dr. Andrea Rentea ...........................................62

HOW TO ORDER...................................................64

KEY: All books in this catalog are paperback unless otherwise indicated.

PUBLISHER ABBREVIATIONS: Floris Books-FB;
Hawthorn Press-HP; Lindisfarne Books-LB;
SteinerBooks-SB; Rudolf Steiner College Press-RSCP;
Rudolf Steiner Press-RSP; Temple Lodge Publishing-TLP

Cover art based on Charlie’s Magical Carnival by Marit Törnqvist
catalog copyright © 2018 SteinerBooks

PLEASE NOTE: all prices are subject to change without notice.
With Stars in Their Eyes
Brain Science and Your Child’s Journey toward the Self
SHARIFA OPPENHEIMER

“Sharifa brings forward valuable current research and then applies it directly to ways of being with children in an honoring and deeply loving way that empowers their growth as resilient, coherent and empathetic human beings.” – Carla Hannaford, PhD, biologist, international educational consultant

“How brain science can guide our parenting decisions…. a road map of child development that is scientifically sound and yet honors the whole child.” – Kim John Payne M.ED., author of Simplicity Parenting and The Soul of Discipline

Here are renderings of the gentle ways that young children have been traditionally raised and educated, as well as the cutting-edge research that supports those practices.

Each chapter offers parents and educators ideas for bringing both this new science and the time-honored ways into the home and classroom.

SHARIFA OPPENHEIMER was the founding teacher of the Charlottesville Waldorf School, where she taught kindergarten for 21 years. She is the founder and director of The Rose Garden, a home-based early childhood program in Virginia. Sharifa travels nationally and internationally, lecturing and giving workshops to teachers and school and parent groups.

9781621482260 Paperback SteinerBooks 308 pp. $28.00

Heaven on Earth
A Handbook for Parents of Young Children
SHARIFA OPPENHEIMER

The Internationally bestselling parenting handbook for the parents of young children

“This book offers sound parenting principles with down-to-earth examples of how to raise children with both insight and grace.” – Jack Petrash, Director, Nova Institute

9780980083118 SB 256pp $25.00

How to Create the Star of Your Family Culture
SHARIFA OPPENHEIMER

“What a perfect book for young parents ... a great addition to a parent-child group in a Waldorf school as an inspirational study,” – Adam Adam, Amazon review

Using excerpts in Heaven on Earth as guiding images, this exploratory workbook is a guide for establishing a loving, disciplined approach to family life. Parents are given insights for dealing with developmentally appropriate behavior issues.

9781621481393 SB 152pp $17.95

What Is a Waldorf Kindergarten?
Second Edition
COMPILED AND INTRODUCED BY SHARIFA OPPENHEIMER

Inevitably, a big decision arises: How and where should my child be educated? Learn from experienced teachers what lies behind the Waldorf kindergarten methods and the practical ways in which it is applied in the classroom. Throughout the book, longtime kindergarten teacher Sharifa Oppenheimer masterfully introduces each topic. Illustrated throughout with color photographs of activities in Waldorf kindergartens.

9781584209997 SB 128pp $15.00

A new paradigm that marries ageless wisdom with the new science of the brain and heart.

COMING SOON!
Order this book DECEMBER 2018

NEW AND FEATURED PARENTING
Parenting with Values
12 Essential Qualities Your Children Need
and How to Teach Them
CHRISTIANE KUTIK

What do we, as parents, need to give our children to ensure they grow up to be happy, well-balanced and resilient people?

"Rest assured, this is an extremely level-headed and warm-hearted book that offers a great deal to stressed parents and families. This book is short enough to be an easy read, but powerful enough to give you insight."—EYE Magazine

"A brilliant book...provides the opportunity to consider how to free ourselves from some of the stresses of parenting by renewing these twelve qualities within ourselves and modelling them for our children."—New View

Some people may consider values to be an old-fashioned concept, but parenting tutor Christine Kutik suggests that by fostering twelve vital values parents can provide their children with all the tools they need to flourish, to discover the worth of non-material rewards and to have an emotionally enriching life.

In twelve short, easy-to-digest chapters, Kutik discusses the essential qualities that children need, with lots of practical examples, and explains how each one is learned and passed on from parent to child.

Self-esteem • Compassion • Honesty • Respect • Sensibility Humor • Security • Capacity to manage conflict • Independence Interest in the world • Soulfulness • Connection to the natural world

CHRISTIANE KUTIK is a mother of two, an interior designer, teacher and parenting consultant. She is a director at the IPSUM Institute in Munich, which trains parental advisors in early-years childcare, and gives lectures and seminars on practical issues relating to daily childcare and family life.

9781782504825  Paperback  Floris Books  128 pp  $14.95

Stress-Free Parenting in 12 Steps
CHRISTIANE KUTIK

"This short book manages to pack in a huge amount of clear information and practical help in a format that makes it easily accessible to a tired, and perhaps rather desperate, parent."—New View

9780863157622  FB  192pp  $15.95

Managing Screen Time
Raising Balanced Children in the Digital Age
EDMOND SCHOOREL

"...not only a fascinating read, but one which is very parent friendly, and not at all dogmatic."—Kindling

A comprehensive exploration of the health effects of screen time and the educational impact of new technology. Written by a pediatrician specializing in an anthroposophical approach to child health.

9781782502487  FB  128 pp.  $13.95

Helping Children Form Healthy Attachments
Building the Foundation for Strong Lifelong Relationships
LOIS EIJGENRAAM

Practical advice from an experienced educator on how the process of healthy attachment develops in young children, what conditions are needed for becoming well-bonded, and how care providers and educators can help.

9781782503729  FB  120pp  $13.95

Warmth
Nurturing Children’s Health and Wellbeing
EDMOND SCHOOREL

In the first book of its kind, anthroposophical therapist Edmond Schoorel uses the theory of the fourfold human being to explore the role of warmth and the “warm organism” in child development. This fascinating and practical book gives valuable insight into how to raise motivated, health children with warmth in their relationships and confidence in who they are.

9781782504436  FB  96pp  $13.95
Why Don't Children Sit Still?
A Parent’s Guide to Healthy Movement and Play in Child Development
EVELIEN VAN DORT

Why is my son so clumsy? Why is my daughter’s handwriting so messy? My children only want to play video games: will lack of movement really hurt them?

Movement is essential in helping children develop not only motor skills but also intellectual, emotional and social skills. Children learn through ‘doing’ and play. But a child’s journey to learn how to control their body can cause frustration in parents. How often do parents say, “Can you not just sit still?” or treat a grazed knee when children fall over their own feet?

By understanding how children develop sensory motor skills — that is, get information through their senses and respond with their physical body — parents can start to address and find reassurance about the issues that concern them.

In this practical and insightful book, Evelien van Dort uses her thirty years’ experience as a children’s physiotherapist, and draws on Rudolf Steiner’s theories of child development, to outline how children develop skills such as spacial awareness, balance, coordination and telling right from left. This book will inform and reassure any parent or educator about the impact of a child’s movement on their wider learning.

EVELIEN VAN DORT is a children’s physiotherapist in the Netherlands, with over thirty years’ experience. She has two children, and has written many storybooks for children. She was knighted in 2016 in recognition of her services to literature and literacy.

9781782505143 Paperback Floris Books 120pp $13.95
Through the Rainbow
A Waldorf Birthday Story for Children
RETOLD BY LOU HARVEY-ZAHRA
ILLUSTRATED BY SARA PARRILLI

Children’s birthdays are a wonderful time to remember the day they arrived in the world and to reflect on the previous year. The Waldorf birthday story tradition is a special part of growing up and has been told for generations, holding a unique place in the hearts and memories of thousands of families. This is a faithful and inspiring retelling of the most well-known version by parenting coach and Waldorf parent Lou Harvey-Zahra, and is accompanied by the softly luminous illustrations of New York artist and Waldorf teacher Sara Parrilli.

This beautiful picture book can become part of a family’s traditions, read every year to celebrate a child’s special day and can be personalized, making it unique for each birthday child. (Ages 4–10)

978 1782505075  color illustrations  Hardcover  Floris Books  32pp  $19.95

“Once upon a time there was a little soul who lived above the clouds, and was friends with the moon, the stars and the sun. A special guardian angel watched over the little soul always.”

SEASONAL SONG BOOKS
by Sally Schweizer

Anthologies for Family, School, Festivals and Fun!
Seasonal Verses, Poems and Songs for Children, Parents and Teachers

For years, teachers, parents, and students have requested that Sally Schweizer publish her collections of songs and verses—and here they are! Books include selections of rhyming words; commentary on the significance of repetition, rhythm and beat; suggestions for incorporating movement and gesture; and practical teaching and parenting tips.

A Waldorf Songbook
BRIEN MASTERS
This much-loved book collects more than one hundred songs, gathered over the years by experienced Waldorf teacher Brien Masters. The songs are selected for class 3 (age 8) to class 8 (age 14) and grouped according to festivals and seasons. They include rounds and four-part songs, as well as musical notation for recorders and other instruments.
9781782501701 176 pp FB $24.95

Earth Water Fire Air
A Waldorf Songbook
PETER PATTERSON
Selected from over fifty years of teaching, from kindergarten to high school, Peter Patterson’s songs are for all those times when 5 or 10 minutes of making music can bring joy into the classroom and the home, as well as to subjects as diverse as mythology and mathematics. Includes CD with 69 songs
9780946206292 168pp Wynstones Press $19.95

In the Light of a Child
A Journey through the 52 Weeks of the Year in Both Hemispheres for Children
MICHAEL BURTON
These verses by poet Michael Burton help children develop a living feeling for the seasons that will stay with them through life. The verses follow the course of the year, as inspired by Rudolf Steiner’s Calendar of the Soul and are arranged so that parents, teachers, eurythmists, and children can follow the course of the year in both hemispheres. (Ages 4–9)
9780880104500 62pp SB $14.95
Movement
Your Child's First Language
How movement and music assist brain development in children aged 3–7 years
SALLY GODDARD BLYTHE
This book with 2 CDs is a collection of songs, action nursery rhymes, exercises and movement stories that assist child development through movement.
Why movement matters for brain development, attention, co-ordination and balance
• Early years brain development
• How children learn with their bodies
• The neo-natal reflexes
• Why music matters and what music does
• How to use the songs and rhymes
SALLY GODDARD BLYTHE is Director of the Institute for Neuro-Physiological Psychology. Her remedial programs transform children’s learning through movement.
MICHAEL LAZAREV is Head of the Children’s Rehabilitatory Medicine Center in Moscow.
19781907359996Paperback with 2 CDs Hawthorn Press 192pp $29.00

Parenting Toolkit
Simple Steps to Happy & Confident Children
CAROLINE PENNEY
“…uses the secrets that family therapists know to get underneath problems and unlock what is causing them…. In clear, simple, and friendly language, she helps you understand, and overcome, these hurdles.” —Steve Biddulph, author and psychologist
CAROLINE PENNEY, BSc, SRN, MSc, PGCE, has extensive experience as a family therapist, with a particular focus on teaching parenting skills. She is a psychotherapist with the British Association for Counselling and Psychotherapy and a Systemic Family and Couple Therapist. She is a certified Infant Massage teacher, works for the NHS Trust Foundation at Child and Adolescent Mental Health Services, and is a joint-leader of the EPEC (Empowering Parents, Empowering Communities) project, training parents to facilitate parenting groups.
978-1-907359-90-3 Hawthorn Press Hardcover Illustrated 198pp $29.00

Raising Happy Healthy Children
SALLY GODDARD BLYTHE
This much-loved book collects more than one hundred songs, gathered over the years by experienced Waldorf teacher Brien Masters. The songs are selected for class 3 (age 8) to class 8 (age 14) and grouped according to festivals and seasons. They include rounds and four-part songs, as well as musical notation for recorders and other instruments.
9781907359835 260pp HP $24.95

Authentic Parenting
A Four-Temperament Guide to Your Child and Yourself
BARI BORSKY & JUDITH HANEY
Are you finding it difficult to understand your child? You can lean how to work with yourself and your child to head off misunderstandings, explosive emotions, and sulking; how to identify your child’s temperament; and tips for tailoring disciplinary techniques so your child really hears you.
9781621480464 SB 116pp $12.00

Spirit-led Community
Healing the Impact of Technology
LISA ROMERO
The foundations of inner freedom, as well as inner unfreedom, are greatly influenced during the years of child development. Here are spiritually healthy guidelines for lessening the negative influence of technology on the inner life and for forming communities in which the health of the community, the education of the child, and social life are imbued with impulses supportive of the cultivation of human freedom.
9781621482154 SB 188pp $17.00
A Waldorf Guide to Children’s Health
Illnesses, Symptoms, Treatments and Therapies
MICHAELA GLÖCKLER, WOLFGANG GOEBEL AND KARIN MICHAEL
TRANSLATED BY CATHERINE CREEGER

When a child is sick, parents need clear, reliable information to help them take action quickly. This fully comprehensive guide to child health and wellness draws on anthroposophic medicine, combining conventional treatments with complementary therapies.

Including current medical advice alongside traditional tried-and-tested tips and anthroposophic insights, this book empowers parents to look beyond the surface symptoms and better understand their child as a whole—in body, soul and spirit.

Based on the bestselling A Guide to Child Health, this essential reference guide is updated for today’s parents.

DR. MICHAELA GLÖCKLER is former head of the Medical Section at the Goetheanum in Dornach, Switzerland, and an anthroposophical pediatrician.

DR. WOLFGANG GOEBEL co-founded the pediatric department at the community hospital in Herdecke and was its leading physician until 1995.

DR. KARIN MICHAEL is an anthroposophical pediatrician and Head Pediatrician at Herdecke Community Hospital in Germany.

9781782505297 Paperback Floris Books 248 pp. $19.95
Autism: Meet Me Who I Am
A Contribution toward an Educational, Sensory, and Nutritional Approach to Childhood Autism that Supports Families and Ignites the Child’s Deeper Wish to Connect to People and the World

LAKSHMI PRASANNA AND MICHAEL KOKINOS

The outlook on autism presented here emerges from 20 years of clinical work and research by Dr. Lakshmi Prasanna, a developmental pediatrician and neonatologist from India, and Michael Kokinos, an Australian physiotherapist specializing in neurology and the relationship of movement and sensation. Their work has taken place mostly in the rapidly developing cities of South India.

Autistic characteristics present with an incredible diversity; the consultation room alone does not often suffice to see and truly understand the unique riddle of an individual child. The authors’ interest and research has involved observation of the children contextually—behind diagnostic labels (communication disorder, repetitive behaviors, lack of eye contact)—while holding questions such as these: How does the child’s behavior differ at school, home, in public? Why does this child act so differently with different people? What influences do different types of food have? What is the sensory need behind a repetitive behavior? How do siblings, grandparents, and parents handle the challenges?

This holistic approach is not only medical but also primarily social, pedagogical, and environmental, forming and utilizing a community of support for the individual children, challenging family members and professional caregivers to step out of their confining silos and work together in dynamic, therapeutic communities. This book describes this joint effort, drawing inspiration in a unique way from the children themselves.

9781584209362  Paperback  Lindisfarne Books 128 pp.  $14.95

Meet me when I’m dancing
Meet me who I am
Meet me in the space of
Guilt and hope inside.
.....
Meet me in our loving
Meet me in our grief
Meet me I’m inside you
Forever, forever to be.

—Prasaad, a young man with ASD

Education as Preventative Medicine
A Salutogenic Approach
MICHAELA GLOECKLER

Salutogenesis means “inquiry into the origin of health.” This approach represents a new paradigm and direction for research. How and when something is taught affects the student’s lifelong disposition toward health or illness. The Waldorf curriculum is based on an understanding of the development and physiology of children, and healthy development of the physical body is the basis for healthy development of their soul–spiritual individuality.

9780945803638  RSCP 372pp $26.95

A Healing Education
How Can Waldorf Education Meet the Needs of Children
MICHAELA GLOECKLER

Five lectures to Waldorf teachers:
• The Pedagogical Law and its Expression in Karma and Reincarnation
• The Image, Character, and Language of the Physical Body
• The Metamorphosis of Growth Forces into Intellectual Forces
• The Rhythmic Nature of Astral Activity
• The Ego Organization as the Great Integrator

9780945803485  b/w Illustrations RSCP 108pp $15.95

A Practical Guide to Curative Education
The Ladder of the Seven Life Processes
ROBYN M. BROWN

This book goes back to basics and examines the potential benefits of Steiner’s unique educational approach in today’s classrooms. At a time when even longtime experienced educators are struck by how the dynamics of their classrooms have changed, this is a much needed reminder of a tried and tested approach that can work for every child, and ultimately for our society.

9781584209829  LB 150pp $15.00
Creative Place-based Environmental Education
Children and Schools as Ecopreneurs for Change
JORUNN BARANE, AKSEL HUGO AND MORTEN CLEMETSSEN
FOREWORD BY DOUGLAS FORELL HULMES

How can schools become creative hubs for enriching the community and for the care of nature, landscape, and place?
This book presents the why, what, and how of creative place-based education as action researched successfully by educators for more than twenty years in Aurland, Sognafjord, Norway, and with the Norwegian University of Life Sciences in Oslo, Norway.
This hands-on approach embraces the whole locality as an inspiring educational resource. Design tools for developing place-based educational curricula are made globally relevant with case studies.

JORUNN BARANE is an educator and storyteller, teaching Ecopreneurship at a national center for organic agriculture in Aurland, Norway.
AKSEL HUGO, PhD, is director of a national center for organic agriculture in Aurland, Norway. He teaches subjects related to nature management and ecological entrepreneurship in the field of business administration.
MORTEN CLEMETSSEN, PhD, lectures on rural landscape and planning at the Norwegian Life Sciences University. He is a consultant in rural landscape management, landscape assessments, and local community development, and is currently responsible for teaching and research on strategic landscape scale planning.

9781907359736 Paperback Hawthorn Press 168pp $43.00

Children & Nature
Making Connections
EDITED BY GEORGE K. RUSSELL
"Between the ages of 6 and 12, learning about nature is less important than simply getting children out into nature." —David Sobel
The 12 essays in this book by university professors, journalists, teachers, healers, parents, and poets, offer a wonderful mix of the personal and inspirational alongside authoritative expertise and challenging ideas for parents and teachers to help children connect with nature and their surroundings.
9780980083118 Housatonic Press 176pp $14.00

Storytelling for a Greener World
Environment, Community, and Story-Based Learning
EDITED BY ALIDA GERSIE, ANTHONY NANSON, AND OTHERS
"If we are to be able to move to a more sustainable, more resilient future, we first have to be able to imagine it. We need to be able to tell its stories, weave its magic, bring it alive so we can see, smell, hear, taste, and touch it. Storytelling for a Greener World does just that. It is rich, powerful and of immense importance." —Rob Hopkins, co-founder, Transition Network
9781907359354 HP 368 pp. $35.00

Growing Sustainable Children
A Garden Teacher’s Guide
RONNI SANDS & WILLOW SUMMER
Gardening is an active participation in the mysteries of the universe.—Thomas Berry
With its useful overview of gardening education and the evolving consciousness of children, and its detailed age-appropriate curriculum with activities from early years through adolescents, this will be an indispensable resource for teachers planning a gardening program and for everyone working with children outdoors as a parent, homeschooler, community organizer, or friend of the earth.
9781584209423 LB 226pp $24.95
Writing to Reading
The Steiner-Waldorf Way
Foundations of Creative Literacy in Classes 1 and 2
ABI ALLANSON AND NICKY TEENSMA

"Reading is an extraordinarily complex skill, involving the integration of multisensory and cognitive abilities that develop at different times. Rudolf Steiner recognized this complexity and advocated a comprehensive developmental approach to reading instruction. ... This book expands and elaborates on Steiner's insights, drawing upon a wealth of classroom experience and a large body of empirical data. It is essential reading, not only for Waldorf teachers, but also for all those who desire a deeper understanding of the miracle of reading."—David Elkind, Ph.D. Professor Emeritus of Child Development, Tufts University

This book is both theoretical and practical, providing a complete pathway to teaching children how to write and read in classes 1 and 2, with easy-to-use plans and practical activities for immediate use. It also sets out fundamental principles of Waldorf pedagogy, showing how this dovetails with the best of both mainstream primary approaches and specialist dyslexia-friendly methods, which teachers can use to create their own activities and resources.

