25% DISCOUNT ON ALL BOOKS UNTIL JANUARY 15, 2019

SteinerBooks
HOLIDAY CATALOG
2018 - 2019

steinerbooks.org  703.661.1594
Dear Friend,

As we approach the Holy Days and celebrate the Light of the World and the New Year, we are once again thankful to offer the most recent books published and distributed by SteinerBooks. We are also grateful to the many generous readers who have chosen to support our efforts to produce new translations of lectures and writings by Rudolf Steiner and other authors. We continue to grow our library of publications as e-books, which are available in the most popular formats, while making classic, out-of-print titles available again to our readers.

As during previous holiday seasons, we offer our annual holiday discount through January 15, 2018—25% off all orders. Take advantage of our discount by ordering directly from SteinerBooks online at steinerbooks.org or by phone or mail.

IMPORTANT NOTE: when checking out at SteinerBooks.org, be sure to use the discount code “HOL18.”

Please enjoy browsing our newest books and reading the several excerpts included in this holiday season catalog. As always, we welcome your comments on our books, website, and catalogs.

All best wishes for a light-filled holiday season and a fulfilling new year,

Gene Gollogly,
President & CEO, SteinerBooks

P.S. The financial support of our readers is greatly needed and appreciated and tax-deductible. Please consider a donation by check or money order to SteinerBooks, 610 Main St., Great Barrington, MA 01230. We also accept donations via PayPal on our website. For more information about supporting our work, please send email to friends@steinerbooks.org or call 413-528-8233.
The First Class of the Michael School: Recapitulation Lessons and Mantras (CW 270)
RUDOLF STEINER – Edited by T. H. Meyer; translated by Jannebeth Röell, Paul V. O'Leary, and James Lee

This volume supplements Rudolf Steiner’s First Class Lessons and Mantras: The Michael School Meditative Path in Nineteen Steps (2017). It contains the so-called recapitulation lessons given in various locations, including Dornach, from April 3 to September 20, 1924. While the book does not introduce new mantras, it does offer new forms of presenting and explaining many of them. This volume will be available only through SteinerBooks directly and from sellers specializing in anthroposophic books.

ISBN: 9781621482130 | SteinerBooks | hardcover, 6 x 9 in. 250 pgs | $35.00

Veda and Living Logos: Anthroposophy and Integral Yoga
KLAUS J. BRACKER – Foreword by Rod Hemsell; preface by Anand Mandaiker; introduction by Debashish Banerji and Robert McDermott; translation by Matthew Barton

The author shows that the Logos, the focus on spirit, and the living Word are not dominant features of only the Hellenistic Judeo–Christian West, but also figure significantly in the Indo–Vedic East. Accordingly, we need to view cultural and spiritual history in a new way. Veda and Living Logos presents an outline of intimately related motifs of Integral Yoga and anthroposophic spirituality, showing striking convergences in the lives and works of Sri Aurobindo and Rudolf Steiner.

ISBN: 9781584209386 | Lindisfarne Books | pbk, 6 x 9 in. 346 pgs | $30.00

Rudolf Steiner, Life and Work: 1923: The Burning of the Goetheanum (Vol. 6)
PETER SELG – Translated by Margot Saar

The very beginning of the pivotal year 1923 began with the destruction of the nearly finished Goetheanum building in Dornach, Switzerland, delivering a heavy blow to the Anthroposophical Society and to Rudolf Steiner, both spiritually and personally. It was clear that the fire had been caused by arson, and Steiner immediately expressed determination to rebuild and move forward, despite growing friction in the Anthroposophical Society and the movement as a whole.

ISBN: 9781621482208 | SteinerBooks | hardcover, 6 x 9 in. 214 pgs | Illustrated in b/w | $30.00

Artistic Sensitivity as a Spiritual Approach to Knowing Life and the World

13 lectures, Dornach, January 9 – May 2, 1915 (CW 161)
RUDOLF STEINER – Introduction by Christopher Bamford; translated by Rory Bradley

Rudolf Steiner points the way to a path of knowing—Spiritual Science—that not ignore or contradict the physical sciences and technology, but offers an understanding of reality that includes deeper engagement with aspects of our experience that are supposedly beyond the ken of science. But isn’t truth accessible through art? Doesn’t poetry and literature offer portals through which we can glimpse truths as real as those we grasp through the physical and life sciences?

ISBN: 9781621481775 | SteinerBooks | pbk, 6 x 9 in. 332 pgs | $25.00

Conscious Society: Anthroposophy and the Social Question

8 lectures, Dornach, February 15 – March 16, 1919 (CW 189)
RUDOLF STEINER – Translated and introduced by Matthew Barton

Social forms and reforms, says Steiner, are “created together,” not imposed by lone geniuses. Nevertheless, some of the thoughts and ideas he presents here—including economic specifics of commodity, labor, taxation, rents, and capitalism—are staggering in their clarity and originality. This is not a mystic effusion, but a heartfelt plea, backed by profound insights, to change our thinking and the world we live in. As he points out, thoughts create reality; how and what we think matters.

ISBN: 9781855845435 | Rudolf Steiner Press | pbk, 6 x 9 in. 190 pgs | $24.00

Take advantage of our 25% holiday discount—use the code “HOL18” when checking out
Concerning the Astral World
and Devachan

19 lectures and 4 private lessons, Berlin, 1903–1904 (CW 88)

RUDOLF STEINER
Translated and introduced by James Hindes

ISBN: 9781621481010 | SteinerBooks
6 x 9½ pbk | 268 pgs | $25.00

There are very specific tasks that the human self has to undertake and carry out during its earthly pilgrimage. Human beings must develop specific virtues that they cannot develop outside this earthly pilgrimage. There are seven such virtues. Human beings came to Earth with the seed of these virtues, and a talent for them; and at the end of their earthly pilgrimage they are to have developed these seven virtues.

If I may make a comparison, I would say: imagine a human being who has a great talent for good will toward his fellow human beings; a wholly generous person, who is, however, entirely poor and therefore not in a position to make use of this gift for beneficence. Similarly, human character has a talent for beneficence in the highest degree; however, human beings cannot yet make any real use of it. Now let us imagine that this person moves to a distant as-yet undeveloped country and attempts to make it productive. Through hard work he produces so much that he then acquires the means to beneﬁt his fellow citizens when he returns to his original country. Now he can carry out what his gift for generosity had prepared him for.

With our first incarnation on Earth, we human beings were equipped with a gift for seven such virtues. After millions of years we will have completed our earthly pilgrimage, and these gifts will have been developed into virtues. We will then be able to use these abilities in a future planetary evolution. There are four lower virtues:

Justice, or equity
Abstinence from judgment
Courage
Prudence and wisdom

Prudence and wisdom sum it all up; this virtue allows us to pass judgment on our earthly conditions, and in that way to take hold of ourselves in the flow of earthly events. Through the inner work required to achieve these abilities we acquire the power that allows us to engage in the world with leadership and strength. The three higher virtues are:

Faith
Hope
Love

Goethe expressed it with the words: “Everything transitory is only a parable.” If, in everything we see and hear, we see merely a symbol for something eternal, of which it is the expression, then we have faith. That is the first of the three higher virtues. The second is to develop a feeling for the fact that we should never remain standing at the same place where we are standing now, a feeling for the fact that we human beings today of the fifth post-Atlantean epoch will later develop ourselves to a higher level. That is hope. We have then faith in the eternal and then trust; hope in higher levels of development. The last virtue is love, the last goal of our cosmos to be developed. For this reason we also call our Earth “the cosmos of love.” Because we belong to the Earth, we are to develop love within ourselves, and when we will have completed our earthly pilgrimage the Earth will be a cosmos of love. Love will then be a power we expect to find in every human being. It will then be present as a matter of course, just as much as the magnetic force of attraction and repulsion is a matter of course in magnets.

Gradually, through various incarnations, human beings must develop these virtues. We are approximately at the middle point on this path. What these virtues will one day represent has been correctly characterized by Christian theology: “What no eye has seen, what no ear has heard, and what no human mind has conceived...” (1 Cor. 2:9). These words signify that no one can imagine the way these virtues will one day exist in their perfected form. From step to step we are creating ourselves through work in the various incarnations we pass through. We descend from the spiritual world equipped for these seven virtues, and then must develop these virtues in life in order to really have them. Thus our earthly life is nothing more than a journey through a country in order to work there transforming our gifts into true abilities. Those who move into this country must at first devote themselves to this work; and perhaps during the work they will not always be able to see this lofty goal. We develop these virtues by connecting with other people to develop courage, justice, fairness, hope, love, and so forth. We come together with other people, and we must use these encounters in order to develop these virtues. To develop these virtues we must descend out of the spiritual world into the physical world. We become entangled in what the physical world contains; and this world always contains the astral, the world of desires, of longings; kamaloca.

We cannot develop our prudent wisdom so greatly that it shocks the whole world. No, we must be satisfied with the fact that we can work in a way that corresponds to the time and place in which we are born. Galileo and Giordano Bruno developed their kama-manas, their higher soul forces in the folk and time in which they were incarnated. Giordano Bruno’s intellect was good for his folk and his time. Had he been set in another folk and been born at a different time, he would have had to have other abilities. We are entangled through our tasks in the physical environment, and it is the same with our higher abilities; in each incarnation we are limited to a narrow area. Even our understanding and our higher soul forces are confined by certain narrowly defined limits, as are most definitely our wishes, desires, passions, and instincts.

We must pour into our wishes what we have brought with us out of the spiritual world. If I want the highest, then I must surround the highest with wishes. In order for us to fulfill our tasks in the physical world we must grow together with the physical world; and we thereby create a kind of shell around us, through which we are connected with the world of wishes and desires. Just as you are connected with the objects in the physical world in such a way that you can bump into them, so too you are connected with the world of the astral through your wishes, desires, and passions. And just as you are separated from the world of earth by death, so too, you must gradually free yourself after death from the astral world. We have grown together with the people with whom we have worked. We must first shed this sheath, which is like a shell around us. This happens in kamaloca. Even though we lose our earthly sheath immediately with death, we are still united with the world of our wishes, desires and passions. We must struggle for a time with this earthly existence because of the passions that still bind us to Earth. This is called the stay in kamaloca.

Just as the earthly–physical world consists of various regions, so too, the astral world consists of various regions. They can be divided up according to the seven virtues I have named. We are entangled and chained to the astral world in a certain way through the fact that we are developing these virtues.
We must learn to practice justice and fairness consciously. We can do this only by overcoming astral forces. Justice can exist only in a world that has individual beings separated from one another; fairness is possible only from one individual to another. I must consciously conduct my actions toward other individuals justly and fairly. Thus I must first experience myself as an individual being to practice justice toward my fellow human beings. A precondition for this is that each person feels him or herself to be separate from the others. Human beings must first be separated off one from another as individuals, and this separate existence then leads to battle for survival of the fittest. This struggle for existence is the opposite pole, exactly the opposite pole of justice; the struggle for existence must be overcome through the virtue of fairness and justice. We must shed everything within us that is set against other people, shed every vice that arises from the battle for survival of the fittest. The region of kamaloca where the forces behind the battle for the survival of the fittest hold sway is the darkest region in kamaloca. Ancient Egyptian documents speak of this region that is as black as night, in which beings stumble around in error and darkness. “There is no air, no water here… no human being can live here with peace in his heart.”

