

STEINERbooks

AUTUMN 2021



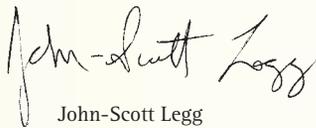
Greetings and Welcome to Readings from the Book of Nature—the Autumn 2021 SteinerBooks Catalog!

It's been a few years since we last printed and mailed a catalog for your perusal, so we guessed it is about time to bring one out again. (Kindly let us know if you'd like to receive extra copies to give away to friends or to display at your school or your place of business.)

What follows are new and soon-to-come titles and a sampling of the many books we publish and distribute, so be sure to visit our website for complete listings, including even more new titles set to be released before the end of the year.

Books are doorways—opening the right one at the right time can help us change our perception of the world for the better, can move us (unexpectedly), can help us find something we were looking for or better realize something we actually already knew, that was on the tip of our tongue somehow, but needed the push of another's articulation to see it more clearly, in a different context, to hear the familiar in a different voice than our own. This is just one of the miraculous ways that human beings help one another—by finding my voice, I can also help you to find yours. This is the allure of all forms of literature and human expression and the reason books (I speak of their essence, what goes into their creation, the outer forms change with time), which only humans can create and comprehend, will endure.

With warm wishes for all you do and create,



John-Scott Legg
Managing Director, SteinerBooks

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THE SUNDAY NEWSLETTER

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KEY: All books in this catalog are paperback unless otherwise indicated.

Reading the Book of Nature

Psychotronics *and a biodynamic garden*

GEORGE KUEPPER

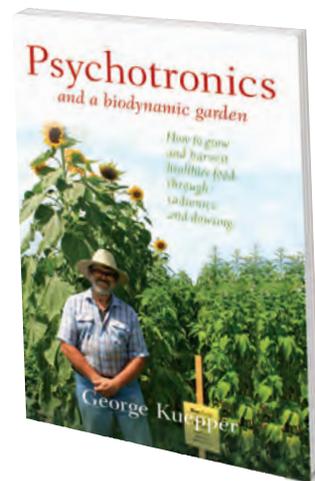
Dowsing and radionics are two practices for interpreting and interacting with the natural world. They nurture the processes of gardening, farming, and landscaping through communicating with the subtle levels of reality.

Nature spirits and other forms of intelligence in nature play major roles. They can be readily contacted and nourished when psychotronic methods are combined with the traditional practices of a biodynamic approach. George Kuepper describes and discusses numerous procedures that he has evolved from decades of working with agricultural radionics and recent discoveries from research in his biodynamic garden.

This guidebook to growing better food is well referenced with numerous illustrations, photographs, tables, and examples. Gardeners and farmers who want to improve their plants and harvests using sustainable methods will find practical help and a feast for thought here.

GEORGE KUEPPER has more than 4 decades of experience in sustainable and organic farming and gardening, and has practiced radionics for well over 3 decades. He is the author of books on radionics as well as many articles on sustainable agriculture and small-scale farming. George lives in rural northwestern Arkansas with his wife Dee and their cat Miss Kitty.

9781938685316 228pp illustrated \$22.00



This is the roadmap I've followed while exploring how psychotronics and biodynamics might be joined in the pursuit of a more sustainable and spiritually conscious agriculture.



Sacred Agriculture

The Alchemy of Biodynamics

DENNIS KLOCEK

A masterly guide to the essence of biodynamic agriculture and the inner means of exploring the ways to read in nature. Based on his lectures to biodynamic gardeners, farmers, and winemakers, Dennis Klocek examines biodynamic agriculture within a structure of Goethean observation, alchemical language, and the classic four elements methods.

9781584201410 256pp \$30.00

Observing Nature's Secrets

Practical Exercises for Perceiving Soul and Spirit

ROGER DRUITT

Clear steps from the everyday vision of the senses to perceiving the subtle life and spiritual forces that shape nature. Roger DrUITT shows how through the method of "anthroposophical phenomenology" we can access the "Individuality" of what is manifested before us.

9781855845466 104pp \$19.00

The Language of Plants

A Guide to the Doctrine of Signatures

JULIA GRAVES

"A brilliant medical herbalist, Julia has created a marvelous resource."—Rosemary Gladstar, herbalist and author

Throughout history, people spoke to nature, and nature spoke back. Reading the Book of Nature was called the doctrine of signatures. With this best-selling book, everyone can learn to read the language of plants in connection with healing.

9781584200987 color illust. 368pp \$40.00

New Eyes for Plants

A Workbook for Observing and Drawing Plants

MARGARET COLQUHOUN

Develop a new way of seeing and understanding nature. Detailed, scientific facts interwoven with artistic observation help you create your own finely observed drawings.

LIMITED STOCK

19781869890858 illustrated 60pp \$30.00

Hidden Nature

The Startling Insights of Viktor Schaubergger

ALICK BARTHOLOMEW

Truly, a hidden gem of a book. Austrian naturalist Viktor Schaubergger (1885–1958) was far ahead of his time. From his own precise observations, he pioneered a completely new understanding of nature that has dramatic implications for how we should work with nature and its resources. His remarkable discoveries are clearly introduced in this book, addressing critical issues such as sick water, ailing forests, climate change, and renewable energy.

Alick Bartholomew (1930–2015) studied geology and geography at the U. of Cambridge and U. of Chicago. He founded Turnstone Press with a vision to reconcile science with a spiritual view of the world and then Gateway Books to introduce scientific paradigms such as a study of crop circles, the scientific evidence for geological catastrophism, and Mae-Wan Ho's critique of genetic engineering. LIMITED STOCK

9780863154324 288pp \$29.95

Q: George, thanks for agreeing to this interview. What drew you to dowsing and radionics, and how would you describe the essential ideas behind them?

I was privileged, in the mid-1980s, to hire-on with an Oklahoma-based foundation whose mission was advancing sustainable agriculture in the eastern part of the state. I had responsibility for developing a model pick-your-own farm with diverse berry and vegetable crops. As a quick-start, the Foundation purchased a nearby 3-acre blueberry patch in its earliest years of development. While it seemed the wise move at that time, what we hadn't recognized were problems emerging from overuse and miss-application of farm chemicals. In defense of the original grower, he faced a number of challenges related to poor, shallow soil and an environment not especially welcoming to blueberries. The only tools he was aware of were agrochemicals and he naturally believed that "more was better."

During that first season, I was able to document virtually every blueberry disease and insect pest to be found in the Ozark growing region, a mere 75 miles to the north. Roughly 10% of the plants died or were so un-thrifty they had to be replaced. The next season was more of the same. Though I enlisted university and industry guidance, their advice was well-intentioned, but not helpful. I tried to bring reduced-chemical and organic practices to bear, but they seemed too little too late.

I was close to abandoning the planting when the universe rushed to the rescue. In a brief period of about three months or so, I began hearing of something called "radionics" from three or four independent sources. I recall my head snapping back each time the topic came up and knew it held something of importance for me. A brief bit of reading on the subject scared the hell out of me. I knew it would be life-changing. But I believed the universe was providing a river of direction and means, and I was meant to go wherever the current took me. So I enrolled in my first radionics training in the summer of 1986.

The class was held on a sugar cane plantation near Mercedes, Texas, just minutes from Brownsville but a day-and-a-half drive from my home in southeastern Oklahoma. When I returned after four days of training, I was quite befuddled and doubtful. I was only able to do a few simple procedures and was not confident in them. I had my



new "black box" instrument, but not much certainty that it would help.

Despite that, I immediately began applying those "few simple procedures." I was amazed to see fast, remarkable improvements. As the season progressed, diseases and pest-infestations rapidly retreated; weed pressure declined; and all the plants took on a much healthier appearance. That year there were no dead or declining plants to replace. Within two years, our yields were competitive with plantings on much better growing sites. I began to apply radionics and dowsing (which is incorporated into the protocols of radionics) to new pick-your-own crops we planted, such as blackberries, and had similar successes.

Q: Many people today would consider dowsing to be "folk wisdom," meaning unscientific, subjective, and even an illusion. Is psychotronics similar in any way to the more traditional method of using a forked dowsing stick?

Let me try to clarify. According to my grasp of the term, psychotronics involves the interaction of the mind (psycho) with physical devices (tronics). Based on this understanding, it (psychotronics) is an umbrella term that encompasses dowsing—where simple tools such as forked sticks, L-shaped rods, and pendulums are used—and radionics, which relies on complex instrumentation. A continuum exists between these two modalities based on the complexity of tools employed. The principles and paradigms, however, are essentially the same.

Q: Does dowsing in this sense require developed intuition, clairvoyance, or some other special capacity?

The vast majority of us are endowed with the talent of intuition. Most also have the physical capability to achieve responses from pendulums, forked sticks, and the "stick plates" used in radionics instruments. These responses are, in fact, the result "ideomotor" activity—very small neuromuscular reactions that are amplified by dowsing and radionics tools.

Of course, there are some who cannot dowse, for example, those suffering certain kinds of brain or nervous system damage, and individuals under the influence of certain drugs or alcohol. However, many who claim they cannot dowse, or do basic radionics, often construct their own barriers to learning. Sometimes those barriers arise for psychological, cultural, or religious reasons. But whatever the reason, denial and doubt are self-reinforcing, and ensure failure at any form of psychotronics without a significant change in attitude or belief system.

That said, we need to recognize that innate intuition, while present in almost all of us, is not evenly distributed. We know that most of us are well-able to paint a bedroom wall; far fewer, however, can provide it with an attractive mural. And only a sprinkling of those with extra talent can paint a valuable, artistic masterpiece to hang there. The analogy goes on to suggest that, as most all of us can do the practical task of painting a wall, most of us can also dowse at some practical level that will be useful and reliable.

Q: Would you briefly describe the basic electronic instrumentation of radionics and how it is used?

Radionics instruments are tools for the mind. They provide an organized procedural means for finding information that we cannot access through reasoning. They do this by clarifying and holding the operator's intentions and, as with dowsing, provide a physical means for finding accurate and precise details through pendulum responses, physical sensations on a smooth rubbing plate, or other means, some of which are similar to those used in biofeedback and polygraph testing. Furthermore, radionics instruments can hold operator intent to provide healing and balance to plants, gardens, and landscapes, as well as to humans and animals—something akin to psychic healing.

Now, what I have just described can also be done using less complex and lower-cost dowsing tools, though it often requires more intense and sustained focus. Instrumentation also provides something

Using psychotronics in a biodynamic garden

JENS JENSEN INTERVIEWS GEORGE KUEPPER

like a psychic firewall that reduces the operator's vulnerability to negative influences and conserves his or her energy.

It is also true that some people simply have more confidence when using instrumentation. I tend to be one of those. But certainly, it is this fascination with the technology that seems to draw so many engineers to radionics.

Q: How can you know that the results obtained from dowsing are "real" and not just self-deception?

Confidence in dowsing and radionics derives largely from practice and the trust that comes with it. However, self-deception is not only possible, but likely when we allow personal prejudices and assumptions to drive the process. Unless the dowser approaches with a truly open mind, he or she might use it to justify racism, social injustice, environmental destruction and other unhealthy ideas and actions.

What I'm saying might appear to suggest that dowsing and radionics are too risky to mess with. Perhaps that's true for some. I, for one, have found psychotronics a fantastic tool for expansion of consciousness and advancing spiritual growth. If you sincerely seek the truth and proper guidance for your life, it should work that way for others as well.

Q: How does one's intent play into the process and results of dowsing?

Focused intent is a requisite for accuracy and precision. Clear intent allows us to resonate with the subject we are studying as well as its specific aspects or qualities. This is the "psycho" part of psychotronics. If we ignore that part, we are simply left with the interesting but useless "tronics" part; we have devices that no longer have utility.

Q: When and why did you take up biodynamic methods for gardening?

Years before venturing into psychotronics, I learned of biodynamics, from organic farmers in the upper Midwest. I went on to read an array of pamphlets and articles

on it; I even began Steiner's "Agriculture Course." Unfortunately, I just wasn't prepared for the metaphysical concepts. So, while I remained curious, I largely shelved any efforts to understand BD for quite some time. It wasn't until I was well into radionics that I began to grasp what biodynamics might be about and resumed looking more closely at it.

My professional work enabled me to toy a bit with the more mystical practices of BD. I found synchronizing horticultural practices with celestial phenomena very useful, especially for fertilization and mowing operations.

It wasn't until I approached retirement around 2015 that I immersed myself into biodynamic practice on my own property in northwest Arkansas. I set out with the objective of discovering ways in which psychotronics could aid biodynamic farming and gardening. This is ongoing work for me, and centers on my one-quarter acre garden. It's not always a pretty site as I'm also experimenting with organic no-till methods and other practices that make the place appear more unkempt than it is.

Q: Do beings such as elementals, devas, and so on have a role in psychotronics?

Like biodynamics, I played with the concepts and practices for communicating with nature's "intelligences" for years, not really understanding their roles or their relevance to what I was doing with organics and psychotronics. I began with the writings of Machaelle Small Wright of Perelandra Garden and continue to follow her guidance. I strongly recommend her work to others. As with BD, my early efforts in this area were just as confusing and not terribly successful. Again, I really didn't understand the essentials. While I still make my share of mistakes these days, the situation is vastly different. I've found real harmony and great satisfaction in working with devas and nature spirits.