ABI ALLANSON is a children's physiotherapist in the Netherlands, with over thirty years' experience. She was knighted in 2016 in recognition of her services to literature and literacy.

NICKY TEENSMA, a teacher at the Rudolf Steiner School Kings Langley, UK, is a trained and certified dyslexia special education teacher.

9781907359880 Paperback Hawthorn Press 352pp $50.00

---

Parables
TORIN M. FINSER

"One could say that a parable contains a larger lesson in a bite-sized portion. Parables use comparison, allegory, imagery, analogy, or a short story to convey a larger meaning." Torin Finser also writes that parables involve "looking down" (or out) to find an often-overlooked object, and then "looking up" to the eternal truth that can be brought down to children. How can we do both? Can we teach our children to see not only what is on the desks before them, but also what surrounds them in nature and in the circles above them in the starry heavens and beyond? Parables may help us!

9781621482307 SB 68pp $10.00

---

A Gift of Wonder
A True Story Showing School as It Should Be
KIM ALLSUP
FOREWORD BY PATRICE MAYNARD

Is education the filling of a bucket? Or is it the lighting of a fire?

Kim Allsup is a teacher and a teller of stories, and so this book is the story of a teacher’s six-year journey with her class. Through the funny, poignant, relatable and finally life-affirming stories, this memoir gently shows the way to an educational approach that is worthy of childhood: education rooted in wonder.

9781584209546 LB 240pp $19.95

---

Learning Difficulties
A Guide for Teachers: Waldorf Insights and Practical Approaches
Edited by MARY ELLEN WILLBY

This book gathers astute observations and deep insights of experienced teachers on working with challenged children. They offer exercises and classroom lessons, as well as sections on factors in the causes of learning difficulties, on dominance and handedness, movement in the early years, older children with learning difficulties, and much more. Contributors include Audrey McAllen, René Querido, James Dyson MD, Margret Meyerkort, Ingun Schneider, and many others.

9780945803409 290pp RSCP $23.95
Extra Lessons
The Remedial Work of Audrey McAllen

The Extra Lesson
Movement, Drawing, and Painting Exercises to Help Children with Difficulties in Writing, Reading, and Arithmetic
This revised and expanded 6th edition gives thorough instructions for working with the highly effective remedial exercises developed by Audrey E. McAllen, enabling students with learning difficulties to find a new connection to who they are and to their tasks.
Exercises include: assessment exercises; exercises to develop body geography and spatial orientation; exercises to support integration of early movement patterns; exercises to support eye movement development; rhythm exercises for harmonization of body space and breathing; exercises for left or right dominance; stretching and lifting exercises in relation to the three dimensions; drawing and painting exercises.
9780981809519 Paperback RSCP 132pp $33.50

Sleep
An Unobserved Element in Education
Sleep is vital for physical, psychological and spiritual well-being. Children take their daytime experience into their sleep life. An essential element in Audrey McAllen's remedial work with children is to encourage the development of a healthy relationship to sleep. In this book she writes about the specific role of sleep in education, including lively descriptions of her experiences working with children.
Includes Moral Color Exercises, which are a series of paintings the author developed from indications by Rudolf Steiner and Hilde Boos-Hamburger that are helpful for children from sixth grade on.
9780945803645 Paperback RSCP 72pp $14.95

The Listening Ear
The Development of Speech as a Creative Influence in Education
This important book gives teachers specially selected exercises in order to help them to develop clear speaking in the classroom and to use the creative power of speech as a teaching tool. The author looks at the links between speech and child development, the speech organs, the effects of artificially produced sound on speech development, rhythm, meter, and the sound groups.
9781869890186 Paperback RSCP 160pp $14.95

Teaching Children Handwriting
Historical, Developmental, and Practical Aspects of Writing
This is a reference for teachers and homeschooling parents for the language arts curriculum in the first three grades and beyond. It begins with the young child’s orientation in space and presents written language in the context of the development of human consciousness. Offering practical suggestions for activities, posture, choice of writing instruments, and much more, it also provides helpful insights and guidance into learning difficulties that can be observed through a child’s handwriting.
9780945803553 Paperback RSCP 148pp $22.95

Reading Children's Drawings
The Development of Spatial Orientation and Body Schema as Seen in the Person, House and Tree Motifs
This study of children's drawings was made in relation to Rudolf Steiner's spiritual scientific observations of the human being that encompass the unseen spiritual dynamics behind form and growth. It thereby becomes obvious that deep and sacred processes are being shown to us by the child.
Illustrations: Color and black & white
9780945803744 Paperback RSCP 92pp $23.00
The House of Lost and Found

STORY BY MARTIN WIDMARK
ILLUSTRATIONS BY EMILIA DZIUBAK

A beautiful and uplifting story of being lost and finding hope from a bestselling author and award-winning illustrator

Niles lives all alone in a big old gloomy house filled with memories of the people who used to live there.

One day, a boy appears on his doorstep and asks Niles to take care of his plant. Astonished, Niles takes the little pot, and wonders what to do with it.

As the seedling appears, Niles realises how empty and lonely his house is and begins to care for the plant, his house and himself. By the time the boy returns, his flower has bloomed into a beautiful poppy, and Niles and his house are filled with hope again. (Ages 4-7)

MARTIN WIDMARK is the bestselling Swedish children’s author of over 100 books, which have been translated into more than thirty-five languages. Martin has worked as a middle-school teacher and a Swedish language teacher for immigrants, and now uses his experiences to promote reading and literacy for young people.

EMILIA DZIUBAK is an award-winning illustrator based in Poland. She is a graduate of The Academy of Fine Arts in Poznan and has illustrated numerous children’s picture books, which have been translated throughout the world.

"A perfect marriage of text and illustration... stunning, as an example of poetically crafted storytelling and as a work of art. This is not only a wonderful book for the family shelf, it should have pride of place." — Goodreads/NetGalley

9781782505426 Hardcover Floris Books 40pp $17.95

Mary, Queen of Scots
Escape from Lochleven Castle

THERESA BRESLIN; ILLUSTRATED BY TERESA MARTINEZ

Multi-award-winning author Theresa Breslin and illustrator Teresa Martinez have adapted this world famous true story into a dramatic children’s picture book. The gripping story and wonderful illustrations are packed with historical details. (Ages 4-7)

THERESA BRESLIN is a critically-acclaimed author of over 30 books for children and young adults. Her work has been filmed for television, broadcast on radio, and is read world-wide in many languages. Her novels have won many literary prizes including the Carnegie Medal.

TERESA MARTINEZ studied graphic design and painting before becoming a children’s book illustrator.

9781782505129 Floris Books Paperback 32pp $11.95
Goodnight Sandman
DANIELA DRESCHER

Every evening, when the sun sets and everyone else is going to bed, Jacob the Sandman wakes up and starts his work.

One evening Jacob wakes up late and rushes to Dream Sand Hill. But there, atop the pile of dream sand, is a scary, snoring Night Monster. Jacob must collect the magic dream sand so that children can dream happy dreams. Fortunately, the Night Monster turns out to be not so scary after all.

This delightful bedtime tale is perfect for encouraging sweet dreams and banishing nightmares. You can even learn to sing the Sandman’s Song!

Much-loved artist and best-selling author Daniela Drescher makes this a new night-time favorite for every young child. (Ages 3-6)

The Garden Adventures of Griswald the Gnome
DANIELA DRESCHER

Griswald is a little gnome who lives in a rain gutter. The one day, a storm washes him down the drainpipe into an old rain barrel. At first, Griswald is unsure about his new home, but soon he meets all the animals, birds and plants that live in the garden.

Through the seasons, Griswald explores a whole new world in the garden and meets many new friends, and even learns to dance!

Perfect for bedtime, each easy-to-read chapter tells a different adventure and is filled with beautiful illustrations of lively gnomes and sprites, colorful plants and flowers, and characterful animals and birds. (Ages 6-10)

9781782505211 Hardcover Floris Books 120pp $19.95
Charlie's Magical Carnival

MARIT TÖRNQVIST

Charlie can't wait to go the carnival, but first his mom must find his party hat and red balloon. While she's searching, Charlie imagines all the wonderful things they might see: lemonade rivers and lollipop trees, elephant taxis and a cake as big as the town square.

From award-winning children's author and illustrator Marit Törnqvist, this spectacular book unfolds the magic of children's imaginations and their ability to see their make-believe worlds as reality. (Ages 4-7)

Children will love to explore Charlie's amazing carnival with lots of fold-out pages and incredible illustrations.

9781782504603  Hardcover  Floris Books 32pp  $17.95

And it did!

They rode through the streets on their taxi elephant.
Mama was shaking, but only a little.
Bear Child
BY GEOFF MEAD
ILLUSTRATED BY SANNE DUFFT

Who are the bear folk?
At bedtime Ursula asks Daddy to tell her the tale of the bear folk: special beings who can choose to be either a bear or a person, depending if they want to catch a fish or read a book.
Bear folk live extraordinary lives. They are strong and clever, kind and loving, adventurous and creative — just like her.
Will I ever meet one?, Ursula asks. Perhaps she already has.... (Ages 3-7)
9781782504764 Hardcover Floris Books 32pp $17.95

“Powerful storytelling ... a magical tale that feels remarkably close to reality. Sanne Dufft’s ethereal illustrations bring the bear folk to life.” — Kindling

“The Island and the Bear
LOUISE GREIG; ILLUSTRATED BY VANYA NASTANLIEVA

“A poetic tribute to the beautiful nature of a bear who once was really lost on an island in the Scottish Hebrides.” — Midwest Book Review

A touching tale based on a true story that has become a legend in the Scottish Hebrides. Its message of overcoming fear with love comes from an area that is celebrated for its isolated, wild, sea-framed beauty, poetry, and music. (Ages 3-6)
9781782503682 FB 24pp $11.95

Peg and Uan
Making Friends
SANDRA KLAASSEN

Can Peg, the sheepdog puppy who is scared of sheep, become friends with Uan the little lamb?
This sweet board book introduces very young children to these dear characters with a charming story about friendship. (Ages 1-3)
9781782504412 Board Book FB 14pp $9.95

“This is a delightful first book to share with babies as they grow.” — Juno
The Magical Wishing Fish
The Classic Grimm’s Tale
of the Fisherman and His Wife
BY JACOB AND WILHELM GRIMM
ILLUSTRATED BY LOEK KOOPMANS
A wonderful new adaptation with beautifully detailed illustrations that bring light-hearted humor and warmth to the traditional Grimm’s tale that has been told and retold around the world of the fisherman and his wife and the special fish that he once caught. (Ages 3–6)
9781782505242 Hardcover Floris Books 24pp $16.95

Once upon a time a fisherman lived by the shore of a wide sea. One day, he caught a fish and was reeling in his line when he heard a small voice calling, “Stop! Please let me go! I’m not a fish, but an enchanted prince. Put me back in the water and let me swim free!” The fisherman was amazed. He’d never met a talking fish before.

Also by Loek Koopmans:

The Pancake that Ran Away
A bright, buoyant retelling of the classic folktale with lots of fun details to notice. (Ages 3–6)
9781782501763 Hardcover Floris Books 24pp $16.95

Also by Loek Koopmans:

Any Room for Me?
The enduring, classic tale of how a unlikely collection of forest animals try to find a cozy winter home in a mitten dropped by an old woodcutter. (Ages 3–7)
9780863151606 Hardcover Floris Books 28pp $16.95

Also by Loek Koopmans:

Cinderella
(Ages 4–7) 9780863159480
Hardcover Floris Books 32 pp. $17.95

Also by Loek Koopmans:

The Pied Piper of Hamelin
(Ages 4–6) 9781782500353
Hardcover Floris Books 32 pp. $17.95

Also by Loek Koopmans:

Snow White and Rose Red
(Ages 5–8) 9780863157264
Hardcover Floris Books 32 pp. $17.95

Also by Loek Koopmans:

The Princess and the Pea
(Ages 3–6) 9780863158575
Hardcover Floris Books 28 pp. $17.95

Also by Loek Koopmans:

Rapunzel
(Ages 4–7) 9781782503828
Hardcover Floris Books 32 pp. $17.95
Elsa Beskow
2019 Calendar

This spacious monthly calendar is beautifully illustrated with seasonal artwork from Elsa Beskow’s books. The main US, UK, and Swedish holidays are included.

Illustrations from Around the Year, Thumbelina, Ollie’s Ski Trip, Pelle’s New Suit, Peter and Lotta’s Christmas, The Flowers’ Festival, Woody, Hazel and Little Pip, The Sun Egg, Christopher’s Garden, and Peter in Blueberry Land, and more (all published in English by Floris Books).

Shrink-wrapped with cardboard reinforcement.

9781782504948  Floris Books  24 pp. 12” x 12” wall calendar  $13.95  This calendar is NON-RETURNABLE

Elsa Beskow Gift Collections

Beautiful gift sets that are the ideal present for all Elsa Beskow fans. (Ages 4-7 years)

PETER IN BLUEBERRY LAND COLLECTION: Mini-editions of Elsa Beskow’s classic books, including Peter in Blueberry Land; Around the Year; Ollie’s Ski Trip; The Sun Egg; and the never-before-available mini-edition of Emily and Daisy.

9781782503811  Hardcover Boxed Set  Floris Books  $40.00

CHILDREN OF THE FOREST COLLECTION: Five mini-editions of Elsa Beskow’s classic books, including mini-editions of Children of the Forest; The Flowers’ Festival; Pelle’s New Suit; Woody, Hazel and Little Pip; and the all-new exclusive mini-edition of Princess Sylvie.

9781782503804  Hardcover Boxed Set  Floris Books  $40.00

There are many more books by Elsa Beskow to delight you on page 26.

The Elsa Beskow Alphabet Book
9781782502050  HC  FB  176 pp.  $16.95

The Elsa Beskow Baby Book
Memories of Your Baby’s Early Years
9781782500063  HC  FB  60 pp.  $19.95

Rosalind and the Little Deer
(Ages 4-7)  9780863157943  HC FB  32 pp.  $17.95

Christopher’s Garden
New edition of Christopher’s Harvest Time.
(Ages 3-7)  9781782503491  HC FB  32 pp.  $17.95

Thumbelina
Hans Christian Andersen; Illustr. by Elsa Beskow
This classic tale by Hans Christian Andersen in English with Elsa Beskow’s charming illustrations for the first time in 30 years.
(Ages 4-7)  9781782502456  HC FB  32 pp.  $17.95
How Does My Fruit Grow?

GERDA MULLER

Sophie loves visiting her aunt and uncle in the countryside and learning all about the fruits that grow in their garden: strawberries, redcurrants and cranberries, and how a tall cherry tree grows from a small seed, and how bees help blossoms become fruit.

When her family moves south she learns about different plants and trees with new friends who help her harvest melons, grapes, figs, oranges and pomegranates. At school she learn about tropical fruits and nuts from all over the world — bananas, coconuts, cashews, pineapples and many more.

This companion to the beloved How Does My Garden Grow? is full of detailed illustrations. The simple story, both informative and entertaining, is a perfect tool for teaching children where food comes from, and inspiring interest in the wonderful diversity of the world around us. (Ages 4-7)

9781782504726 Hardcover Floris Books 28pp $17.95

ALL-TIME CUSTOMER FAVORITE!

Gerda Muller’s BESTSELLING FOUR SEASONS BOARD BOOKS are now available in a beautifully boxed GIFT COLLECTION, as well as single season books. (Ages 1-5)

9781782504733 Hardcover Boxed Set Floris Books 48pp $30.00

Spring
9780863151934 BB FB 10 pp. $10.00

Summer
9780863151941 BB FB 10 pp. $10.00

Autumn
9780863151910 BB FB 10 pp. $10.00

Winter
9780863151927 BB FB 10 pp. $10.00

A Year in Our New Garden
“This engaging story and gardening information will delight readers.” — School Library Journal
(Ages 3-7 9781782502593 HC FB 28 pp. $17.95

The Town Musicians of Bremen
(Ages 3-7 9781782501770 HC FB 32pp $17.95

Goldilocks
“...a delightful mix of tradition and the modern day.” — WakingBrainCells blog
(Ages 3-7 9780863157590 HC FB 40pp $17.95

Where Do They Go When It Rains
(Ages 3-7 9780863157493 HC FB 28pp $17.95

A Year Around the Great Oak
“An exquisite work of art ... timeless quality ... a must for all schools.” — Carousel
(Ages 3-7 9780863159466 HC FB 32 pp. $17.95

2017 USBBY Outstanding International Books List

Spring
9780863151934 BB FB 10 pp. $10.00

Summer
9780863151941 BB FB 10 pp. $10.00

Autumn
9780863151910 BB FB 10 pp. $10.00

Winter
9780863151927 BB FB 10 pp. $10.00

ALL-TIME CUSTOMER FAVORITE!

Gerda Muller’s BESTSELLING FOUR SEASONS BOARD BOOKS are now available in a beautifully boxed GIFT COLLECTION, as well as single season books. (Ages 1-5)
My First Snow Children

SIBYLLE VON OLFERS

Poppy is watching the snow fall outside her window when she realizes that the snowflakes are really Snow Children, dancing and whirling in the garden.

*My First Snow Children* is a charming abridgment of the traditional classic *The Story of the Snow Children*. Presented for the first time as a board book for very young children, it includes all of Sybille von Olfers’s original art-nouveau illustrations, adapted to fit the new format. (Ages 1-4)

9781782505235  Board Book  Floris Books  12pp  $9.95

"A beautiful story that leaves you feeling warm and fuzzy." — Families magazine rating: 6 out of 6  (Ages 3-6)  9781782500162  HC  FB  32 pp. $17.95

**“A lovely book to show how kindness matters.”** — Creative Steps Magazine  (Ages 3-6)  9780863157738  HC  FB  24pp $16.95

"Come and play with us, Poppy," the snow children called. "We’re going to visit the Snow Queen!"
Poppy put on her warm red coat and ran outside.

SIBYLLE VON OLFERS’ (1881-1916) blend of natural observation and use of simple design has led to comparisons with Kate Greenaway and Elsa Beskow. Her other published works include *Princess in the Forest*, *The Story of the Snow Children*, *The Story of the Wind Children*, *The Story of the Butterfly Children* and *The Story of the Rabbit Children*.

The woodland gnomes make an exciting journey by sled through a frigid forest, over snowy hills, for a delicious feast with the elegant Winter Queen. (Ages 4-7)

9781782504375  HC  FB  32 pp. $17.95

"Tender, pastel illustrations bring this well-loved traditional tale to a new incarnation." — Children’s Book Watch  (Ages 3-6)  978178250329 HC Floris Books 32 pp. $17.95

Santa Claus and the Christmas Surprise

STORY BY DOROTHEA LACHNER
ILLUSTRATED BY MAJA DUSÍKOVÁ

This is a warm-hearted Christmas story that shares a positive message about communities coming together to remember what’s really important. (Ages 3–6)

DOROTHEA LACHNER is the writer of many books and radio programs for children in Germany and Austria.

MAJA DUSÍKOVÁ was born in Slovakia in 1946. She has illustrated over forty books for children. She lives with her family in Florence, Italy. She is the illustrator of The Princess and the Pea (see page 15).

9781782505433 Hardcover Floris Books 28pp $17.95

“...an emotionally astute, endearing story of a boy and his grandfather and the live freshwater carp they procure for their Christmas dinner.” —Wall Street Journal

Based on the classic Christmas story of Mary’s little donkey. This advent calendar and book are the perfect additions to a festive home.

9781782502944 32pp FB HC $17.95
9781782503279 Calendar FB $9.95

Calendar is NON-RETURNABLE

A magical retelling of the Christmas story with beautiful, soft and gentle illustrations by Loek Koopmans. (Ages 3–6)

9781782501350 HC FB 32 pp. $16.95

“...an emotionally astute, endearing story of a boy and his grandfather and the live freshwater carp they procure for their Christmas dinner.” —Wall Street Journal

Gunhild Sehlin’s classic chapter book is an engaging alternative to the traditional Christmas story. (Ages 6–10). See above for ages 4–7.