Abstinence from judgment, learning to refrain from passing judgment with respect to our environment is the second virtue that must be practiced. We usually judge according to the sympathy and antipathy we feel for what is in front of us. We gradually learn that if we want to understand a person we must move beyond sympathy and antipathy; we must overcome them. And just as justice has an opposite pole in the struggle for the survival of the fittest, so does abstinence from judgment have a vice representing its opposite pole: the tendency to surrender oneself to every stimulus coming from the external world. Antipathy and sympathy must be stripped away during our stay in the second region of kamaloca.

The virtue of courage can be developed only by those who are not protected from temptation. We can develop this virtue if its opposite pole is present, and we are entangled within it. Day by day, hour by hour, we are subjected to temptations. We must set this aside in the third stage by developing the virtue of courage in this region.

Prudence and wisdom can be developed only by our passage through countless errors. Goethe said: “The human being errs as long as he strives.” Just as children learn that they are hurt when they fall, so too all great human beings have learned from experience they brought upon themselves by erring. This happens in the fourth region of kamaloca.

Now for the higher virtues. The first is faith, which is recognizing the eternal in the temporal world of earth; the view that everything transitory is merely a parable for something higher. The various worldviews are ongoing attempts to lead people in the most varied ways to the knowledge of the eternal, here or there, in this or that nation. We must push past the letters of the dogmas to the actual words, and thus to the spirit; move past dogma to true inner experience. We will always be in danger of being ensnared in a circumscribed field of individual letters.

Although in life we are necessarily a member of a certain era, nevertheless, we must first set aside what has become dogma in order to arrive at the truth that is expressed in all worldviews and religions. In the fifth region we meet the pious, literal-minded followers of all religious confessions, of all worldviews: the faithful literal-minded Hindus, the faithful literal-minded Muslims, the faithful literal-minded Christians; and also theosophists who are literal-minded.

The next virtue is called hope by Christendom. We can develop hope only when we believe in advancing evolution. We can come to understand this through theosophical teachings, which lead us to the thought of the advancing development of humanity. There has been tremendous human evolution before our time. In the view of chelas, however, future evolution and human development will be even greater. They develop a feeling for the fact that human beings must not be allowed to remain with the finite, limited ideals that belong only to their time. They look at Socrates, or Robespierre, or the idealists of our time. Consider for yourself whether their ideals would have been appropriate for any other people of any other era. Ask yourself if the ideals and hopes of Columbus could have been translated into reality at any other time in any other folk. This is what we must shed in the sixth region of kamaloca: the limitations that living in one specific time among one particular people impose upon us.

In order to learn to love, we must begin in a finite world. In order to acquire a higher concept of love we must begin with small, limited circumstances, with the transitory and finite, and then develop further. Love must become a matter of course, a power that is always a given, always present. It must become the goal for which we are always striving. When human beings have developed love, they will be able to experience themselves in the seventh and highest region of kamaloca.

There are seven purifying fires that a soul must pass through in kamaloca. Then the soul ascends into devachan where there are again seven regions. Only the fruit of high ideals can be carried over into a new existence, into a new incarnation. Whatever is bound to place and time must fall away in kamaloca.

Thus we must pass through the seven stages of kamaloca, depending upon whether we need the one or the other purification. Thus, for example, if a soul needs to develop courage, and therefore must be strengthened against wishes and longings, then it will awaken in the region in which it can purify the negative. The other regions it will pass through more or less asleep. This is what theosophy calls the stay in kamaloca. What we must go through on our pilgrimage through earthly life makes it possible for us to advance from one stage of evolution to the next, and forces us to go through states between death and a new life in order to shed the dross. . . .

It is necessary that once again the voice of a higher world be heard speaking into this our present world. We must be led to what the seven virtues teach us and what can be learned through them. We must recognize how these virtues can be developed.

The last task is: Wisdom in love and Love in wisdom. After developing the seven virtues we will achieve love in wisdom and be able to carry it forth from our spiritual evolution into the earthly world. You will find this expressed already in the Wisdom of Solomon in the words: “Therefore I prayed, and understanding was given me; I called upon God, and the spirit of wisdom came to me. I preferred her to scepters and thrones, and I accounted wealth as nothing in comparison with her” (Wisdom of Solomon 7:7–8).

This is what everything depends upon: We must not withdraw ascetically from physical existence, but rather raise it to a higher existence. We must nurture and cultivate the kingdoms of the world and develop what was called Spiritus sapientiae in the Middle Ages—the spirit of wisdom. And with the spirit of wisdom we will move on to a new planetary existence.

We can experience all this in the astral world. The intention of this lecture was to give a brief report of this astral world, which is located right next to our physical world. Next time we will speak of the spiritual world, the world of devachan.
**With Stars in Their Eyes: Brain Science and Your Child’s Journey toward the Self**

**SHARIFA OPPENHEIMER**

In this book readers will find not only a heart-filled rendering of the gentle ways young children have been traditionally raised and educated, but also cutting edge research that supports these practices. With love as the foundation, and through the neural tapestry created by joyful movement, music, art, stories, and play, we feed and bathe the brain of the young child. These deep connections with life are woven together during childhood to become the wholeness we call “I.”

ISBN: 9781621482260 | SteinerBooks | pbk, 7½ x 9 in. 290 pgs | Illustrated in b/w and color | $28.00

**Spiritual Friendship: Rudolf Steiner and Christian Morgenstern**

**PETER SELG — Translated by Marsha Post and Christopher Bamford**

For Christian Morgenstern, Rudolf Steiner was the decisive spiritual teacher and facilitator of the future, which is the reason Morgenstern wished to recommend Steiner for the Nobel Peace Prize. Steiner felt great warmth of heart and gratitude toward Morgenstern, his poetic work, and especially his groundbreaking way of working with anthroposophic Spiritual Science.

ISBN: 9781621482222 | SteinerBooks | pbk, 5½ x 8½ in. 144 pgs | Illustrated in b/w | $15.00

**The Mystery of the Holy Grail: A Modern Path of Initiation**

**RENÉ M. QUERIDO**

“In 1947, shortly after I had met Rudolf Steiner’s Anthroposophy, friends in Brussels invited me to a performance of Richard Wagner’s Parsifal at the Royal Opera. The music drama not only made an indelible impression on me; it also stirred many disturbing questions. Years later I began, tentatively at first, to lecture on the subject of the Holy Grail. The Mystery of the Holy Grail contains in essence the contents of lectures developed over the years.” (from the author’s introduction)

ISBN: 9780945803126 | Rudolf Steiner College | pbk, 6 x 9 in. 120 pgs | $14.95

**Cosmology Reborn: Star Wisdom, volume 1, with Monthly Ephemerides and Commentary for 2019**

**EDITED BY JOEL PARK**

The annual Star Wisdom series (previously Journal for Star Wisdom) includes articles of interest on Astrosophy, as well as a guide to the correspondences between stellar configurations during the life of Christ and those of today. The guide comprises a complete sidereal ephemeris and aspectarian, geocentric and heliocentric, for each day throughout the year. Includes articles and commentary by Joel Park, Robert Powell, Claudia McLaren Lainson, Estelle Isaacson, Kevin Dann, and Julie Humphreys.

ISBN: 9781584209348 | Lindisfarne Books | pbk, 8¼ x 11 in. 258 pgs | $25.00

**The Anthroposophical Society: The Understanding and Continued Activity of the Christmas Conference**

**EDITED BY PETER SELG & MARC DESAULES — Translated by Margot Saar**

This volume presents six talks by Peter Selg, Stefano Gasperi, Mario Betti, Johannes Greiner, Gioia Falk, and Marc Desaules, given in February 2016. Their purpose was to let the archetypal phenomenon of the Anthroposophical Society speak out and encourage us to deepen our existential relationship to the Anthroposophical Society and movement.

ISBN: 9781621482116 | SteinerBooks | pbk, 5½ x 8½ in. 194 pgs | Illustrated in b/w | $20.00

**Living on the Fringe: A Memoir**

**ABRAHAM ENTIN**

When Ed Entin decided to torch his draft card, everything about his life changed. He had his whole life mapped out. It was 1966 and Eddie had just been accepted into Yale Law School—his ticket out of the Army and Vietnam and into a life of secure prosperity. It took only one day, one decision to change the course of his life. What follows is a sometimes harrowing, often hilarious, and always illuminating ten-year journey through the social, political, and spiritual turmoil of the era.

ISBN: 9781621482352 | SteinerBooks | pbk, 5½ x 8½ in. 348 pgs | $18.00
Take advantage of our 25% holiday discount—use the code "HOL18" when checking out.

**Featured New Books**

- **The Case for Anthroposophy**: Extracts from “Riddles of the Soul” (CW 21); tr. and introduction by Owen Barfield  
  *ISBN: 97809996921107 | leather-spine hardcover | SteinerBooks | 5 ⅞ x 8 ½, 124 pgs | $45.00*

- **Goethean Science**: Introductions to Goethe’s Natural-Scientific Writings (CW 1); tr. by William Lindeman  
  *ISBN: 97809996921121 | leather-spine hardcover | SteinerBooks | 5 ⅞ x 8 ½, 406 pgs | $45.00*

- **Mystics at the Dawn of the Modern Age**: And Their Relation to the Current Natural-Scientific Paradigm (CW 7); tr. by Karl E. Zimmer  
  *ISBN: 97809996921145 | leather-spine hardcover | SteinerBooks | 5 ⅞ x 8 ½, 192 pgs | $45.00*

These three volumes can be ordered online directly from SteinerBooks and other retail booksellers.

Order the deluxe, limited leather edition at $125 each.

- 15-volume set: leather-bound numbered edition $1,500 prepaid
- 15-volume set: special hardcover edition $600 prepaid

**Chadwick Library Edition — Written Works by Rudolf Steiner**

This very special library edition is an endeavor to republish—mostly in new or thoroughly revised English translations—several written works of Rudolf Steiner. The edition is named for the late horticulturist Alan Chadwick, whose life and work has served as inspiration to the small group from which the idea originated. Our extensive experience with special bindings led to the selection—for this “trade edition” of 750 books—of a leather spine binding, cloth sides, and a light slipcase. For the hand-numbered edition (100 books), the binding is full leather with a hand-gilt top of the pages in a fine, stiff, cloth-covered slipcase. The leather is blue calfskin, and the title stamping on the spines is in genuine gold leaf. All of this will be carried out by hand at one of the finest binders, Ruggero Rigoldi.

**The Case for Anthroposophy**

Extracts from “Riddles of the Soul” (CW 21); tr. and introduction by Owen Barfield  

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Title (Leather-bound, numbered editions)</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The Case for Anthroposophy:</td>
<td>$125</td>
</tr>
<tr>
<td></td>
<td>Goethean Science:</td>
<td>$125</td>
</tr>
<tr>
<td></td>
<td>Mystics at the Dawn of the Modern Age:</td>
<td>$125</td>
</tr>
<tr>
<td></td>
<td>15-volume set: $1,500 or $600 — 3 volumes immediately</td>
<td></td>
</tr>
</tbody>
</table>

- □ VISA  □ MasterCard  □ AmEx  □ Check or Money order  □ UPS  
  □ Subtotal:  
  □ Shipping charges:  
  □ Subtotals for tax:  

Card #: NY & MA residents tax: 
Exp. Date: TOTAL  
Signature: TOTAL PAYMENT: 

**MAIL YOUR ORDER TO**: SteinerBooks/Chadwick, 610 Main Street, Great Barrington, MA 01230 or email to friends@steinerbooks.org or call Gene Gollogly at 413-528-8233 ext.103
With Stars in Their Eyes

Brain Science and Your Child’s Journey toward the Self

SHARIFA OPPENHEIMER

ISBN: 9781621482260 | SteinerBooks
pbk, 7½ x 9 in. 290 pgs
Illustrated in b/w and color | $28.00

The protective sense of “where I belong” does not stop at the boundaries of Earth and our biosphere. Human children are designed from birth to belong to the universe, to Spirit, to Unity. Regardless of how we name this higher power, our children are wired biologically for transcendent experience, transcendent relationship and transcendent knowledge We are meant to live the felt-experience of transcendence, to feel its calm power and to know its far reaches, from the tiniest brain molecule to the ever-expanding universe.