As for the specific matter of psychotronics and its relationship with nature

beings: One can practice dowsing and radionics without intentional acknowledgement of their existence or the roles they play in the natural world. Though I consider the information about devas and elementals the most important topic of my book, I present things in such a way that readers can draw upon psychotronics without focusing on nature beings at all, should they so choose. In my opinion, however, they are missing out on something truly beautiful.



Psychotronics is actually quite utilitarian; it can easily be adapted to different gardening and farming philosophies and approaches. As an early student of agricultural radionics, I was taught concepts associated with Carey Reams' "Biological Theory of Ionization." Reams' theory formed the basic structure in which I and others used psychotronics to determine what to do with the crop, what to apply to the soil, and when to do these things. Simultaneously, however, teachers and researchers elsewhere were using radionics to guide BD practices, organics more generally, Albrecht theory, and even conventional farming with agrochemicals. I am choosing to use psychotronics with biodynamics because through BD I'm discovering a coherent and spiritual understanding of nature that welcomes the knowledge of the conventional sciences, while selecting only technologies that are life-affirming.

"The whole hive is really pervaded by the life of love. The individual bees relinquish love but develop it instead throughout the hive. And so we start to understand bee existence when we recognize that the bee lives in an atmosphere that is entirely imbued with love."

—RUDOLF STEINER

The Genius of Bees and the Elemental Beings

How the Spiritual World Works through Bees for Nature and Humanity

RALF ROESSNER

Translated by Michael Williams

"The most important task of the bees, apart from the preparation of honey, wax and propolis, is the healing of the atmosphere! The honeybee, alone, is able to perform this task."

Ralf Roessner, a passionate beekeeper and biodynamic farmer, presents an extraordinary commentary based on his own spiritual-scientific research and experience. He studies the mission of the genius of bees, the hexagonal structure of "the crystalline heaven" within which the bees operate and heal the world through their work. He also speaks of his personal experiences building the organic "earth hive," giving instructions on how they are made, and offers practical, tested advice on tackling the Varroa mite.

RALF ROESSNER is author of *The Light Root* and has been working for 20 years in water research.

9781912230037 60pp \$14.00

The Secrets of Bees

An Insider's Guide to the Life of Honeybees

MICHAEL WEILER

How many bee-hours went into your jar of honey? What do the dances of the honeybee mean? Why do bees swarm? This new edition of a classic book on the life of bees, written by a master biodynamic beekeeper, is a thorough study from exploring their life cycle and development to revealing their societies and behavior.

9781782505808 illustrated 160pp \$17.95

Sensitive Beekeeping

Practicing Vulnerability and Nonviolence with Your Backyard Beehive

JACK BRESSETTE-MILLS

"Sensitive Beekeeping" means beekeeping without a veil, in harmony with the bees; beekeeping for the sake of the bee instead of profit; and learning to care for bees through our own observation and sensitivity for the beehive. For the past 18 years Jack Brette-Mills has tended bees, both in his backyard and helping others to care for bees. He shows how anyone with a backyard can care for a beehive, and in the process learn from the bees how to become more self-aware and sensitive to the living world around us.

9781584209935 140pp \$15.00

Bees

RUDOLF STEINER

8 Lect., Dornach, 11. 26.1923–12. 22.1923 (CW 351)

Introduction by Gunther Hauk

Afterword by David Adams

These are Rudolf Steiner's original lectures in 1923 that predicted the dire state of today's honeybees. From vivid descriptions of the daily activities of bees to elevated esoterics, Steiner's spiritual insights show the unconscious wisdom of the beehive and its connection to our health, culture, and the cosmos.

David Adams' afterword, "From Queen Bee to Social Sculpture: The Artistic Alchemy of Joseph Beuys" adds a whole new dimension to these lectures. The internationally famous artist, teacher, and art theorist was strongly influenced by these lectures, and they played an important role in his sculptures, drawings, installations, and performance art. (See p. 21 for books on the art of Joseph Beuys.)

9780880104579 240pp \$25.00

The Spiritual Foundations of Beekeeping

IWER THOR LORENZEN

This hidden treasure of a book has never before appeared in English. It is essential reading for the future of the honeybee and of humanity.

Iwer Thor Lorenzen (1895–1976) describes not only the natural treatment of bee diseases and practical beekeeping techniques, but also the ancient origins of the honeybee and subtle spiritual concepts such as the bee colony as an "individuality" and "group soul." In this enrichment of the knowledge and practice of bees and beekeeping, new depth and wisdom to our relationship with all of nature can be found.

9781906999988 98pp \$15.00

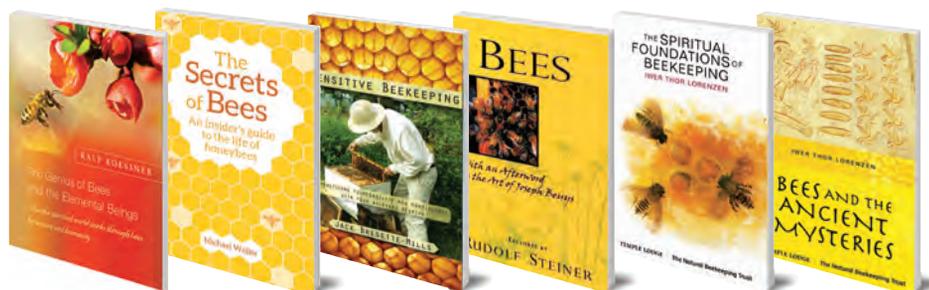
Bees and the Ancient Mysteries

IWER THOR LORENZEN

In this extraordinary book, Lorenzen begins with a discussion of flowers and insects, exploring their common origins. He then describes the beginnings of the honeybee in the ancient past, in the Logos mysteries that were based at the temple of Artemis in Ephesus, where priestesses were known as "Melissas" (honeybees), and priests "Essenes" (bee kings). Breeding the honeybee from the fig wasp—a sacred deed performed at these consecrated sanctuaries—was part of the Fig-tree mysteries. The initiates behind this task developed the ability to commune with the bees' group soul and to work consciously on the mutual development of the hive and humanity.

This rich work features an illuminating foreword by Heidi Herrmann of the Natural Beekeeping Trust and an introduction by translator Paul King that explains the anthroposophic concepts in the text.

9781912230198 76pp \$15.00





"A butterfly is a flower blossom lifted into the air by light and cosmic forces."
 –RUDOLF STEINER

Toward Saving the Honeybee

GUNTHER HAUK

Gunther Hauk brings forty years of experience as a biodynamic beekeeper, gardener, and farmer to this new and expanded edition of his original pioneering text. Answering pertinent current questions and offering a straightforward basis for thinking of the honeybee crisis in a different way, he provides the ground for taking sound, holistic action.

Gunther Hauk cofounded the Pfeiffer Center, one of the first biodynamic training programs in the US and has taught around the world. In 2006, Gunther and his wife Vivian founded Spikenard Farm and Honeybee Sanctuary in Virginia (spikenardfarm.org). His work was featured in two full-length documentary films about the honeybee crisis: *Queen of the Sun* and *Vanishing of the Bees*. He produced his own educational film, *Hour of Decision*, in 2015.

9780997756302 144pp \$18.95

The World of Bees

RUDOLF STEINER

Translated by Matthew Barton

Editor Martin Dettli, a highly respected, internationally recognized beekeeper, brings his own deep commentaries to Rudolf Steiner's seminal bee lectures, with relevant passages about bees from throughout Steiner's Collected Works, placing them within the context of beekeeping today. This new anthology features chapters on the origins of bees, human beings and beekeeping, the organism of the hive, the social qualities of bees and their relationship with wasps and ants and plants and elemental beings, the efficacy of honey, and about bee venom as well as scientific aspects, such as silica and formic acid processes, and a critique of modern beekeeping.

9781855845404 200pp \$20.00

Biodynamic Beekeeping

A Sustainable Way to Keep Happy, Healthy Bees

MATTHIAS THUN

Translated by David Heaf

This comprehensive book offers detailed practical advice on how to care for bees using biodynamic theories and methods.

By considering the influence of star and planetary movements on the natural habits of bees, this approach enables beekeepers to become more attuned to their bees, indicating, for example, the best days to inspect colonies and to gather honey.

Matthias Thun (1948–2020) was an international expert on biodynamic beekeeping for over 50 years. He had a Masters degree in Beekeeping and lectured at biodynamic conferences and training seminars internationally.

9781782506744 illustrated 192pp \$24.95

Global Hive

What the Bee Crisis Teaches Us About Building a Sustainable World

HORST KORNBERGER

In a world all too familiar with environmental disasters, Horst Kornberger shows that the bee crisis is a more significant problem than deforestation, pollution and global warming put together: it points to the causes behind all these issues.

More than a study of bees, this book offers both an entirely new way of thinking about the bee crisis and its causes, and a way to learn from the crisis in order to explore the wider social and ecological contexts.

9781782505693 144pp \$24.95

Butterflies

Beings of Light

RUDOLF STEINER

Butterflies develop from and through light; they radiate "something even better than sunlight—they shine spirit light out into the cosmos." Truly poetic and deeply esoteric, all the lectures by Rudolf Steiner about the being of butterflies are gathered here, along with an in-depth introduction on the stages of butterfly metamorphosis.

9781855843752 88pp \$16.00

Learning to Experience the Etheric World

Empathy, the After-Image and a New Social Ethic

BARUCH LUKE URIELI; HANS MÜLLER-WIEDEMANN

This is a highly valuable resource for inner development, for learning to become conscious within the etheric realm, and the beginnings of spiritual insight. LIMITED STOCK

9781902636009 112pp \$19.95

The Etheric

Broadening Science through Anthroposophy:

Volume 1: The World of the Ethers

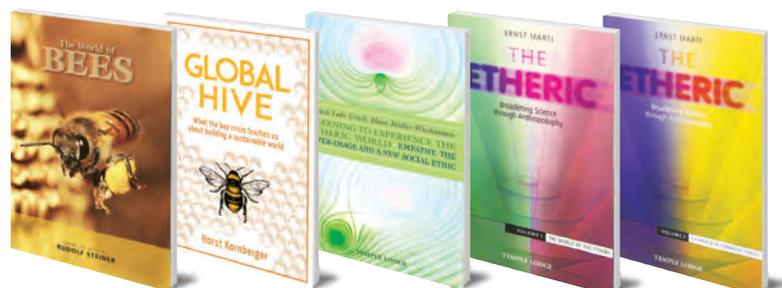
Volume 2: The World of Formative Forces

ERNST MARTI

A truly exceptional work. Ita Wegman entrusted Dr. Ernst Marti (1903–1985) to research etheric forces, to which he then devoted his whole life. With Steiner's indications as his starting point, he developed a sweeping picture of the etheric world—from the theory of knowledge to the natural world, music, color, eurythmy, medicine, and bridging ancient-to-present-to-future of both the natural and spiritual sciences.

(Vol. 1) 9781912230051 112pp \$16.00

(Vol. 2) 9781912230136 116pp \$19.00



"Gardening is an active participaton in the mysteries of the universe."

– THOMAS BERRY

Biodynamic Farming and Gardening

Renewal and Preservation of Soil Fertility
ERENFRIED PFEIFFER

Since 1938, this detailed, comprehensive book remains a foundational text for the serious biodynamic farmer or gardener. Erenfried Pfeiffer lays out the essential principles and practices for a successful biodynamic farm, backed by scientific data and his own experience as a farmer and researcher.

Soil qualities, compost, crop rotation, best planting practices, how to use biodynamic preparations and sprays, and much more, are thoroughly discussed.

Dr. Ehrenfried E. Pfeiffer (1899–1961) worked closely with Rudolf Steiner to test and document many of the effects of biodynamic practices. He was awarded a doctorate for his groundbreaking theory of Sensitive Crystallization Processes as a blood test for detecting cancer. In 1940, he immigrated to the U.S., where he pioneered biodynamic agriculture and helped establish the Biodynamic Farming & Gardening Association.

9781938685293 228pp \$22

Vegetable Gardening

for Organic and Biodynamic Growers
Home and Market Gardeners
JOEL MORROW

Biographies of 76 vegetables with detailed accounts of how to grow them, their climate of origin, their transformation over time, and their nutritional and therapeutic potential

Written over a period of 30 years of "interviews," this perennially useful, delightfully readable gardening book is an intimate guide to perceiving a vegetable as "a work of art, a journey, a rite of passage into the natural world."

9781584201670 400pp \$35.00

Biodynamic Wine Growing

Understanding the Vine and Its Rhythms
JEAN-MICHEL FLORIN, ED.

Translated by Bernard Jarman

Biodynamic viticulture is about understanding the nature of vines and their relationship to the environment. Biodynamic wine expert Jean-Michel Florin has gathered contributions from biodynamic viticulturists to create a beautiful, full-color book that is both a celebration of sustainable wine growing and an valuable guide to the future of wine cultivation.