9781782502210 HC FB 32 pp. $17.95

9780863159336 FB 60pp $12.95

“...an emotionally astute, endearing story of a boy and his grandfather and the live freshwater carp they procure for their Christmas dinner.” —Wall Street Journal

Christmas stories to use as an Advent calendar

9780946206230 WP 80 pp. $12.95

In this a heart-warming, down to earth story about a little shepherd boy who had to stop crafting toys in order to look after his sheep. However, he finds them just in time to give as a gift to the new born Son of God. The story is simply told, and the illustrations are beautiful.” —Kindling

(Ages 4–7)

9781782504382 HB FB 32pp $17.95
Two for Findus at Christmas!

The stories of Findus and Pettson by the well-loved Swedish children's illustrator and writer SVEN NORDQVIST draw on his playful adventures with his two young sons. His uniquely hilarious illustrations are inspired by a delight in everyday life. (See more books by Sven Nordqvist on pp. 27 & 28.)

Findus and the Christmas Tomte

Snow is falling on Farmer Pettson’s farm, and Christmas is approaching. Findus is excited about the Yule Tomte visiting and bringing gifts. But Pettson is worried. “How can I explain that the Yule Tomte may not visit cats?”

Pettson does not want Findus to be disappointed, so he makes a plan to build a mechanical Yule Tomte that can give Findus gifts. But it is going to be very difficult to keep this secret from Findus, and even harder to come up with a convincing mechanical Yule Tomte! What Pettson needs is a little bit of Christmas magic...

This is the 11th story from Hawthorn Press in the wildly popular Findus and Pettson series — The Findus books have sold over 15 million copies in 51 languages. (Ages 5-7)

9781907359934 Hardcover Hawthorn Press full color illustrations throughout 130pp $28.00

Findus at Christmas

It’s the day before Christmas Eve and disaster strikes at the Pettson farm when Farmer Pettson sprains his ankle. How can Findus and Pettson celebrate Christmas with no tree, no ham, and no gingerbread? They are about to give up when there is a knock at the door. (Ages 3-7)

9781907359057 Hardcover Hawthorn Press Full color illustrations throughout 28pp $17.95

“a gorgeous read–aloud book ... a highly recommended, different kind of holiday read.” — Midwest Book Review

“beyond marvelous ... perfect holiday story.” — Youth Services Book Review

The story of elf Otto, who finds a postcard describing the bright light of Christmas and journeys North in search of this elusive light. (Ages 6-10) 9781782503231 HC FB 108pp $24.95

“Rollicking holiday adventures, one for each day of the Advent calendar.” — BookPage

“A joy to read and to share with children.” — Kirkus Reviews

The story of elf Otto, who finds a postcard describing the bright light of Christmas and journeys North in search of this elusive light. (Ages 6-10) 9781782503231 HC FB 108pp $24.95

“Beautifully illustrated, heart-warming but unsentimental story by the author of Pippi Longstocking.” — Daily Echo

The tomtes fear they won’t get their annual bowl of Christmas rice pudding, so they take matters into their own hands. (Ages 4-7)

9780863158247 HC FB 32pp $17.95

“Rollicking holiday adventures, one for each day of the Advent calendar.” — BookPage

“A joy to read and to share with children.” — Kirkus Reviews

The story of elf Otto, who finds a postcard describing the bright light of Christmas and journeys North in search of this elusive light. (Ages 6-10) 9781782503231 HC FB 108pp $24.95

“Beautifully illustrated, heart-warming but unsentimental story by the author of Pippi Longstocking.” — Daily Echo

The tomtes fear they won’t get their annual bowl of Christmas rice pudding, so they take matters into their own hands. (Ages 4-7)

9780863158247 HC FB 32pp $17.95

“The perfect book to snuggle up together with and read aloud.” — Creative Steps

The tomtes fear they won’t get their annual bowl of Christmas rice pudding, so they take matters into their own hands. (Ages 4-7)

9780863158247 HC FB 32pp $17.95
The Advent Craft and Activity Book
Stories, Crafts, Recipes and Poems for the Christmas Season
CHRISTEL DOHM
9780863159121 FB 144pp $19.95

The Christmas Book
Second Edition
THOMAS BERGER
9780863158278 FB 80pp $19.95

Crafts Through the Year
Second Edition
THOMAS BERGER AND PETRA BERGER
9780863158285 FB 176pp $24.95

Winter Nature Activities for Children
KUTSCH B WALDEN
Winter crafts with wool, wood and clay. 220 photos & illustrations
9780863155564 FB 96pp $19.95

Nativity Plays for Children
Celebrating Christmas through Movement and Music
WILMA ELLERSIEK
9781782501169 FB 176pp $29.95

Making a Nativity Scene
Christmas Figures and Animals for a Seasonal Display
VIOLA ULKE
9781782501244 FB 112pp $19.95

The Gnome Craft Book
Second Edition
THOMAS BERGER AND PETRA BERGER
9780863157219 FB 176pp $25.00

Magical Window Stars
FRÉDÉRIQUE GUÉRET
9780863154942 FB 96pp $20.00

Beautiful Paper Stars
Craft Decorations for Every Season
URSULA STILLER, ARMIN TÄUBER, AND GUDRUN THIELE
9781782502074 FB 160pp $24.95

Festivals, Family, and Food
DIANA CAREY AND JUDY LARGE
9780950706238 HP 216pp $22.00

A Swedish Christmas
Simple Scandinavian Crafts, Recipes and Decorations
CAROLINE WENDT AND PERNILLA WASTBERG
9781782500155 HC FB 128pp $24.95

Christmas Plays from Oberufer
Paradise Play, Shepherds Play, Kings Play
EDITED BY HÉLÈNE JACQUET
9781855841840 RSP 128pp $16.00

Celebrating Festivals with Children
FREYA JAFFE
9780863158322 FB 144pp $18.95
Through the Seasons

SARAH LAIDLAW

"I cannot recommend highly enough the gentle glowing and detailed illustrations which are a feast for the senses." ~Kindling

A chunky board book, without words, filled with soft and warm illustrations that are a celebration of nature, seasonal change, and family togetherness through the year. (Ages 1–3)

Meet the huggable Pip the Gnome

“Delightful books for the youngest readers to practice talking about the pictures and page turning, and for emergent readers to 'have a go’.”

— Martine Horvath, EYE: Early Years Educator

ADMAR KWANT lives with her family in the Netherlands. She regularly creates illustrations for Educare, a Dutch parenting magazine.

Hello Birds, What Do You Say?

LOES BOTMAN

Colorful, detailed and accurate illustrations introduce young children to a variety of birds and the special sounds they make — including a robin, blue tit, swan, pigeon and duck. Children will learn to recognise the birds — many of which live in their gardens, parks and countryside. (Ages 1–3)

LOES BOTMAN is an illustrator in the Netherlands. She has been widely exhibited and runs workshops.

"A beautiful first step into nature connection." — Armadillo

"Highly recommended for family, daycare center, preschool, and community library collections.”

— Midwest Book Review
The Adventures of Pippa and Pelle

“A gentle read, perfect for parental read-aloud.” — Midwest Book Review

What’s Hiding in There?
A Lift-the-Flap Book of Discovering Nature
DANIELA DRESCHER

“What can be discovered under the little flaps on each page? A mouse in the brambles, a fairy in the tree or a rabbit in the grass, children will love opening them to find out. With easy to understand text ... it is ideal for pre-school children.” — Creative Steps Magazine

(Ages 3-6) 9781782502616 BB FB 16pp $17.95

See more of Daniela Drescher’s beautiful picture books on pages 12 & 31

Hannah on the Farm
MARIJAN VAN ZEYL
(Ages 1–3)
9780863157882 BB FB 14pp $9.95

Rain or Shine
RONALD HEUNINCK
(Ages 1–3)
9781782500445 BB FB 14pp $9.95

A New Day
RONALD HEUNINCK
(Ages 1–3)
9781782500438 BB FB 14pp $9.95

My First Root Children
SIBYELLE VON OLTERS
(Ages 1–4)
9780863158599 BB FB 12pp $9.95

My First Snow Children
SIBYELLE VON OLTERS
(Ages 1–4)
9781782505235 BB FB 12pp $9.95
Little Sister Rabbit Gets Lost

ULF NILSSON; ILLUSTRATED BY EVA ERIKSSON

“Highly recommended for reading aloud.”
— School Library Association

From the award-winning Swedish children’s author, Ulf Nilsson, and one of Europe’s best-loved illustrators, Eva Eriksson, come these charmingly illustrated tales of bravery and trusting your instincts, independence and family love.

These classic Little Sister Rabbit stories are much-loved bestsellers in Sweden and can now be enjoyed by new generations in English.

(Ages 3–6)

Tales of the Mushroom Folk

SIGNE ASPELIN

“The book is nothing short of fascinating.”
— Youth Services Book Review

“A lovely picture book filled with natural detail of the woods and meadows where the mushroom folk live. Enthusiastically recommended ... will prove to be an enduringly popular addition to family, preschool, elementary school, and community library picture book collections for children.”
— Midwest Book Review

Meet the delightful mushroom folk, the Stinkhorns, Button Mushrooms, and more, who are just waking up from their winter sleep. (Ages 4–7)

9781782503347 Hardcover Floris Books 32pp $17.95
The Story of the Root Children

“Nothing could date this stunningly illustrated century-old book ... Children are enchanted by images like the root children painting a line of ladybirds with pots of red and black paint. Sibylle von Olfers’ careful drawings depict Nature scenes halfway between imagination and reality.”
— Juno Magazine, Top Ten Children’s Books

A classic story of the changing seasons. When the root children wake in spring, they sew new clothes, and clean and paint the beetles and bugs. All summer they play in the fields, ponds, and meadows. In autumn Mother Earth welcomes them home and puts them to bed. (Ages 3–7)
9780863151064  HC  Floris Books  24pp  $16.95
Mini Edition: 9780863152481  HC  24pp  $9.95

My First Root Children
The beloved Story of the Root Children as a board book for ages 1–3.
9780863158599  BB  FB 10 pp.  $9.95

The Story of the Wind Children
George blows dandelions in the meadow, shakes apples from the tree, and rides fluffy cloud horses across the sky with a friendly wind child. (Ages 3–5)
9780863155628  HC FB  24 pp.  $17.95

The Story of the Butterfly Children
The butterfly children get their wings on the first day of spring, after they have learned about all the brightly colored flowers in the kingdom. (Ages 3–5)
9780863156885  HC FB  20 pp.  $17.95

The Story of the Snow Children
"An old-fashioned delight for new children.”
— Kirkus Book Reviews
(Ages 3–5)
9780863154997  HC  FB  24 pp.  $17.95
Mini Edition: 9780863159091  HC  24 pp.  $9.95

The Story of King Lion
King Lion’s subjects bring their favorite dishes to his feast—saltwater lemonade, snail sausage, thistle salad. (Ages 4–6)
9780863159497  HC FB  24pp  $17.95

The Princess in the Forest
In a castle in the forest, the nature folk are friends and companions to the little princess. Spend a day with her and the toadstool children, the dew children, the moss children, and the star children. (Ages 3–7)
9780863151897  HC FB  28pp  $17.95

The Story of the Rabbit Children
Mother rabbit rescues two lost children, and they play happily with her rabbit children until they are reunited with their father. (Ages 3–6)
9780863157318  HC FB  24pp  $17.95

The Story of Little Billy Bluesocks
Share a day in the life of a fun-loving little boy. (Ages 3–5)
9780863159046  HC FB  24pp  $17.95
Emily and Daisy  
(Ages 3–6) 9780863150500 HC FB 28pp $17.95
Princess Sylvie  
(Ages 4–7) 9780863158131 HC FB 28pp $17.95

The Tale of the Little, Little Old Woman  
(Ages 3–6) 9781782500090 HC FB 32 pp. $17.95
The Flowers’ Festival  
9780863157288 HC FB 32pp $9.95

The Sun Egg  
“The book is very exciting and the pictures are both wonderful and mesmerizing. I strongly recommend it.” —Kyka Hilmar-Jezek, Waldorf Homeschoolers  
(Ages 3–6) 9780863151567 HC FB 32pp $17.95  
Mini Edition: 9780863155857 HC 32pp $9.95

Children of the Forest  
(Ages 3–5) 9780863150494 HC FB 32 pp. $17.95  
Mini edition: 9780863154973 HC 32pp $9.95
Around the Year  
(Ages 4–6) 9780863150753 HC FB 32pp $17.95  
Mini Edition: 9780863156489 HC 32pp $9.95

Pelle’s New Suit  
(Ages 3–6) 9780863150920 HC FB 30pp $17.95  
Mini Edition: 9780863155840 HC 32pp $9.95
Ollie’s Ski Trip  
(Ages 4–6) 9780863150913 HC FB 30 pp. $17.95  
Mini Edition: 9780863156472 HC 32pp $9.95

Peter in Blueberry Land  
“This is an enchanting story, perfect for reading aloud before bedtime.” —Booktrusted  
(Ages 3–6) 9780863151567 HC FB 32pp $17.95  
Mini Edition: 9780863155857 HC 32pp $9.95

The Children of Hat Cottage  
(Ages 3–6) 9780863150555 HC FB 32 pp. $17.95
Peter’s Old House  
(Ages 5–8) 9780863151026 HC FB 28pp $17.95

The Land of Long Ago  
“A beloved Swedish tale...An old-fashioned telling with definite contemporary appeal.” — Kirkus Review  
(Ages 4–6) 9780863157714 HC FB 32pp $17.95

Woody, Hazel and Little Pip  
(Ages 4–6) 9780863151095 HC FB 32 pp $17.95  
Mini Edition: 9780863157295 HC 32pp $9.95
The Curious Fish  
(Ages 3–6) 9780863157158 HC FB 32pp $16.95

THE PETER AND LOTTA SERIES  (AGES 5–8)

9780863153488 HC FB 32pp $17.95  
9780863153884 HC FB 32pp $17.95
9780863153648 HC FB 32pp $17.95  
9781782503033 HC FB 32pp $17.95
9780863153723 HC FB 32pp $17.95

This is an enchanting story, perfect for reading aloud before bedtime.” — Booktrusted

(Ages 4–6) 9780863150500 HC FB 28pp $17.95
Princess Sylvie  
(Ages 4–7) 9780863158131 HC FB 28pp $17.95

“An old-fashioned telling with definite contemporary appeal.” — Kirkus Review  
(Ages 4–6) 9780863157714 HC FB 32pp $17.95

THE PETER AND LOTTA SERIES  (AGES 5–8)

9780863153488 HC FB 32pp $17.95  
9780863153884 HC FB 32pp $17.95
9780863153648 HC FB 32pp $17.95  
9781782503033 HC FB 32pp $17.95
9780863153723 HC FB 32pp $17.95
BY SVEN NORDQVIST
The amazing adventures and riotous life of
Findus the Cat and Farmer Pettson

Findus and the Fox
Pettson and Findus agree that pesky foxes should be tricked instead of trapped. They come up with a great plan that results in an explosive, unforgettable evening. (Ages 5–8)
9781903458877 HC HP 28pp $17.95

Pancakes for Findus
Pettson wants to bake Findus’ favorite pancakes for his birthday. But how will they get the eggs from the chicken coop with the bull in the way? (Ages 5–8)
9781903458792 HP 28pp $17.95

Findus, Food and Fun
Seasonal Crafts and Nature Activities
Nordqvist, Larsson, & Danielsson
Pottering, collecting, fixing, crafting, building, exploring, and baking with Findus, Pettson, and the Muckles.
9781907359347 HC HP 64pp $19.95

When Findus Was Little and Disappeared
How Findus first came to live with Farmer Pettson, and how one day when Findus was little, he went exploring and got lost. (Ages 5–8)
9781903458839 HC HP 28pp $17.95

Findus Moves Out
Every day at 4:00 AM, Findus likes to jump on his bed. He wakes Farmer Pettson, who tells him to stop. Because cats need their morning exercise, he finds a house of his own. But living without Pettson is horrible. (Ages 5–8)
9781907359187 HC HP 28pp $17.95

Findus Plants Meatballs
Findus doesn’t like vegetables, so he plants meatballs instead. But keeping the garden safe proves to be a hard and hilarious task. (Ages 5–8)
9781907359293 HC HP 32pp $22.00

Findus at Christmas
Findus and Pettson have a very special Christmas, with a little help from a friend. (Ages 3–7)
9781907359057 HC HP 28pp $17.95

Findus Goes Camping
Farmer Pettson is up in the attic when he starts to dream about how much fun it would be to camp by a lake and grill fish over the fire as the sun is setting. But that’s not exactly how things turn out... (Ages 5–8)
9781903458914 HC HP 28pp $17.95

Findus Goes Fishing
Findus has never seen Farmer Pettson so grumpy. I must cheer him up, he thinks. “We can go fishing,” he says. “Then you’ll feel better.” But it’s cold and wet, and Farmer Pettson must first dig over the potato patch and chop wood. (Ages 5–8)
9781907359729 HC HP 28pp $17.95

Findus Rules the Roost
The chickens are Findus’ best friends, second only to Pettson. One day, Farmer Pettson brings home a rooster. The rooster is loud, and it does not want Findus to play with the hens. In fact, it chases him away! Findus is very unhappy and his ears are aching, but what can he do? (Ages 5–8)
9781907359873 HC HP 28pp $17.95

Ingenious ... quirky ... original absolutely delightful!
—Philip Pullman

Findus and the Fox
Pettson and Findus agree that pesky foxes should be tricked instead of trapped. They come up with a great plan that results in an explosive, unforgettable evening. (Ages 5–8)
9781903458877 HC HP 28pp $17.95

Pancakes for Findus
Pettson wants to bake Findus’ favorite pancakes for his birthday. But how will they get the eggs from the chicken coop with the bull in the way? (Ages 5–8)
9781903458792 HP 28pp $17.95

Findus, Food and Fun
Seasonal Crafts and Nature Activities
Nordqvist, Larsson, & Danielsson
Pottering, collecting, fixing, crafting, building, exploring, and baking with Findus, Pettson, and the Muckles.
9781907359347 HC HP 64pp $19.95

When Findus Was Little and Disappeared
How Findus first came to live with Farmer Pettson, and how one day when Findus was little, he went exploring and got lost. (Ages 5–8)
9781903458839 HC HP 28pp $17.95

Findus Moves Out
Every day at 4:00 AM, Findus likes to jump on his bed. He wakes Farmer Pettson, who tells him to stop. Because cats need their morning exercise, he finds a house of his own. But living without Pettson is horrible. (Ages 5–8)
9781907359187 HC HP 28pp $17.95

Findus Plants Meatballs
Findus doesn’t like vegetables, so he plants meatballs instead. But keeping the garden safe proves to be a hard and hilarious task. (Ages 5–8)
9781907359293 HC HP 32pp $22.00

Findus at Christmas
Findus and Pettson have a very special Christmas, with a little help from a friend. (Ages 3–7)
9781907359057 HC HP 28pp $17.95

Findus Goes Camping
Farmer Pettson is up in the attic when he starts to dream about how much fun it would be to camp by a lake and grill fish over the fire as the sun is setting. But that’s not exactly how things turn out... (Ages 5–8)
9781903458914 HC HP 28pp $17.95

Findus Goes Fishing
Findus has never seen Farmer Pettson so grumpy. I must cheer him up, he thinks. “We can go fishing,” he says. “Then you’ll feel better.” But it’s cold and wet, and Farmer Pettson must first dig over the potato patch and chop wood. (Ages 5–8)
9781907359729 HC HP 28pp $17.95

Findus Rules the Roost
The chickens are Findus’ best friends, second only to Pettson. One day, Farmer Pettson brings home a rooster. The rooster is loud, and it does not want Findus to play with the hens. In fact, it chases him away! Findus is very unhappy and his ears are aching, but what can he do? (Ages 5–8)
9781907359873 HC HP 28pp $17.95

Ingenious ... quirky ... original absolutely delightful!
—Philip Pullman

9781903458839 HC HP 28pp $17.95

9781903458792 HP 28pp $17.95

9781907359347 HC HP 64pp $19.95

9781907359057 HC HP 28pp $17.95

9781907359729 HC HP 28pp $17.95

9781907359873 HC HP 28pp $17.95
The Midsummer Tomte and the Little Rabbits
ULF STARK
ILLUSTRATED BY EVA ERIKSSON
“This is a beautifully illustrated, gentle story about a gnome who befriends a giant, thus saving all the gnomes in his forest. A great story to read to little ones.” — Youth Services Book Review
(Ages 4–7) 9781782502449 HC FB 120pp $24.95