For most of my life, I have had heart knowing, given the astonishing story of our human place in evolution as the recipients of millennia of brain development, that we humans must be, somehow, biologically, as well as spiritually designed for the infinite. With the advent of ever-finer instruments of brain exploration and the new science that has evolved in response, I have been searching for the data that would support this hunch. Finally, in the spring of 2015, The Spiritual Child by Lisa Miller PhD was published. In her groundbreaking research she show us:

• “Biologically, we are hard-wired for spiritual connection. Spiritual development is for our species a biological and psychological imperative from birth… It begins whole and is designed by nature to prepare the child for decades ahead.”

• The absence of support for children’s spiritual growth has contributed to alarming rates of childhood and adolescent emotional suffering that puts them at risk.

• Spiritual development through the early years prepares the adolescent to grapple more successfully with the predictably difficult challenges of teens.

• It also provides protective health benefits, reducing the risk of depression, substance abuse, aggression, and high risk behaviors including high physical risk and sexuality devoid of emotional intimacy.”…

A Developmental Pathway

Let’s explore, through developmental stages, how we can educate our understanding of the child’s natural spirituality, thereby fostering it in the best way.

When we look into the eyes of our newborn baby and we see the universe looking back, let’s recognize this vastness for what it is: her full, innate capacity for unity. She comes to us with her natural spiritual capacity whole and intact. This is unlike other brain structures, which develop over time. This unitive awareness comes through the gifts of the prefrontal cortex and anterior cingulate. As we know, these most recent and most delicate structures are experience and environment dependent, and we form her environment.

We can call this capacity for the child to be unified with the environment the miracle of imitation: our tiny baby is at-one with her world. We can help shape her at-oneness by reading carefully and respecting the very subtle cues she gives us as we care for her. When we hold, oo, and play with her, if she turns away or looks away from us, she is saying that she is “full-up” for now, and needs a moment to rest and assimilate the sensory stimulation. Remember, she is taking-in infinitely subtle emotional information carried in our faces, in the way our arms touch her as we hold her, in our tone of voice. Let’s respect this cue and let her rest quietly. She will let us know when she is ready again to engage. Through this subtle conversation of listening and responding we lay the sub-flooring for a subtle conversation she can develop with her higher self during adolescence.

Although we are listening and remembering, we want to remember, though, that we are also responsible to lead. Parenting is truly servant-leadership. We serve with heart and understanding as we lead our children forward. Servant leadership toward the infant could be as simple as showing our five or six month old the rhythms of night and day. At wakeful times during the day, we sing, talk, snuggle, and make relationship as we diaper and care for him. But at wakeful times during the night, we leave lights off or low and don’t make eye contact. We quietly hold, nurse, and rock him. This way we show him daylight hours are for fun and relationship, and dark is the time for sleep and rejuvenation. This conversation between bodies, whether by day lit play or moonlit quiet, can grow eventually into the young adult’s embodied exchange with spirit.

A little reality check here: It is my experience that this finely-tuned, moment by moment responsive care of an infant can at times ask more of us than we feel we can give. How can we be present at each moment with our baby? We are parents, not Zen masters. Do you feel like this sometimes? As I have said, there are other completely excellent ways, but the only way I managed this with my small children and now my grandchildren is through an active practice of heart breathing: to be both connected with the universe as well as to have eyes wide open to these tiny ambassadors of the cosmos. As I care for my youngest granddaughter these days, personally I find the resting place (in the minutia of the day) is on the inhalation. When I can remember, I lean back resting in the vast generosity of Spirit… I am “filled up” again. And then on the exhalation, having been rejuvenated, I can offer these treasures to my child. I understand this is both a very simple principle, and at the same time it is very difficult to remember.

As we look further into ways we lay a foundation for our child’s natural spirituality, I’d like you to know my definition of Self. In the West, the definition of self usually stops at a well-grounded, functional ego-sense. This of course is the essential foundation for further growth. But this is not the stopping
From the bestselling author of “The Spiritual Connection”

Heaven on Earth: To have the opportunity, all at her own speed, The sense of Self, within the child to learn to trust him — does not need us “helicoptering” him away from creating safe, baby-proof operating in service to the discover what lessons need offer her the possibility of the child’s own Self, we explore in the coming chapters, the development ent. As we foster, through the many ways we will encourage this explo-

of self, we offer the highest possibility: that in time we want to be sure to allow time for self-initiated movement. He knows himself through this free exploration, talking about helping the individuated ego it’s bedtime now and we’re safe at home. Now the sun has gone to bed, into their homes the snails will creep. In the morning, when I wake, show me the path of love to take.

Children now no more will roam, it’s bedtime now and we’re safe at home. Let’s join our toddler in this joyful exploratory pleasure and train ourselves to guide her with love. We can be aware of the language we use, as we mirror back her experiences to her. This mirroring is a precursor to the teen’s possibility for self-observation. The way we speak to her now, whether with love, openness, and encouragement, or with criticism, is the very way she will talk to herself as she grows older. In chapter 7, when we look more deeply into children’s literature and language, we will discuss the function of self-speech, which is the way we adults guide ourselves through life. Kindness guides more successfully than criticism.

The toddler and preschooler loves rhythms and rituals. When we move through our days with a rhythmic flow, when our child knows “this is the way we do it” with each activity, she can experience a sense of certainty and even mastery. This creates deep security and calmness, which resonates out from her whole physiological being. Her body is calm and harmonious; her emotion can be that of joyful purpose. She does not need to continue to push the boundaries to find a place of firmness to rest. The firmness is in the activity itself, in “this is the way we do it” and because she imitates so deeply, also within herself. With this inner firmness and flexibility, the world is her oyster and she can explore it with balance.

She finds her very best self within the security of rhythm.

Let’s give our young children rhythm and ritual throughout the day, and remember to include in this recognition of our human place in the order of things. We can sing a grace of thankfulness before meals, and say a bedtime prayer that remembers those we love, gives gratitude for the details of our day, and invites angelic protection. When, together with our children, we offer recognition of the largeness of our home, the loving Earth, and the mysterious universe—we water the seeds of his natural spirituality. They will see that even their parents feel cared-for and loved by something much larger than themselves. If we light a candle at one of these nodal times of day, it acts as a symbol of the Spirit, which animates life. The living flame can tie the material and non-material worlds together.

SHARIFA OPPENHEIMER was the founding teacher of the Charlottesville Waldorf School where she taught kindergarten for twenty-one years, and is the founder and director of The Rose Garden, a home based early childhood program in Virginia. She has helped develop new teachers through mentoring and offering practicum and internship opportunities to the teacher-training students at Sunbridge College in New York, as well as students in the LifeWays trainings. Sharifa travels nationally and internationally, offering lectures and workshops to teachers, school and parent groups, encouraging each one to discover their own healthy, heartfelt Family Culture. Sharifa is the mother of three grown sons, who were educated in the Waldorf tradition. She lives with her husband in an enchanted forest in Virginia. Sharifa Oppenheimer is the author of the bestselling book Heaven on Earth: A Handbook for Parents of Young Children (SteinerBooks, 2006), which has been translated into Taiwanese and Chinese and is also a bestseller in those countries. She also worked collaboratively to create the book What is a Waldorf Kindergarten (SteinerBooks, 2007).
New and Recent Books

**Autism: Meet Me Who I Am:**
A Contribution toward an Educational, Sensory, and Nutritional Approach to Childhood Autism

LAKSHMI PRASANNA & MICHAEL KOKINOS

The outlook presented here emerges from twenty years of clinical work and research by Dr. Lakshmi Prasanna, a developmental pediatrician and neonatologist from India, and Michael Kokinos, an Australian physiotherapist specializing in neurology. They have worked mostly in the rapidly developing cities of South India. This book is for parents and families, teachers and schools, doctors, and therapists looking for a deeper understanding of children with autism.

ISBN: 9781584209362 | SteinerBooks | pbk, 5½ x 8½ in. 132 pgs, in color | $14.95

**The Art of Colour and the Human Form: Seven Motif Sketches of Rudolf Steiner**

EDITED BY PETER STEBBING – Foreword by Peter Selg; illustrations by Rudolf Steiner and Gerard Wagner

Based on Rudolf Steiner’s indications, Gerard Wagner shows a new approach to the human form in art. This beautifully illustrated book presents the seven motif sketches concerned with the “spirit form of the human being,” as well as numerous studies that Gerard Wagner painted over a period of thirty years. This volume is intended to present an artistic approach to these unique motifs and to indicate their potential “color build-up.”

ISBN: 9783905919943 | SteinerBooks | hardcover, 8½ x 11 in. 218 pgs | 163 illustrations in color & B/W | $50.00

**Bees and the Ancient Mysteries**

IWER THOR LORENZEN – Translated and introduced by Paul King; foreword by Heidi Herrmann

In this extraordinary exposition, Iwer Thor Lorenzen—an expert beekeeper and student of Spiritual Science—describes the Logos mysteries based at the ancient temple of Artemis in Ephesus, where priestesses were known as “Melissas” (honeybees), and the sacrificial priests were called “Essenes” (bee kings). Those cultic mysteries, he says, bore remarkable parallels to the functions of a bee colony, specifically in the relationship between the queen and worker bees to the bees’ spiritual group soul.

ISBN: 9781912230198 | Temple Lodge | pbk, 5½ x 8½ in. 76 pgs | $15.00

**The Event: In Science, History, Philosophy, and Art**

YESHAYAHU (JESAIAH) BEN-AHARON

What if matter is not solid, fixed, and dead but a living, creative event? Could our “concrete” existence be a developing process of becoming? Rudolf Steiner predicted that the new Christ event would penetrate and transform all earthly and cosmic matter, life, consciousness, and evolution, allowing us an opportunity to participate in the vortex of creative life. We become co-creators in the drama of evolution and in the transformation of human consciousness.

ISBN: 9781912230167 | Temple Lodge | pbk, 6 x 9¼ in. 248 pgs | $26.00

**Free, Equal and Mutual: Rebalancing Society for the Common Good**

MARTIN LARGE & STEVE BRIAULT

With today’s resurgent nationalism, global warming, rising inequality, and blowback from continuous war around the world, our market-dominated society is in meltdown. However Rudolf Steiner’s free, equal, and mutual vision offers a timely alternative for rebalancing society. This pushes “the market” back from politics and culture. How? Healthy boundaries are reasserted among the sectors of private business, the public state, and the pluralistic culture. This shapes a dynamic threefold society based on mutuality, equality, and freedom—for people and planet.

ISBN: 9781907359941 | Hawthorn Press | pbk, 6¼ x 9¼ in. 260 pgs | $29.00

**In the Shadow of the Machine: The Prehistory of the Computer and the Evolution of Consciousness**

JEREMY NAYDLER

In his penetrating study, the author paints a vast panorama, depicting human development and the emergence of electronic technology. His painstaking research illuminates an urgent question that concerns every living person today: What does it mean to be human, and what, if anything, distinguishes us from machines?