Jean-Michel Florin is the coordinator of the French biodynamic movement and co-leader of the Biodynamic Section at the Goetheanum in Switzerland. He writes, lectures and gives training courses in many countries on biodynamics and Goethean science.

9781782506690 240pp \$35.00

The Biodynamic Orchard Book

EHRENFRIED PFEIFFER & MICHAEL MALTAS

This book brings together the best advice for cultivating fruit trees, berries and shrubs using biodynamic methods.

Ehrenfried Pfeiffer discusses the principles of tree biology and the measures that can be taken to develop a pest-free orchard without the use of chemicals, including soil preparation, the selection of trees for planting, issues of transplanting and pruning, the application of pastes, green cover crops, and pest control.

Michael Maltas ran fruit tree experiments on his biodynamic farm in Missouri for four years. The results are recorded in a highly practical annual spraying schedule for orchards, included in this book. A month-by-month calendar gives information on specific methods and controls.

9781782500018 104pp \$16.95

The Light Root

Nutrition of the Future: A Spiritual–Scientific Study

RALF ROESSNER

"This plant is the only one that is in a position to store light ether; this will be indispensable for people in the future." –Rudolf Steiner

Koberwitz, Whitsun 1924: Rudolf Steiner had just completed his momentous lecture course on biodynamic agriculture when he was approached by two of his pupils with an urgent question: Would his new indications be sufficient to provide nutrition appropriate to the times and in accordance with the spirit? Steiner's surprising response was "no," even in the most favorable circumstances, but what should be done is to cultivate *Dioscorea batatas* in Europe so that it could take over from the potato as the staple diet.

Having successfully cultivated "light root" after many years of trials, biodynamic farmer Ralf Roessner answers practical questions and gives introductory materials that reveal the plant's being and spiritual mission.

9781906999636 48pp \$16.00

What Is Biodynamics?

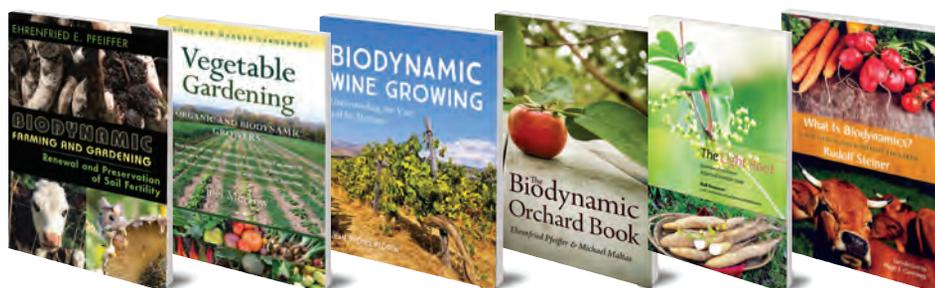
A Way to Heal and Revitalize the Earth
RUDOLF STEINER

Introduction by Hugh Courtney

This book collects seven seminal lectures—four on developing a spiritual perception of nature and three from Rudolf Steiner's Agriculture Course, on the classic biodynamic preparations.

Hugh Courtney (1932–2020) a grandmaster of biodynamics and founder of the Josephine Porter Institute for Applied Biodynamics contributes an informative, passionate, and visionary introduction.

9780880105408 200pp \$20.00



"When we pay attention to nature's music, we find that everything on the Earth contributes to its harmony."

—HAZRAT INAYAT KHAN

Gardening as a Sacred Art

Towards the Redemption of our Relationship with Nature

JEREMY NAYDLER

"Challenges the gardener in us to work as an artist and experience the sacred presence around us by becoming creatively engaged with the hidden formative forces of Nature."

—Network Review

"An exceptionally well-referenced, delightfully illustrated and informative work." —New View

In this profound and inspiring book, Jeremy Naydler, PhD, British philosopher, cultural historian and gardener, presents a history of consciousness through the history of gardening in which he sees the study of past cultures, which were more open to the world of spirit than our predominantly secular culture, as relevant both to understanding our situation today and to finding pathways into the future.

.9781912230778 color Illustr. 120pp \$25.00

Spiritual Ecology

Reading the Book of Nature and Reconnecting with the World

RUDOLF STEINER

Selected extracts from writings and lectures with commentary and notes by Matthew Barton

As we face increasingly alarming environmental challenges, how can we respond if we wish to take a broader, spiritual view of these events?

Rudolf Steiner offers us a new, conscious equilibrium with nature as an integral part of the evolving creation from which we arise.

In these extracts, he discusses perception, the Earth, water, plants, animals, insects, agriculture, and natural catastrophes and offers spiritual insight on the future of the Earth and humanity.

9781855842045 256pp \$26.00

Planet Ocean

Our Mysterious Connections to Water

MICHEL ODENT

Our evolution and the evolution of the oceans—particularly the fluctuations of sea levels—are inseparable. In this fascinating, interdisciplinary study, Michel Odent demonstrates our manifold relationship to water and its relevance to our everyday life that steers us toward a radically new vision of human nature.

MICHEL ODENT, MD, created the Primal Health Research database (primalhealthresearch.com).

9781912992270 140pp \$21.00

Energizing Water

Flowform Technology and the Power of Nature

JOCHEN SCHWUCHOW; JOHN WILKES

"Full of scientific observations and a celebration of the beauty and wonder of water."

—Kathleen Askew, *Permaculture*

This story of the research into energetic water quality follows the pioneering work of George Adams and John Wilkes from the 1960s. Their invention of "flowform" technology in 1970 provided the world with one of the first modern biomimicry eco-technologies.

9781855842403 illustrated 128pp \$29.00

Sensitive Chaos

Creation of Flowing Forms in Water and Air

THEODOR SCHWENK

This stunning, visually told story of movement in water and air was included in the original 1968 counterculture classic the *Whole Earth Catalog*.

"So movingly and well told is his tale that you will not want to put the book down until the end." —James Lovelock, author of *Novacene: The Coming Age of Hyperintelligence* (MIT)

9781855843943 illustrated 288pp \$38.00

Eco-Geography

What We See When We Look at Landscapes

ANDREAS SUCHANTKE

"Simply a brilliant book. This book ranks as one of the best in reading the language of Nature."

—John Todd, President of Ocean Arks International

Whether you travel across the country or just to your everyday work, you pass landscapes along the way. What do you really see as you look around?

Andreas Suchantke, biologist, science teacher, attentive traveler, shows you new ways to experience the world wherever you go by recounting in detailed and telling observations some of the most fascinating landscapes on Earth. His approach is based on precise observation that is recreated in an active act of imagination so that Nature is experienced as a form of meaning, a language. *The practical use of the imagination is thus an ecological activity.*

With this book as your guide you can learn to really see, instead of just looking at, what is around you.

9780940262997 illustrated 272pp \$24.95

An Electronic Silent Spring

Facing the Dangers and Creating Safe Limits

KATIE SINGER

"A must-read." —Sally Fallon Morell, President, The Weston A. Price Foundation

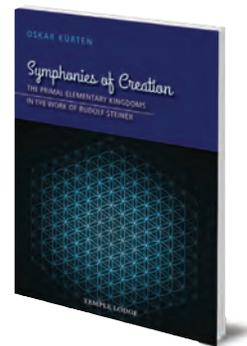
"With brilliant clarity, An Electric Silent Spring shows how radiation emitted by our beloved electronic devices can cause biological harm. It describes the steps that individuals, manufacturers and policy makers can take to reduce emissions and our exposure. Because these issues matter to every parent, teacher and technology user, everyone needs to read this book." —Frank Clegg, former President of Microsoft Canada, founding CEO of Canadians for Safe Technology

9781938685088 310pp \$18.00



“No true understanding of the world is possible without an understanding of the elementary kingdoms.”

—OSKAR KÜRTE



The Enchanted Garden

Conscious Gardening with the Fae and Nature's Elementals

ZORAH CHOLMONDELEY

“The ENCHANTED GARDEN will help you transform your garden into a sacred portal of elemental communication. It’s full of practices, rituals, and a directory of nature spirits you can connect with, to activate peace and magic in your life.”

—George Lizos, *Lightworker Gotta Work*

Healer and clairvoyant Zorah Cholmondeley revolutionizes the way we can see our gardens and the natural world. She portrays fairy history, and explains how to create a garden for the fairies and how to use crystals in the garden. She also describes the significance of weather, the Moon, and the seasonal festivals, and passes on communications from the spirit beings of many plants and trees.

9781912992287 142pp \$24.00

School of the Elemental Beings

KARSTEN MASSEI

Illustrations by Franziska van der Geest

“Know your environment!” Following Karsten Massei’s sensitive communications with elemental beings, you can begin with this book.

Karsten brings a powerful, direct call from the invisible beings that surround us always and everywhere with clear descriptions for how we can begin to awaken to the reality of Life. The elemental beings have much that they wish to teach us, this book is their gift to us.

In her paintings, Franziska van der Geest captures the astral and etheric movements related to places and landscapes. The images that are created contain messages for human beings and express the wishes of the beings connected with each location.

9781621481454 128pp \$18.00

Nature Spirits of the Trees and What They Want to Tell Us

Messages from the Beings of the Trees

VERENA STAËL VON HOLSTEIN

Edited by Wolfgang Weirauch
Translated by Matthew Barton

In this new volume, the nature spirits of the trees, which in many ways are most similar to human beings, speak to us. The tree spirits of sweet cherry, rowan, elm, oak, and more, respond to all kinds of questions, such as their roles in the landscape, their specific shapes, problems that affect them in particular, and urgent issues such as climate change that are relevant to all beings on earth. These fascinating interviews disclose many beautiful and often challenging insights.

978912992102 280pp \$17.00

Nature Spirits and What They Say

Messages from Elemental and Nature Beings

VERENA STAËL VON HOLSTEIN

Ed. by Wolfgang Weirauch; Transl. by Brian Stevens

Through her remarkable clairvoyant abilities, Verena has learned to communicate with elemental and nature beings. She receives answers spiritually in the form of patterns, ideas, and sometimes images, and then translates them into human concepts. Here she reports on her astonishing conversations with 17 nature spirits: spirits of fire, air, water, and stone; beings of glass, silver, salt, paper; and even spirits of our homes. They reveal secrets of the cosmos and tell of humankind’s past and future. They speak about their work with nature and their surprising views on the environment, natural disasters, good and evil, love, and redemption.

9781912992089 238pp \$17.00

Symphonies of Creation

The Primal Elementary Kingdoms in the Work of Rudolf Steiner

OSKAR LAMBERT KÜRTE, PHD,

A newly found treasure of spiritual-scientific research, this is a magnificent overview of the physical and metaphysical development of the world and humanity.

Dr. Kürten traces the beginnings of creation—an unformed “thought seed” in the elementary kingdoms, elaborated by hierarchical beings at all levels, through the planes of the spiritual, soul, and physical worlds—to the manifold and evolving aspects of human beings. What emerges is a picture of astonishing complexity and beauty, in which every spiritual being connected with the Earth, from the highest to the lowest, works together in symphonic harmony.

Even if you have studied anthroposophy for decades, this book offers startling and fresh insights.

9781912230204 124pp \$24.00

Nature Spirits: The Remembrance

A Guide to the Elemental Kingdom

SUSAN RAVEN

“A very important piece of research for all students of spiritual science, however advanced they may be.” —Star and Furrow

This guide to the world of elemental beings features insightful testimony from Rudolf Steiner and other seers, showing how the future of humanity as well as the Earth may depend on our positive and reciprocal relationship.

Susan Raven investigates the accelerated, evolutionary wave of consciousness pulsing into Earth now to help us forge a new link with the elemental beings. From her experiences, she describes their activities and gives meditations and exercises to prepare us for meeting with them.

9781905570379 176pp \$25.00



"Through the current Earth Changes we are approaching the threshold of a unique cosmic portal. It offers to everyone the freedom to decide what one's own personal and, consequently, the global future will be like."

—MARKO POGACNIK



Sacred Geography

Geomancy: Co-creating the Earth Cosmos
This is the essential text for understanding the vital work of sacred geometry called geomancy. It includes more than 170 practical examples from different parts of the world. The text, drawings, and exercises explain the methods of pluri-dimensional perception, so that you are encouraged and supported to explore and develop your own experiences of the geomantic phenomena presented in the book.

9781584200543 illustrated 248pp \$20.00

The Universe of the Human Body

With Gaia Touch Body Exercises

Using his experience in exploring the landscape through geomantic work, Marko approaches the human body with a similar kind of multidimensional perception. Decoding the human body in the context of what he calls Gaia's Earthly Cosmos, he shows us how to consciously enter your own body space to experience it from inside and to activate your potentials to prepare your body to meet the challenges of the coming changes.

As a practical guide as well as a theoretical introduction to the universe of the human body, the concepts in the book are complemented with exercises that were inspired by the elementals and other beings of many sacred places on the Earth. The exercises are a combination of imaginations and body movements in the form of body "cosmograms," which is a universal language that can be perceived by other beings of the Earth and cosmos. Practicing the exercises will stimulate personal development in a way that enables you to become a conscious co-creator with Gaia of the new emerging reality that will touch all levels of Life on the Earth.