Pico the Gnome
MARTINA MÜLLER
“This is a beautifully illustrated, gentle story about a gnome who befriends a giant, thus saving all the gnomes in his forest. A great story to read to little ones.” — Youth Services Book Review
(Ages 4–7) 9781782503293 HC FB 32pp $16.95

Where Is My Sister?
SVEN NORDQVIST
How does one keep up with a sister who is disappearing all the time?
But little brother might know where she is. He knows her best. And if you like, you can help him. Print the landscapes of her dreams, in places you’ve never seen or even imagined before. Written with a storyteller’s finesse and illustrated with lively, beautiful pencil and watercolor artwork, this companion book to The Yule Tomte and the Little Rabbits offers another foray into the character’s magical world. For any child who is ready for longer stories but still enjoys the illustrations in picture books, here’s a captivating read-aloud choice.” — Booklist
(Ages 5–8) 9781782502449 HC FB 120pp $24.95

Peter’s Tree
BERNADETTE WATTS
Peter wants to get his mother the perfect gift for her birthday, and dreams of giving her the most beautiful tree in the world.
(Ages 4–7) 9781782501787 HC FB 34pp $17.95

Goran’s Great Escape
ASTRID LINDGREN; ILLUSTRATED BY MARIT TÖRNQVIST
“The charm and success of this traditional tale lie in Lindgren’s masterful storytelling and Törnqvist’s delicate, expressive watercolors. The message that simple kindness is often an act of extraordinary bravery makes this a must.” — School Library Journal Reviews
(Ages 4–7) 9780863157936 HC FB 32pp $17.95

The Apple Cake
NENKE VAN HICHTUM; ILLUSTRATED BY MARJAN VAN ZEYL
This is a classic story of sharing, trading and caring. Children will love guessing what the old lady will acquire next, and how, and seeing how her journey brings her full circle as her kindness is repaid.
(Ages 5–8) 9780863152283 HC FB 24pp $16.95

The Knottles
NANCY MELLON
ILLUSTRATED BY RUTH LIEBERHERR
A magical story highlighting the importance of respecting nature. Written by a former Waldorf teacher.
When two children go to sleep in their new home at the edge of a pine forest they meet the Knottles, guardians of the pine trees, who inspire them to take care of their trees.
(Ages 5–8) 9781621480037 SB 32pp $11.95

Winter, Awake!
LINDA KROLL
ILLUSTRATED BY RUTH LIEBERHERR
A winter’s tale told in the most delightful rhyme. All the woodland creatures tell Winter their work is done—they need to rest. But Winter will not wake! They scold and mock and urge, but Winter will not wake!— Until the round red ladybug whispers something gently in Winter’s ear.
(Ages 5–8) 9780880105286 SB 32pp $11.95
Nima lives in Nepal. Everyday on her way to school, when she sees someone, she brings her hands together, bows her head, and says “Namaste”— “the light in me meets the light in you.” This is a delightful, simple story about recognizing and honoring the sacred in each other.

(Ages 5-8) 9781621480051 SB 32 pp  $9.95

The Wise Enchanter

A Journey through the Alphabet
SHELLEY DAVIDOW
ILLUSTRATED BY KRYSTyna EMILIA KURZYCA

A wonderfully adventurous learn-the-alphabet book. Words are disappearing from the world. Something is lurking in the deepest waters, devouring words that are no longer used. Four children from the corners of the earth have been sent on a quest to rediscover each letter, unlock the treasure of language, and grow wise.

(Ages 6-8) 9780880105620 BPB 160 pp  $15.00

Numerica

A Waldorf Book of Counting
GLORIA KEMP; Illustrated by Elsa Murray-Lafrzenz
9781621480082 HC SB 36 pp. $17.95

The Wonderful Adventures of Nils

SELMA LAGERLÖF
ILLUSTRATED BY LARS KLINTING

A newly illustrated edition of one of the best-loved, Swedish folk tale. Nils is carried off across Sweden to the far North by a flock of wild geese. Through many perils and exciting adventures, Nils wins the respect and love of the geese and finally returns home.

(Ages 5–7) 9780863151392 HC FB 96 pp. $24.95

Namaste!

DIANA COHN
ILLUSTRATED BY AMY CÓRDOVA

Afterword by Ang Rita Sherpa

“Highly recommended”—Midwest Book Review

Nima lives in Nepal. Everyday on her way to school, when she sees someone, she brings her hands together, bows her head, and says “Namaste”— “the light in me meets the light in you.” This is a delightful, simple story about recognizing and honoring the sacred in each other.

(Ages 5-8) 9781621480051 SB 32 pp  $9.95
Books by ISABEL WYATT

The Seven-Year-Old Wonder Book
The classic tale of the wonders of a child’s becoming seven years old. (Ages 6–8)
9780863159138 FB 104pp $14.95

Magical Wonder Tales
King Beetle-Tamer and Other Stories
Fifteen tales of kings, unicorns, fairies, and heroic deeds. (Age 7 and up)
9781782500094 FB 144pp $16.95

Hay For My Ox and Other Stories
A First Reading Book for Waldorf Schools
The classic early reader for Waldorf Classes 1 and 2. (Ages 6–8)
9780863159138 FB 104pp $14.95

The Eight-Year-Old Legend Book
Exciting Eastern adventure tales for children who are learning to become clever and brave. (Ages 7–10)
9780863157134 FB 120pp $16.95

The Kingdom of Beautiful Colours
And Other Stories
Seven tales full of ivory towers, great forests, and golden lands. (Ages 9–12)
9781782500599 FB 160pp $16.95

Homor’s Odyssey
A Retelling
(Ages 7–10)
9780863156830 FB 176 pp. $17.95

Legends of the Norse Kings
The Saga of King Ragnar Goatskin and The Dream of King Alfdan
(Ages 7–10)
9780863159428 FB 112pp $16.95

Norse Hero Tales
The King and the Green Angelica and Other Stories
Dramatic stories from the “men of the North” of heroes and villains on adventures of daring, power, and cunning.
(Ages 9–10)
9780863157608 FB 128pp $17.95

Legends of King Arthur
These ancient legends tell of courageous knights who fight strange, unearthly foes to prove themselves worthy of a place at King Arthur’s Round Table.
(Ages 9–12)
9780863158308 FB 144pp $16.95

ISABEL WYATT (1901–1992) spent many years teaching young children and was, until her retirement in 1965, co-director of studies at Hawkwood College in Gloucestershire. She died in 1992.

A Journey through Time in Verse and Rhyme
EDITED BY HEATHER THOMAS
9780863152719 HC FB 368 pp. $37.50

In the Light of a Child
MICHAEL BURTON
(Ages 4–9)
9780880104500 SB 62 pp. $14.95

Wynstones Kindergarten Series
INTRODUCTION BY JENNIFER AULIE
Paperbacks by Wynstones Press
Spring: 9780942064649 87 pp. $14.95
Summer: 978094206476 111 pp. $14.95
Autumn: 9780946206483 87 pp. $14.95
Winter: 9780946206506 95 pp. $14.95
Spindrift: 9780946206506 222 pp. $17.95
Gateways: 9780946206513 95 pp. $14.95

Come Follow Me!
Folk Songs for Young Children
LORRAINE NELSON WOLF
Volume 1: 7267797231  41-minute audio CD
Come Follow Me Productions $16.95
Volume 2: 700261245645  45-minute audio CD
Come Follow Me Productions $16.95

CATALOG_2018-2.indd   32
9/25/18   4:45 PM
An Illustrated Treasury of Grimm's Fairy Tales
THERESA BRESLIN
ILLUSTRATED BY ANASTASIYA ARCHIPOVA
"Timeless stories presented in a beautifully illustrated book to keep forever." — Creative Steps
A beautiful gift edition, designed for little hands. (Ages 5–8)
9781782501183 HC FB 216pp $16.95

A Favourite Collection of Grimm's Fairy Tales
ILLUSTRATED BY ANASTASIYA ARCHIPOVA
A beautiful gift edition, designed for little hands. (Ages 5–10)
9781782502012 HC FB 176pp $16.95

Swedish Folk Tales
ILLUSTRATED BY JOHN BAUER
"Full of humour ... stunningly illustrated. A book to treasure." — Juno magazine
With John Bauer's original, evocative illustrations. Twenty-nine stories from Elsa Beskow, Anna Wahlenberg, Alfred Smedberg, Helena Nyblom, and others. (Ages 7–10)
9780863154577 HC FB 240pp $22.95

An Illustrated Treasury of Scottish Mythical Creatures
THERESA BRESLIN
ILLUSTRATED BY KATE LEIPER
"A memorable collection of Scottish tales, highly recommended for reading aloud." — Booklist
"This is a rare delight; a harmonious braiding of pitch-perfect storytelling with illustrations of breathtaking elegance and integrity. Every home should have at least one copy." — Debi Gliori
Mysterious selkies, bad-tempered giants, and devious fairies—these are the mythical beasts of Scottish folklore. This companion volume to the much-loved An Illustrated Treasury of Scottish Folk and Fairy Tales offers a stunning collection of tales from across Scotland. Alternately humorous, poignant, and thrilling, each story is brought to life with exquisite illustrations. (Ages 6–12)
9781782501954 HC FB 192pp $24.95

An Illustrated Treasury of Scottisch Folk and Fairy Tales
THERESA BRESLIN
ILLUSTRATED BY KATE LEIPER
"When excellent stories and lovely illustrations come together in a book with nice thick pages and delightful design, it is apt indeed to call it a "treasure. Both in themselves and the inventive ways they are disposed on the page, the pictures by Kate Leiper are stunning. It really is a book to treasure."
— School Librarian Journal
Slithering stoorworms, mischievous brownies, fierce kelpies, and magical selkies—these are the creatures of Scottish folklore. Award-winning Theresa Breslin has collected eleven of the best-loved tales from all over Scotland. Retelling each in its own individual style, the author presents funny tales, moving tales, and enchanting fairy tales. (Ages 6–12)
9780863159077 HC FB 160pp $24.95

Over the Hills and Far Away
Stories of Dwarfs, Fairies, Gnomes and Elves From Around Europe
EDITED BY ELS BOEKELAAR & INEKE VERSCHUREN
ILLUSTRATED BY DANIELA DRESCHER
"One of those delightful books whose stories and drawings are so appealing. The mystical tales cover all the seasons." — Vermont Country Sampler
"This is a handsome resource for sharing and for independent readers to enjoy on their own." — Books for Keeps
Illustrated by bestselling author Daniela Drescher, this is a classic anthology of forty stories about gnomes, dwarfs, fairies, leprechauns, and little folk. The stories come from Ireland, Germany, Scotland, Spain, Switzerland, England, Flanders, and Scandinavia. (Ages 6–10)
9780863157301 HC FB 176pp $30.00

An Illustrated Treasury of Scottish Mythical Creatures
THERESA BRESLIN
ILLUSTRATED BY KATE LEIPER
"A memorable collection of Scottish tales, highly recommended for reading aloud." — Booklist
"This is a rare delight; a harmonious braiding of pitch-perfect storytelling with illustrations of breathtaking elegance and integrity. Every home should have at least one copy." — Debi Gliori
Mysterious selkies, bad-tempered giants, and devious fairies—these are the mythical beasts of Scottish folklore. This companion volume to the much-loved An Illustrated Treasury of Scottish Folk and Fairy Tales offers a stunning collection of tales from across Scotland. Alternately humorous, poignant, and thrilling, each story is brought to life with exquisite illustrations. (Ages 6–12)
9781782501954 HC FB 192pp $24.95

An Illustrated Treasury of Scottish Folk and Fairy Tales
THERESA BRESLIN
ILLUSTRATED BY ANASTASIYA ARCHIPOVA
"When excellent stories and lovely illustrations come together in a book with nice thick pages and delightful design, it is apt indeed to call it a "treasure. Both in themselves and the inventive ways they are disposed on the page, the pictures by Kate Leiper are stunning. It really is a book to treasure."
— School Librarian Journal
Slithering stoorworms, mischievous brownies, fierce kelpies, and magical selkies—these are the creatures of Scottish folklore. Award-winning Theresa Breslin has collected eleven of the best-loved tales from all over Scotland. Retelling each in its own individual style, the author presents funny tales, moving tales, and enchanting fairy tales. (Ages 6–12)
9780863159077 HC FB 160pp $24.95
The Auragole Quartet
by SHIRLEY LATESSA

The Legend of Parzival
The Epic Story of His Quest for the Grail
Retold by ROBIN COOK

This wonderful prose retelling of the medieval German epic by an experienced Waldorf teacher brings the story of Parzival to life for today’s readers, while faithfully preserving the story, characters and tone of Wolfram von Eschenbach’s 13th-century narrative poem.

In the Waldorf curriculum, Parzival’s quest is seen as a metaphor for the difficult journey through life, which speaks strongly to the adolescent, and its study is at the heart of the Class 11 curriculum.

9781782504962 Floris Books 256pp $19.95

The Beejum Book
ALICE O. HOWELL

“A dream of a book, a triumph of the illumined imagination.”—Mary Ford-Grabowsky, editor of Sacred Voices: Essential Women’s Wisdom through the Ages

“A new classic. Wise, funny, startling, and exuberant.”—Jean Houston, author of Jump Time

“This delicious exhilarating marvel of a book has pace, wit, fantasy, and spiritual depth that will enchant children, galvanize adults to rediscover the wonder and creativity of their childhood selves.”—Andrew Harvey, author of The Direct Path

Teak is a child living abroad between the two World Wars. Her mother tells her not to worry about being left alone, because at night, while she is sleeping, they can meet in the magical realm of Beejumstan. (Ages 8–11)

9780880107297 Bell Pond Books 304pp $20.00

The Auragole Quartet
PREQUEL TO THE AURAGOLE QUARTET
Meekelorr
The Early Years
9781584201250 LB 532pp $29.95

THE AURAGOLE QUARTET
Auragole of the Mountains
Book One of Aurogole’s Journey
9781584200758 LB 416pp $25.00

Auragole of the Way
Book Two of Aurogole’s Journey
9781584200765 LB 480pp $25.00

“A unforgettable saga on a cosmic scale, peopled with clear and colorful characters, overcoming obstacles and evil at every turn, as they travel forth to a final climactic battle.”—Rebecca Schacht, M.A., teacher and author

Auragole of Mattelmead
Book Three of Aurogole’s Journey
9781584200772 LB 520pp $35.00

Auragole and the Last Battle
Book Four of Aurogole’s Journey
9781584200789 LB 300pp $25.00

The King of Ireland’s Son
An Irish Folk Tale
PADRAIC COLUM
Illustrated by WILLY POGANY

A true Irish wonder tale: a coming of age story of the youngest son of the King Ireland, who sets off on an impossible quest. The stories weave together in a fantastic tapestry of humor, poetry, action, and adventure. (Ages 7–10)

9780863158964 PB Floris Books 288pp $16.95

Myths of the World
PADRAIC COLUM

A treasure trove of stories from the ancient world, retold by Padraic Colum, one of Ireland’s greatest storytellers. (Ages 7–10)

9780863153655 FB 328pp $25.00

The Flight of the Golden Bird
Scottish Folk Tales for Children
DUNCAN WILLIAMSON

Tales about silver horses and golden birds, cunning lions and trilling nightingales, brave princesses and magic scarecrows, the four seasons and old Father Time. (Ages 8–12)

9780863158681 FB 160pp $15.95

The Coming of the Unicorn
Scottish Folk Tales for Children
DUNCAN WILLIAMSON

Tales about cunning foxes and storytelling cats, hunchbacked ogres and beautiful unicorns, helpful bronies and mysterious fairies. (Ages 8–12)

9780863158681 FB 160pp $15.95

The Beejum Book
ALICE O. HOWELL

“A dream of a book, a triumph of the illumined imagination.”—Mary Ford-Grabowsky, editor of Sacred Voices: Essential Women’s Wisdom through the Ages

“A new classic. Wise, funny, startling, and exuberant.”—Jean Houston, author of Jump Time

“This delicious exhilarating marvel of a book has pace, wit, fantasy, and spiritual depth that will enchant children, galvanize adults to rediscover the wonder and creativity of their childhood selves.”—Andrew Harvey, author of The Direct Path

Teak is a child living abroad between the two World Wars. Her mother tells her not to worry about being left alone, because at night, while she is sleeping, they can meet in the magical realm of Beejumstan. (Ages 8–11)

9780880107297 Bell Pond Books 304pp $20.00

The King of Ireland’s Son
An Irish Folk Tale
PADRAIC COLUM
Illustrated by WILLY POGANY

A true Irish wonder tale: a coming of age story of the youngest son of the King Ireland, who sets off on an impossible quest. The stories weave together in a fantastic tapestry of humor, poetry, action, and adventure. (Ages 7–10)

9780863158964 PB Floris Books 288pp $16.95

Myths of the World
PADRAIC COLUM

A treasure trove of stories from the ancient world, retold by Padraic Colum, one of Ireland’s greatest storytellers. (Ages 7–10)

9780863153655 FB 328pp $25.00

The Flight of the Golden Bird
Scottish Folk Tales for Children
DUNCAN WILLIAMSON

Tales about silver horses and golden birds, cunning lions and trilling nightingales, brave princesses and magic scarecrows, the four seasons and old Father Time. (Ages 8–12)

9780863158681 FB 160pp $15.95

The Coming of the Unicorn
Scottish Folk Tales for Children
DUNCAN WILLIAMSON

Tales about cunning foxes and storytelling cats, hunchbacked ogres and beautiful unicorns, helpful bronies and mysterious fairies. (Ages 8–12)

9780863158681 FB 160pp $15.95
Nature Activities for Children

IRMAGARD KUTSCH & BRIGITTE WALDEN

These books are packed full of fun nature activities that will help children engage with the seasons and learn new skills. The activities are based on practical experience from the Children’s Nature and Garden Centre in Germany, and are fully tried and tested.

AUTUMN NATURE ACTIVITIES is a fun-packed mix of indoor and outdoor activities, including picking and cooking fruit, basket-making, building houses and shelters, looking after birds, working with beeswax, and making paper.

9780945803775 108 color photos and illustrations RSCP
96pp $22.95

WINTER NATURE ACTIVITIES includes making an Advent wreath, blowing walnut ships, making Christmas branches flower, working with wool, weaving, knitting, making felt, woodworking, and making things with willow and out of clay.

9780945803850 220 color photos & illustrations RSCP 96pp $22.95

SPRING NATURE ACTIVITIES includes building bird nesting boxes, sprouting seeds, landscaping and planting a garden, using plant-based dyes and paints, milk processing, and beekeeping.

9780945803812 165 color photos & illustrations RSCP 96pp $22.95

SUMMER NATURE ACTIVITIES includes growing and cooking fresh herbs, caring for butterflies, activities based around water, fire, earth and air, and working with grain and making bread.

9780945803867 128 photos & illustrations RSCP 80pp $22.95

Stargazers’ Almanac 2019
A Monthly Guide to the Stars and Planets

BOB MIZON

“For all levels of skywatchers. Recommended.” — Popular Astronomy

This popular large-format almanac by a Fellow of the Royal Astronomical Society enables you to step outside and track the planets, locate the Milky Way, recognize the constellations of the zodiac, and watch meteor showers. It’s designed specifically for naked-eye astronomy throughout the Northern Hemisphere’s temperate latitudes.

9781782504955 Calendar Floris Books 32pp $25.00

Astronomy for Young and Old
A Beginner’s Guide to the Visible Sky

WALTER KRAUL

A perfect introduction to astronomy, even without a telescope. For northern and southern hemispheres, and at all latitudes.

9781782500469 FB 144pp $24.95

The Moon Gardener’s Almanac 2019
A Lunar Calendar to Help You Get the Best from Your Garden

EDITED BY THÉRÈSE TRÉDOULAT

9781782505181 Illustrated FB 120pp $14.95

The North American Maria Thun Biodynamic Almanac 2019
57th year! This guide shows the optimum days for sowing, pruning, and harvesting plant-crops, and working with bees. With a handy pullout wall chart for quick reference.