ISBN: 9781912230143 | Temple Lodge | pbk, 6 x 9¼ in. 392 pgs | $34.00
**New and Recent Books**

**Humanity's Last Stand: The Challenge of Artificial Intelligence: A Spiritual-Scientific Response**

NICANOR PERLAS

This book outlines the AI phenomenon and its related transhuman concepts of “perfecting humanity” and the responses needed to meet them consciously. The author discusses the need to cooperate with progressive individuals and movements, including scientists and civil society activists, as well as spiritual powers that have guided and served humanity since the dawn of time. According to Perlas, this is humanity’s last stand.

ISBN: 9781912230174 | Temple Lodge | pbk, 6¼ x 9¾ in. 320 pgs $28.00

**If the Organs Could Speak: The Foundations of Physical and Mental Health**

OLAF KOOB, MD

Inspired by esoteric wisdom, Koob creates living images of the pancreas and the hormonal system and shows how the spleen, liver, gall bladder, heart, kidneys, lungs, and reproductive organs relate to the whole cosmos. He describes the nature of poison and detoxification, good and bad nutrition, and the importance of secretion and elimination. A unique work that enables us to think more creatively about our bodies and how they function, and to help us cope with crises, suffering and pain.

ISBN: 9781912230150 | Temple Lodge | pbk, 6 x 9¼ in. 170 pgs $24.00

**Meditations for Harmony and Healing: Finding the Greater Self**

RUDOLF STEINER – Translated and Edited by Matthew Barton

These verses help us come to know ourselves by looking outward to the substances and processes in the cosmos and, by contrast, to know the world by looking into the microcosmic depths of our human self. By integrating spirit and matter, we can heal the divisions in our relationships with others. (Previous hardcover edition is titled Finding the Greater Self.)

ISBN: 9781855845497 | Rudolf Steiner Press | pbk, 4¾ x 7¾ in. 74 pgs $14.00

**Meditations for the Dead: Connecting to Those Who Have Died**

RUDOLF STEINER – Translated and Edited by Matthew Barton

The first section features words of wisdom on death and its spiritual meaning. The second consists of verses that emphasize the continuing links between the living and the dead, indicating how our thoughts can help those who have departed earthly life. The final section is devoted to verses that express something of what the dead experience in their new existence. (Previous hardcover edition was titled Living with the Dead: Meditations for Maintaining a Connection with Those Who Have Died.)

ISBN: 9781855845480 | Rudolf Steiner Press | pbk, 4¼ x 7¼ in. 64 pgs $14.00

**The Near-death Experience: In the Light of Scientific Research and Rudolf Steiner’s Spiritual Science**

2nd revised edition

CALVERT ROSZELL – Foreword by George G. Ritchie, Jr.

Much has been written about the phenomenon of near-death experiences, but little attention has been paid to scientific research, such as that of Dr. Michael Sabom, which indicates that these are body-free, or spiritual, experiences. Even less attention has been directed toward the parallels between descriptions such as those given by George Ritchie—whose near-death journey led Raymond Moody to begin his epoch-making study that brought the phenomenon to the public eye—and Rudolf Steiner’s spiritual-scientific research.

ISBN: 978185584209324 | Lindisfarne Books | pbk, 5 x 8 in. 134 pgs $14.00

**The Night as a Wellspring of Strength: Sleep, Spiritual Encounters, and the Starry Firmament**

RUDOLF STEINER – Selected and Introduced by Edward de Boer; translated and edited by Matthew Barton

This collection conjures the special atmosphere and quality of the nocturnal hours, so that spiritual encounters during sleep can inform our daily life and help us to live in a fuller, healthier life. While asleep, we meet (consciously or unconsciously) our higher self. We have opportunities to work with angelic beings and access the world of the dead. It is also a special time for certain esoteric exercises before going to sleep and upon waking. This anthology offers passages, lecture extracts, exercises, as well as verses and prayers so that readers to engage more consciously with the starry heavens and the night realm.

ISBN: 978-1855845442 | Rudolf Steiner Press | pbk, 5½ x 8½ in. 118 pgs $17.00

Take advantage of our 25% holiday discount—use the code “HOL18” when checking out
Steiner's mystery . . . is not just a play; rather, it reflects the spiritual worlds and truths. Although it may have some of the difficulties of a beginning work or first effort, it introduces a new stage and epoch of art. That epoch itself remains distant; it could be hundreds of years before people who want this pure spiritual art become so numerous that mysteries of this kind can be offered and accepted in almost every city. Nevertheless, its historical beginning, when we experience its birth, is here in the “Portal.”

A few months before his death, Christian Morgenstern wrote to his deeply religious friend Marie Goetling (a pastor's daughter from Sorau), who was entirely unresponsive to Rudolf Steiner’s Christology, with which she did not wish to even acquaint herself, and who took exception to the superficiality of the theosophical movement:

Take a look at today’s world and compare it to your youth. Add another fifty or eighty years, and the wasteland will have spread so much that one would no longer wish to live, unless there were at least islands of spiritual life—unless a disappearing minority worked in advance for this. That is the assistance we can give. Such help and its tragic necessity, which you apparently refuse to understand, that is the Christianity calling today, about which the official Church and numerous proponents of a private, personal Christianity (in light of the Church’s opinion), wish to know very little. Do you not see that something here is dying and must be replaced by something new? There is a new Christian work, because the old is no longer enough, and a nova vita [new life] must intervene for the followers of Christ. This fresh new start does not involve merely being good and doing good, but must, in addition, turn to measures that evolution offers and only the proper cultivation of which can prevent, so that the good and best will not finally end in despair.

One must always speak only partially about oneself, but I must say that I do not know where I would be today if the insights of Theosophy had not made life understandable and bearable for me—perhaps in despair, in madness, in revolution somewhere, in philistinism, perhaps nowhere on this side of the grave.

None of the students surrounding Rudolf Steiner and no members of the Anthroposophical Society during the first decades of the twentieth century worked in advance for this. That is the assistance we can give. Such help and its tragic necessity, which you apparently refuse to understand, that is the Christianity calling today, about which the official Church and numerous proponents of a private, personal Christianity (in light of the Church’s opinion), wish to know very little. Do you not see that something here is dying and must be replaced by something new? There is a new Christian work, because the old is no longer enough, and a nova vita [new life] must intervene for the followers of Christ. This fresh new start does not involve merely being good and doing good, but must, in addition, turn to measures that evolution offers and only the proper cultivation of which can prevent, so that the good and best will not finally end in despair.

One must always speak only partially about oneself, but I must say that I do not know where I would be today if the insights of Theosophy had not made life understandable and bearable for me—perhaps in despair, in madness, in revolution somewhere, in philistinism, perhaps nowhere on this side of the grave.

None of the students surrounding Rudolf Steiner and no members of the Anthroposophical Society during the first decades of the twentieth century worked in advance for this. That is the assistance we can give. Such help and its tragic necessity, which you apparently refuse to understand, that is the Christianity calling today, about which the official Church and numerous proponents of a private, personal Christianity (in light of the Church’s opinion), wish to know very little. Do you not see that something here is dying and must be replaced by something new? There is a new Christian work, because the old is no longer enough, and a nova vita [new life] must intervene for the followers of Christ. This fresh new start does not involve merely being good and doing good, but must, in addition, turn to measures that evolution offers and only the proper cultivation of which can prevent, so that the good and best will not finally end in despair.
century were willing to wrestle with old friends over Anthroposophy in a way that even comes close to what Morgenstern experienced as documented and revealed in letters. Christian Morgenstern did not, in any way, have a missionary’s disposition. Nevertheless, he remained strongly loyal to his friends and previous comrades, and because of this friendship and high regard he also tried to bring them to a path—his path—or at least introduce them to it. “My greatest pain remains that I set out on this new path without you.” He wrote in one of his notebooks. “Let go of no one; drop no relationship.”

Morgenstern was certainly not concerned only with the spiritual welfare of his friends, who were mostly virtuous and exhibited no difficulties in this regard, but rather concerned about their about missing—like so many others—the turning point of spiritual world history, which Morgenstern considered to be the appearance and effectiveness of anthroposophic Spiritual Science. Something immensely great and new in its very first beginning and initial entry to culture was mocked, condemned, or ignored—mostly all three. Rudolf Steiner often pointed out the need for patience, leniency, and forbearance with the slow acceptance of Anthroposophy in the contemporary reality of society and the world. In Berlin, at the first General Meeting on February 4, 1913, he said:

People will learn how deeply what we present as Anthroposophy and what we receive through Anthroposophy is substantiated in the human being, for it is our being. This being hovered close to humans to show itself as a heavenly goddess, with whom the human being could enter a relationship, and who lived as Sophia, or Philopsophia. Human beings will again set this being outside themselves and recognize in it a reflection of the human being. We will set it before us as the result of true self-knowledge in Anthroposophy. We can wait confidently until the world wishes to examine what we have to say and how deeply substantiated it is in every detail; the being of Anthroposophy—its own being—consists of what the being of the human is. That is the nature of its effectiveness; human beings receive what they actually are in Anthroposophy and must place it before themselves, because they must practice self-knowledge.

In this, Christian Morgenstern agreed completely with Rudolf Steiner. He also saw (as did his spiritual teacher and friend) the dilemma of the time and the disastrous dynamic of the evolution of civilization. He was the only student and coworker of Rudolf Steiner who tried to introduce Steiner’s life’s accomplishments and work to the broader public, which at this point was in no way finished or even at its peak. Moreover, he did not do this through his poetry but through a petition to the Nobel Prize committee. Michael Bauer, his best and most advanced anthroposophical friend, once said about it that it was still impossible for Rudolf Steiner’s students and colleagues to recognize his full significance. He said, “We are standing too close to ‘see’ him.” Christian Morgenstern saw this, too, yet he was in a position, like Bauer, to perceive the world—historic relevance and impact of Anthroposophy, even in the hour of its beginning, as well as the significance of Anthroposophy and the significance of Rudolf Steiner, who brought and placed it into scientific and cultural history at the beginning of the twentieth century. He probably formulated the first draft of his letter to the Nobel Prize Committee during the second half of 1913, following a performance of the fourth Mystery Drama in Munich. . .

Morgenstern’s presentation of reasons for the Nobel Peace Prize was given at a time when the General Anthroposophical Society had not yet been founded in its worldwide unifying power, and at a time when the laying of the Foundation Stone for the Independent School for Spiritual Science in Dornach was only a wish (to which people from all the nations should come in the second half of the twentieth century).

Morgenstern’s basis for recommending the Nobel Peace Prize was justified and demonstrated the foresight and comprehensive knowledge of the contemporary who recognized Rudolf Steiner’s task and work early and with a succinct clarity. This was decades before the beginning of the fanatical racism of materialistic nationalism, the politics of destruction, euthanasia, the Holocaust, and the atomic bomb. Morgenstern saw clearly the potential and prospects for the whole of civilization and for the inner path of the individual that is connected with the knowledge of the human being in the light of Anthroposophy. “What was and is being done quietly for human beings as such, as well as what irreplaceable support and foundation the life work of this spirit has given as the century speeds ever further into the terrible wasteland of materialism.” And yet, “How much underestimation, misjudgment, yes, disavowal . . .”

In another, somewhat autobiographical text that Christian Morgenstern wrote at the urging of his publisher Reinhard Piper for an almanac, he said about Rudolf Steiner:

In Rudolf Steiner, a person came among us who signifies something entirely new for the evolution of the human soul. In a certain sense, he closed the history of philosophy that comprises a long discipline of pure exoteric thinking, and he founded—not as the absolutely first person, but as the first philosopher and the first scholar and researcher—Spiritual Science, which views the human as a cosmic being: Anthroposophy. Because of him and his research, even the most independent person can reflect and revise anew. Through him, a person who has reached the end can find himself again at the beginning of things. . . .