9781584209867 illustrated 258pp \$20.00

Gaia's Quantum Leap

A Guide to Living through the Coming Earth Changes

"I sense dreams to be messages from a parallel world dimension where the causes of events are rooted, which later emerge on the level of everyday life." – Marko Pogacnik

As individuals and as a civilization, we are being drawn into a cosmic event whose breadth and depth we can hardly imagine. We are facing a fundamental change in the environment that enables the further evolution of nature and humankind on the Earth. A unique self-healing process that will enable "earthspace" to receive a completely new quality has already been set into motion. One thing is certain: our inner development is decisive in building the coming multidimensional consciousness. This must become part of our everyday reality.

Marko Pogacnik uses his deep psychic sensitivity to help us understand and attune to the self-healing process of Earth change. Recalling his dramatic dreams with drawings and commentary to craft a way for us through these deep changes, he brings the essential remedies, insights, and exercises that will help you adapt and survive, and that will help Gaia bring forth her true self.

9781584200895 228pp \$20.00

Marko Pogacnik is a visiting professor at Columbia University, New York. He is a UNESCO Artist for Peace and a UNO Goodwill Ambassador (with his third mandate 2020–2022). Trained as a sculptor at the Academy of Fine Arts in Ljubljana, he has worked worldwide for decades to promote multidimensional ways of ecological healing. In the mid-1980s, Marko developed a method of Earth healing, "lithopuncture" (similar to acupuncture), using stone pillars positioned on acupuncture points of the landscape. markopogacnik.com

Dancing with the Earth Changes

A Guide through the Challenges of the Twenty-first Century

"In this guide I am making an alternative path through the rather complicated situations ahead, following a different approach based on the wisdom and power of love."

– Chapter 6, Listen to the voice of your inner self and speak with the voice of your heart

It is increasingly evident that the dramatic consequences of the Earth's process of change can no longer be avoided. In Marko Pogacnik's new book *Dancing with the Earth Changes* he offers a way of moving with the ongoing Earth Changes in a creative way that supports the intent of Gaia, the guiding force behind our planetary transformation. His innovative forms of meditation and Gaia Touch body exercises are the tools that are urgently needed now to meet the challenges of the twenty-first century.

This new book by Marko is a workbook, and if you work with it, *Dancing with the Earth Changes* will truly and surely guide you through the perilous times ahead. Filled with the real dreams and drawings of its author, with hope and heart, beautiful and serious, practical and specific.

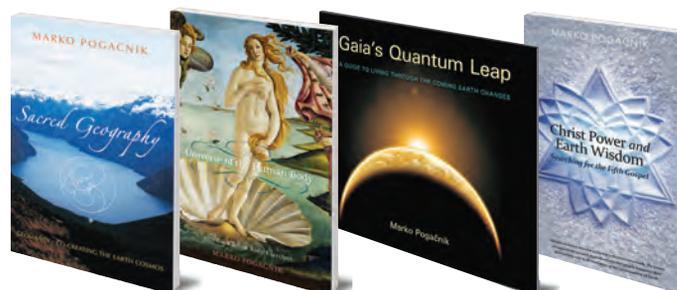
9781584209461 illustrated 184pp \$20.00

Christ Power and Earth Wisdom

Searching for the Fifth Gospel

In this important book, Marko Pogacnik describes his discovery of a "Fifth Gospel," woven invisibly into the four canonical Gospels. Bringing together knowledge of the elemental beings, Earth science, and Christ, he deciphers the hidden, holistic messages in Christ's teachings that enables us to gain an understanding of the multilayered reality of those teachings and a broader spiritual perception of our present reality.

978912992102 280pp \$17.00



“The ultimate goal would be to grasp that everything in the realm of fact is already theory . . . Let’s not look for something behind the phenomena –they themselves are the theory.”

– GOETHE, about his scientific pursuits

The Mutual Evolution of Earth and Humanity

DANKMAR BOSSE

Translated by Frank Fawcett

This epic work of Dankmar Bosse, German geologist, paleontologist and mineralogist, deeply explores core topics of natural science, such as human and animal evolution in the history of the earth, the process of rock formation, and the forming of the earth’s crust and development of its landscapes.

With special topics that include the time-concept in relation to the earth’s history, geologic and anthroposophic time scales, Goethe’s geologic experiences, the Life-sphere of the earth according to Rudolf Steiner, the biodynamic horn silica preparation, and teaching geology in schools, as well as an index and an extensive bibliography.

With beautiful color illustrations and precise, elegant translation, this outstanding work is essential for understanding how life on earth, and the earth itself, got to this point.

9781584209843 hc fully illustrated with drawings and color photographs 528pp \$65.00

Metamorphosis

Evolution in Action

ANDREAS SUCHANTKE

Translated by Norman Skillen

This master work by Swiss biologist, zoologist, and “freelance ecologist” Andreas Suchantke offers an astonishing and deeply meaningful understanding of organic life. It is the result of a lifetime of biological research to penetrate through the phenomena to the formative principles that have shaped them in order to see evolution as a dynamic process of metamorphosis that unfolds on a far more fundamental level than Darwin’s natural selection. Clearly, engagingly written and beautifully illustrated.

9780932776396 hc 190 drawings and color illustrations 336pp \$50.00

Taking Appearance Seriously

The Dynamic Way of Seeing in Goethe and European Thought

HENRI BORTOFT

“Henri Bortoft is one of the world’s foremost experts on Goethean science. Here he articulates a new history and philosophy of science that highlights process rather than product. This is a seminal text that deserves the widest audience.”

—David Lorimer, Scientific and Medical Network

“A rare philosophical work of both outstanding quality and immense practicality, written to guide the reader into experiencing a radically aware way of thinking and comprehending our complex world which is as applicable in the creative arts and business world as it is in science.”—Simon Robinson, Ecologist

Expanding on his previous book, *The Wholeness of Nature*, Henri Bortoft here guides the reader through a dynamic way of seeing that explores issues of how we distinguish things, how we find meaning, and the relationship between thought and words.

9780863159275 208pp \$29.95

The Wholeness of Nature

Goethe’s Way toward a Science of Conscious Participation in Nature

HENRI BORTOFT

The first, the classic text on Goethean participatory science by Henri Bortoft.

“If I were asked to recommend one book on Goethe ... it would be this book.”

—Evan Thompson, coauthor, *The Embodied Mind*

“Bortoft shows how the contemporary impulse for a participatory science can be realized.

What’s more, the book is beautifully written.”

—Brian Goodwin, *How the Leopard Changed Its Spots*

9780940262799 424pp \$35.00 LIMITED STOCK

Rainbows, Halos, Dawn and Dusk

The Appearance of Color in the Atmosphere and Goethe’s Theory of Colors

JOHANNES KÜHL

Translated by Norman Skillen and Laura Liska

Following the holistic phenomenological method developed by Goethe in his theory of colors, this book bridges human experience and the physics of atmospheric colors. The descriptions unfold our experience of the color phenomena as scientific insights become clear.

This book introduces Goethe’s phenomenological science through natural phenomena; for teachers looking for new ways to present optics lessons and anyone who wishes to deepen their relationship to color.

9780932776488 182pp \$30.00

The Marriage of Sense and Thought

Imaginative Participation in Science

STEPHEN EDELGLASS, GEORGE MAIER, HANS GEBERT

“Likely to change many readers’ comprehension of science.”—Arthur Zajonc, author of *Meditation as Contemplative Inquiry: When Knowing Becomes Love*

“In this brilliant book, the authors build a fascinating bridge between science and the world of the senses, one that holds great promise for overcoming the fragmentation and alienation that is so characteristic of our time.”—Fritjof Capra, *The Tao of Physics*

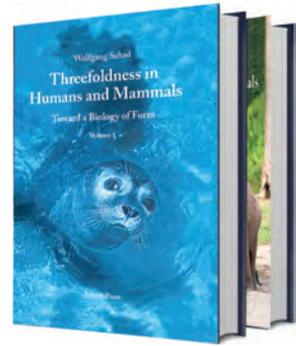
If we systematically imagine a world in which human beings don’t exist, we will eventually create a world in which they cannot exist.

9781584201069 160pp \$18.00



"You take all of Nature together to shed light on individual details; in the totality of her phenomena, you seek to explain the individual. From simple levels of organization, you ascend to the more complex, ultimately assembling the most complex of all—the human being."

—FRIEDRICH SCHILLER, in a letter to Goethe



Seeing the Animal Whole And Why It Matters

CRAIG HOLDREGE

This book is about a different way of seeing and relating to nature. It leads to a groundbreaking understanding of animal development and evolution as creative processes in which the animals are active participants. The further evolution of life on earth depends largely on human activity, and this book shows a way to learn from nature's living qualities so we may further, rather than disrupt, the health of the planet. *And that matters.*

In vivid portrayals of nine different animals, Craig Holdrege shows how all of an animal's features are interconnected and a revelation of the animal as a whole. At the same time, every animal intersects with and influences in dynamic ways the larger environment. With the animals themselves as his guide, he avoids the pitfalls of both mechanistic and anthropomorphic perspectives that not only skew our conception of animals, but can also lead to their mistreatment.

Craig Holdrege, Ph.D., is an author, lecturer, teacher, and co-founder and director of The Nature Institute, Ghent, NY.

9781584209034 224pp \$25.00

The Redemption of the Animals Their Evolution, Their Inner Life, and Our Future Together

DOUGLAS SLOAN

From the beginning of creation, humans and animals have been united in deep kinship. The loss of this human–animal connection has resulted in immense animal suffering. This book presents Rudolf Steiner's vision of the ultimate redemption of the animals and what our responsibility is in making it happen.

9781584201946 352pp \$25.00

Thinking Like a Plant

A Living Science for Life

CRAIG HOLDREGE

While it is easy to talk about new paradigms and to critique our current state of affairs, it is not so easy to move beyond the status quo. This book is crafted as a practical guide to developing a life-infused way of interacting with the world.

When we slow down, turn our attention to plants, study them carefully, and consciously internalize the way they live, a transformation begins. Our thinking becomes more fluid and dynamic; we realize how we are embedded in the world; we become sensitive and responsive to the contexts we meet; and we learn to thrive within a changing world. These are the qualities our culture needs in order to develop a more sustainable, life-supporting relation to our environment.

9781584201434 224pp \$25.00

Nature's Open Secret

Introductions to Goethe's Scientific Writings (CW1)

RUDOLF STEINER

Essay by John Barnes: "Participatory Science As the Basis for a Healing Culture"

The holistic paradigm, Gaia, and deep ecology all have a hidden ancestor: J. W. von Goethe.

At the age of 21, Rudolf Steiner was chosen to edit Goethe's scientific writings; it was Steiner's task to understand and comment on Goethe's scientific achievements, and here began Steiner's own training in epistemology and spiritual science.

Goethe had discovered how thinking could be applied to organic nature and that this experience requires not just rational concepts but a whole new way of perceiving. With a fundamental declaration of the interpenetration of our consciousness and the world around us, Steiner shows how Goethe's approach points the way to a more compassionate and intimate involvement with nature.

9780880107150 320pp \$30.00

Threefoldness in Humans and Mammals

Towards a Biology of Form

WOLFGANG SCHAD

Translated by Catherine Creeger

The result of over 50 years of research, this monumental work demonstrates in detail how the dynamic concept of the threefold organism as first described by Rudolf Steiner is a key to understanding the extraordinary diversity of our closest animal relatives. It brings deep awareness of the intimate reciprocal relationship between humans and mammals that leads to a profound empathy for our animal brothers and sisters.

VOLUME 1 is a comprehensive description of the threefold human organism. It lays the foundation for an in-depth study of familiar groups of mammals and their intimate relationship with their natural environment. VOLUME 2 begins with studies of the primitive mammals, returning to the theme of human threefoldness in the final chapter. Thus, the balanced threefoldness of the human organism is contrasted with its diverse though one-sided expressions in the mammals.

WOLFGANG SCHAD was head of the Evolutionary Biology and Morphology Department at the Witten/Herdecke University until retiring in 2005.

9780932776648 HC/2-volume set, color photos and drawings 228pp/each vol. \$125

The Perennial Alternative

Episodes in the Reception of Goethe's Scientific Work

FREDERICK AMRINE

An insightful collection of essays on the current reception of Goethe's scientific work and how it relates to the new paradigm of emergence and to contemporary thinkers, as well as essays on the work of contemporary Goethean scientists Jochen Bockemühl, Michael Wilson, and Wolfgang Schad.

9780932776655 286pp \$20.00



Signs of the Times

"Human beings need to transform creative energies for the future into forces of the present; for this is what is demanded from us today—to confront the immediate reality of the present in an utterly true and unprejudiced way."

—RUDOLF STEINER

Perspectives and Initiatives in the Times of Coronavirus

THE SCHOOL OF SPIRITUAL SCIENCE

Foreword by Ueli Hurter, co-head of the Agriculture Section at the Goetheanum, and Justus Wittich, member of the Executive Council of the General Anthroposophical Society

Each Section of The School of Spiritual Science at the Goetheanum in Dornach contributes to this book, which offers deep insights and practical approaches to tackling the challenges of Coronavirus through spiritual-scientific knowledge and practice.