9781782505310 Illustrated FB 64pp $13.95

Stella Natura 2019 Biodynamic Planting Calendar
Planting Charts and Thought-Provoking Essays

Edited by SHERRY WILDFEUR

9780985365862 9”x12” wall calendar Illustrated 40pp $16.95
Making Simple Needle Felts
Forty Seasonal Projects
STEFFI STERN

Steffi Stern brings her inimitable energy and enthusiasm to this a back-to-basics guide to making simple needle-felts. The book contains chapters on techniques, materials, tools, and accessories, as well as instructions on making fairies, angels, and little people, pumpkins, gnomes, strawberries, baubles, birds, bees, snails, flowers, the Nativity, mice, and mermaids.

A beginner can do all the projects in the book. Some of the instructions are for little fingers (no needles involved) and beginners, and some are intended for the more experienced. Steffiʼs advice: Have a go!

STEFFI STERN began to enjoy the German handcraft tradition at a young age. Inspired by her love of quality materials and meaningful handicrafts, she founded Mother Goose, a craft shop and events space in Gloustershire, UK, in 2010. She is also the author of Making Needle Felted Animals.

9781907359972 Paperback Hawthorn Press color illustrations 160pp $25.00

Making the Children's Year
Seasonal Waldorf Crafts with Children
MARIJE ROWLING

Thirty years since its original publication as The Children's Year this much loved book has never been out of print. With beautiful color illustrations and more projects, this new edition will inspire a new generation of families to engage children in creative play, the seasons, and the joy of handcrafting.

Packed with all kinds of Waldorf-inspired craft projects throughout the seasons — woodwork, doll making, paper crafting, building dens, toys, and nature tables — for beginners to experienced crafters, kindergarten to teenager.

9781907359972 Paperback Hawthorn Press color illustrations 192pp $26.00

What’s cooking in the Waldorf school?

These delightful books are rich compendiums of information, recipes, and anecdotes collected from parents, teachers, and friends of the Waldorf School movement especially for Waldorf families and kindergartens.
Easy Wood Carving

Fun Whittling Projects for Adventurous Kids

FRANK EGHOLM

Wood carving is a great hobby — and it helps to improve children’s concentration, creativity, and dexterity. It is easy to learn, fun to do, plus almost everything you need to get started is free — right outside your door. You can craft a tumbling tower game, a racing car toy, a dolphin necklace, or a handy coat hook!

With more than fifty activities at levels for beginners and up, children starting from ages 6-8 can create something useful, beautiful and fun out of wood.

9781782505150  Paperback  Floris Books  128pp  $14.95

FRANK EGHOLM is a lecturer, author and former woodwork teacher who worked for many years at the Rudolf Steiner School in Vordingborg, Denmark. Frank designs and develops his own wooden toys and games.

Arts and Crafts in Waldorf Schools
An Integrated Approach
EDITED BY MICHAEL MARTIN

Arts and crafts are a core part of the Waldorf curriculum, helping children to develop practical skills as well as spatial awareness, creativity and self-discovery. This comprehensive book addresses every aspect of arts and crafts in Waldorf schools, including woodwork, forestry, metalwork and pottery.

9781782504597  FB  288pp  $30.00

Making Woodland Crafts
Using Green Sticks, Rods, Poles, Beads and String

PATRICK HARRISON

“The skills this book teaches are not luxuries. They are an important link to a more sustainable way of living. Patrick gives young people the tools to get outdoors and make their own adventures.” —David Bond, filmmaker and trustee of The Wild Network.com.

9781907359378  HC  HP  112pp  $35.00

Earth, Water, Fire and Air
Playful Explorations in the Four Elements

WALTER KRAUL

This book encourages children’s interest in the natural world with activities, games and toys to make that involve earth, water, fire or air. The projects introduce children to basic scientific principles — such as gravity, momentum and light refraction — in fun and creative ways. (Ages 6–12)

9780863157684  FB  104 pp.  $25.00
Spring and Summer Activities
Come Rain or Shine
Seasonal Crafts and Games for Children
EDITED BY STEFANIE PFISTER
Race handmade boats, build an insect hotel and create wildflower Easter eggs. This wide-ranging book for working with children age four and up is packed with indoor and outdoor crafts and activities, plus fun facts, to entertain and engage curious children in spring and summer. All the activities encourage an exploration of nature, from streams and moss, to butterflies and dandelions.
9781782503750 Over 200 color illustrations FB 120pp $24.95

Spring and Summer Activities
Come Rain or Shine
Seasonal Crafts and Games for Children
EDITED BY STEFANIE PFISTER
Race handmade boats, build an insect hotel and create wildflower Easter eggs. This wide-ranging book for working with children age four and up is packed with indoor and outdoor crafts and activities, plus fun facts, to entertain and engage curious children in spring and summer. All the activities encourage an exploration of nature, from streams and moss, to butterflies and dandelions.
9781782503750 Over 200 color illustrations FB 120pp $24.95

Crocheting Soft Toys
ANGELIKA WOLK-GERCHE
Using basic crocheting stitches make pigs, sheep, and penguins, ducklings squirrels, frogs, and owls. This book is suitable for both beginners and experienced.
9781782502418 FB 160pp $19.95

A First Book of Knitting for Children
BONNIE GOSSE AND JILL ALLERTON
The basic steps of knitting in rhymes and photographs.
9780946206551 Wynstones Press 96pp $19.95

Knit Together, Share Together
Simple Knitting for All the Family
MARJA DE HAAN
Projects for every age and stage of experience: from simple dolls' clothes for beginners, to sweaters for children and adults, and knitting the dolls themselves.
9781782503248 FB 88pp $19.95

Knitting for Children
A Second Book
BONNIE GOSSE AND JILL ALLERTON
Features new skills and patterns.
9780946206537 Wynstones Press 108pp $24.95

Knitted Animals
ANNE-DORTHE GRIGAFF.
Step-by-step instructions for knitting over 20 different animals in soft, natural materials: ducklings, teddy bears, lambs, piglets, hedgehogs, a handsome rooster, and many more.
9781903458686 HC HP 64pp $29.95

Making Needle Felted Animals
Over 20 Wild, Domestic, and Imaginary Creatures
STEFFI STERN AND SOPHIE BUCKLEY
Whether you are completely new to needle felting or an experienced felter, this book has something new and exciting to offer.
9781907359460 HP 128pp $35.00

Making Soft Toys
KARIN NEUSCHÜTZ
Step-by-step instructions to make dolls, teddy bears, puppets, and animals.
9780863159084 FB 112pp $19.95

Making Waldorf Dolls
A Waldorf Doll-Making Handbook
MARICRISTIN SEALEY
Features designs for ten different types of dolls.
9781903458587 HP 160pp $30.00

Sewing Dolls
KARIN NEUSCHÜTZ
Patterns, instructions, and photographs for making a variety of Waldorf dolls.
9780863157196 FB 112pp $25.00

Weaving with Children
UTE FISCHER
Make your own loom and weave fairyland mush-rooms, a coin purse, a dreamcatcher, juggling balls, a phone pocket, an Easter hen, a scarf, a pot holder, and more.
9781782500193 FB 104pp $19.95
Autumn and Winter Activities
Come Rain or Shine
Seasonal Crafts and Games for Children
EDITED BY STEFANIE PFISTER
This practical book is packed with ideas to encourage children to explore nature, with indoor and outdoor crafts and activities plus fun facts to entertain and engage curious children at home and in the classroom through the autumn and winter.
9781782504405 over 200 color illustrations FB 104 pp $19.95

The Gnome Craft Book
THOMAS BERGER & PETRA BERGER
Make gnomes out of walnuts, twigs, wool, and paper, for a seasonal nature table.
9780863157219 FB 96pp $25.00

Making Peg Dolls
MARGARET BLOOM
Over 60 designs and patterns for bluebirds, butterflies, flowers, gnomes, winter angels, and more; ideas for gifts, nature tables, and fairs; a section on storytelling with peg dolls.
9781907359744 HP 192pp $24.95

Making Peg Dolls and More
Toys that Spin, Fly and Bring Sweet Dreams
MARGARET BLOOM
9781907359361 HC HP 176pp $24.95

Painting with Children
BRUNHILD MÜLLER
This guide covers preparation, color stories and poems, and painting the moods of nature and the seasons.
9780863153662 FB 48pp $15.95

Earth, Water, Fire and Air
Playful Explorations in the Four Elements
WALTER KRAUL
Instructions and diagrams for activities, games, and toys, for each of the four elements. Projects include a propeller plane, a windmill, and spinning tops. (Ages 6–12)
9780863157884 FB 104pp $25.00

Paper Folding with Children
Fun and Easy Origami Projects
ALICE HÖRNECKE
26 original and origami projects: foxes, flying spaceships, birds, boats that float, jumping frogs, a treasure box, and a magic trick. (Ages 5–12)
9781782501749 FB 64pp $19.95

Papercraft
ANGELIKA WOLK-GERCHE
Over one hundred delightful things to make out of paper: paper stars, birds and animals, windmills, masks, and gift-bags. Includes making papier mâché and handmade paper.
9780863156380 FB 112pp $25.00

Toymaking with Children
FREYA JAFFKE
Understand the nature of young children’s play and make age-appropriate toys: simple knotted animals, playcloths, a dollhouse, a play store, puppets, dolls, boats and trains. 3rd edition.
9780863157691 FB 44pp $25.00

Making Woodland Crafts
Using Green Sticks, Rods, Poles, Beads and String
PATRICK HARRISON
Simple to advanced projects, from functional structures to creative outdoor play forms.
9781907359378 HC HP 12pp $35.00

Woodworking with Children
ANETTE GRUNDITZ & ULF ERIXON
30 fun, child-friendly wooden games and toys, and bigger projects such as a garden swing or sandpit. No carpentry or woodworking experience is needed, nor expensive tools and materials.
9781782500391 FB 80pp $19.95
Pumpkin Soup and Cherry Bread
A Steiner-Waldorf Kindergarten Cookbook
RIKKE ROSENGREN AND NANA LYZET
From Bonsai Steiner-Waldorf kindergarten in Charlottenlund, Denmark, over 80 seasonal vegetarian recipes and a wealth of advice on encouraging children to enjoy healthy food.
A unique, beautifully illustrated cookbook designed for use in kindergartens. Recipes are fully adapted to serve a family of four or forty children.
9781782502005 120 color photos FB 168pp $24.95

Beautiful Paper Stars
Craft Decorations for Every Season
URSULA STILLER, ARMIN TÄUBER, AND GUDRUN THIELE
9781782502074 FB 160pp $24.95

Crafts through the Year
Second Edition
THOMAS BERGER AND PETRA BERGER
9780863158285 FB 176pp $24.95

Feltcraft
Making Dolls, Gifts, and Toys
Revised Edition
PETRA BERGER
Detailed instructions for dolls, finger and glove puppets, animals, finger- and wrist-bands, little gifts, and wall tapestries.
9780863157202 FB 96pp $25.00

A Felt Farm
ROTRAUD REINHARD
Make an entire farm out of felt, from puddles and trees to animals and people.
9780863157899 FB 160pp $19.95

Finger Strings
A Book of Cat's Cradles and String Figures
MICHAEL TAYLOR
Finger string games are a wonderful opportunity for today's children to practise meaningful movement, explore space, interact with others, and exercise their creative spirits. This book contains over eighty inventive and imaginative shapes and figures to create with finger strings, and includes two brightly colored strings to get you started.
9780863156656 FB + 2 strings FB 144pp $25.00

Magical Window Stars
FRÉDÉRIQUE GUÉRET
Step-by-step instructions for creating 25 magical window stars from tissue paper.
9780863154942 FB 96pp $20.00

Making Natural Felt Animals
ROTRAUD REINHARD
This richly illustrated book gives step-by-step instructions for more than 25 different three-dimensional felted animals from raw wool batting, using Rotraud Reinhard's unique "building-up" method.
9781782503767 FB 172pp $24.95

The Nature Corner
M. VAN LEEUWEN AND J. MOESKOPS
With simple materials, and basic knitting and crocheting skills, colorful tableaux can be made for depicting the seasons and major festivals.
9780863156465 FB 88pp $20.00

Puppet Theatre
MAUIA BARIC shows how to transform wooden spoons, pieces of string, holey socks, outgrown clothes and other scrap materials into beautiful, durable, and functional puppets. You'll also learn to build scenery and props and create sound effects and devise performances. Transform storytelling at home or in the classroom; for children's bedtime; make a birthday truly special.
9781903458723 HC HP 88 pp $30.00

Transparent Window Scenes through the Year
MICHAELA KRONSHAGE & SYLVIA SCHWARTZ
Tissue-paper window scenes are a lovely way to bring color and light into a home or classroom. This book has instructions and templates for making window transparencies that capture the mood of the seasons.
9781782503255 FB 60pp $19.95
The Wonder of Trees
Nature Activities for Children
ANDREA FROMMERZ & EDITH BIEDERMANN
The secrets, magic, and wisdom of trees have always fascinated people. This richly illustrated book tells us many of the mysteries of trees, such as which trees give us strength; which leaves and blossoms can be made into soothing ointments and delicious teas; which trees can be entrusted with our secrets. Activities include stories, songs, games, and crafts; simple recipes for food and the medicine cabinet; and fun skills to encourage children to use all their senses in getting to know 13 common trees.
9780863158667 FB 144pp $24.95

Creative Wool
Making Woolen Crafts with Children
KARIN NEUSCHÜTZ
Learn how to make a broad range of crafts from fleece and yarn, for all ages of children. Includes toys, bracelets and braids, balls, pompoms, dolls and doll clothes, and felted animals and masks. The book starts with basic methods of spinning yarn, crocheting, knitting, and felting.
9780863158001 FB 80pp $19.95

Making Fairy Tale Scenes
SYBILLE ADOLPHI
Make seasonal, well-known fairy tale scenes and figures from easy-to-find natural materials.
9780863157189 FB 96pp $25.00

Magic Wool
Creative Pictures and Tableaux with Natural Sheep's Wool
FREYA JAFFKE & DAGMAR SCHMIDT
Second Edition
The authors explain the process of carding and dying unspun wool. Create pictures and tabletop scenes with wool, as well as simple dolls and animals, and an entire nativity scene.
9780863158292 FB 80pp $19.95

More Magic Wool
Creating Figures and Pictures with Dyed Wool
ANGELIKA WOLK-GERCHE
More instructions for making wonderful creations with plant-dyed, unspun wool.
9780863153518 FB 80pp $19.95

Magic Wool Fairies
CHRISTINE SCHÄFER
Detailed instructions on making fairies and angels for every occasion—flower fairies for a seasonal nature table; fairies for birthday celebrations; guardian angels to watch over a crib; and a range of Christmas angels.
9780863158261 FB 104pp $19.95

Magic Wool Fruit Children
CHRISTINE SCHÄFER
Fruit children for every season—berries, acorns, apples, plums, mandarins, toadstools, pumpkins—and delightful little people to match.
9780863159503 FB 80pp $24.95

Magic Wool Mermaids, Fairies & Nymphs through the Seasons
CHRISTINE SCHÄFER
Inspired by ancient tales, myths and festivals, this book covers seasonal projects from fluffy Easter bunnies to a magnificent King Winter.
9781782500384 Floris Books 120pp $19.95

Making Flower Children
SYBILLE ADOLPHI
Instructions and illustrations for making a range of creative flower figures, organized by season, making the book ideal for decorating a nature corner or seasonal table.
9780863156502 FB 80pp $20.00

Making More Flower Children
9780863156854 FB 80pp $20.00
Anthroposophic Medicine for All the Family
Recognizing and Treating Common Disorders
SERGIO MARIA FRANCARDO, M.D.
Precise descriptions of key remedies and ways to treat common ailments at home.
9781855845343 RSP 334PP $20.00

Addictive Behaviour in Children and Young Adults
The Struggle for Freedom
RAOUL GOLDBERG, M.D.
Drawing on anthroposophic insights, this book explores the underlying causes of addictive behavior, examining specific addictions and offering a tried and tested method for understanding and managing each person. For parents, teachers, and health professionals.
9780863158735 FB 272 pp. $24.95

Awakening to Child Health
Nurturing Children’s Well Being
RAOUL GOLDBERG, M.D.
Informed by embryology and spiritual psychology and drawing on wholistic medicine and Rudolf Steiner’s understanding of child development, the author gives a comprehensive account of child and adolescent development.
9781903458815 HP 400 pp. $30.00

Becoming a Family
The First Three Years
MARGARET SHAW
How babies can be welcomed onto Earth with warmth, love, insight, joy, rhythm, structure, and sensitive care, which helps lay healthy physical, psychological, and spiritual foundations for life.
9781907359279 HP 216 pp. $28.00

Birth and Breastfeeding
Rediscovering the Needs of Women During Pregnancy and Childbirth
MICHEL ODENT
9781905570065 Clairview Books 176 pp. $22.00

A Child is Born
A Natural Guide to Pregnancy, Birth and Early Childhood
WILHELM ZUR LINDEN, M.D.
The classic guide from an anthroposophic pediatrician and general practitioner. This new edition includes matters of contraception, drugs, a father’s presence during birthing, thumb sucking, sleep, crib death, overheating, and more.
9781855841925 RSP 224 pp. $22.00

Natural Birth
A Holistic Guide to Pregnancy, Childbirth, and Breastfeeding
KRISTINA TURNER
9780863157639 FB 144 pp. $16.95

Nutrition for Enlightened Parenting
MARIE-LAURE VALANDRO
9781584201694 LB 202 pp. $18.00

Pregnancy, Birth and Beyond
A Spiritual and Practical Guide
ERIKA GRADENWITZ-KOEHLER
A comprehensive, alternative guide to all aspects of conception, pregnancy, birth, and infant care, which gives advice for a healthy pregnancy in body, soul, and spirit.
9781782501282 FB 192 pp. $24.95

Primal Health
Understanding the Critical Period Between Conception and the First Birthday
MICHEL ODENT
A leading pioneer for natural childbirth indicates that different parts of the “primal adaptive system” develop, regulate and adjust themselves during fetal life and the time around birth and infancy. Everything that happens during this period has an influence on this primal health. The later well-being of adults, and their ability to withstand hypertension, cancer, alcoholism and failures of the immune system, can all be traced back to the vital importance of the primal period. This book is essential reading for all who care about the health of our children and of society.
978190570089 Claiview Books 240 pp. $24.00

Raising Happy Healthy Children
Why Mothering Matters
SALLY GODDARD BLYTHE
This fully updated edition draws on the latest scientific research to show how the first few years determine the way children develop physically, mentally, and spiritually for the rest of their lives, and that the keys to this development are parents, and in particular mothers.
9781907359835 HP 260 pp. $24.00

Water, Birth and Sexuality
Our Primeval Connection to Water, and Its Use in Labour and Therapy
MICHEL ODENT
In this ground-breaking work, Dr. Odent considers the meaning and importance of water throughout history and what it means to us today. He discusses the living power of water and the use of water during the birthing process and in various therapies.
9781905570737 Clairview Books 156 pp. $20.00
An Electronic Silent Spring
Facing the Dangers and Creating Safe Limits
KATIE SINGER
"With brilliant clarity ... shows how radiation emitted by our beloved electronic devices can cause biological harm. It describes the steps that individuals, manufacturers and policy makers can take to reduce our emissions and exposure. Because these issues matter to every parent, teacher and technology user, everyone needs to read this book." —Frank Clegg, former President of Microsoft Canada, CEO of Canadians for Safe Technology
781938685088 Portal Books 310pp $18.00

Childhood Illnesses and Immunizations
Anthroposophic Ideas to Insure the Wellbeing of Our Children in This Digital Age
ROSS RENTEA, MD; MARK KAMSLER, MD; ANDREA RENTEA, MD
"Highly researched yet accessible... practical." — MARY JO ORESTI, MA
9781621482024 SB 478pp $35.00

Everyday Eurythmy
Exercises to Calm, Strengthen and Centre
A Workbook for Daily Practice
SIVAN KARNIELI; DRAWINGS BY NINA-SOPHIE JUTARD-GRAEWEE
Instructions for daily practice that can effectively counteract stress and burn-out, psychological blocks and other symptoms of modern life.
97816855844872 RSP 96pp $15.00