And the human being, who stood firmly and seemed at the end of all knowing, suddenly sees a world turn incredibly upward.

PETER SELG was born in 1963 in Stuttgart. He studied medicine in Witten-Herdecke, Zurich, and Berlin and, until 2000, worked as the head physician of the juvenile psychiatry department of Herdecke Hospital in Germany. Dr. Selg is director of the Ita Wegman Institute for Basic Research into Anthroposophy and professor of medicine at the Alanus University of Arts and Social Sciences (Germany). He lectures extensively and is the author of numerous books on Rudolf Steiner and Anthroposophy. He is married with five children.
Understanding Mammals
Threefoldness and Diversity
WOLFGANG SCHAD

This monumental, groundbreaking work is the fruit of a lifetime of observation, research, and meditation on the human organism and the diverse organisms of our closest animal relatives: the mammals.

- Are mammals solely the result of random mutation and natural selection — of essentially external factors — or do the internal dynamics of the organism itself play a role in determining their astonishing diversity?
- Why do cattle have horns and deer have antlers?
- Why do small chipmunks have dorsal stripes that run parallel to their spine and tigers have stripes on their flanks that run parallel to their ribs?

Wolfgang Schad demonstrates how such baffling phenomena can be seen as arising through the special way in which particular organ systems are emphasized in particular species, thus establishing the basis for a systematic scientific understanding of mammalian morphology.

Beginning with an in-depth description of the three main organ systems: the nerve-sense system centered in the head, the metabolic-limb system centered in the digestive organs and the limbs, and the circulatory-respiratory system, or rhythmic system, centered in the chest, Schad shows how these three organ systems function together in a balanced way in the human being while the nerve-sense system dominates in the rodents, the metabolic-limb system in the ungulates, and the rhythmic system in the carnivores. He shows how these one-sided developments come to expression not only in a mammal’s size, morphology, dentition, and coloration, but also in its preferred habitat and embryonic development. He finds that rodents such as the porcupine, for example, exhibit a secondary emphasis on the metabolism, whereas squirrels display secondary characteristics of the rhythmic system, and mice exhibit purely nerve-sense characteristics.

Again and again, Schad demonstrates that the key to understanding the mammals’ extraordinary diversity is the particular way in which the threefold organism manifests in each taxonomic group.

WOLFGANG SCHAD is University Professor Emeritus at the University of Witten/Herdecke, Germany. Born in southern Germany in 1935, he studied biology, chemistry, and education before becoming a science teacher at the Goetheschule (Waldorf School) in Pforzheim in 1962. From 1975 until 1991 he taught at the Seminar for Waldorf Education in Stuttgart, and in 1992 he was appointed head of the Department of Evolutionary Biology and Morphology at the University of Witten/Herdecke, a position he held until he retired in 2005.

9780932776631 Hardcover 2-volume set fully illustrated throughout Adonis Press 6.5"x9.25" 1,313 pp $125.00

AVAILABLE DECEMBER 2018

In almost five decades since its first edition (English title: Man and Mammals: Toward a Biology of Form) Wolfgang Schad has continued to add to what has become his life’s major work. This expanded second edition includes many new insights and additional chapters on antelopes, marsupials, bats, xenarthrans (armadillos, anteaters, and sloths), and pangolins, as well as on milk and mammalian embryology, and much more.
The Mutual Evolution of Earth and Humanity
Sketch of a Geology and Paleontology of the Living Earth

DANKMAR BOSSE
TRANSLATED BY FRANK T. FAWCETT

This epic work by Dankmar Bosse presents, for the first time, a comprehensive picture of the evolution of the earth and its natural kingdoms, based primarily on geology and paleontology, and with reference to the results of Rudolf Steiner's spiritual-scientific research.

“The Evolution of the Cosmos and Humanity,” the fourth chapter of Rudolf Steiner’s fundamental work Die Geheimwissenschaft im Umriß (1910; English: An Outline of Esoteric Science), is the single most extensive expression of Steiner’s suprasensible research into evolution as a whole. Still, it is an outline, with much to be explored from any number of perspectives, including, of course, the various fields of natural science, from which Steiner’s approach grew.

At long last, with this publication, Dankmar Bosse offers a geoscientific analog to Steiner’s findings. Numerous questions concerning the natural sciences are illuminated from a new direction, as for example the relationship of humanity to the evolution of the animal kingdom, the origin of the deeper crystalline rocks, and the shaping of our present-day landscapes.

Here is a fascinating exposition of the development of the earth and humanity, abundantly illustrated with color photos and diagrams, useful to teachers, students, scientists, and seekers alike.

9781584209843 Hardcover fully illustrated throughout Lindisfarne Books 8.5”x 11” 528 pp $65.00

DANKMAR BOSSE studied geology, paleontology and mineralogy at the Freiberg University of Mining and Technology in Saxony (East Germany), and worked for 21 years at the Central Geological Institute in East Berlin, mainly on regional geology and middle European tectonics. He is independently active with seminars, lectures, and excursions, as well as anthroposophic research work in all earth-scientific fields. He is editor of J.W. Goethe: Die Metamorphose des Granits (J.W. Goethe: The Metamorphoses of Granite), a collection of Goethe’s geologic writings (Verlag Freies Geistesleben 1994) and author of a comprehensive book on mineralogy from a natural-science/anthroposophic viewpoint, Die Evolution der Minerale zwischen Kosmos und Erde (The Evolution of the Minerals between Cosmos and Earth, Sketch of a Mineralogy and Crystallography of the Living Earth) (Verlag des Ita Wegman Instituts, Stuttgart 2015).

AVAILABLE DECEMBER 2018

from the contents:
I: The Relationship of Humanity to Animals in Earth’s History
The Branches of the Animal Kingdom
The Human-Vertebrate Branch
The Branches of the Lower Natural Kingdoms
Human and Animal Evolution
Evolutionary Laws

II: The Process of Rock Formation
Ways of Classifying Rocks
Rock Succession in the Earth’s Crust
Sedimentary Rock-forming Processes
The Origin Processes of the Crystalline Rocks
Rock Formation in the Earth Organism
The Life-Sphere and the Evolution of Humanity

III: Forming of the Earth’s Crust and Its Landscapes
Earth and Moon
The Development of the Continents
The Development of the Earth’s Crust
Lemuria and Atlantis
The Formation of Landscapes out of the Plain
The Development of the Life-Sphere of the Earth

IV: Special Topics
Methods of Scientific Investigation
The Time-concept in Relation to the Earth’s History
Geologic and Anthroposophic Time Scales
Goethe’s Geological Experiences
Orthoclase in the Biodynamic Horn Silica Preparation
Ideas for Teaching Geology in Schools

CATALOG_2018-2.indd   59
9/25/18   4:46 PM
Healing Madonnas
Exploring the Sequence of Madonna Images Created by Rudolf Steiner and Felix Peipers for Use in Therapy and Meditation

“We must anticipate the time when, side by side with the teachings of astronomers, astrophysicists, zoologists, and botanists, we shall be able again to accept knowledge of spiritual realities derived from spiritual insights. This epoch is now imminent and, if we are to accomplish our task and rediscover among other things the religious source of art and the art of healing, we must be ready to meet it.”

—Rudolf Steiner, True and False Paths of Spiritual Investigation

This book explores a little-known example of Rudolf Steiner’s efforts to bring into being, in a practical and future-oriented way, a contemporary embodiment of the wisdom that once lived in the ancient mysteries—in this instance a sequence of fifteen images of the Madonna, intended originally for contemplation under supervision in a clinical setting as a new form of therapy for those suffering from wounds of the soul.

The sequence itself was not fully formulated until 1911. Consisting of a series of fifteen images, predominantly by Raphael, and one sculpture, the first half begins and ends with the Sistine Madonna, which “frames” and contextualizes it. The second half is similarly framed, but this time by two details from The Transfiguration.

Patients in Dr. Felix Peipers’ clinic would enter a calm, reverential meditative soul mood before being led into a deep contemplation of the images in sequence. In addition to its therapeutic use, the entire sequence of images is well suited for individual meditation and contemplation.

ISBN: 9781584209898
Lindisfarne Books, paperback
6 x 9 in. 180 pgs
40 illustrations in color
$17.95

Raphael’s Madonnas
Images for the Soul
Includes a Lecture by Rudolf Steiner:
“The Mission of Raphael in the Light of Spiritual Science” (Berlin, Jan. 30, 1913; CW 62)

“Raphael was not just a painter. His contemporaries were right in understanding that his death on Good Friday was not merely a strange accident. He himself was a representative of Christianity according to the highest ideals. He was the most profound embodiment of the forces of religious reform in the Renaissance. The Church failed in the task it set itself then, but Raphael’s impulse spread through the centuries and still has a long mission in the future.”

—Konrad Oberhuber, Raphael: The Paintings

Ultimately, the Madonna is the supreme representative of the Eternal Feminine for Western souls—the wisdom of Sophia, the compassion of Kwan Yin. Divine, cosmic, earthly, and human, she is primordial, contemporary, and still to come. Once and future, she is an evolving mystery, as we are, suggesting that our destinies are linked in ways beyond telling. We may strive toward her. We may discover her inwardly, feel united with her in a new way, in our own fashion, and find it healing.

These images should be approached with reverence, an open heart, and an open mind, humble unknowing, vulnerability, and gratitude. The images will speak for themselves, in the moment, in a mode appropriate to your needs (even if you are unaware of them). In the pure encounter, something will happen. Let Raphael’s vision become vision in you. Hold it in your heart. Take it into sleep. Thumb through the book, the image that calls you will find you. Perhaps it will be a different image each time. Make it a daily practice and improvise. Or simply enjoy the images. They will transform you anyway.

ISBN: 9781584209775
Lindisfarne Books, hardcover
5½ x 8½ in. 130 pgs
44 illustrations in color
$19.95

Image: Madonna della seggiola, c. 1514, oil on wood, 28 in., Palazzo Pitti, Florence
**Spirit-led Community:** Healing the Impact of Technology

**LISA ROMERO**

The author introduces spiritually healthy guidelines for lessening the negative influence of technology on the inner life. Through providing an understanding of the foundations of inner health laid in childhood as well as the path of inner development that can be consciously engaged with as adults, a way is shown for how new community life can lead us into a future when community serves to maintain and support the evolving human spirit.

ISBN: 9781621482154 | SteinerBooks | pbk, 5 x 8 in. 188 pgs | $17.00

**Interpretation of Jesus Christ’s Gospel According to St. John:** Text Translated from Ancient Greek and Commented on from a Spiritual-Scientific Point of View

**ENZO NASTATI** – Translated by Jessie Melison

John’s Gospel is concerned primarily around the greater “I” and the process that helps us with its conscious birth within us. The Gospel begins by speaking of Logos and Jesus, into which the Logos descended. This profoundly esoteric and thoughtful exegesis and study aid will bring new depth to the Gospel of St. John for “whoever has ears to hear.” The author provides much food for meditation and study.