9781855845800 182pp \$18.00

The Coronavirus Pandemic Anthroposophical Perspectives

JUDITH VON HALLE

What entities stand behind the virus?; Why and how does it affect human beings?; What measures can be taken for prevention and therapy?; What possibilities does it offer for personal development?

Revealing unexpected perspectives to the COVID-19 pandemic, Judith von Halle gives shattering insights for humankind's future development. *We must respond in a radically transformative way if the present pandemic is not to be the first in a series of many catastrophes.*

Judith van Halle also tackles controversial issues related to government lockdowns and protest movements, and how they point to urgent questions of individual freedom and how they relate to the central event of our time—an event that remains largely unknown.

9781912230549 118pp \$19.00

Reading the Pictures of the Apocalypse

RUDOLF STEINER

Notes from 16 lectures, Munich and Oslo, Apr. 22, 1907–May 21, 1909 (CW 104a); 1 lecture in Paris, June 14, 1906 (CW 94)

These are Rudolf Steiner's masterful account of the meaning of the most esoteric book in the Bible. They instruct a practice and inner training in reading the signs of the times, so that we can prepare responsibly and in full consciousness to meet the challenges that humanity is facing now and in the future.

In aphoristic, intense sections, Steiner surveys the sweep of world history on a cosmic scale and shows how the human soul will evolve and change through the present and coming great conflagrations.

9781621482581 144pp \$16.95

The Karma of Untruthfulness

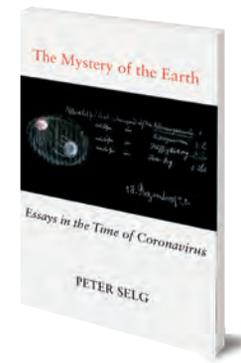
Volume 1 (CW 173) — Secret Societies, the Media, and Preparations for the Great War

Introduction by Terry M. Boardman

RUDOLF STEINER

These lectures have much to teach us about today's political spin, media distortions, propaganda and downright lies. Rudolf Steiner's methodological approach penetrates the smokescreen of accusations and counterclaims, illusions and lies, surrounding World War I. From behind this fog and under the guise of outer events, the true spiritual struggle is revealed. Steiner's words give us a deeper understanding of the politics and world conflicts that confront us today through the filter of popular media.

9781855841864 336pp \$29.00



The Mystery of the Earth

Essays in the Time of Coronavirus

PETER SELG

In this collection of profound essays on the medical, sociopolitical, and spiritual dimensions of the Covid crisis, Peter Selg gives a clear orientation and a path of exploration.

Contents include: The Mystery of the Earth; Where Are the Sources of Life to Be Found?; Perspectives on Epidemic Infectious Diseases in the Work of Rudolf Steiner; Appendices: the Fifth Gospel; "The Mystery of the Earth" by Ita Wegman

9781621482567 152pp \$17.00

The Appearance of Christ in the Etheric

Spiritual-Scientific Aspects of the Second Coming

SERGEI O. PROKOFIEFF

Sergei Prokofieff discusses themes of crucial importance: preparation for the Second Coming; working with Christ as Lord of Karma; the spiritual language to connect with the etheric Christ today; forging a strong relationship with Michael and recognizing the adversarial forces attempting to falsify Christ's Second Coming.

9781906999322 168pp \$35.00

The Incarnation of Ahriman

The Embodiment of Evil on Earth

RUDOLF STEINER

Translation revised by Matthew Barton

Rudolf Steiner spoke directly of Ahriman's incarnation only 6 times in over 6,000 lectures, describing him as an actual, living spiritual entity who works to embed human beings firmly into their physicality with materialistic attitudes and a dry intellect.

In this collection of extraordinary lectures, Steiner speaks about the actual incarnation of Ahriman on Earth and the potential consequences of this event.

9781855841789 128pp \$19.00



A Road to Sacred Creation

Rudolf Steiner's Perspectives on Technology

RUDOLF STEINER

Edited by Gary Lamb, co-director of the Center for Social Research, Hawthorne Valley, NY.

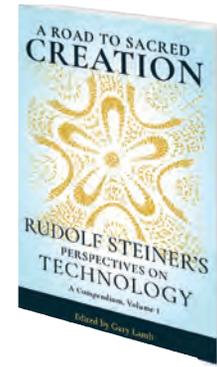
"What Rudolf Steiner had to say about technology is here crystallized into a profound, accessible, and digestible form. Gary Lamb's contextual notes are a helpful guide in understanding one of the most morally complicated topics of our time—what is at play in the intimate interrelationships of the human being, the reality of the spiritual world, and technology." —John Bloom, General Secretary, Anthroposophical Society in America

"A solid reference to all who want to create a better future in the turbulent decades of the 21st century." —Nicanor Perlas

Illuminating, compelling, challenging, this is the definitive text for gaining a hold on Rudolf Steiner's nuanced perspectives on technology.

The relevant concepts, ideas, and insights of Rudolf Steiner are deftly brought into sequence and dialogue by Gary Lamb. They reveal how the work to arrive at a more spiritually imbued technological future not only involves all domains and fields of spiritual science and anthroposophical work, but has its origins in the very core of our being and is fundamentally entwined with our moral progress toward freedom and selfless love.

9781621482611 392pp \$35.00



"This is a deeply important volume to take in and ponder. The challenges we will face in the coming decades surrounding all questions of technology will require a strong and refined sense of discernment. Each of us will need to make independent decisions that will not remain only in the realm of opinion and beliefs but will also influence our actions in daily life."

—Rachel Schneider, Institute for Mindful Agriculture

The Electronic Doppelgänger

The Mystery of the Double in the Age of the Internet

7 lectures, St. Gallen, Zurich, and Dornach, Nov. 6–25, 1917, from GA 178

RUDOLF STEINER

In these lectures, with commentary and notes by Andreas Neider, Rudolf Steiner addresses a topic that he would never speak of again—the secret of the Doppelgänger (Double). He discusses this being in the wider context of historic occult events relating to the spirits of darkness and the specific brotherhoods that seek to keep such knowledge secret in order to spread materialism.

9781855845251 164pp \$19.50

Secret Brotherhoods

And the Mystery of the Human Double

7 lect., St. Gallen, Zurich, Dornach, Nov. 6–25, 1917

RUDOLF STEINER

Introduction by Terry M. Boardman

Rudolf Steiner takes us behind events in outer history to reveal the plan of the secret elitist brotherhoods. From the contents: the geographic nature of the American continent and the forces that arise from it; the nature of the double and the dangers of psychoanalysis; the spiritual origin of electromagnetism; abuse of inoculations and vaccination; experiencing Christ in the etheric.

9781855841628 240pp \$26.00

In the Shadow of the Machine

The Prehistory of the Computer and the Evolution of Consciousness

JEREMY NAYDLER

"A brilliant and penetrating study. His book is a spiritual beacon reminding us that our essence transcends the material and the mechanical."

—David Lorimer, Paradigm Explorer

This meticulous study shows the emergence of the computer within the wider context of the evolution of human consciousness over millennia, illuminating an increasingly urgent question that concerns every person today: What distinguishes us from machines?

9781912230143 392pp \$34.00

Demons and Healing

The Reality of the Demonic Threat and the Doppelgänger in the Light of Anthroposophy: Demonology, Christology and Medicine

ARE THORESEN

Are Thoresen perceives demons and other spiritual beings as clearly as we see one another. Through his therapeutic work, Thoresen has learned that one cannot simply "fight" demons, as they merely "translocate" to others or return later on. The most effective way to counteract malign entities is to learn to dissolve them through the boundless love of the Christ-being.

9781912230181 168pp \$24.00

The Struggle for a Human Future

5G, Augmented Reality, and the Internet of Things

JEREMY NAYDLER

As we enter a new era of extreme technology—driven by a momentum that seems beyond the constraint of any spiritual or moral consideration—both human beings and nature face an unprecedented challenge: New technologies are bringing about an ever-closer union between human beings and machines, while transforming our planet into an increasingly hybrid "cyber-physical" world.

Jeremy Naydler shows us a grounding from which we can work toward a truly human future by reaffirming essential human values and recovering a sacred view of the natural world.

9781912230433 146pp \$19.00

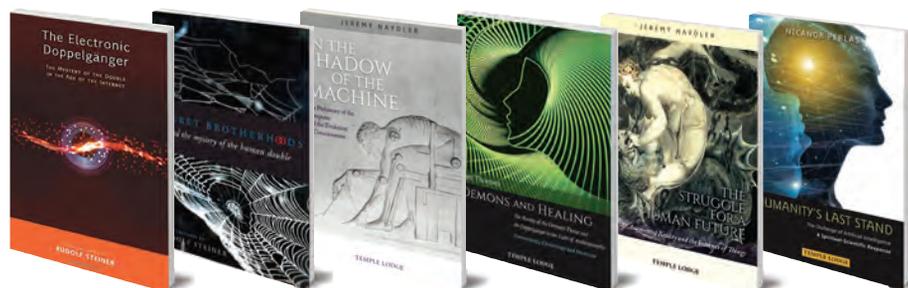
Humanity's Last Stand

The Challenge of Artificial Intelligence: A Spiritual-Scientific Response

NICANOR PERLAS

Beginning with an overview of the AI phenomenon and its related transhuman concepts, Nicanor Perlas describes the precise challenges they present to us and the critical internal and external responses needed to meet them consciously.

9781912230174 244pp \$28.00



Renewal through the Arts

Literature • Speaking and Drama • Music • Visual Arts and Artists

American Heralds of the Spirit

Melville, Whitman, Emerson
JOHN FENTRESS GARDNER

The Founding Fathers are well known in history for building the economic and political foundations of America. But for John Fentress Gardner, it was not until the following generation that the revolutionary principles of American cultural and spiritual life were laid down. Herman Melville, Walt Whitman, and Ralph Waldo Emerson, three iconic heralds, spoke powerfully, eloquently for the Spirit as it lives in America. They were, with uncanny directness, the prophets of America today.

In this illuminating book, a crystalline framework is given for understanding the deepest spiritual, philosophical, and practical implications of what these heralds proposed for their country.

John Fentress Gardner (1912–1998) directed the Waldorf Institute with Adelphi University. He was founding chairman of both the Council for Educational Freedom in America and the Myrin Institute.

9781584209072 320pp \$30.00

Homage to Pythagoras

Rediscovering Sacred Science

CHRISTOPHER BAMFORD, KEITH CRITCHLOW,
ROBERT LAWLOR, ANNE MACAULAY,
KATHLEEN RAINE, ARTHUR ZAJONC

"If they ever put together a new Library of Alexandria, HOMAGE TO PYTHAGORAS should be required reading."
—John Anthony West, author of *The Serpent in the Sky: The High Wisdom of Ancient Egypt*

This superb collection of essential writings by authors at the leading edge of the sacred sciences today provides a major addition to the field of Pythagorean studies and traditional mathematics. Each chapter—scholarly homages to the Pythagorean perspective—confirms the continuing interest in Pythagoras' philosophy as a living reality.

9781584209096 256pp \$30.00

Archetypal Imagination

Glimpses of the Gods in Life and Art
NOEL COBB

Introduction by Thomas Moore

"Cobb's book chops up the deady wooden ideas of psychotherapy at the end of its overly long century." – James Hillman, author of *The Soul's Code*

This book is a look at the way archetypal structures of consciousness inhabit and inform our culture, and hence our souls. Noel Cobb guides us to look at the world as a record of the soul's struggles to awaken, as the soul's poetry; so here it is the artists and mystics of the Western tradition – Dante, Rilke, Munch, Lorca, Schumann, Tarkovsky – who illumine the meaning of love, death, and beauty.

Noel Cobb (1938–2015), philosopher, Jungian analyst and author, co-founded The London Convivium for Archetypal Studies.

9781584209089 304pp \$30.00

Goethe's *Faust* in the Light of Anthroposophy

Spiritual–Scientific Commentaries on
Goethe's *Faust*

13 lectures, Dornach and Prague, Sept. 30, 1916–Jan. 19, 1919 (CW 273) with excerpts from various texts and two poems by Goethe

RUDOLF STEINER

Introduction by Frederick Amrine
Translated by Burley Channer

Steiner contributed to the scholarship on *Faust* by opening new aesthetic perspectives; by revealing the centrality of Greek Mystery religion within the archetypal unconscious of *Faust*; and by exploring an alchemical transformation of consciousness. Steiner also helps us in this book to see the Neoplatonic *Faust*, the Hermetic *Faust*, the archetypal *Faust*—in short, the esoteric *Faust*.

9781621480914 470pp \$35.00

Unveiling the Mystery of Dante

An Esoteric Understanding of Dante and
His Divine Comedy

ERIC BISBOCCI

Eric Bisbocci's unique study examines the Divine Comedy in relation to the evolution of consciousness and explores Dante's connection to the Knights Templar, the Fedeli d'amore, and other esoteric movements in his eternal quest for Divine Wisdom (Sophia). By analyzing the poetry of Dante and the Fedeli d'amore, Bisbocci discovers a "secret language" and the transmission of sacred knowledge hidden within the lyrics.