Home Nursing for Carers
TINEKE VAN BENTHEIM
9780863155413 FB 160pp $19.95

Healing for Body, Soul, and Spirit
An Introduction to Anthroposophical Medicine
MICHAEL EVANS, MD & IAIN RODGER
An easy-to-understand overview with discussions of artistic therapies, massage, childhood illnesses, cancer, and psychiatry.
9781782504108 FB 208pp $25.00

Healing the Skin
Holistic Approaches to Treating Skin Conditions
LUEGER JACHENS
An authoritative guide to the anatomy of the skin and its relationship to the physical and spiritual levels of existence. Conditions and treatment of psoriasis, dermatitis, acne, boils, hayfever, alopecia (hair loss), melanoma, abscesses, impetigo, fungal infections, herpes, scabies, head lice, sunburn, and much more.
9781902636917 TL 224pp $32.00

An Illustrated Guide to Everyday Eurythmy
Discover Balance and Self-Healing through Movement
BARBARA TAPPER AND ANNETTE WEISSKIRCHER
This unique guide describes and illustrates visually through dynamic photographs the core speech-sound exercises: vowel exercises, consonant exercises and soul exercises.
9781782503736 illustrated FB 168pp $24.95

Lowering High Blood Pressure
The Three-Type Holistic Approach
THOMAS BREITKREUZ
An alternative, holistic approach by an experienced physician, with specific therapeutic programs for different types of high blood pressure.
9781782501190 FB 128pp $16.95

Treating Depression Naturally
An Introduction to Anthroposophical Medicine
THE RICHTER-MARTENS
A journey back to health through creativity, authenticity, and self-determination
JOSEF ULRICH
Our bodies have an amazing capacity for self-repair and healing a broken ankle or grazed knee. The power to heal exists in all of us, but few people learn how to harness it in times of greatest need—while fighting an illness or disease. With case studies, exercises, observations, and checklists from an experienced alternative therapist, this practical resource empowers you to boost your immune system—in conjunction with conventional treatments—for the best chance of healing.
9781782505334 FB illustrated 272pp $24.95

Why on Earth?
Biography and the Practice of Human Becoming
SIGNE EKLUND SCHAEFER
How can we really meet the challenges around us without also attending to our inner life and to our own evolving biography as it reflects and informs the outer world? With this book as a guide, explore your own meaning-filled life journey so that you can perceive your possibilities and your responsibilities along the way.
9781621480402 SB 250pp $25.00
Bedtime Storytelling
A Collection for Parents
BEATRYS LOCKIE
Classic tales with advice on how to establish a routine, create a mood, involve children, and personalize your stories. (for ages 3–7)
9780863157363 FB 144pp $20.00

First Three Years of the Child
KARL KÖNIG
In this classic must-read for every new parent and early-childhood teacher, Karl König provides a detailed analysis of the three major achievements of the first three years of life: learning to walk, learning to speak, and learning to think—the three basic faculties that make us human.
9780863154522 SB 138pp $17.95

Healing Stories for Challenging Behaviour
SUSAN PERROW
“Tools to use and create stories that respond to the way children imagine their world. Practice what she teaches; it will enrich your life.”—Michael Moran, storyteller and psychiatric nurse
50 modern and traditional folk tales for behavior difficulties and to help with challenging situations (moving to a new house, a new baby in the family, separation anxiety, nightmares, illness, and grieving).
9781903458785 HP 320pp $30.00

Managing Screen Time
Raising Balanced Children in the Digital Age
EDMOND SCHOOREL
A comprehensive exploration of the health effects of screen time and the educational impact of new technology.
9781782502487 FB 128pp $13.95

Parenting in the Here and Now
Realizing the Strengths You Already Have
LEA PAGE
“This book is an empowering guide to a truly heart-centered way of parenting.”—Donna Simmons, Christopherus Homeschool Resources
9781782501640 FB 288pp $24.95

Ready to Learn
From Birth to School Readiness
MARTYN RAWSON AND MICHAEL ROSE
Help for parents to decide when a child is ready to take the step from kindergarten into elementary school.
9781903458662 HP 128pp $25.00

Sex Education and the Spirit
Understanding Our Communal Responsibility for the Healthy Development of Gender and Sexuality within Society
LISA ROMERO
Providing a healthy and socially constructive sex education is the responsibility not only of the primary caregivers, parents, and teachers, but also of the individuals in the wider community, who likewise contribute to the collective consciousness.
9781621481911 SB 156pp $17.00

Storytelling with Children
NANCY MELLON
“A treasure trove for professionals and rank beginners – a book borne of years of hands-on experience with parents and children. Reading it, I feel the urge to pull my own two children close, to light a candle, to begin … Nancy Mellon inspires us all to be storytellers.”—Katrina Kenison, author of Mitten Strings for God: Reflections for Mothers in a Hurry
9781907359262 HP 192pp $25.00

Stress Free Parenting in 12 Steps
"If I had to choose just one book to give to a new parent then CHRISTIANE KUTIK’s book would be at the top of my list. This short book manages to pack in a huge amount of clear information and practical help in a format that makes it easily accessible to a tired, and perhaps rather desperate, parent.”—Mouna Hayes, New View magazine
9780863157622 FB 192pp $15.95

Therapeutic Storytelling
101 Healing Stories for Children
SUSAN PERROW
Create your own therapeutic stories for children aged 3 to 10 years old; how to use of healing stories for global and national challenging situations; how to develop storytelling skills using useful tips and anecdotes; modern and traditional wisdom tales from around the world for unruly behavior, grieving, anxiety, lack of confidence, bullying, teasing, nightmares, bed-wetting, inappropriate talk, toileting, and much more.
9781907359156 HP 256pp $37.00

You and Your Teenager
Understanding the Journey
JEANNE MEUIS
“This book has helped me understand why teenagers might behave as they do, and why our responses or behaviour might not always be beneficial.”—Juno magazine
9780863159992 FB 352pp $35.00

Between Form and Freedom
Being a Teenager
BETTY STALEY
Compassionate, intelligent, intuitive. This book has been reprinted many times and published in several languages. It is a valuable guide and inspiration for all parents of teenagers.
9781903458891 HP 220pp $26.00
The Developing Child
Sense and Nonsense in Education
WILLI AEPPLI
This experienced Waldorf teacher shows, by example, how to grasp the essence of a subject and transform it artistically to fit children’s evolving inner orientation.
9780880104913 AP 224pp $16.95

Do You Love Your Teachers?
Memoir of a Waldorf Teacher
ERIC G. MÜLLER
Eric Müller traces the experiences that shaped his youth and his adult perspectives as a long-time Waldorf educator. Illustrative quotes, from Einstein to Anne Frank, reflect his wide-ranging interests in literature, drama, politics and philosophy — the subjects he teaches to high school students today at the Hawthorne Valley Waldorf School.
9780880106566 SB 192pp $20.00

Education Towards Freedom
A Survey of the Work of Waldorf Schools Throughout the World
FRANS CARLQREN
This book has sold more than 10,000 copies in English since 1976. Illustrated.
9780863156519 FB 272pp $30.00

Engaged Community
The Challenge of Self-Governance in Waldorf Education
JON MCALICE
Learning as a multileveled process of becoming in which students and teachers participate to create a free, self-governing ecology of learning.
9781584201533 LB 144pp $18.00

Keynotes in Life and Work
Perspectives Gained from a Lifetime of Working with Steiner Educatin
BRIEN MASTERS
Brien Masters has worked with Rudolf Steiner’s ideas for more than half a century. He is a well-known author and Waldorf teacher, a teacher trainer, a poet, a sought-out consultant, a musican, and a lecturer.
9780956412607 FB 288pp $17.95

On the Threshold of Adolescence
The Struggle for Independence in the 12th Year
HERMANN KOEPKE
How a Waldorf teacher addresses the changes her class is going through — drug use, smoking, unresponsiveness, rebelliousness, moodiness, and gradually adapts her teaching to their changing needs.
9780880103572 AP 160pp $19.95

Speaking, Listening, Understanding
The Art of Creating Conscious Conversation
HEINZ ZIMMERMANN
Exercises, both group and individual, are provided for different kinds of conversations. Directed especially toward Waldorf school communities, this is a valuable resource for any group or community.
9780940262751 LB 128pp $16.95

Steiner Education and Social Issues
How Waldorf Schooling Addresses the Problems of Society
BRIEN MASTERS
A master Waldorf teacher covers a wide range of modern social issues: drugs, nutrition, the influence of television, and multicultural societies.
9781855842007 RSP 240pp $24.00

The Story of Waldorf Education in the United States
Past, Present, and Future
STEPHEN KEITH SAGARIN, PH.D.
The author identifies key trends in education, both Waldorf and general, to imagine the direction in which Waldorf education could move in the future.
9780880106566 SB 192pp $20.00

Waldorf Kindergartens Today
Edited by Marie-Luise Compani and Peter Lang
A valuable overview of various kindergartens worldwide, looking in detail at contemporary practices, from daily rhythms and nutrition to singing, eurythmy, working with parents, and media and technology.
9781782500186 FB 256pp $29.95

What Is a Waldorf Kindergarten?
Second Edition
COMPILED BY SHARIFA OPPENHEIMER
A collection of three public lectures by Rudolf Steiner on Waldorf education that present the fundamentals of Steiner’s educational methods in a matter-of-fact, objective, and non-dogmatic way.
9781584209997 SB 112pp $15.00

What Is Waldorf Education?
RUDOLF STEINER
Introduction by Stephen Keith Sagarin, Ph.D.
A collection of three public lectures by Rudolf Steiner that present the fundamentals of Steiner’s educational methods in a matter-of-fact, objective, and non-dogmatic way.
9780880105279 SB 12pp $12.00
The Child as a Sense Organ
An Anthroposophical Understanding of Imitation Processes
PETER SELG

“By means of the nerve-and-sense system, the body of children becomes like an imprint of the surroundings and, particularly, of the morality inherent in them.”—Rudolf Steiner

Children’s early experience of the world begins as an undifferentiated sensory relationship to their phenomenological environment. This aspect of a child’s incarnation leads to learning through imitation and to the process of recognizing “the Other” as a separate entity with which to interact. Dr. Selg describes the unfolding of the early stages of childhood from the perspectives of anthropological and anthroposophic research so that parents and educators can work therapeutically with young children.

9781621481836 SB 134pp $15.00

Encountering the Self
Transformation and Destiny in the Ninth Year
HERMANN KOEPKE

Between the ages of 9 and 10, children begin to experience themselves as separate individuals, and essentially alone. This insightful book offers a clear description of the signs and effects of this significant turning point.

9780880102797 AP 118pp $14.95

The Essence of Waldorf Education
PETER SELG

Selg brings the living reality of Waldorf education to life through the biography of the first Waldorf school. Thus, we learn to see it in its essence, as a healing model of what education might become if the primary relationship, the inner core of a school, is the free relationship between teacher and student.

978-0-88010-646-7 SB 128pp $12.00

A Grand Metamorphosis
Contributions to the Spiritual-Scientific Anthropology and Education of Adolescents
PETER SELG

Steiner’s indications provide a timeless method of meeting students in the right way. Detailed indications help parents and teachers to become well equipped with deeper understanding for the challenge of adolescence.

978-0-88010-598-9 SB 128pp $15.00

I Am Different from You
How Children Experience Themselves and the World in the Middle of Childhood
PETER SELG

Peter Selg illumines the momentous phenomenon, the “dramatic change” in the child’s consciousness, in the 9th or 10th year. Though it is “hardly noticeable,” it is a crisis that pediatric psychologists know well, as many fears and weaknesses that rise to the surface in adolescence, can be traced back to this subtle event.

9780880106580 SB 120pp $12.00

Phases of Childhood
Growing in Body, Soul and Spirit
BERNARD LIEVGOED

A classic work that draws on the ideas of Rudolf Steiner, Goethe, and Schiller to describe the three main stages of child development and the genetic and biographical potential revealed at each stage. It provides practical applications to the educational methodology of the growing child.

9780863154812 FB 208pp $19.95

The Recovery of Man in Childhood
A. C. HARWOOD

This classic book is one of the definitive accounts of Waldorf education.

9780913098530 Housatonic Press 206pp $14.95

The Therapeutic Eye
How Rudolf Steiner Observed Children
PETER SELG

Thought-provoking insights and principles that will transform the ways of observing children.

9780880105941 SB 96pp $15.00

Too Much, Too Soon
Early Learning and the Erosion of Childhood
RICHARD HOUSE

Leading educators, researchers, policy-makers, and parents advocate for alternative ways for slowing childhood, better policy-making, and the right learning at the right time.

9781907359026 HP 208pp $38.00

Under the Stars
The Foundations of Steiner Waldorf Early Childhood Education
DR. RENATE LONG-BREIPOL

A profound and practical anthology on the principles and methods of Waldorf early-childhood education.

9781907359163 HP 240pp $36.00

The Way of a Child
An Introduction to Steiner Education and the Basics of Child Development
A. C. HARWOOD

This little book has become a classic introduction to the perennial themes of child development and the basic principles of Waldorf education. Harwood was one of the founding members of the first Steiner school in the English-speaking world.

9781855843875 RSP 112pp $18.00

Well, I Wonder
Childhood in the Modern World: A Handbook for Parents, Teachers and Carers
SALLY SCHWEIZER

9781855841246 RSP 232pp $27.00
The Breathing Circle
Learning through the Movement of the Natural Breath
NELL SMYTH
“A clear, imaginative, and flexible blueprint for teachers of early learning, describing how to integrate and support the child’s developing sensory systems and the movement patterns that underpin child development.” —Anna Hubbard, Brain Gym® instructor and author
Understand how responsiveness, expression, and learning all depend on the rhythm of inhalation and exhalation. Includes movements, verses, and stories, working directly with children’s unfolding senses and the cycle of natural breath. Toddlers through seven years old.
9781903458648  HP  224pp  $28.00

The Care and Development of the Human Senses
Rudolf Steiner’s Work on the Significance of the Senses in Education
WILLI APPELI
An in-depth presentation of Rudolf Steiner’s important ideas on the nature of our 12 senses as he saw them and their role in education.
9780863159879  FB  112pp $16.95

Free to Learn
Steiner Waldorf Early Childhood Care and Education
LYNN OLDFIELD
A unique and comprehensive guide to the principles and methods of Waldorf Early Childhood education. The author draws on kindergarten experiences from around the world, with stories, helpful insights, observations and pictures.
9781907359132  HP  240pp  $28.00

Children and Their Temperaments
MARIEKE ANSCHUTZ
A guide to children’s temperaments and their role in the development of character, health, and personality.
9780863151750  FB  128pp $15.95

The Genius of Natural Childhood
Secrets of Thriving Children
SALLY GODDARD BLYTHE
The author draws on neuroscience to unpack the wisdom of nursery rhymes, traditional games, and fairy stories. Includes a starter kit of stories, action games, songs, and rhymes.
9781907359040  HP  240pp  $28.00

The Genius of Play
Celebrating the Spirit of Childhood
SALLY JENKINSON
What is play, its importance, and why it is threatened today. Moving, vivid stories and perceptive observations reveal the secrets of play.
9781903458044  HP  128pp  $20.00

Kindergarten Education
Freeing Children’s Creative Potential
BETTY PECK
Using vivid case studies from her own experience and from the research of Froebel and other early-years pioneers, the author demonstrates how a holistic, loving approach to early years education meets the spiritual and physical growth needs of young children. This is an essential resource for teachers and parents who want to give their children a more meaningful education.
9781903458334  HP  224pp  $27.00

Nurturing Potential in the Kindergarten Years
A Guide for Teachers, Carers, and Parents
CORNELIS BOOGERD
Ways to understand the concept of life forces with practical examples of how to nurture children at different educational stages.
9780863158360  FB  256pp  $29.95

Rhythms of Learning
What Waldorf Education Offers Children, Parents and Teachers
Writings of Rudolf Steiner; selected and introduced by ROBERT TROSTLI
“The primary task of a Waldorf teacher is to understand the human being in body, soul, and spirit. The approach, the curriculum, and the methods of an education that can address the whole child will grow from this understanding.”—Roberto Trostli
In this comprehensive resource for parents and teachers, a seasoned Waldorf teacher describes how Steiner’s concepts work in the contemporary Waldorf classroom, and how the teacher–child relationship and the Waldorf school curriculum change from kindergarten through high school.
9781621481799  SB  366pp  $30.00

Under the Sky
Playing, Working, and Enjoying Adventures in the Open Air
SALLY SCHWEIZER
An invaluable guide packed with anecdotes, games, and practical activities that feature ideas for planning expeditions and adventures, toys and equipment, and activities for the four seasons and the four elements. It includes plans, tips and advice on gardening, wildlife, campfires, picnics and train journeys.
9781855842151  RSP  288pp  $25.00
“Torin Finser’s School as a Journey is an inspiring account of one teacher’s odyssey. Along the way, he reveals the secrets of good education in any setting: effective partnership with parents, a strong sense of collegiality among the staff, and—above all—the presence of dedicated teachers who are motivated by a sincere love and respect for their students.” — Ernest Boyer, President, Carnegie Foundation
Autism
A Holistic Approach
MARGA HOGENBOOM AND BOB WOODWARD
Recent developments in diagnostic methods and approaches to treatment, including case studies and a chapter looking at sensory integration therapy.
9781782500001 FB 352 pp. $35.00

A-Z Collection of Behaviour Tales
SUSAN PERROW
Story medicine as a creative strategy for parenting, teaching, and counseling children from 3 to 9.
www.healingthroughstories.blogspot.com/. 9781907359866 Illustrated HP 144 pp $26.00

Diagnostic and Therapeutic Elements in Light-Darkness-Color
Research on Different Types of Depression
CHANTEL BERNARD AND JANNY MAGER
How light-darkness-color therapy provides the basis for precise, complete, and reliable diagnosis of a patient’s condition with regard to various symptoms and their interrelationships.
9780945803966 RSCP 126 pp $22.95

Dyslexia
Learning Disorder or Creative Gift?
CORNELIA JANTZEN
Dyslexia is a special gift often coupled with a highly developed imagination and unique perception structure. This book provides insights for dealing with the challenges of dyslexia.
9780863157097 FB 248 pp. $30.00

Education for Special Needs
The Curative Education Course
RUDOLF STEINER
9781855844094 RSP 216 pp $35.00

Educating Traumatized Children
Waldorf Education in Crisis Intervention
BERND RUF; PREFACE BY PETER SELG
Bernd Ruf, who heads crisis interventions in war zones and disaster areas, describes anthroposophic "emergency education," including the anthroposophic understanding of trauma.
9781584201557 LB 220 pp $25.00

Inside an Autistic World
Interviews with Hilke, Andreas, Erik and Martin Osika and Jos Meereboer
In this true account, three autistic people speak via the method of "facilitated communication." What is conveyed are surprising and sometimes shattering spiritual and metaphysical perceptions, revealing remarkable clairvoyant gifts, such as the ability to read other people’s thoughts, to see past lives, and to communicate with supernatural entities. Additional interviews with educators and therapists give a broad view of progressive and inspirational educational methods.
9781906999513 TLP 216 pp $24.00

Mask
Making, Using and Performing
MIKE CHASE
Inspired by the four temperaments, for use in workshops, performance and therapy
This exciting new book by a psychodrama psychotherapist explores the history of the mask, different mask-making techniques and uses, and includes extensive workshop exercises for movement, voice, games, improvisations, general acting skills, and for therapeutic work.
9781907359668 Illustrated HP 176 pp $38.00

A Practical Guide to Curative Education
The Ladder of the Seven Life processes
ROBYN M. BROWN
This book examines the Rudolf Steiner’s unique educational approach in today’s classrooms that can lead to calmer, more productive learning spaces.
9781584209829 LB 150 pp. $15.00

Therapeutic Eurythmy for Children
From Early Childhood to Adolescence
ANNE-MAIDLIN VOGEL
Therapeutic eurythmy exercises for therapists, pediatricians, and parents. Included are exercises with premature infants, babies, and young children; and speech eurythmy exercises for postural problems, enuresis, lack of concentration, and more.
9780880105682 HC 264 pp. $45.00
9780880107501 PB 264 pp. $30.00