ISBN: 9781584209270 | Lindisfarne Books | pbk, 8½ x 11 in. 344 pgs | $40.00

**Movement, Your Child’s First Language:** How Movement and Music Assist Brain Development in Children Aged 3–7 Years (with 2 music CDs)

**SALLY GODDARD BLYTHE** – Music by Michael Lazarev

The author challenges mainstream assumptions about early development and learning with a rich distillation of perennial wisdom and cutting-edge science. This revolutionary new book eschews politically correct “accelerationism” with a refreshing focus on children’s true, age-appropriate needs. Based on whole-body approaches to learning developed by Sally Goddard Blythe and Michael Lazarev, this book gives an overview of child growth, from three to seven years.

ISBN: 9781907359996 | Hawthorn Press | pbk, 6 x 9 in. 192 pgs $29.00

**Parenting with Values:** 12 Essential Qualities Your Children Need and How to Teach Them

**CHRISTIANE KUTIK**

As parents, what do we need to give our children to ensure they grow up to be happy, well balanced, and resilient? Christiane Kutik, a parenting tutor and mother of two, tells us that children, above all, need their parents to give them strong values that help them find their way in life. In twelve short, accessible chapters, she discusses the essential qualities that children need, and explains how each is learned and passed on from parent to child.

ISBN: 9781782504825 | Floris Books | pbk, 5¼ x 7 ¼ in. 128 pgs | $14.95

**The Parenting Toolkit:** Simple Steps to Happy and Confident Children

**CAROLINE PENNEY** – Illustrated by Kate Hajducka

Caroline Penney explains how parents can help their children become confident, capable, caring, and able to reach their full potential. She gives parents and guardians simple skills for developing healthier relationships with children of all ages. These tools include acknowledging feelings, clear communication, descriptive praise, assertiveness, child-led play, describing behavior instead of labeling the child, problem solving, and discipline strategies.

ISBN: 9781907359903 | Hawthorn Press | Hardcover, 6¼ x 9 in. 198 pgs | $29.00

**Why Don’t Children Sit Still?** A Parent’s Guide to Healthy Movement and Play in Child Development

**EVELIEN VAN DORT**

Movement is essential in helping children develop not only motor skills but also intellectual, emotional, and social skills. Children learn through “doing” and playing. By understanding how children develop sensory motor skills—that is, get information through their senses and effectively respond physically—parents can begin to address and find reassurance about the issues that concern them.

ISBN: 9781782505143 | Floris Books | pbk, 5¼ x 7 ¼ in. 120 pgs | $13.95
New and Recent Books

Parables
TORIN M. FINSER, PHD

“One could say that a parable contains a larger lesson in a bite-sized portion. Using other words, a parable is a simple short story used to illustrate a moral or spiritual lesson. . . . The word parable can be traced back to Middle English and Old French origins as parable and to the ecclesiastical Latin sense of parabola, meaning “discourse, allegory, or comparison.”. . . Parables use comparison, allegory, imagery, analogy, or a short story to convey a larger meaning.” (from the book)

ISBN: 9781621482307 | SteinerBooks | pbk, 5 x 8 in. 68 pgs | $10.00

Observing Nature’s Secret: Practical Exercises for Perceiving Soul and Spirit
ROGER DRIUJT

Based on the research of Goethe and Rudolf Steiner, Roger Druitt begins with a fundamental question: What can you see? He presents a series of practical exercises for observing nature that allow, through diligent practice, the maturation of subtle capacities of perception. Considering multiple species of leaves, for example, leads to the concept of “leaf” itself. Once this basic groundwork is established, we can work toward comprehending aspects such as metamorphosis, gesture, and type.

ISBN: 9781855845466 | Rudolf Steiner Press | pbk, 6 x 9¼ in. 104 pgs | $19.00

Rudolf Steiner and The Christian Community
PETER SELG – Translated by Marsha Post

The relationship between The Christian Community and the Anthroposophical Society is complicated and frequently misunderstood. The Christian Community priests work from an understanding of Anthroposophy, and it was undoubtedly Steiner’s theological lecture courses that led to the formation of the movement. Nonetheless, questions remain, which Peter Selg examines closely in this unique book.

ISBN: 9781782504818 | Floris Books | pbk, 5½ x 8½ in. 128 pgs $19.95

Seeking Spirit Vision: Essays on Developing Imagination
DENNIS KLOCEK – Foreword by Robert Sardello

This meditative book by Dennis Klocek provides a new approach to developing the capacities of our souls. Based in Anthroposophy, Klocek’s thinking goes beyond what already exists to create a truly unique contribution that can heal the reader in profound ways. Working with the book, as Robert Sardello suggests in his foreword, will “lead to capacities of sustained concentration on and receptivity to the spiritual worlds.”

ISBN: 9780945803331 | Rudolf Steiner College | pbk, 6 x 9 in. 336 pgs | $23.95

Sources of Religious Worship: A History of Ritual from the Stone Age to the Present Day
BASTIAAN BAAN – Translated by Philip Mees

Various forms of religious worship and ritual have been present throughout the whole development of human beings, from early stone-age ritual, nature religion, and ancestor worship to the faiths from which Christianity and the Eucharist emerged. Rev. Bastiaan Baan, a leading priest of The Christian Community, traces the origins and metamorphosis of human religion in historical, theological and humanistic terms, examining its significance for human life on Earth and in the spiritual world.

ISBN: 9781782505136 | Floris Books | pbk, 6 x 9¼ in. 288 pgs | $22.95

Basic Biodynamic Agriculture in 9 Meetings
ENZO NASTATI – Translation by Eric Hoyland

“Humanity has no other alternative before it today than either to learn again about the whole web of natural and cosmic connections, or to let both nature and humanity degenerate and die out. As in the past it is imperative that our knowledge should penetrate to the actual structure of Nature.” —Rudolf Steiner, Koberwitz, 1924

The author delves deeply into the esoteric principles and methods of biodynamic fundamentals and practices.

ISBN: 9781584209317 | pbk, Lindisfarne Books | 8¼ x 11¼ in. 122 pgs | $20.00
The Etheric: Broadening Science through Anthroposophy: The World of Formative Forces, vol. 2

ERNST MARTI – Translated by Philip Mees

Having studied the world of the ethers in volume 1, Dr. Marti explores the world of formative (morphogenic) forces. Beginning with the sensory qualities of the visible world, he studies the nature of sensory perception, the origin of morphogenic forces, and their phenomenology. In the concluding volume of his seminal work, he offers pertinent comments on the nature of “potentization” in homeopathic medicine.

ISBN: 9781912230136 | Temple Lodge | pbk, 6 x 9¼ in. 116 pgs | $19.00

Rudolf Steiner’s Third and Fourth Mystery Dramas: The Guardian of the Threshold – The Souls Awaken

Written in 1912, 1913 (CW 14)

RUDOLF STEINER – Translated and introduced by Richard Ramsbotham

This volume contains two new translations of the third and fourth mystery dramas, created especially for new productions in the UK. The Guardian of the Threshold was translated into blank verse—in which Steiner wrote all of his dramas—and The Souls Awaken into free verse. The introduction explores questions surrounding the third and fourth of Steiner’s mystery dramas, including their relationship to events in the anthroposophic movement in 1923 and 1924.

ISBN: 9780946206797 | Wynstones Press | pbk, 6 x 8¼ in. 256 pgs | $20.00

Wisdom Is a Woman

MIEKE MOSMULLER

True love is possible only on the solid foundation of wisdom, which precedes love. With wisdom, we find self-knowledge and are able to distinguish between self-love and selfless love, between erotic love and love for the true being of the other person. Not all women are wise, but wisdom has a feminine form. In ancient Egypt, she was called Isis. Ancient Greeks sought her as Sophia. She lives as a quality in both men and women who seek her. She is present to reshape every human intellect into a wise sureness if we ask her, if we love her, and if we seek her.

ISBN: 9789075240009 | Wynstones Press | pbk, 6 x 8 in. 312 pgs  | $35.50

Discovering the Zodiac in the Raphael Madonna Series

BRIAN GRAY

Rudolf Steiner described the healing effects of Raphael’s Madonnas in August 1908, and from 1908 to 1911 he directed Dr. Felix Peipers to arrange fifteen images as a therapeutic meditation for patients suffering from emotional disturbances. In the “Raphael Madonna Series,” fifteen images invite contemplation that can lead us to communion in realms beyond the physical world, stirring feelings of wonder and reverence and opening the soul to divine mysteries.

ISBN: 9780946206759 | Wynstones Press | pbk, 6 x 8¼ in. 64 pgs  | $9.95

The Art of Thinking

MIEKE MOSMULLER

In this book, Mieke Mosmuller begins to prove the contrary. Intelligence is the mind itself, and by activating the mind—with the sole purpose of this very activity—intelligence demonstrates its own spirituality. We don’t need a high IQ, though its level does rise as a result of such activity. Moreover, we do not need faith; this, too, will emerge through such activity. The only thing we really need is the discipline to dedicate our time to intelligence—twenty minutes or so, twice each day.

ISBN: 9789075240481 | Wynstones Press | pbk, 6 x 8 in. 120 pgs | $25.00

Reincarnation: A Christian Perspective (3rd Edition)

FRIEDRICH RITTELMEYER – Translated by M. L. Mitchell

Friedrich Rittelmeyer’s approach to reincarnation is joyous, essentially Christian, and filled with a sense of freedom as he seeks a path through the pitfalls on the way to a Christian approach to reincarnation. Drawing on the work and inspiration of Rudolf Steiner, he was able to reach the cosmic truth of reincarnation and courageously ground it in human reality.

ISBN: 9781782504740 | Floris Books | pbk, 5¼ x 8½ in. 128 pgs | $19.95

Take advantage of our 25% holiday discount—use the code “HOL18” when checking out
In the eastern Mediterranean, the Logos first arose in human awareness in Hellenic philosophy—in the works of Heraclitus and the Stoics—and over the next five hundred years it paved the way for Christian understanding of the Son of God as the Logos who became a human being in Christ Jesus. Rudolf Steiner says of early Christian mystery schools that the cultivation of human speech there served to reveal to pupils the workings of the divine Logos. Just as the divine Word precedes all temporal and spatial creation, so pupils were to recognize that they could likewise conceive of everything in dissolved form as “tone vibrations of the divine cosmic Word.” And then, characterizing the understanding of a pupil in the early Christian mysteries, he continues:

In a certain respect he distinguished between the “Father in the hidden realm” who had not yet given utterance, the “Word,” or the “Son,” resounding through space; and then the Word becomes fixed or solid, as “manifestation.” This offers us a deeper understanding of the beginning of the Gospel of St. John: “In the beginning was the Word, and the Word was with God, and a God was the Word. The same was in the beginning with God. Through Him all things were made and without Him was not anything made that was made.” Everything that arose came forth from the Word. We have to take these things very literally, and then we can also easily perceive the creative nature of the Word, or Logos. In the Christian sense, what comes second is the Word or Logos. Logos should not be translated by anything other than “Word,” for what is meant is that all that exists as outward creation is founded on the unspoken, creative Word; that this sounded forth as the eternal Logos.

We will now trace the broad developments that led to this Christian view of the Logos. Its Western origins in Heraclitus were connected with the Ionian mysteries of Artemis at Ephesus, close to the western coast of Asia Minor. During the lifetime of Heraclitus (ca. 535–475 BC) the flourishing of Ephesus came to expression above all in building works on the mighty temple of Artemis. After it was completed this was counted among the “seven wonders” of the ancient world, but was destroyed by fire in 356 BC, supposedly on the very night that Alexander the Great was born in Macedonia. It is said of Heraclitus—by no means a friend of ordinary folk—that he lived mostly in seclusion within the sacred grove of the Artemision. After writing his magnum opus, entitled Peri Physeos, or On Nature, he is said to have laid it on the temple’s altar as an offering to the goddess. Only fragments of this work are still extant, some reconstructed from later authors. The goddess Artemis, daughter of Zeus and sister of Apollo, was revered in Asia Minor particularly as lunar divinity, as an instance of the “Great Mother” archetype. Besides being a goddess of the hunt—called Diana by the Romans—she also stood for fertility and good fortune in birth, for all germination and sprouting, growth, and proliferation. To summarize, we can say she represented the elicitation of all creative life.