All of this culminates with a magnificent in-depth analysis of the Divine Comedy, canto by canto (based on the threefold nature of the human being as outlined by Rudolf Steiner), in which he shows how it can be imagined in such a way that it provides a blueprint whereby you can find your own ways to configure any work of art imaginatively to better understand its relation to your own life.

Eric Bisbocci has studied anthroposophy for more than thirty-five years. He received an advanced degree in Romance languages and has translated several extraordinary, original works by the Italian anthroposophist Massimo Scaligero (available from SteinerBooks).

9781584209713 608pp \$50.00

Shakespeare

Becoming Human

RUDOLF STEINER

In these lectures, collected, edited, and with a fulgent, extensive introduction by Andrew Wolpert, Rudolf Steiner opens new insights into the Bard's work, describing the ongoing Life that flows from it and the profound spiritual origins of his inspirations.

Throughout these lectures Steiner shows us how Shakespeare can vitalize our contemporary ideals toward our goal of becoming fully human.

9781855845244 94pp \$15.00



The Alchemical Wedding

Christian Rosenkreutz, the Initiate of Misunderstanding

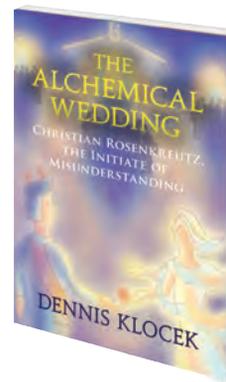
DENNIS KLOCEK

The classic text of 1616, *The Chemical Wedding of Christian Rosenkreutz* is one of the key manifestos of the Rosicrucians and the alchemists in general. Filled with alchemical metaphors, coded words, and images, it tells the story of Christian Rosenkreutz's attendance at the "chemical wedding" of a king and queen in a mysterious castle.

In this book, Dennis Klocek describes the profound meaning behind the surprising happenings at the seven-day event, which is the "initiation" of Christian Rosenkreutz. Each chapter is devoted to one of the seven days, with an overview, followed by fresh translations of the original text illuminated by Klocek's comprehensive and unique commentaries.

Dennis Klocek, teacher, researcher, artist, gardener, and alchemist, is director of the Consciousness Studies Program ("Goethean Studies") at Rudolf Steiner College in CA. He founded the Coros Institute to teach and promote dialogue experiences based on esoteric wisdom. His other books include *Sacred Agriculture: The Alchemy of Biodynamics*; *Climate: Soul of the Earth*; and *The Seer's Handbook*. Visit: dennisklocek.com.

9781584209218 228pp \$27.95



"Misunderstanding and the feeling of uncertainty that not-knowing produces in the soul is exactly the challenge Christian Rosenkreutz faces again and again.... Yet, the compassionate healing force of patience arises somehow from misunderstanding." (from the Introduction)

The Spirit of the English Language

A Practical Guide for Poets, Teachers & Students

JOHN WULSIN

John Wulsin is a poet interested in the spirit and evolution of our language. He traces the many changes in how English has sounded over the past 13 centuries and shows how those changes are related to the evolution of human consciousness in Western, English-speaking peoples.

Wulsin describes the evolving activity of poetry, beginning with Beowulf to the nineteenth century's "primal/modern" language of Gerard Manley Hopkins and the diamond-distilled language of Emily Dickinson. We see how the very sounds of English have changed the ways in which poets express themselves, and, more important, how sound works and changes our human consciousness.

9781584200635 400pp \$35.00

Romantic Religion

A Study of Owen Barfield, C.S. Lewis, Charles Williams, and J.R.R. Tolkien

R. J. REILLY

This was the first study to examine in depth the theological and philosophical implications of the work of the remarkable group of writers now known as the Inklings. When it was first published 35 years ago, this deeply perceptive book about the four brilliant Oxford friends was soon treasured as the best book on their circle of writer-philosophers. In the new preface, Reilly considers the changing reputations of the four writers and their relevance for today's world.

9781584200475 220pp \$25.00

Book of the Heart

The Poetics, Letters and Life of John Keats

ANDRÉS RODRÍGUEZ

John Keats stands as a prophetic precursor behind much in today's radical attempts at cultural and self-transformation. His Letters is one of the most inspiring spiritual documents of the West.

Book of the Heart goes to the core of Keats' poetical practice of life, uncovering the path of knowledge that the Letters reveal. Rodríguez, himself a poet and a scholar, presents Keats as a hero of the heart, whose deep life experience oriented him in a unique way toward the world of love, suffering, death, and creativity.

9780940262577 240pp \$16.95

The Speech of the Grail

A Journey toward Speaking that Heals & Transforms

LINDA SUSSMAN

Foreword by Robert Sardello

Storyteller and ceremonialist Linda Sussman explores a new way to speak, one that heals and transforms. She takes for her guide Wolfram von Eschenbach's epic tale of the Grail, showing how it depicts a path of initiation toward healing speech—to "doing the truth" in word and action. A beautiful retelling of Wolfram von Eschenbach's epic tale of the Grail shows a path toward the recovery of the proper relationship with our own imperfections in which male and female aspects work together to overcome evil.

9780940262690 296pp \$24.95

A Way of Seeing

Perception, Imagination, and Poetry

JOHN ALLISON

This beautifully written book by Australian poet John Allison shows how your own ordinary imagination can be intensified to become an organ of cognition—a path of development to real knowing.

Drawing on William Shakespeare, William Blake, Samuel Taylor Coleridge, John Keats, Johann Wolfgang von Goethe, Novalis, John Ruskin, Gerard Manley Hopkins, Rainer Maria Rilke, and Octavio Paz, he demonstrates how poetry—poetic knowing and seeing—can reveal aspects of the world invisible to science by giving examples of how poets have actually developed and practiced the kind of deep seeing that "image work" involves.

9781584200123 160pp \$16.95

Zanoni

A Rosicrucian Tale

SIR EDWARD BULWER-LYTTON

Writer, scholar, and an active member of Parliament, Sir Edward (1803-1873) was a successful author whose writings were widely read throughout England and Europe. He poured into this esoteric work all of the ancient esoteric wisdom that he felt he could reveal to the public during an age buried deeply in materialism. This work remains one of the great, pioneering landmarks of esoteric writing.

9780833400178 416pp \$35.00



"Unlike all the other art forms, film is able to seize and render the passage of time ... I'd say that film is the sculpting of time."

– ANDREI TARKOVSKY



The Source of Speech

Word, Language, and the Origin of Speech: From Indology to Anthroposophy

HERMAN BECKH

Translated by Alan Stott

Hermann Beckh's lectures on language provide a brilliant and penetrating discussion of the origins and evolution of speech, based on his professional knowledge of Tibetan, Sanskrit, and Pali; fluency in another 6 ancient languages and 9 modern language; and a deep understanding of anthroposophy. These articles were written during the early period of his work. They include an unprecedented study of Steiner's relationship to Sanskrit and Buddhist spirituality; an exploration of the 6 Hebrew words forming Genesis 1:3; the origins of language; Indian philosophies; the names of the Divine in sacred texts; and essays that examine speech sounds, especially those of Sanskrit and classical Hebrew.

9781912230372 246pp \$22.00

One Language

Source of All Tongues

ARNOLD WADLER

What was the source of our original unity—the one language from which we were separated? Inspired by a pamphlet on the origin of language by Hermann Beckh and by his study of Rudolf Steiner's works, Dr. Arnold Wadler began 30 years of research into the tongues of various human families. Here, he lifts the veil of mystery from pre-Columbus America and reveals its place in the developing life of human beings on the earth. Based on language and custom, ancient America can be seen as the key to the question of the common primeval tongue of humanity and modern civilization. Dr. Wadler's understanding of history, religion, art, and the science of language places this book among the classics of spiritual scientific literature.

9781584200468 324pp \$29.95

Tongues of Flame

A Meta-Historical Approach to Drama
The Actor of the Future Vol. 1

DAWN LANGMAN

9781912230303 268pp \$35.00

Word Made Flesh

The Actor of the Future, Vol. 2

DAWN LANGMAN

9781912230365 438pp \$33.00

See also by Dawn Langman:

The Art of Speech

Body - Soul - Spirit - Word: A Practical and Spiritual Guide

9781906999650 324pp \$45.00

The Art of Acting

Body - Soul - Spirit - Word: A Practical and Spiritual Guide

9781906999599 324pp \$44.00

Speaking, Listening, Understanding

The Art of Creating Conscious Conversation

HEINZ ZIMMERMANN

Starting from the artistic aspects of conversation—language and consciousness—Heinz Zimmermann uses examples and anecdotes drawn from many years of his own experience to show what can go wrong and why. Through a step-by-step guide to the processes involved in conversation—speaking, listening, and understanding—he shows what kinds of practices can strengthen the group processes that facilitate creative conversation.

9780940262751 128pp \$16.95

The Future Art of Cinema

Rudolf Steiner's Vision

RETO ANDREA SAVOLDELLI

In R.A. Savoldelli's sweeping survey of cinema and film, based on practical experience (he was once the enfant terrible of Swiss cinema) and years of contemplation and study, he discusses the historical development of cinema, focusing particularly on science fiction (from Star Wars to The Matrix) and influential filmmakers such as Rohmer, Tarkovsky, and Pasolini.

As a scholar of anthroposophy, Savoldelli provides a comprehensive assessment of Rudolf Steiner's attitude toward film and examines the art of film to which he aspired.

In addition to frequenting the silent cinema of his time, Steiner commented on the newly introduced artform in lectures, letters, and private discussions. Savoldelli examines these statements as well as Steiner's attempt to produce a film on the theme of reincarnation and karma and his explorations with Jan Stuten of "light-show art."

He includes Steiner's warnings about a technocratic form of civilization that aims to destroy humanity and about the proposal of a film based on Rudolf Steiner's Fifth Gospel.

Includes eight pages of color plates.

Reto Andrea Savoldelli is a Swiss director and actor. He trained in eurythmy at the Goetheanum; from 1981, he developed Gideon Spicker Verlag, and today heads Das Seminar-Sozialästhetische Schulungsstätte in Basel.

9781912230402 color plates 164pp \$22.00

Eurythmy as Visible Speech

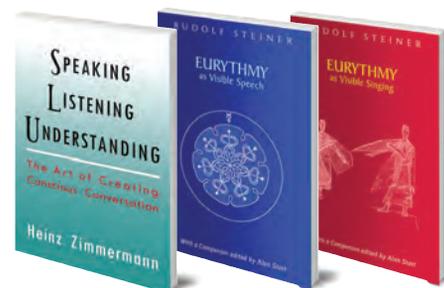
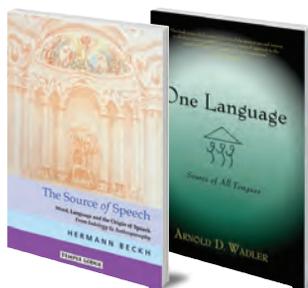
RUDOLF STEINER (CW 279)

9781855845688 384pp \$29.00

Eurythmy as Visible Singing

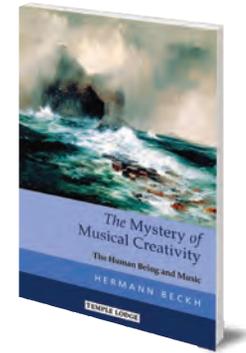
RUDOLF STEINER (CW 278)

9781855845671 534pp \$33.00



“Our neurosensory system is inwardly configured music, and we experience music as an artistic quality to the degree that a piece of music is in tune with the mystery of our own musical structure.”

– RUDOLF STEINER



Human Hearing and the Reality of Music

ARMIN J. HUSEMANN

*What takes hold of me when I experience music?
What reality touches me when music is playing?
What happens physiologically in the human body when we experience and make music?*

From 1915 to 1918, Rudolf Steiner developed a physiology of artistic imagination based on the movement of the cerebrospinal fluid during respiration. Dr. Husemann relates this spiritual research to the findings of natural scientific research, showing how hearing is a sensory activity that encompasses far more than processes in the ear and brain; that the whole body is involved. He also discusses the relationship between music and chemistry: music is "chemistry from the inside."

9781621480488 136pp \$25.00

The Harmony of the Human Body

Musical Principles in Human Physiology
ARMIN J. HUSEMANN

Dr. Armin Husemann applies musical principles as a way to understand the structure of the human body and the forces that affect it. He utilizes our experience of music to explain physiological and anatomical relationships within the body, while illuminating the spiritual influences that determine physical development.

Drawing on artistic exercises established by Rudolf Steiner for developing a better understanding of these influences, Dr. Husemann explores the cosmic origins of human beings and the evolutionary laws that govern our development.

LIMITED STOCK

9780863153808 256pp \$50.00

The Inner Nature of Music and the Experience of Tone

RUDOLF STEINER

7 lectures in various cities, December 3, 1906 – March 16, 1923 (from CW 283)

Edited by Alice Wulsin; Trans. by Maria St. Goar
"A tone is at the foundation of everything in the physical world."— Rudolf Steiner

In these singular lectures Rudolf Steiner explains why music affects our soul so powerfully: it is the only art form whose archetype lies purely in the spiritual world. Music thus directly expresses through tones the innermost essence of the cosmos. Our sense of wellbeing when we hear music comes from a recognition of our soul's experience in the spiritual world.

