

## THE HUMAN HEART IS THE BRAIN OF THE FUTURE.

This year's seminar will feature professionals actively engaged in the world in developing new heart forces in social life, law, medicine, and education.

**AONGHUS GORDON, PETER GRUENEWALD, MAUREEN CURRAN, and WILLIAM MANNING** will explore contemporary problems and offer new models and paradigms to find creative solutions and opportunities for building a more human future.



**AONGHUS GORDON** is founder and executive chairman of Ruskin Mill Trust, which operates a national network of services, including education, care, training, consultation, and homes, based on the life work of Rudolf Steiner, John Ruskin, and William Morris, that reaches thousands of emotionally challenged, handicapped, and at-risk children and adults in the UK. He is an advisor for Meristem, a new educational venture in California, which brings him to the US regularly.



**MAUREEN CURRAN** is a co-founder of Meristem, in Fair Oaks, California, serving autistic children, and founder of Transformative Movement Education. She has been a teacher, an athlete, and a movement therapist.



**PETER GRUENEWALD, MD**, is a medical doctor at University College Hospital London and an associate fellow at Said Business School, Oxford University, where he provides training in Adaptive Resilience for Leaders and Professionals. He is the author of *The Quiet Heart: Putting Stress in Its Place*, as well as a number of other books in German and English.



**WILLIAM MANNING** is a longtime anthroposophist, and a senior partner in a national litigation/trial law firm. His expertise and many successes are in representing severely injured people in complex cases and protecting the Intellectual Property rights of inventors. He is profiled in the book *A Measure of Endurance: The Unlikely Triumph of Steven Sharp* by William Mishler.

Images by Laura Summer: Dancer 1; Dancer 3. [www.laurasummer.com](http://www.laurasummer.com) / [www.freecolumbia.org](http://www.freecolumbia.org)

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## engaging the *heart*

*We looking forward to greeting you at*

The Kimmel Center  
New York University  
60 Washington Square South  
New York City

FRIDAY EVENING THROUGH  
SATURDAY MARCH 18-19, 2016

with AONGHUS GORDON, PETER GRUENEWALD  
MAUREEN CURRAN & WILLIAM MANNING

## engaging the *heart*

2016 Annual SteinerBooks  
Spiritual Research Seminar  
NEW YORK CITY  
MARCH 18-19

# P R O G R A M

## Friday evening | March 18

- 6:00 Registration
- 6.45 INTRODUCTION by Gene Gollogly
- 7.00 NELSON MANDELA AND OTHERS AS EXAMPLES OF THE NEW HEART FORCES :  
“How universal truths inform the potential for change”  
WILLIAM MANNING  
This talk will focus on exemplary contemporary biographies, with particular emphasis on the life of Nelson Mandela. “Our human compassion binds us the one to the other—not in pity or patronizingly, but as human beings who have learned how to turn our common suffering into hope for the future.” ~ Nelson Mandela
- 8:00 NEW MODELS OF LEARNING AND LIVING WITH THE NEW CREATIVE FORCES  
Peter Gruenewald, Maureen Curran, and Aonghus Gordon will speak about the challenges and new paradigms in building forms for the future as an introduction to their presentations on Saturday.
- 9.00 Reception

## Saturday | March 19

- 8.00 Bagels and coffee
- 9.00 OUR RELATIONSHIP TO THE EARTH 1 : “Meeting the resistance of material”  
CLAY WORKSHOP WITH AONGHUS GORDON  
We have had an atrophy of the social space. Aonghus Gordon’s visionary modalities for rehabilitation involve the whole human being in rebuilding social and physical presencing in relationships.
- 10:00 Break
- 10:15 NEW EXPERIENCES IN MOVEMENT TO COPE WITH CONTEMPORARY PROBLEMS : “Coming into dimension”  
MAUREEN CURRAN  
We will explore what it means to come into the space of the human self, the other, and the world. We will learn to practice how to shape the space of and around the body with movements that originate out of the lawfulness of the natural world.
- 11:00 Break
- 11:15 OUR RELATIONSHIP TO THE EARTH 2 : “How the hand informs the will”  
CLAY WORKSHOP WITH AONGHUS GORDON
- 12.15 Lunch
- 1:30 BUILDING NEW SOURCES OF RESILIENCE IN HEARTS FOR THE FUTURE 1 : “How inner listening informs the heart”  
Thinking with the heart. A courageous conversation with our self.  
PETER GRUENEWALD, MD  
By learning to think with the heart, we will explore techniques that help to strengthen our life’s purpose, vision, values and direction, bringing us in touch with our deeper self.
- 2:30 NEW EXPERIENCES IN MOVEMENT TO COPE WITH CONTEMPORARY PROBLEMS : “The three-dimensional vertical”  
MAUREEN CURRAN  
We will explore each dimension of space, reaching for the “Three-Dimensional Vertical.” This will bring about a foundation for connecting with the archetypal forces that one needs for rhythm, resilience, and mindfulness.
- 3:15 Break
- 3:30 BUILDING NEW SOURCES OF RESILIENCE IN HEARTS FOR THE FUTURE 2 : “How inner listening informs the heart”  
Conversing from the heart. Suspending judgment with unconditional positive regard.  
PETER GRUENEWALD, MD  
By learning to converse from the heart, we will enhance our capacity to listen intuitively that takes us beyond words and gestures to facilitating creative self-expression and deepened insights.
- 4:30 Closing Panel

### CLAY WORKSHOP WITH AONGHUS GORDON

Through meeting the clay and moving with a specific rhythm and posture, the clay regenerates itself into a vortex. This particular form of resistance generates a counter-picture, a state of being which may be called “grace.” The tension between resistance and grace can take the workshop participant to what may be called “heartfelt awareness.”

Participants will move, in space, under the lawfulness of the vortex. The movement is imprinted in the clay. Clay is perceived in the esoteric schools of craft as a selfless material. It takes the imprint of every practical memory. Therefore our movement is imprinted as memory, and we see externalized a capacity of our internal relationship between movement, rhythm, breathing, and pulse. This exercise demands that our consciousness moves from intellect through to breath and eventually into the heart space.



In order for us to both cover our costs (speakers’ fees, use of space, etc.) and make this event as accessible as possible, we are offering a sliding-scale attendance fee with confidence that those who are able to give more will do so.

## TO REGISTER NOW

### 2016 STEINERBOOKS RESEARCH SEMINAR

Name ..... E-Mail Address .....

Address ..... Phone .....

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Conference Fee ..... Check enclosed [payable to SteinerBooks]

Credit Card No. .... Exp. date ..... CVV ..... Signature .....

CONFERENCE FEE: sliding scale \$200 > \$75 includes full conference, Friday reception, Saturday breakfast and lunch

MAIL TO STEINERBOOKS: 610 Main Street, Great Barrington, Massachusetts 01230

Inquiries, and to register by phone, contact Marsha Post: 413-528-8233 ext 2, or email: [seminar@steinerbooks.org](mailto:seminar@steinerbooks.org).