Heraclitus sees in the “ever-living fire”—both in the world and in the soul—the primal quality from which all phenomena emerge and into which they repeatedly return in eternal alternation. At the same time he sees forms developing via air and ocean through to earthly substance. But for its realization in the cosmos and human being, the Logos draws especially on the forces of warmth or of fire…. The connection indwelling it between the cosmic fire and Logos and—by extension—the human soul, is illumined in the following fragments: “Fire is endowed with reason.” And in the same way that lightning corresponds to fire, so fire, in which spirit and insight are implicit, corresponds to the “dry ray of light”: a renewed concentration and inward intensification of fire—the soul. Heraclitus writes, “A dry soul is wisest and best. The best and wisest soul is a dry beam of light.”

The “ever-living fire” of Heraclitus stands between “fullness” and “want.” Here we encounter the two aspects of fire or heat, and of the warmth ether, which are also related to the dual aspect of time. Fire destroys what exists, puts an end to what has come from the past; but through fire as life-giving warmth, as brood warmth in a nest for example, a new beginning arises and develops into the future. “Fullness” follows the latter, and “want” the former. But the fire nature of the spirit—soul as it increasingly awakens to its true “spirit”-being, establishes and expresses itself—via the dual aspect indicated—between past and future in verticality, balance, and presence of mind, thus relating itself to eternity. Lightning and ray of light no doubt refer to this higher fire quality of the soul.

Even if Heraclitus represents a comparatively elitist ethos, the individual’s participation in the Logos is for him a quality intrinsic to all human beings, and one that connects them. He believes one must hearken to this common characteristic. Many however cannot see this connecting quality, and therefore he writes, “Whereas the Logos is common to all, the many live as if they had their own private reason.” Nevertheless he also says, “If you were to follow every path you would still not discover the limits of the soul. This is the depth of its Logos.”

Following detailed analysis, Karl-Martin Dietz came to regard the connection, as Heraclitus sees it, between the Logos, the cosmic and individual fire, and the single soul, in terms of three aspects of the Logos: its common or shared quality, its eternal quality and its indivisible unity. In its shared characteristic the Logos overcomes the soul’s isolation and expresses itself in the individual’s thinking and knowing, but ultimately as world spirit. In its eternal aspect the Logos overcomes all that is transient, and in fire embodies world substance and its continual changes and fluctuations. As single unity, finally, it represents God as the world’s essence and intrinsic being.

Rudolf Steiner seems to be thinking of Heraclitus’ present and future significance when he summarizes his view: “And the force that is physically active in fire lives at a higher plane in the human soul, which melts down sensory knowledge in its crucibles and brings forth from this knowledge a vision of eternity.” Then he goes more deeply into the question of human existence, constituted of both eternal and temporal aspects:

Through the eternal aspect [human beings] have become something quite specific; and from this specific nature they should create a higher nature. They are dependent and independent. They can participate in only the eternal spirit, which they perceive in accordance with the mingled state that the eternal spirit has brought about in them. And precisely for that reason they are called upon to shape the eternal from the temporal.

The development of the idea of the Logos can look back on a magnificent history spanning two and a half millennia. In his book Die Logoslehre (the Logos teaching), Wilhelm Kelber summarized this history from the time of Heraclitus to Origenes in a work of lasting importance and relevance. His book is one we can scarcely overlook if we are concerned to understand what, in terms of spiritual history, is meant by the Logos becoming human. It is an excellent complement to this book especially because Kelber carefully unfolds the many inner connections between the Logos idea and Anthroposophy. For the purposes of this study, we will now briefly examine three stages in the development of the Logos idea that draw on Heraclitus: the Stoics, the Logos as it figures in the work of Philo of Alexandria, and finally the Logos in the Gospel of St. John. In the school of the Stoics, which originated with Zeno of Citium (ca. 333 to 264 BC), the prime emphasis is on living a virtuous life, and not allowing one’s
Logos that utters and sustains the whole cosmos through the primordial fire differentiates itself into the many diverse logos, the manifold formative gestures and forms of influence of the Logos, in a sense as its distinct sounds or syllables. Accordingly, the diverse logos are the living developmental principles that stand behind each being and thing in the created world. The Church Father Eusebius of Caesarea wrote as follows in relation to the stoic teaching on fire and the logos spermatikoi: “The first is the fire that contains the logos, as it were as seeds of the universe, the causes of all that has arisen, that arises and will arise.”

Wilhelm Kelber regards the development of the concept of logos spermatikoi as possibly “a completely unique event in the history of human ideas.” But this view may well be based on Kelber’s lack of familiarity with the testimonies of Indian spirituality. I would point here only to what was said in the previous section about the “seven rivers” of the divine Aditi as the “seven words of the Vak,” and the analogy of this to the seven vowels in human speech. The ancient Vedic perspective was further developed in Kashmiri tantraism into the concept of bija mantras, the seed syllables, based especially on the germinal potency of the vowels. Every student of tantra sees the pranava OM (AUM), which we examined earlier, as the first of all these bija mantras. If we take the Vedic roots of authentic tantra as our point of departure, we find there an early teaching of the sacred power of the Word that long precedes the development of the Logos idea in the Mediterranean region from the six to fifth centuries BC.

But we should note another point Kelber makes—that, strikingly, the most important representatives of Stoicism did not come from the Greco-European mainland but, like Heraclitus at Ephesus, from Asia Minor or the eastern islands of the Mediterranean. He sees this as an expression of something alive in the Logos idea that is a last gift of Asia to European culture, and contrasts with the philosophical outlooks of the triumvirate of Socrates, Plato, and Aristotle.

Philo of Alexandria (ca. 20 BC–AD 50), who saw himself, like the Stoics, as following in the footsteps of Heraclitus, was of Jewish descent and at the same time entirely committed to Hellenism. His works, written in Greek, are primarily philosophical exegeses of the Jewish Torah. Philo is exemplary of the increasing synthesis at that time between Judaism and Greek culture. For Philo, the transcendental God, the God of the Pentateuch, or five books of Moses, is in sharp contrast to the world of matter. He sees the Logos, the Word, through which God created the world, as the essential mediator. The creative Logos, logos poi etikos, for its part, comprises countless Dynamis: living powers that must be seen as attributes of God, both as his thoughts and as the servants who fulfill his will. These include angels and demons equally. In Creation they embody structural formulae thanks to which the cosmos can emerge from the chaos of matter. These Dynamis are certainly comparable to the logos spermatikoi of the Stoics. Philo addresses the Logos as the “second God,” or the hyios theou, the “Son of God” who is suspended in a sense between a personally embodied and impersonal cosmic existence. The Alexandrine sees him as having become flesh in all God’s Creation. For Philo, sensory, fleshly existence is, though, a sinful condition: although the human being is the bearer of a Logos whose archetype is the divine Logos, earthly, material existence is initially pernicious for this reflected Logos. To put it another way, “the flesh is the grave of the soul.”

Redemption from this condition is something Philo thinks the soul can attain in ecstasy, through liberation from the body. By this means, mediated by the Logos as eternal wisdom, the soul becomes one with God. Finally we should emphasize one aspect of Philo’s Logos teaching that is significant for understanding of the creative word in general. Philo distinguishes two sides of the Logos, entirely in keeping with the meaning of Logos as the Word: the spiritual and the uttered word. The latter belongs to the sense world because it can be spoken and heard while the first remains latent—it holds itself back in itself, as it were in the ideas of God. As Philo sees it, the Logos in these two aspects connects the divine-spiritual with the material world.

Philo was contemporary with Christ Jesus, who, not so far from Alexandria, in Palestine, taught, healed, underwent crucifixion and resurrection—but it seems he paid no attention to the one whose apostles and disciples soon began to proclaim him as the Word of God become human as God’s Son. Nevertheless, Philo’s work supplied orientation of the first order to a series of Church Fathers in the first centuries of the Christian era, clarifying the idea implicit in the Logos. Later this led to questions in certain quarters as to whether the Logos Christ-anity of, say, Clement of Alexandria or Origenes, in fact derived from the non-Christian works of Philo.

KLAUS J. BRACKER was born in West Berlin in 1956. He is a eurythmist, curative eurythmist, and Waldorf teacher. From 1987 to 2006, he was a Waldorf teacher in Pforzheim and Vaihingen, Germany. Since then, he has worked at a curative pedagogical Waldorf school in northern Germany. As a freelance collaborator of the cultural magazine Novalis, Klaus wrote articles and reviews, including articles on Buddhism and Manichaeism. He has also made numerous contributions to the periodicals Das Goetheanum and Die Drei.
FEATURED NEW BOOKS FOR CHILDREN AND FAMILY

**Easy Wood Carving for Children**  
*Fun Whittling Projects for Adventurous Kids*  
Frank Egholm  
ISBN: 9781782505150  
Paperback, Floris Books  
$14.95  
8¼ x 9 in., 128 pgs, Color

**Charlie’s Magical Carnival**  
*Seasonal Verses, Poems and Songs*  
Marit Törnqvist  
ISBN: 9781855845310  
Paperback, Rudolf Steiner Press  
$20.00  
7¼ x 9¾ in., 78 pgs

**Autumn Songbook**  
*Seasonal Verses, Poems and Songs*  
Eugene Schwartz & Kris Carlson  
ISBN: 9781855845510  
Paperback, Rudolf Steiner Press  
$20.00  
8¼ x 10½ in., 128 pgs, Color

**Findus and the Christmas Tomte**  
*Sven Nordqvist*  
ISBN: 9781907359944  
Hardcover, Hawthorn Press  
$28.00  
7½ x 9½ in., 130 pgs, Color

**Charlie’s Magical Carnival**  
*Marit Törnqvist*  
ISBN: 9781782504603  
Hardcover, Floris Books  
$17.95  
9¼ x 10½ in., 32 pgs, Color

**Charlie’s Magical Carnival**  
*Marit Törnqvist*  
ISBN: 9781782505150  
Paperback, Floris Books  
$14.95  
8¼ x 9 in., 128 pgs, Color

**Santa Claus and the Christmas Surprise**  
*Dorothea Lachner & Maja Dusíková*  
ISBN: 9781782505433  
Hardcover, Floris Books  
$17.95  
8¼ x 11½ in., 28 pgs, Color

**The Garden Adventures of Griswald the Gnome**  
*Daniela Drescher*  
ISBN: 9781782505211  
Hardcover, Floris Books  
$19.95  
7 x 8½ in., 120 pgs, Color

**Goodnight Sandman**  
*Daniela Drescher*  
ISBN: 9781782505259  
Hardcover, Floris Books  
$19.95  
7 x 8½ in., 120 pgs, Color

**The Gerda Muller Seasons Gift Collection**  
*Spring, Summer, Autumn, Winter*  
*Gerda Muller*  
ISBN: 9781782504726  
4 Board Books, Floris Books  
$30.00  
5½ x 6¼ in., 48 pgs, Color

**The House of Lost and Found**  
*Martin Widmark & Emilia Dziubak*  
ISBN: 9781782505426  
Hardcover, Floris Books  
$17.95  
8½ x 11 in., 40 pgs, Color