Steiner also discusses our experience of musical intervals and how it has undergone profound changes during the course of evolution; the religious effects of music in ancient times and the union of music with speech; as well as the origin of musical instruments out of imaginations that accompanied singing. New insights are offered on the nature of the major and minor modes and on future directions of musical development.

9780880100748 108pp \$15.95

Music

Mystery, Art and the Human Being
RUDOLF STEINER

Commentary and notes by Michael Kurtz
"The true nature of music, the spiritual element in music, is found between the tones, in the intervals, as an inaudible quality."—R. Steiner

This is a unique anthology of Rudolf Steiner's descriptions of the realm of spiritually resonating harmonies of the spheres and our intrinsic connection to that cosmic music, the phenomenon of musical listening and experience, and Goethe's approach to music.

9781855845268 196pp \$19.50

The Mystery of Musical Creativity

The Human Being and Music
HERMANN BECKH

Abridged by Michael Stott and Alan Stott
Lost for decades, Herman Beckh's final lectures on music are published here for the first time. Founded on his direct spiritual perception of music, he gives fundamentally new insights into music's comic origins and the nature and source of human creativity and inspiration.

In addition to the transcripts of fifteen lectures, this book contains an informative introduction and editorial footnotes, as well as Beckh's essay "The Mystery of the Night in Wagner and Novalis" and Donald Francis Tovey's "Wagnerian harmony and the evolution of the Tristan-chord".

9781912230389 172pp \$20.00

Mozart

His Musical Style and His Role in the Development of Human Consciousness
BRIEN MASTERS

When Brien Masters was first introduced to the idea that human consciousness has been evolving over the centuries and millennia, he discovered the possibility of gaining insight into this phenomenon by examining the musical styles of various classical composers. Following years of musical study and practice, in Mozart's music he detected a reflection of humanity's emerging consciousness of selfhood and individuality.

By analyzing Mozart's compositions, he shows how the principles of the "I" are particularly evident in his music.

Relevant musical scores are included.

9781902636818 160pp \$27.00



“The most beautiful thing we can experience is the mysterious. It is the source of all true art and science.”

— ALBERT EINSTEIN

The Unknown Hieronymus Bosch

KURT FALK

Introduction by Robert Sardello

“Bosch’s paintings become a whole new way of questioning—of questing—not in order to find an answer or solve a problem, but as a way of developing the inner capacity of letting things speak for themselves. Working with this book develops the spiritual quest of listening. Listening is fundamental to any spiritual practice, but it is even more so to the spiritual path depicted by Hieronymus Bosch.” — Robert Sardello

Bosch scholar Kurt Falk has written a book that holds the possibility of altering altogether how we appreciate art. He teaches us how to see paintings in an entirely new way through which we can enter a conscious relationship with the deepest and highest unknown aspects and capacities of ourselves. Illustrated in full color.

9781556437595 large format 136pp \$29.95

The Isenheim Altarpiece

History – Interpretation – Background

MICHAEL SCHUBERT

The Isenheim Altarpiece in Colmar, Alsace, is one of the most important monumental works of Western art. For over 500 years it has been known as a powerful medium for healing, but its origin and theological and esoteric content and intent have remained shrouded in mystery.

Michael Schubert has been researching Mathias Grünewald and the Isenheim Altarpiece since 1975. In this resplendently illustrated book, he gives a comprehensive, absorbing account of the history, meaning, and background of the altarpiece, with astute new interpretations that fundamentally alter previous perspectives.

Included are 200+ color reproductions and in-depth visual analyses.

9781621482093 hc large format 176pp \$68.00

Healing Madonnas

Exploring the sequence of Madonna images created by Rudolf Steiner and Felix Peipers for use in therapy and meditation

CHRISTOPHER BAMFORD

In 1908, Rudolf Steiner described certain healing functions of the Isis Mysteries and the spiritual links between ancient Egypt and our time. He connected the Madonna Mary as the evolutionary metamorphosis of Isis, focusing on Raphael’s visionary image of her in the Sistine Madonna.

This lovely book explores a little-known example of Steiner’s effort to bring in a practical way a contemporary embodiment of this ancient wisdom.

Christopher Bamford gives the background and a way to work with the sequence of fifteen images of the Madonna, which were intended originally for contemplation in a clinical setting as a new form of therapy for those suffering soul wounds.

Also discussed are: divine feminine Wisdom, the Holy Mother, the origin of the Madonna sequence, the etheric body and the sequence, and Rudolf Steiner’s healing mission.

9781584209898 illustrated 160pp \$17.95

The Figure of Christ

Rudolf Steiner and the Spiritual Intention behind the Goetheanum’s Central Work of Art
PETER SELG

Translated by Matthew Barton

Steiner described a core purpose of anthropology to be a preparation for Christ’s etheric reappearance. The Christ he sculpted was not the possession of a specific community with a religious worldview, but a being active in all of humanity and, thus, “a figure of the future.”

In this focused and powerful book, Peter Selg’s profound insights point to mysteries of the future and humanity’s development and the transformation of evil.

9781906999018 80pp \$12.00

Leonardo da Vinci

The Last Supper

MICHAEL LADWEIN

The Last Supper has become the focus of intrigue, controversy, speculation, and sensation. Recent restoration has now exposed remnants of the original work and removed falsifications created by over-painting. For the first time since its creation, this masterpiece can be seen in its more or less original form.

Rudolf Steiner called *The Last Supper* the world’s most important work of art, and said that it revealed “the meaning of Earth existence.” Michael Ladwein sheds light on the spiritual facts in this painting—one that has lost nothing of its urgency in our modern world.

9781902636757 illustrated /color 140pp \$30.00

Art as Seen in the Light of Mystery Wisdom

RUDOLF STEINER

8 Lectures, Dornach Dec. 28, 1914 – Jan. 4, 1915

Rudolf Steiner’s spiritual insights to revitalize the world of the arts today: the relation of art to technology; our moral experience of color and music; the relationship between the human being and the arts of architecture, sculpture, painting, music, poetry, and eurythmy.

9781855842366 200pp \$30.00

Architecture as Peacework

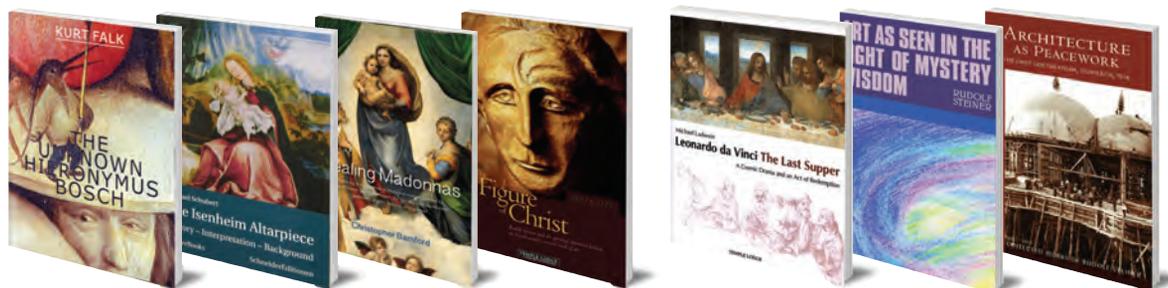
The First Goetheanum, Dornach, 1914

RUDOLF STEINER

5 lect., Dornach, October 10–25, 1914 (CW 287)

The intention of Rudolf Steiner in these lectures, given during an exceedingly troubled time, is clear: the cultivation of not merely tolerance of others, but genuine love and sincere appreciation.

9781621480990 196pp \$25.00



"In the different arts we are presented with different languages that give expression to certain truths living in the human soul. They are often the most secret knowledge, which cannot readily be reduced to rigid concepts or clothed in abstract formulas but seek artistic expression."

– RUDOLF STEINER, APRIL 29, 1909

Colors of the Soul

Physiological and Spiritual Qualities of Light and Dark

DENNIS KLOCEK

This study is a kind of meditation on many different aspects of color, and how we can work with alchemical principles to understand the Rosicrucian path in terms of color and healing.

Using many examples from his deep research into color and the various color theories throughout history from Newton to Rudolf Steiner, he brings startling insights into the real essence of colors and how they relate to us as human beings in our physical body and soul.

Illustrated in full color, featuring numerous diagrams and examples of art from the Middle Ages to the twentieth century.

9781584209607 280pp \$35.00

Colour

RUDOLF STEINER

"Art always has a relation to the spirit. Both in creating and appreciating it, art is something through which one enters the spiritual world." –Rudolf Steiner

Rudolf Steiner shows how color affects our health, our sense of well being, and our feelings, and he lays the foundation for a technique of working with color that leads to a new direction in artistic creativity.

This is the most comprehensive compilation of Rudolf Steiner's insights into the nature of color, painting, and artistic creation. It is a valuable reference and study for artists, therapists, and everyone interested in gaining an appreciation of art as a revelation of spiritual realities.

9781855840850 224pp \$24.00

Spirit and Art

Pictures of the Transformation of Consciousness

VAN JAMES

Artist Van James brings a richly readable and lavishly illustrated text that reveals how, at every stage, human consciousness has evolved through the medium of art. He makes the case for a hidden stream that has put forth art works and art movements throughout history, in an ongoing visible revelation of invisible spiritual currents.

Van James is a teaching artist, writer, illustrator, photographer, international arts educator, and editor of *Pacifica Journal*, as well as chair of the Anthroposophical Society in Hawaii.

9780880104975 illustrated in color and black/white 256pp \$30.00

Art History as a Reflection of Inner Spiritual Impulses

RUDOLF STEINER

Dornach, Oct. 8, 1916 –Oct. 29, 1917 (CW 292)

Translation by Rory Bradley

Introduction by Stephen Sagarin

Steiner understood that the history of art is a field in which the evolution of consciousness is symptomatically and transparently revealed.

After describing the movement of consciousness from Greece into Rome, he shows how these influences transformed as the Middle Ages became the Renaissance. Themes are woven together to show how past epochs of consciousness and art live again in our consciousness-soul period.

These lectures are rich with ideas that enable us to understand both the art of the Renaissance and the transformation of consciousness it announced. 13 lectures with 600 color and black/white images.

9780880106276 illustrated 432pp \$45.00

What Is Art?

Conversations with Joseph Beuys

JOSEPH BEUYS AND VOLKER HARLAN

"His work bursts open the enclosed world of visual art to encompass political and social reform, environmentalism, education, economics, spiritual science, and the proposal that art is not properly an activity for 'experts' but for everyone."—David Adams, Ph.D., art history

Volker Harlan, whose own work also explores substance and sacrament, talked with Beuys about the deeper motivations and insights behind his idea of "social sculpture" and his expanded view of art. These profound reflections and Harlan's thoughtful essays give a sense of the interconnected nature of all life forms and the basis for a path toward a future that is ecologically sustainable.

9781905570072 illustrated 128pp \$30.00

We are the Revolution!

Rudolf Steiner, Joseph Beuys, and the Threefold Social Impulse

ULRICH RÖSCH

People are the source of metamorphosis in the social realm. This series of insightful essays builds on the "threefold" social thinking of Rudolf Steiner, Joseph Beuys, and others

9781906999520 92pp \$22.00

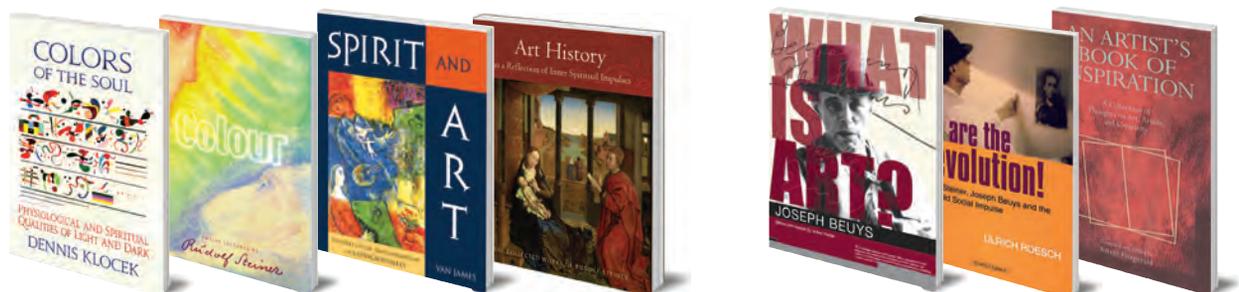
An Artist's Book of Inspiration

A Collection of Thoughts on Art, Artists, and Creativity

ASTRID FITZGERALD

From reports of the mystics to observations of scientists, this collection has been arranged to provide fascinating glimpses into the recesses of artistic being. Contemporary abstract artist Astrid Fitzgerald has gathered the words of 2,500 years of genius as a resource and inspiration for those who would break out of their own creative limitations.