Understanding Deeper Developmental Needs
Holistic Approaches for Challenging Behaviors in Children
ADAM BLANNING
Watching the way a child moves, listens, eats, and sleeps offers insights into a child’s experience of the world that help tell the child’s story. Then we can learn to think in living processes that encourage children to unfold new growth and maturation from the inside out.
ADAM BLANNING, MD, is president of the Association for Anthroposophic Medicine and Therapies in America and board member of the Physicians’ Association for Anthroposophic Medicine.
9781584209508 LB 452 pp $35.00
Making Geometry
Exploring Three-Dimensional Forms
JON ALLEN
“This beautifully presented book...gives practical instructions on how to make the five Platonic regular solids and 13 semi-regular Archimedean solids.”—David Heaf, Science Group, AS, UK
9780863159145 Illustrated FB 136pp $24.95

Drawing Geometry
A Primer of Basic Forms for Artists, Designers and Architects
JON ALLEN; FOREWORD BY KEITH CRITCHELOW
“Simply an excellent guide book.”—Pentacle Magazine
9780863156083 Illustrated FB 88pp $25.00

Drawing with Hand, Head, and Heart
A Natural Approach to Learning the Art of Drawing
VAN JAMES
A comprehensive guide to the art of drawing and the process of visual thinking for all ages and abilities. Artist and Waldorf teacher, Van James shows how to learn to draw simply and naturally. He also provides samples of blackboard drawings and main lesson book pages, an appendix on therapeutic drawing, and a bibliography of resources.
9781621480105 Illustrated SB 288pp $30.00

Painting and Drawing in Waldorf Schools
Classes 1 to 8
THOMAS WILDGRUBER
9780863158780 Illustrated FB 376pp $40.00

Soul Development through Handwriting
The Waldorf Approach to the Vimala Alphabet
JENNIFER CREBBIN
Introducing the Vimala Alphabet into the Waldorf curriculum.
9780880105873 SB 128pp $20.00

Metamorphosis in Nature and Art
The Dynamic of Form in Plants, Animals, and Human Beings
PETER ELSNER
“An astonishing volume.”—Wilhelm Oberhuber, Stil
Peter Elsner’s profound and practical research offers artistic and scientific methods for enlivening our ability to think dynamically and visually.
9781907359248 Fully illustrated Hardcover HP 432pp $135.00

The Secret Language of Form
Visual Meaning in Art and Nature
VAN JAMES
Through simple indications, you can learn to read the meaning in works of art and the language that Mother Nature speaks through form.
9780945803881 202pp Illustrated RSCP $29.00

New Eyes for Plants
A Workbook for Observing and Drawing Plants
MARGARET COLOQUHOUN
9781869890858 160pp Illustrated HP $30.00

Metamorphosis
Journeys through Transformation of Form
EDITED BY GERTRAUD GOODWIN
Through the medium of art, we enter the realm of time and continuously changing movement in this highly original book. With chapters by various artists and writers and stunning sequences of images, interspersed with insightful commentary, we begin to understand the mystery of metamorphosis.
9781906999933 160pp Color illustrations TLP $34.00

Creative Form Drawing with Children
ANGELA LORD
WORKBOOK 1 is designed for the Waldorf curriculum of classes 1–3.
WORKBOOK 2 is designed for classes 4–6. Includes sections on the purposes of form drawing, how to use it to counteract negative screen-effects, and the origin and development of creative form drawing.

Form Drawing and Colouring for Fun, Healing and Wellbeing
Fourfold Patterns for Harmonizing Body and Soul
ANGELA LORD
Creative, therapeutic form drawing for adults.
Andando Caminos
Teaching Spanish in Waldorf Schools
ELENA FORRER
9781584201595 LP 360 pp. $45.00

Language Teaching in Steiner-Waldorf Schools
New Edition
JOHANNES KIERSCH
9781782501213 FB 144 pp. $16.95

Teaching Foreign Languages
The Steiner-Waldorf School Approach
ERHARD DAHL
9781782501206 FB 96 pp. $16.95

The Spirit of the English Language
A Practical Guide for Poets, Teachers and Students: How Sound Works in English and American Poetry
JOHN H. WULSIN, JR.
9781584200635 LB 400 pp. $35.00

The Mystery Feast
Thoughts on Storytelling
Packed with ideas and inspiration, Booker prize-winning novelist Ben Okri offers numerous pathways into the world of storytelling, concluding with condensed “Notes to the Modern Storyteller” and a stoku—a brief tale on the theme. Based on decades of honing his art, this stimulating little book offers a glimpse into the mind of a master of contemporary storytelling.
BEN OKRI is a Fellow of the Royal Society of Literature, Vice-President of the English Centre of International PEN, and Patron of the International School of Storytelling. Born in Nigeria, he lives in London.
978-1-905570-76-8 Clairview Books 48pp $6.75

Gardening Classes in Waldorf Schools
BIRTE KAUFMANN
9781782502142 PB Floris Books 176 pp. $24.95

Report Verses in Rudolf Steiner’s Art of Education
Healing Forces in Words and Their Rhythms
New Edition
HEINZ MÜLLER
9780863159886 PB Floris Books 80 pp. $14.95

Rudolf Steiner’s Curriculum for Steiner-Waldorf Schools
New Edition
E. A. KARL STOCKMEYER
9781782501299 PB Floris Books 256 pp. $29.95

The Tasks and Content of the Steiner-Waldorf Curriculum
EDITED BY KEVIN AVISON, MARTYN RAWSON, AND TOBIAS RICHTER
9781782500421 PB Floris Books 384 pp $40.00

A Handbook for Steiner-Waldorf Class Teachers
New Edition
KEVIN AVISON
9781782502494 FB 144 pp. $19.95

Towards Creative Teaching
New Edition
EDITED BY MARTYN RAWSON AND KEVIN AVISON
9780863159619 FB 192 pp. $19.95
The Wisdom of Fairy Stories
RUDOLF MEYER
9780863152086 FB 268pp $19.95

The Power of Stories
Nurturing Children’s Imagination and Consciousness
HORST KORNBINGER
9780863156595 FB 208pp $20.00

Storytelling for Life
Why Stories Matter and Ways of Telling Them
JOSIE FELCE
“An inspiring and instructive book” — Network Review
The use of stories in the Waldorf school curriculum and the therapeutic value of stories throughout our life, how they help us to approach challenges creatively, giving examples of how stories can be used for group-development sessions.
9780863159237 FB 144pp $26.95

Hay For My Ox and Other Stories
A First Reading Book for Waldorf Schools
The classic early reader for Waldorf Classes 1 and 2. (Ages 6–8).
9780863159138 FB 104pp. $14.95

The Storyteller’s Way
Sourcebook for Inspired Storytelling
ASHLEY RAMSDEN AND SUE HOLLINGSWORTH
9781907359194 HP 256pp $38.00

The Art of Acting
DAWN LANGMAN
“A gift for the generations.” — Diane Caracciolo, Adelphi University
9781906999659 TLP 324pp $44.00

The Art of Speech
DAWN LANGMAN
“The powerful spiritual inspirations that stand behind the spoken word are infused throughout, giving this book its wings.” —Dr. Diane Caracciolo, Adelphi University
9781906999650 TLP 316pp $45.00

Drama at the Heart
Teaching Drama in Steiner-Waldorf Schools
NELL SMYTH
Helps teachers to work successfully with drama in their classroom in a rewarding, holistic way
9781782502692 FB 240pp $24.95

Nativity Plays for Children
WILMA ELLERSIEK
9781782501701 FB 176pp $24.95

Adventures in Steiner Education
An Introduction to the Waldorf Approach
BRIEN MASTERS
9781855841536 RSP 128pp $16.95

Religious Education in Steiner-Waldorf Schools
Edited by HELMUT VON KÜGELGEN AND TILDE VON EIFF
9781782500414 FB 228pp $27.95

Transformational Teaching
Waldorf-Inspired Methods in the Public School
MARY BARR GORAL
9780880107044 SB 168pp $22.00

Arts and Crafts in the Waldorf School
An Integrated Approach
Edited by MICHAEL MARTIN
9781782504597 FB 288pp $30.00

Music through the Grades
DIANE INGRAHAM BARNES
9780932776433 Spiral-bound + 3 CDs
Adonis Press 195pp $35.00

Speaking, Listening, Understanding
HEINZ ZIMMERMANN
9780940262751 LB 128pp $16.95

Religious Education in Steiner-Waldorf Schools
Edited by HELMUT VON KÜGELGEN AND TILDE VON EIFF
9781782500414 FB 228pp $27.95

Arts and Crafts in the Waldorf School
An Integrated Approach
Edited by MICHAEL MARTIN
9781782504597 FB 288pp $30.00

Music through the Grades
DIANE INGRAHAM BARNES
9780932776433 Spiral-bound + 3 CDs
Adonis Press 195pp $35.00
The Age of Discovery
CHARLES KOVACS
An overview of world history from the time of the Crusades to the Renaissance. Subjects include Saladin, Joan of Arc, Columbus, Magellan, Queen Elizabeth, and Sir Francis Drake. Class 8 (Ages 13–14).
9780863154515 FB 224pp $20.00

The Age of Revolution
CHARLES KOVACS
Pertinent stories that show the development of humankind, from medieval times—when every person had a fixed place in the social hierarchy—to the awakening of individuality in modern times. Class 8 (Ages 13–14).
9780863153952 FB 240pp $19.95

Ancient Greece
CHARLES KOVACS
Retelling of Greek mythology and ancient history through stories of mythical heroes and historic figures from the dawn of western civilization that portray our human journey to the birth of modern medicine, science, and philosophy. Classes 5–6 (Ages 10–12).
9780863154294 FB 160pp $17.95

Ancient Mythologies
India, Persia, Babylon, Egypt
CHARLES KOVACS
Retelling of some of the world’s great myths and legends that span the centuries from Atlantis to the civilizations of India, Persia, Babylon and Egypt. Class 5 (Ages 9–12).
9780946206520 Wynstones Press 184pp $19.95

Ancient Rome
CHARLES KOVACS
This book includes stories of the founding of Rome; early battles with Carthage and Hannibal; Julius Caesar and the conquests of Gaul and Britain; Antony and Cleopatra; and the decline and fall under the Huns and the beginning of the “Dark Ages.” Class 6 (Ages 11–12).
9780863154829 FB 224pp $19.95

Botany
CHARLES KOVACS
This book characterizes different plants, from fungi, algae, and lichens, to the lily and rose families, describing the parts of each plant and their growth cycle. Classes 5–6 (Ages 10–12).
9780863155376 FB 112pp $19.95

Geology and Astronomy
CHARLES KOVACS
Part one describes the different kinds of rocks, soil, and mountains, and explores how they came into being. Part two examines the movement of the Sun, Moon, and stars. Throughout, Kovacs links the phenomena to human experience and how they affect people in various parts of the world. Classes 6–7 (Ages 11–13).
9780863158070 FB 128pp $17.95

Human Being and the Animal World
CHARLES KOVACS
This is a resource book for teaching about animals in comparison to human beings. It is recommended for classes 4 and 5 in the Waldorf curriculum. (Ages 9–11).
9780863156403 FB 144pp $18.00

Mathematics in Nature, Space and Time
JOHN BLACKWOOD
9780863158186 FB Floris Books 216pp $29.95

Muscles and Bones
CHARLES KOVACS
An overview of human physiology and anatomy, including health and hygiene. Classes 7–8 (Ages 12–14).
9780863155550 FB 128pp $20.00

Norse Mythology
CHARLES KOVACS
Here is a retelling of the great stories of Norse mythology recommended for the Waldorf curriculum, class four: myths on creation, Odin and Mimir, Thor and Thialfi, Idun, Sif, and Loki. Class 4 (Ages 9–10)
9780863154454 FB 224pp $20.00

Parsifal and the Search for the Grail
CHARLES KOVACS
In the Waldorf curriculum the Parsifal story is recommended as a way of introducing world literature and to bring attention to one of the central problems of our time — the imperative to learn to ask the right questions. Class 11 (Ages 16–17).
9780863153792 FB 128pp $17.95
<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Pages/Pages</th>
<th>Price $</th>
<th>ISBn</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adolescence: The Search for Self and Weaving the Social Fabric of the Class</td>
<td>Eugene Schwartz</td>
<td>180p</td>
<td>15.50</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Adolescence: Sacred Passage</td>
<td>Betty Staley</td>
<td>250p</td>
<td>24.00</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Africa: A Teacher’s Guide</td>
<td>Betty Staley</td>
<td>250p</td>
<td>48.00</td>
<td>9780945803478</td>
</tr>
<tr>
<td>Color: Its Relationship to Soul and Spirit</td>
<td>Lois Schloff</td>
<td>142pp</td>
<td>21.95</td>
<td>9780945803614</td>
</tr>
<tr>
<td>Astronomy: An Introduction</td>
<td>Hermann von Baravalle</td>
<td>60pp</td>
<td>7.95</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Adolescence: Sacred Passage</td>
<td>Betty Staley</td>
<td>250p</td>
<td>48.00</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Asia: A Teacher’s Guide</td>
<td>Betty Staley</td>
<td>250p</td>
<td>48.00</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Astronomy: An Introduction</td>
<td>Hermann von Baravalle</td>
<td>60pp</td>
<td>7.95</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Color: Its Relationship to Soul and Spirit</td>
<td>Lois Schloff</td>
<td>142pp</td>
<td>21.95</td>
<td>9780945803614</td>
</tr>
<tr>
<td>Adolescence: Sacred Passage</td>
<td>Betty Staley</td>
<td>250p</td>
<td>48.00</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Asia: A Teacher’s Guide</td>
<td>Betty Staley</td>
<td>250p</td>
<td>48.00</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Astronomy: An Introduction</td>
<td>Hermann von Baravalle</td>
<td>60pp</td>
<td>7.95</td>
<td>9780945803805</td>
</tr>
<tr>
<td>Color: Its Relationship to Soul and Spirit</td>
<td>Lois Schloff</td>
<td>142pp</td>
<td>21.95</td>
<td>9780945803614</td>
</tr>
</tbody>
</table>
Understanding Mammals
Threefoldness and Diversity
WOLFGANG SCHAD

This monumental, groundbreaking work is the fruit of a lifetime of observation, research, and meditation on the human organism and the diverse organisms of our closest animal relatives: the mammals.

○ Are mammals solely the result of random mutation and natural selection — of essentially external factors — or do the internal dynamics of the organism itself play a role in determining their astonishing diversity?

○ Why do cattle have horns and deer have antlers?

○ Why do small chipmunks have dorsal stripes that run parallel to their spine and tigers have stripes on their flanks that run parallel to their ribs?

Wolfgang Schad demonstrates how such baffling phenomena can be seen as arising through the special way in which particular organ systems are emphasized in particular species, thus establishing the basis for a systematic scientific understanding of mammalian morphology.

Beginning with an in-depth description of the three main organ systems: the nerve-sense system centered in the head, the metabolic-limb system centered in the digestive organs and the limbs, and the circulatory-respiratory system, or rhythmic system, centered in the chest, Schad shows how these three organ systems function together in a balanced way in the human being while the nerve-sense system dominates in the rodents, the metabolic-limb system in the ungulates, and the rhythmic system in the carnivores. He shows how these one-sided developments come to expression not only in a mammal’s size, morphology, dentition, and coloration, but also in its preferred habitat and embryonic development. He finds that rodents such as the porcupine, for example, exhibit a secondary emphasis on the metabolism, whereas squirrels display secondary characteristics of the rhythmic system, and mice exhibit purely nerve-sense characteristics.

Again and again, Schad demonstrates that the key to understanding the mammals’ extraordinary diversity is the particular way in which the threefold organism manifests in each taxonomic group.

9780932776631 Hardcover  2-volume set  fully illustrated throughout
Adonis Press  6.5”x 9.25”  1,313 pp  $125.00

AVAILABLE DECEMBER 2018

In almost five decades since its first edition (English title: Man and Mammals: Toward a Biology of Form) Wolfgang Schad has continued to add to what has become his life’s major work. This expanded second edition includes many new insights and additional chapters on antelopes, marsupials, bats, xenarthrans (armadillos, anteaters, and sloths), and pangolins, as well as on milk and mammalian embryology, and much more.

WOLFGANG SCHAD is University Professor Emeritus at the University of Witten/Herdecke, Germany. Born in southern Germany in 1935, he studied biology, chemistry, and education before becoming a science teacher at the Goetheschule (Waldorf School) in Pforzheim in 1962. From 1975 until 1991 he taught at the Seminar for Waldorf Education in Stuttgart, and in 1992 he was appointed head of the Department of Evolutionary Biology and Morphology at the University of Witten/Herdecke, a position he held until he retired in 2005.
The Mutual Evolution of Earth and Humanity
Sketch of a Geology and Paleontology of the Living Earth

DANKMAR BOSSE
TRANSLATED BY FRANK T. FAWCETT

This epic work by Dankmar Bosse presents, for the first time, a comprehensive picture of the evolution of the earth and its natural kingdoms, based primarily on geology and paleontology, and with reference to the results of Rudolf Steiner's spiritual–scientific research.

"The Evolution of the Cosmos and Humanity," the fourth chapter of Rudolf Steiner's fundamental work Die Geheimwissenschaft im Umriß (1910; English: An Outline of Esoteric Science), is the single most extensive expression of Steiner's suprasensible research into evolution as a whole. Still, it is an outline, with much to be explored from any number of perspectives, including, of course, the various fields of natural science, from which Steiner's approach grew.

At long last, with this publication, Dankmar Bosse offers a geo-scientific analog to Steiner's findings. Numerous questions concerning the natural sciences are illuminated from a new direction, as for example the relationship of humanity to the evolution of the animal kingdom, the origin of the deeper crystalline rocks, and the shaping of our present-day landscapes.

Here is a fascinating exposition of the development of the earth and humanity, abundantly illustrated with color photos and diagrams, useful to teachers, students, scientists, and seekers alike.

9781584209843 Hardcover fully illustrated throughout
Lindisfarne Books 8.5" x 11" 528 pp $65.00

DANKMAR BOSSE studied geology, paleontology and mineralogy at the Freiberg University of Mining and Technology in Saxony (East Germany), and worked for 21 years at the Central Geological Institute in East Berlin, mainly on regional geology and middle European tectonics. He is independently active with seminars, lectures, and excursions, as well as anthroposophic research work in all earth-scientific fields. He is editor of J.W. Goethe: Die Metamorphose des Granits (J.W. Goethe: The Metamorphoses of Granite), a collection of Goethe's geologic writings (Verlag Freies Geistesleben 1994) and author of a comprehensive book on mineralogy from a natural-science/anthroposophic viewpoint, Die Evolution der Minerale zwischen Kosmos und Erde (The Evolution of the Minerals between Cosmos and Earth, Sketch of a Mineralogy and Crystallography of the Living Earth) (Verlag des Ita Wegman Instituts, Stuttgart 2015).

AVAILABLE DECEMBER 2018

from the contents:

I: The Relationship of Humanity to Animals in Earth's History
The Branches of the Animal Kingdom
The Human-Vertebrate Branch
The Branches of the Lower Natural Kingdoms
Human and Animal Evolution
Evolutionary Laws

II: The Process of Rock Formation
Ways of Classifying Rocks
Rock Succession in the Earth's Crust
Sedimentary Rock-forming Processes
The Origin Processes of the Crystalline Rocks
Rock Formation in the Earth Organism
The Life-Sphere and the Evolution of Humanity

III: Forming of the Earth's Crust and Its Landscapes
Earth and Moon
The Development of the Continents
The Development of the Earth's Crust
Lemuria and Atlantis
The Formation of Landscapes out of the Plain
The Development of the Life-Sphere of the Earth

IV: Special Topics
Methods of Scientific Investigation
The Time-concept in Relation to the Earth's History
Geologic and Anthroposophic Time Scales
Goethe's Geological Experiences
Orthoclase in the Biodynamic Horn Silica Preparation
Ideas for Teaching Geology in Schools
Goethe’s phenomenological, participatory method is the perfect way to introduce children to the wonders of nature

Under pressure to teach testable knowledge, many mainstream science teachers are driven to begin with the theory, following it with examples of phenomena that are of interest only if they confirm the theory. This indigestible information, un-rooted in experience, leads often to loss of interest because, like creative scientists, children delight in interesting phenomena and love to explore them. Inherent in all aspects of Waldorf education, this approach is of special importance to science educators.
The wisdom of the universe shines from the eyes of a newborn, while the entire evolution of Earth—mineral, plant, animal, human, cosmos—is contained in their still-forming brains.