**How Does My Fruit Grow?**  
*Gerda Muller*  
ISBN: 9781782504726  
Hardcover, Floris Books  
$17.95  
11½ x 10¼ in., 40 pgs, Color

**The Magical Wishing Fish**  
*Loek Koopmans*  
ISBN: 9781782505242  
Hardcover, Floris Books  
$16.95  
8¼ x 10 in., 24 pgs, Color

**My First Snow Children**  
*Sibylle von Offer*  
ISBN: 9781782505235  
Board Book, Floris Books  
$9.95  
6 x 7 in., 12 pgs, Color

Visit steinerbooks.org for the latest and most complete information on our books
Take advantage of our 25% holiday discount—use the code “HOL18” when checking out

**Books for the Holidays and Festivals**

**Findus at Christmas**
Sven Nordqvist  
ISBN: 9781907359057  
Hardcover, Hawthorn Press  
$17.95  
8¼ x 10¼ in., 28 pgs, Color

**The Tomtes’ Christmas Porridge**
Sven Nordqvist  
ISBN: 9780863158247  
Hardcover, Floris Books  
$17.95  
12 x 8½ in., 32 pgs  
Color

**Jonathan’s Journey**
Elizabeth L. Lombardi  
ISBN: 9781621480143  
Hardcover, SteinerBooks  
$17.95  
8¼ x 11¼ in., 32 pgs  
Color

**The Yule Tomte and the Little Rabbits**
Ulf Stark & Eva Eriksson  
ISBN: 9781782501367  
Hardcover, Floris Books  
$24.95  
9¼ x 10¼ in., 104 pgs, Color

**Winter, Awake!**
Linda Kroll & Ruth Lieberherr  
ISBN: 9780880105286  
Paperback, Bell Pond Books  
$11.95  
11 x 8½ in., 32 pgs, Color

**Magic Wool Mermaids, Fairies and Nymphs through the Seasons**
Christine Schäfer  
ISBN: 9781782500384  
Paperback, Floris Books  
$19.95  
8 ¾ x 9 in., 120 pgs, Color

**Making a Nativity Scene**  
Viola Ulke  
ISBN: 9781782501244  
Paperback, Floris Books  
$19.95  
8 ¾ x 9 in., 112 pgs  
200+ Color images, Color

**Festivals in the Southern Hemisphere**  
Martin Samson  
ISBN: 9781782502470  
Paperback, Floris Books  
$24.95  
6 x 9½ in., 256 pgs

**The Christmas Angels**  
Else Wenz-Viëtor  
ISBN: 9780863156625  
Hardcover, Floris Books  
$17.95  
10½ x 8 ¼ in., 32 pgs, Color

**Beautiful Paper Stars**  
Ursula Stiller, Armin Täuber & Gudrun Thiele  
ISBN: 9781782500474  
Paperback, Floris Books  
$24.95  
8¼ x 10½ in., 160 pgs  
300+ Color images

**Magical Window Stars**  
Frédérique Guéret  
ISBN: 9780863154942  
Paperback, Floris Books  
$20.00  
8¼ x 9 in., 96 pgs, Color

**Lara’s First Christmas**  
Alice O. Howell & Maggie Mailer  
ISBN: 9780880105538  
Paperback, Bell Pond  
$9.95  
6½ x 9 in., 48 pgs, b/w images
Stargazers’ Almanac 2019

A Monthly Guide to the Stars and Planets

BOB MIZON

“This Almanac will show you the wonders of the night sky, a sight that is becoming ever more precious with light pollution often masking our view.”

—Bill Bryson, author of A Short History of Nearly Everything

Explore the night skies with this beautifully illustrated monthly guide to the stars and planets. This large-format almanac allows us to step outside and track the planets, locate the Milky Way, recognize the constellations of the zodiac, and watch meteor showers. Offering a beautiful monthly guide to the night skies, the calendar is designed specifically for naked-eye astronomy—no telescope required—making it ideal for beginners, children, and backyard astronomers.

Each monthly chart features two views of the night sky looking north and south, and a visual guide to the phases of the moon and the movements of the planets. The notes include fascinating insights into the science, history, folklore, and myths of the stars and planets.

Stargazers’ Almanac 2018 also features: Advice on how to navigate the night sky • Overhead reference map of the sky • Reference plan of constellations • Glossary of constellations and Latin names • Glossary of brightness of stars • Guide to the signs of the zodiac and how they relate to the stars • Loop and eyelet for hanging and presented in a sturdy cardboard gift envelope.

Stargazers’ Almanac is endorsed by the British Astronomical Association’s Campaign for Dark Skies. The 2019 Almanac also includes an article of interest on celestial events, “Einstein, Eddington, and a Historic Eclipse.”

Stargazers’ Almanac 2019 is suitable for all astronomy enthusiasts throughout the Northern Hemisphere’s temperate (non-tropical) latitudes.

ISBN: 9781782504955 | Wall Calendar | Floris Books | $25.00 | 16¾ x 12 in. | 32 pgs

Elsa Beskow Calendar 2019

ILLUSTRATED BY ELSA BESKOW

Elsa Beskow’s picture books have been known and loved for over a century. This monthly calendar is beautifully illustrated with seasonal artwork from Elsa Beskow’s books. The main US, UK, and Swedish public holidays are marked.

The 2019 calendar includes illustrations from Ollie’s Ski Trip, Thumbelina, Peter and Lotta’s Christmas, Pelle’s New Suit, The Flowers’ Festival, Uncle Blue’s New Boat, Peter in Blueberry Land, The Sun Egg, Christopher’s Garden, Around the Year, Woody Hazel and Little Pip, and Children of the Forest (all published in English by Floris Books).

ELSA BESKOW (1874–1953), born Elsa Maartman in Stockholm, was a pioneering author and illustrator of children’s books in Sweden—perhaps the best-known Swedish children’s book artist. Her books were inspired by her own childhood experiences, as well as those of her six children. Central themes were the relationships between children and adults and children’s independent initiative. Her books are continually reprinted, and many have become classics. She also illustrated ABC books and songbooks for Swedish schools.

ISBN: 9781782504948 | Wall Calendar | Floris Books | $13.95 | 12 x 12 in. | 24 pgs
Moon Gardener’s Almanac 2019

A Lunar Calendar to Help You Get the Best From Your Garden

THÉRÈSE TRÉDOULAT

Here is a practical guide to harnessing the moon’s positive influence over plants and flowers as part of your normal gardening work. This essential monthly guide makes it easy to plan your gardening for the season. Fully illustrated with easy-to-follow diagrams and space for your own notes, The Moon Gardeners’ Almanac will be a welcome addition to any gardener’s shelf.

ISBN: 9781782505181 | paperback | Floris Books | COLOR | $14.95 | 6¼ x 8½ in. | 120 pgs

The Maria Thun Biodynamic Almanac 2019, North American Edition

MATTHIAS THUN

This useful guide shows the optimum days for sowing, pruning, and harvesting various crops, as well as working with bees. It includes Thun’s unique insights, which go above and beyond the standard information presented in some other lunar calendars. It is presented in color with clear symbols and explanations.

The almanac includes a pullout wall chart that can be pinned up in a barn, shed or greenhouse as a handy quick reference.

MATTHIAS THUN is the son of Maria Thun, the biodynamic pioneer who died in 2012. On their farm in Germany, he is continuing Maria Thun’s research into the effects of biodynamic agricultural methods.

ISBN: 9781782504320 | paperback | Floris Books | COLOR | $13.95 | 6 x 9¼ in. | 64 pgs

Stella Natura 2019 Biodynamic Planting Calendar

Planting Charts and Thought-Provoking Essays

SHERRY WILFEUER

As the name suggests, the Calendar offers ways to bring our cultivated plants into a harmonious relation to the Moon, planets and stars through our understanding and timely activity. Its real value comes through the meaning it has for you as readers and gardeners. The thought-provoking articles focus on specific subjects, and yet treat them from a wider perspective. Through the articles and a story we are invited to participate in a renewal of agriculture, which can indeed make the world better.

ISBN: 9780985365882 | Calendar | Floris Books | $16.95 | 9 x 12 in. | 40 pgs

Celestial Planting Calendar 2019

A Farm & Garden Guide to Planting & Harvesting Using Biodynamic and Ancient Practices

EARTH HAVEN LEARNING CENTRE

Based on the unmatched Maria Thun Biodynamic Calendar, this handy little pocket guide tells you which days are optimum wine-drinking days, and which days to avoid if you want to get the most out of your glass. At least two major supermarket chains only do their wine tastings on the best days as indicated by this calendar!

Includes a bonus month, December 2017, to cover the Christmas season.

ISBN: 9780993903571 | paperback | Earth Haven Learning Centre | COLOR | $7.95 | 12 x 9 in. | 36 pgs

When Wine Tastes Best 2019

A Biodynamic Calendar for Wine Drinkers

MATTHIAS THUN

Based on the unmatched Maria Thun Biodynamic Calendar, this handy little pocket guide tells you which days are optimum wine-drinking days, and which days to avoid if you want to get the most out of your glass. At least two major supermarket chains only do their wine tastings on the best days as indicated by this calendar!

Includes a bonus month, December 2017, to cover the Christmas season.

ISBN: 9781782505327 | paperback | Floris Books | COLOR | $7.95 | 4¼ x 5¾ in. | 48 pgs
Staying Connected with SteinerBooks
Join our email list

Would you like news about special offers and information about new books, seminars, and events to come to you directly in your inbox? You can choose which book categories you are interested in. Sign up online: steinerbooks.org

International Distribution

UK, Europe
Floris Books
Telephone: +44-(0)845-370 0067
www.florisbooks.co.uk
orders@booksource.net

Canada
Tri-fold Books
Telephone: 905-727-1117
www.trifoldbooks.com
info@trifoldbooks.com

Rudolf Steiner Press
Telephone: +44-(0)845-370 0063
www.rudolfsteinерpress.com
orders@booksource.net

Australia and New Zealand
Footprint Books Telephone:
02-9997-3973 info@footprint.com.au
www.footprint.com.au

Order by phone: 703.661.1594 FAX orders: 703.661.1501 24-hour secure online orders: www.steinerbooks.org
Email: service@steinerbooks.org Order by mail: SteinerBooks, PO Box 960, Herndon, VA 20172-0960
Business hours: Monday through Friday (except holidays) 9 a.m. to 5 p.m. Eastern Time

SteinerBooks Statement of Purpose

SteinerBooks is a 501 (c) 3 not-for-profit organization, incorporated in New York State since 1928 to promote the progress and welfare of humanity and to increase public awareness of Rudolf Steiner (1861–1925), the Austrian-born polymath writer, lecturer, spiritual scientist, philosopher, cosmologist, educator, psychologist, alchemist, ecologist, Christian mystic, comparative religionist, and evolutionary theorist, who was the creator of Anthroposophy (“human wisdom”) as a path uniting the spiritual in the human being with the spiritual in the universe; and to this end publish and distribute books for adults and children, utilize the electronic media, hold conferences, and engage in similar activities making available his works and exploring themes arising from, and related to, them and the movement that he founded.
Support biodynamics by becoming a member

Thanks to our members, we:

- Train new farmers
- Organize conferences and events
- Offer online biodynamic learning
- Publish the *Biodynamics* journal and books
- Support Bridging the Americas
- Share research
- Foster education through scholarships
- Connect the biodynamic community

Join our community and enjoy these benefits:

- Online member-only educational resources
- Discounts on BDA webinars and events
- Inspiration in the *Biodynamics* journal

biodynamics.com/join