All cultures throughout time have cherished this newborn potential and in similar ways have sought to cultivate the best in their children: the fittest bodies, perseverance, balanced emotions, empathy, clear thinking, resilience, and wide open creativity. Until very recently, these ways have been gentle ways. Enfolded in the embrace of family, embedded in village life, connected to the Earth for sustenance, children’s lives were full of relationship. Working alongside parents, children’s days were spent gathering and preparing food, weaving baskets, making music. Children had intimate interface with the world of the senses, as they learned which mushrooms to pick and which to leave, or how to split a branch in just the correct way. Vigorous and fine movements were woven throughout the days as they carried water, played stick ball, spun wool, or at times of ceremony danced and sang in community. Literature and art were accomplished at the foot of a shade tree listening to an elder tell a story or learning to coil clay for the finest pot. Dancing through all of this was time to play and to digest and integrate this wide palette of experience. Children have been sustained for millennia by all of these elements.

Children’s lives today, by stark contrast, are truncated: human connection is fragmented by the incessant demand of technology, the senses and movement drugged by screens at every turn, stories are “told” by machines while the content is driven by the advertising empire, and play has become a four-letter word. The inherent human drive to learn and to gain mastery is thwarted by “scripted” teaching styles, by high-stakes testing, and by the deprivation of healthy movement throughout the school day.

But this bleak picture is beginning to change. We are now developing scientific tools subtle enough to study the infinitely evolving and complex human mind. Science shows us that these time-honored gentle ways of loving human connections—immersion in the sensory world, the need and freedom to move, expressive artistic experiences, stories on which to grow, and all-important play—all nourish, engage, and invite developing human children to discover their boundless gifts and potential. When well modeled by their parents and teachers, children can in turn offer their highest and best selves to the world.

Adele Diamond, a developmental cognitive neuroscientist, asks, “Do you want to optimize executive functions and academic outcomes? Simple; just nourish the human spirit.” It is exciting and revelatory for me to hear a neuroscientist speak of the spirit. For the last two centuries, science and spirit, the mind and the heart, which are two language lenses for the same reality, have been torn. It has always been my hope that these differing yet twin forms of understanding could be reunited. In many Asian and native languages, the words for heart and mind are the same.

It is clear to me that the physical brain is the tool of the individual soul. Can we begin to see how supporting and nurturing brain development in young children not only brings gain for the individual child, but also fosters the continuing evolution of humanity?

Two Images as Maps

First, let’s look carefully at the flower image, as a map of the journey toward the Self. We can see the central place of the heart, touching and thereby connecting all the various aspects necessary in the child’s creation of self. Because we humans are born “unfinished” this love connection offers the child the gift of modeling, by family and loved ones. This sense of belonging can transform into the experience of, as Thich Nhat Han says, our inter-being with all Life and Spirit.
The Evolutionary Brain

Paul MacLean, of the National Institute of Health, was a leading brain scientist in the twentieth century and is best known as the pioneer of our understanding of the triune brain in evolution. In short, MacLean was the first to understand that major parts of the human brain repeat the brain structures of earlier forms of life.

Nature builds in a bottom to top fashion, called a serial functional progression also referred to as scaffolding. This means that each stage of development depends upon the stability, efficiency, and durability of previous stages. In this way, it makes sense that our modern human brain is built upon ancient brain structures.

The Sensory–Motor System

At the bottom of the image, we see the brainstem and a bump to the right. The bump is the cerebellum, associated with motor control and motor learning. It takes in and integrates information from the sensory systems in order to fine-tune motor activity. The sensory systems of the brain reside primarily in, according to MacLean, the “reptilian” part of the brain, which you see above and to the left of the cerebellum.

This most ancient part of the human brain, the sensory–motor or reptilian, still plays a crucial part in your child’s daily life. Because the society we live in is not child-friendly, many children experience sensory integration difficulties. With such a limited “diet” of sensory experience and with widespread movement deprivation, children’s brains are not being fully nourished by sense information nor allowed the integration of this information through movement. It is through immersion in the sense world and the freedom to move that balance in the sensory–motor brain is accomplished. This is crucial for further higher-level development.

The Limbic–Relational System

Above and wrapping around the reptilian brain, we see the mammalian brain system. This is a bottom-up design, with each further development built upon the foundation of the earlier system.

When we evolved from the reptilian stage, and mammals began emerging, we needed something new. Not exactly a renovation, more like a new addition to accommodate new capacities and new needs. Unlike reptiles, baby mammals at birth are helpless and in need of knowledge and instruction about the world. The capacity for relationship became necessary, and the tool of relationship is emotion. Enter the limbic, or emotional brain.

For all mammals but especially for primates, relationship is essential. In humans, this critical necessity for relationship begins in utero. Research from the Center on the Developing Child at Harvard University tells us, “Early prenatal or postnatal experiences and exposures influence long term outcomes by chemically altering the structure of the genes. This is known as epigenetic modification.” Relationship is critical at the most biologically fundamental level, for it is through the relationship with the parents and the environments we create, that the child’s genes are “turned on or turned off.”

The Neocortex: Thinking Brain

Again, we can see the scaffolding Nature so brilliantly uses in her designs. The sensory–motor system is nested inside the emotional–limbic system, which is then nested inside the neocortex. Each earlier structure creates the substructure for the new. And each earlier structure is designed to be called into the service of the higher. The thinking brain can use the incredibly subtle interconnections of the senses, movement and the ability to relate, as a grounding and information-gathering system. This information from our body and our emotions can help to inform the mind, as we shape values and make decisions.

The right cortex is deeply connected to the limbic brain and therefore the senses as well. It helps us to think with our feelings intact, with our heart. It has a holistic, global approach and its language abilities shine in the nonverbal arena, sending and receiving subtle signals of communication like facial expressions, eye contact, voice, and so forth. It is also connected to the present moment and takes in all the rich sense information, which again, can help inform our thoughts. The right brain speaks in images as well, which is why stories are...
such powerful teachers, and can capture meaning that words alone do not touch. Broadly, we could say the right hemisphere thinks by synthesis, by gathering all the parts into a unified whole.

The left hemisphere tends to be logical, orderly and detail oriented. Until recently we thought it solely responsible for manifesting goals by breaking down the path toward the goal into a step-by-step plan and then proceeding to walk steadily toward the treasure it has set its sights upon. It certainly plays a critical role, but now we know it does depend upon its partner, the right hemisphere, for completion. It is also the seat of crucial aspects of verbal language. Broadly, we could say the left hemisphere thinks by analysis, by breaking things into small pieces in order to study them better.

In chapter 7 we will learn how stories actually integrate both sides of the brain, wrapping words around the raw power of images and the feelings they elicit. The young child tends to process information primarily through the right hemisphere, as it matures before the left. As the child grows and develops language, memory and a sense of time, the left cortex steps in to bring order and classical “thinking.” Together, they orchestrate a unified whole which we perceive as our seamless life.

The Prefrontal Cortex

Late in Paul MacLean’s career, he began to study our most recent brain structure, the prefrontal cortex, which is found directly behind our forehead. As recently as forty years ago, this area of the brain was called the “silent area” because its function was largely unknown. With time and study, though, researchers began to attribute to the prefrontal cortex our higher virtues of empathy, compassion, and understanding. MacLean called this part of the brain the “angel lobes.” Today, there is an entire field of study dedicated to the prefrontal cortex: developmental cognitive neuroscience.

This area of the brain is the seat of executive function, that part of the self that exercises choice, self-control, and discipline. Executive function also carries the capacity for creativity, flexibility, and resilience, which is the willingness to risk new challenges, their inevitable mistakes, to problem solve and keep stepping forward. The prefrontal cortex, by way of the anterior cingulate, is also the system through which empathy and caring behavior is learned. This newest structure in the unfolding story of our brain gives us, as well, the potential to touch what some might call the Divine.

Under stressful situations, the prefrontal cortex chooses “fight or flight,” to “disassociate” or to “tend and befriend.” Each of these possibilities brings a dramatically different outcome in the present moment and as neural pathways are laid down to influence the child’s behavior in the future. The way the prefrontal cortex learns to choose is entirely dependent upon which of these responses was modeled for the child in the early years. The most important nugget to take away from this is to know that its development is environment and experience dependent. All the finest human qualities—the ability to choose, self-regulation, discipline, creativity, flexibility, resilience, and the all-important capacity for empathy and caring—depend on the environment and experiences. We parents, educators, and loving adults are our children’s environment. And we are the ones who structure their experience. As our children continue to grow and as the prefrontal cortex has cycle growth spurts, we will continue to have the singularly most profound influence on whom it is our child will become.

Putting These Ideas Together

Do you see how these two images, the flower image—the diagram of our gentle ways—and the symbolic image of the brain work together? Our gentle ways of raising children support each aspect of our evolutionary brain. Most importantly, the way we nurture our children determines our collective future evolution, as well. The roots and foundation of the flower image, representing the senses and movement, correlate to our own evolutionary roots, the sensory–motor part of the brain. By offering our children a wide palette of sensory immersion, as well as freely chosen vigorous and fine movement, we nourish and support the integration of this primal part of their brain.

It is not a surprise that the heart of the flower image, the love connection, is central and networking with all the other petals of the flower. Like our own limbic-relational system in concert with the anterior cingulate, the emotions connect our bodies, including their needs and impulses, with our capacity to think. Our emotions help us to appreciate the sense-beauty that surrounds us and also help inform our choices, decisions, and creativity. Our relational ability, if well modeled by loving adults, can become a “user’s manual” for your child’s future.

The branches of the flower diagram represent the neocortex and weave together the gentle ways of stories, artistic activity, and creative play. Through the verbal language of stories and the imaginal language of art, the left and right hemispheres can develop an internal conversation, becoming integrated, and learning to work together in harmony. In the highest branches, representing the prefrontal cortex, we find it is through the magic of creative play that the “angel lobes” grow to take the leadership role for which they are designed. Through play the child learns, day-by-day, how to self-regulate, nurture, negotiate, solve problems, be inclusive, use language to express and transform raw emotions, experience the wide-open breadth of creativity, and endlessly more. These are the tools your child unconsciously uses as she slowly grows into her own Self.

This work of creating a Self is designed by Nature to be done in tandem; we adults are responsible for striking a delicate balance. But how do we find this balance? Read on as we explore many layers of the love connection.
In some circles, immunization is seen as a self-understood duty, done to prevent illnesses that are perceived as a calamity. Side effects are minimized or denied altogether. In those circles there is, of course, no controversy. The immunization proponents point to millions of lives that may have been spared because of the immunizations.

In those opposed to immunizations, two concerns arise. On one hand, it is pointed out that through immunizations childhood illnesses are suppressed. Injecting directly into the circulation or under the skin an antigen that causes an immune reaction is not the same as a natural infection contracted through the airways or via the intestinal tract. The difference is also seen in that normally after a vaccine, no fever reaction is demonstrated such as commonly occurs after the actual illness. Secondly, significant dangers (whether immediate or delayed) connected to immunizations are pointed out. The opponents to immunization stress that many people have been seriously damaged by immunizations, which are often given unnecessarily, or are given because the law or the school demanded it. In these circles immunizations are viewed very negatively and free choice, whether to immunize or not is emphasized. Often, however, what that choice might consist of, or what knowledge is necessary in order to make that an informed choice, is not addressed.

More importantly, however, in the debate over the usefulness of or dangers of immunizations, the central topic of the meaning and purpose of a child’s development and of the childhood illnesses themselves has been largely ignored. In an age in which we want to put illnesses behind us as quickly as possible and get on with “normal life”, it seems counterintuitive not to want to embrace wholeheartedly any method that, like immunizations, quickly rids us of the disease annoyance. On a basic level, this is an understandable desire. Nevertheless, some caution is in order, since to the same extent that childhood illnesses have disappeared, other illnesses have increased exponentially. These are illnesses that are essentially hardening, degenerative (“sclerotic”), and chronically debilitating. Childhood is being invaded by diseases that typically used to be seen only in midlife or even later: obesity, cancer, diabetes, hardening of the arteries, and so forth. Therefore, childhood illnesses seem to have an important developmental and “preventive” role.

What has also not been addressed sufficiently or at all are the life style and educational changes that are made necessary by the act of immunization or the very absence of the childhood illnesses due to the so-called “herd effect”. We will address these issues in this book.

The central concern of anthroposophic doctors is that the reality of the human being as a spiritual being with an individual destiny has been lost. No discussion is adequate without an understanding of the profound role of the childhood illnesses in the development of the totality of the mature adult. Is the childhood illness just a nuisance, or does it perhaps constitute an activity that the person actually wills on his or her own? Is health perhaps not just absence of disease, but a struggle to achieve mastery over ourselves through the illness? After all, a healthy life is not just a state of being constantly awake or constantly asleep, but also a successful rhythmical alternating between the two states.

Without taking into account the substantial insights that have been gained (and constantly increasing) by the original research of Rudolf Steiner and the subsequent efforts by the anthroposophic doctors, no ultimate understanding can be achieved of the illnesses contemplated, or the practice of immunization. Only with these insights can a clear picture emerge: whether illnesses should be prevented or not, or when. Such insights are also needed to develop an understanding of the underlying fears involved in giving or not giving these interventions.

Without significant consideration given to the supra-sensory nature of the human being, the debate will ultimately degenerate to a battle between opposing views based on the limited needs of the physical constitution.

DRS. ROSS RENTEA, MARK KAMSLER and ANDREA RENTEA are practicing physicians, specializing in anthroposophic, holistic, and natural medicine. They are co-founders of True Botanica, with the goal of creating new pharmaceutical quality products uniting the best in emerging modern nutritional technology with insights given by Rudolf Steiner, as well as the Lili Kolisko Institute, a nonprofit organization for education, research, and social help in the anthroposophic healthcare field.
Chadwick Library Edition — Written Works by Rudolf Steiner
This very special library edition is an endeavor to republish—mostly in new or thoroughly revised English translations—several written works of Rudolf Steiner. The edition is named for the late horticulturist Alan Chadwick, whose life and work has served as inspiration to the small group from which the idea originated. Our extensive experience with special bindings led to the selection—for this “trade edition” of 750 books—of a leather spine binding, cloth sides, and a light slipcase. For the hand-numbered edition (100 books), the binding is full leather with a hand-gilt top of the pages in a fine, stiff, cloth-covered slipcase. The leather is blue calfskin, and the title stamping on the spines is in genuine gold leaf. All of this will be carried out by hand at one of the finest binders, Ruggero Rigoldi.

The Case for Anthroposophy:
Extracts from “Riddles of the Soul” (CW 21); tr. and introduction by Owen Barfield
ISBN: 9780996921107 | leather-spine hardcover | SteinerBooks | 5½ x 8½, 124 pgs | $45.00

Goethean Science:
Introductions to Goethe’s Natural-Scientific Writings (CW 1); tr. by William Lindeman
ISBN: 9780996921121 | leather-spine hardcover | SteinerBooks | 5½ x 8½, 406 pgs | $45.00

Mystics at the Dawn of the Modern Age:
And Their Relation to the Current Natural-Scientific Paradigm (CW 7); tr. by Karl E. Zimmer
ISBN: 9780996921145 | leather-spine hardcover | SteinerBooks | 5½ x 8½, 192 pgs | $45.00

These three volumes can be ordered online directly from SteinerBooks and other retail booksellers.

Order the deluxe, limited leather edition at $125 each

❖

15-volume set: leather-bound numbered edition $1,500 prepaid
❖

15-volume set: special hardcover edition $600 prepaid

These three volumes can be ordered only from SteinerBooks directly.

Name:
Address (UPS requires street address):
City, State or Province, Zip or Postal Code:
Telephone: (   ) Email:
Quantity Title (Leather-bound, numbered editions) Amount
The Case for Anthroposophy: $125
Goethean Science: $125
Mystics at the Dawn of the Modern Age: $125
15-volume set: $1,500 or $600 — 3 volumes immediately

Shipping charges: Subtotal:
Subtotals for tax: NY & MA residents tax: TOTAL:
Card #: Exp. Date: TOTAL PAYMENT:
Signature: TOTAL:

MAIL YOUR ORDER TO: SteinerBooks/Chadwick, 610 Main Street, Great Barrington, MA 01230 or email to friends@steinerbooks.org or call Gene Gollogly at 413-528-8233 ext.103
**Foundation Course in Goethean Science**

Two residential summer intensives with guided study in between

**Begins June, 2019**

The Nature Institute
Ghent, NY  natureinstitute.org

Please mail your orders to: SteinerBooks
PO Box 960, Herndon, VA 20172–0960

Order by phone: 703-661-1594 • FAX orders: 703-661-1501

Business hours: Monday–Friday, 9 a.m.-5 p.m. EST

24-hour secure online orders: www.steinerbooks.org
email: service @steinerbooks.org

OTHER INTERNATIONAL SURFACE RATE: $17.00 for first book, $8.00 for each additional book (shipping times vary).

INTERNATIONAL AIR MAIL (except Canada): Rates vary, please inquire.

ADD $6.00 FOR COD within the U.S.

CUSTOMERS OUTSIDE THE U.S.: All prices are in U. S. dollars. Make payments in U. S. dollars, by international postal money order, by check drawn on a U. S. bank, or by credit card. Customers outside the U. S. assume the risk of loss or damage in transit. We will not replace it or reimburse you.

NY & MA RESIDENTS: Please add the appropriate sales tax.

OUR UNCONDITIONAL GUARANTEE: If you are dissatisfied with our books for any reason, return them in saleable condition within 30 days for a full refund of the purchase price.

---

**Please note:** All prices and terms are subject to change without notice.

**Shipping charges:**
- **U.S.:** $6.00 for the first book, $1.00 each additional book. (UPS or 1st Class Mail). Please call for special shipping options.
- **U. S. UPS 2ND DAY Within NY State:** $7.50 for first item, $1.00 for each additional item; Outside NY State, $13.00 for first item; $1.00 for each additional item.
- **Our preferred shipping method** for orders within the continental U.S. is UPS. We will use first class mail (USPS) for orders without street numbers and names or at your request. Orders to AK, HI, and PR will be sent via first class mail, except for rush service via UPS air (additional charges apply).
- **Canada Air Mail (USPS):** $13.25 for the first book, $4.00 each additional book.
- **Mexico/Cent. America (USPS):** Air: $19.00 first book; $8.00 each additional book.

---

**Name:**

**Telephone:** (    )

**Email:**

**Address (UPS requires street address):**

**City, State or Province, Zip or Postal code:**

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Product Title</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**[ ] VISA    [ ] MasterCard    [ ] American Express**

**[ ] Check or Money Order (Make checks payable to SteinerBooks.)**

**Card #:**

**Exp. Date:**

**Shipping charges:**

**Signature:**

**TOTAL PAYMENT:**

Catalog Code ED18
2018 Biodynamic Conference
TRANSFORMING the HEART of AGRICULTURE
November 14 - 18
Portland, Oregon

Five days of programming, including field days at local farms and vineyards, inspiring and thought-provoking keynotes, 60+ diverse workshops for beginners and experienced practitioners, delicious local and Biodynamic food and wine, artistic and cultural activities, facilitated conversations, and many new friends and colleagues!

The Spiritual-Scientific Foundations of Biodynamic Agriculture, with Malcolm Gardner
From Farm Organism to Farm Individuality, with Ueli Hurter
Biodynamic Beekeeping, with Gunther Hauk, Alex Tuchman
Original Aims & Ideals of the CSA Model, with Anthony Graham, Alice Groh, & Josh Volk

biodynamics.com/conference
(262) 649-9212 x2
ANNOUNCING

the distribution by SteinerBooks of the complete Waldorf Education Publications of Rudolf Steiner College Press

Steiner Books
Anthroposophic Press
610 Main Street
Barrington
Massachusetts
USA 01230

www.steinerbooks.org
PHOTO: 703-661-1594
FAX: 703-661-1501
HOURS: 9-5 EST