9780940262768 illustrated 256pp \$18.95



Anthroposophy in Everyday Life

“Truth and striving for truth must taste good to you; and lies, once you are conscious of them, must taste bitter and poisonous.... You must be able to experience this in all honesty and rectitude, and once you can do so, you will be in a state of spiritual transformation.”

– RUDOLF STEINER

Learning to See into the Spiritual World

Lectures to the Workers at the Goetheanum

RUDOLF STEINER

4 lectures, Dornach, June 28–July 18, 1923
(from CW 350)

Translated by Walter Stuber

In his lectures to the workers who were building the Goetheanum, Rudolf Steiner answered their questions on wider-ranging, practical, and intriguing topics. These 4 are among the best: developing independent thinking and the ability to think backward; the use of what seems boring, the spiritual world as the reversal of the physical world; developing honesty in thinking; how to live correctly in the physical world, the physiology of dreams, living into nature, the spiritual dimension of various foods.

9780880102810 88pp \$12.95

An Exercise for Karmic Insight

RUDOLF STEINER

1 lecture, Dornach, 1924

In this exceptional single lecture from CW236 (*Karmic Relationships Vol.6*), Rudolf Steiner provides a unique practical exercise for understanding personal karma. He describes the method in great detail, explaining the steps to forming the image of an ordinary event in life that will lead to the perception of a previous earthly life and the cause of the event.

9781855841543 48pp \$6.00

The audio edition, complete and unabridged, is read by the actor and speech teacher Peter Bridgmont, author of *Liberation of the Actor*. LIMITED STOCK

9781855842205 CD-Audio \$10.00

Sleep and Dreams

A Bridge to the Spirit

RUDOLF STEINER

This extraordinary collection of lectures by Rudolf Steiner, selected and introduced by psychologist Michael Lipson, shows a way of approaching dreams as the threshold to spiritual reality.

Here Steiner reveals the depths of experience we normally “sleep through” and how we can learn to maintain self-aware consciousness through sleep—and through death and through all being.

9780880105125 240pp \$24.95

The Anthroposophical Understanding of the Soul

ZEYLMANS VAN EMMICHOVEN

Translated by Friedemann Schwarzkopf

A new psychology of the human soul

Drawing on the works of Goethe, Brentano, Husserl, Max Scheler, and Rudolf Steiner, this original approach to psychology uses the soul's own self-perception as the method of clarifying the mysteries of the inner life: the soul as mediator between outer world and inner core, the “I,” that lives in the ever-shifting stream of dynamic polarities of love–hate, joy–sorrow, pleasure–displeasure, desire–satisfaction, laughing–weeping, life–consciousness.

In this context, van Emmichoven explores the soul processes of doubt, will, mental images, perceiving, judgment and decision, time and space, experience, and sexual identity; how the soul expresses itself in the language of dreams, everyday speech, posture, temperament, and character; as well as the roles played by love, wisdom, and inner death and resurrection.

9780880100199 184pp \$18.00

Self-Doubt

Depression, Anxiety Disorders, Panic, and Fear

RUDOLF STEINER

Introduced by Harald Hass, MD

Threshold Experiences, Crises of the Soul and Healing on the Anthroposophical Path

Rudolf Steiner gave startlingly original contributions to the problem of mental and emotional disorders. The texts selected and collated here by Harald Hass, a psychiatrist and psychotherapist in Bern, Switzerland, give practical ideas to support everyday mental and emotional health.

True insight into psychological issues requires knowledge of the influences of spiritual beings. In everyday life we are all confronted with metaphysical entities that can hinder or aid our development. Many forms of anxiety and self-doubt derive from such meetings on the border of consciousness. This book shows how you can engage in a conscious practice of self-development that will strengthen your constitution through the action of your own “I.”

9781855845503 152pp. \$19.00

Phases

The Spiritual Rhythms in Adult Life

BERNARD LIEVEGOED

In this bestselling classic, a distinguished Dutch anthroposophic physician, educator, and industrial psychologist brings half a century of his clinical practice, observation, and insight into an overview of human life and vocation, male–female relationships and a deep looking into the particular inner qualities and challenges that come with each stage of our life.

9781855840560 216pp \$26.00



"The years flow past into the stream of time, leaving us with memories; and in remembering, the soul weaves life together with life's meaning. Live the meaning, trust existence; and universal life will join the core of your being with its own."

– RUDOLF STEINER



Memory

Remembering and Forgetting
RUDOLF STEINER

Edited and introduced by Andreas Neider

One consequence of the proliferation of the digital age seems to be the deterioration of our capacity to remember. Rudolf Steiner indicates that memory is the determining factor in self-awareness. Even a partial loss leads to loss of self-awareness and our sense of "I." Memory is therefore crucial for the development of "I"-consciousness, and not just for an individual but for humanity as a whole.

This unique selection of passages from Steiner's works has crucial implications for the way we learn and for inner development and spiritual growth. It also offers decisive insights into ways that consciousness can remain autonomous, creative, and healthy in today's digital environment.

Contents: The Development of Memory throughout Human History; The Formation of Memory: Remembering and Forgetting in the Human Individual; How Remembering and Forgetting Are Transformed by the Schooling Path—Imagination and Inspiration; Remembering Backwards (Rückschau) and Memory Exercises; Subconscious Memories of the Pre-birth Period and of Life between Death and a New Birth; Memory and Remembering after Death; The Development of Memory in the Future.

9781855845749 252pp \$21.00

Uncovering the Secrets of Time and Number

Finding Patterns and Rhythms in Everyday Life

WOLFGANG HELD

A fascinating exploration of the deeper meaning behind everyday realities. LIMITED STOCK

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More Precious than Light

How dialogue can transform relationships and build community

MARGARETE VAN DEN BRINK

Translated by T. Langham and P. Peters

In this age of digital communications and web-based encounters—a time when alienation and loneliness are the real issues—the new edition of this classic work is more vital than ever.

The process of inner development involves transformation in our everyday self. In this process the art of conversation plays a central role. The words people speak to one another contain forces of the highest creative principle and can work in invigorating and life-enhancing ways. Informed by the insights of anthroposophy, here is a path toward spirit and the lost power of the Word that enables us to transform relationships and build community.

9781912230785 140pp \$20.00

Why on Earth?

Biography and the Practice of Human Becoming
SIGNE EKLUND SCHAEFER

This book will show you how to develop a practice in which you can really meet daily challenges by attending to your inner life and to your own evolving biography as it reflects and informs the outer world.

9781621480402 250pp \$25.00

Everyday Eurythmy

Exercises to Calm, Strengthen and Centre
A Workbook for Daily Practice

SIVAN KARNIELIE

Clear, simple instructions for a daily eurythmy practice that counteracts stress, burn-out, psychological blocks and other adverse effects of daily life today.

9781855844872 96pp \$15.00

Daily Contemplations

Wisdom and Love: An Almanac for the Soul
RUDOLF STEINER

Compiled by Jean-Claude Lin; translated by Matthew Barton

"Wisdom is the premise, the foundation of love; love is the fruit of wisdom reborn in the 'I.'"
–Rudolf Steiner.

This very special collection of aphoristic passages from Rudolf Steiner's works offers a new, creative way of working on a daily basis with the fruits of his spiritual research. Carefully selected by Jean-Claude Lin, they are taken from Steiner's lectures and addresses given on each specific day of the year. Thus, the order of the texts is not arbitrary but arises from the historical fact of the lectures themselves.

9781855845909 418pp \$25.00

Enlivening the Chakra of the Heart

The Fundamental Spiritual Exercises of Rudolf Steiner

FLORIN LOWNDES

Whereas meditation is the foundation of any spiritual path of development, Rudolf Steiner advised that specific fundamental spiritual exercises should always be practiced in conjunction with meditation in order to protect the individual from the dangers posed to normal consciousness by meditation practice.

Florin Lowndes describes Rudolf Steiner's fundamental exercises in thorough detail, giving suggestions as to how they can be practiced. He also reveals an important and hidden aspect—how the exercises are a means for developing and strengthening organic and "living" thinking, which is intimately related to enlivening a new organ of perception—the heart chakra, or heart lotus.

9781855840539 208pp \$22.00



Illness and Health

"Illness is not in the body and its life forces. Illness is in the thoughts we bring to the body and the life forces. Illness is in the soul."

– RUDOLF STEINER

Esoteric Physiology

Consciousness and Disease
DENNIS KLOCEK

This book takes you deeply into the realities of being human. Dennis Klocek explores both material and spiritual science to create a comprehensive picture of how and why it is that we suffer illnesses or enjoy health.

Contents include: Inflammation, Sclerosis, and the Human "I"; Catabolism, Anabolism, and the Life Forces; Secretion, Excretion, and the Circulatory System; Nutrition and Consciousness; Glands and the Heart; Nerve and Blood; Esoteric Embryo; The Senses and the Life Body; Digestion and Emotional Life; The Neurology of Imagination; Emotions and the Will; Remedies and Dysfunctions.

9781584201922 270pp \$25.00

The Holy Order of Water

Healing the Earth's Waters and Ourselves
WILLIAM MARKS

"This is an extraordinary book, the result of one man's passionate effort to save us—to save civilization—from our ignorant waste of our precious water resources." —Walter Cronkite

"Readers won't find a more intimate, spiritual, and informative look at the world's most vital and versatile resource." —Ted Danson, Founding President, American Oceans Campaign

"If there is a Bible of water, this is it." —Larry Dossey, M.D., author of *Reinventing Medicine*

William Marks' wide- and deep-ranging topics on water include: water's role in the origin of the universe and life itself, cosmic rain and water in interstellar space, water in traditional myths and religions, vortex energy and living water, water and the human body, water healing, and a history of water pollution.

9780880104838 256pp \$18.00

Spiritual Translocation

The Behaviour of Pathological Entities in Illness and Healing and the Relationship between Human Beings and Animals: From Polarity to Triunity
ARE THORESEN

"I wrote this book out of the needs I see at the present time. I see diseases being translocated to others—humans or animals—despite the good intentions of many therapists and doctors. The diseases are translocated because they do not exist in energetic patterns, but as expressions of spiritual beings. Energy and energy patterns exist only in the physical world, but in the spiritual world there are only spiritual beings."

From ancient times, all cultures have known of the spiritual phenomenon of translocation of spiritual beings commonly called demons.

It is imperative that practitioners, doctors, and veterinarians today acquire a deep understanding of the function and laws of pathological demonic entities and that using the Middle Point, or "Christ force," it is possible to transform—rather than simply translocate—the negative spiritual aspects at work in contemporary society.

9781912230457 110pp \$18.00

The Lucifer Deception

The Yellow Emperor Unveiled: Secrets of Traditional Oriental Medicine
ARE THORESEN

This extraordinary study, told as a gripping narrative, takes us from Atlantis to the Chinese court of the Emperor Yu the Great (the Yellow Emperor) to our failing medical systems in order to reveal the roots of spiritual translocation as well as offering profound spiritual insights into illness and healing in the present time.

9781912992171 72pp \$14.00

The Wisdom of Teeth

Dentosofy, a Gateway to Health: From Oral Balance to Total Balance
MICHEL MONTAUD

After years of dental practice, Dr. Michel Montaud made a breakthrough that would completely change his life and work, going beyond the simple framework of mouth and teeth and extending to the human being as a whole. This guided self-therapy, which he calls Dentosofy, is a true alternative to extraction, surgery, and orthodontics. With case studies and supporting photographic records, he demonstrates that this whole-human-based approach to our mouth and teeth can stimulate—at any age—the extraordinary healing potential of our own bodies and can even remedy ailments such as chronic rhinitis and otitis, eczema, allergies, asthma, back problems, and sleep disorders.

9781912230488 142pp \$22.00

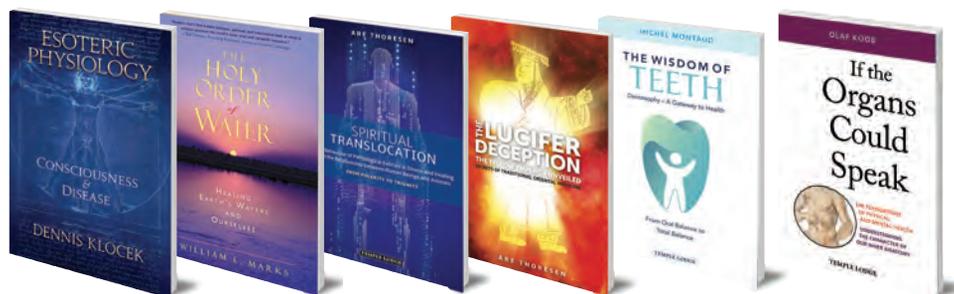
If the Organs Could Speak

The Foundations of Physical and Mental Health
Understanding the Character of our Inner Anatomy

OLAF KOOB

This is a practical guide to creating living images of what is inside your body and how it works so you can take more responsibility for your own wellbeing and develop resiliency against illness. As Dr. Koob describes the essence of every organ—their position, color, form, embryonic development, function, and characteristics—they begin to reveal their biographies and the illnesses to which they are prone. He describes the nature of poison and detoxification, good and bad nutrition, and the importance of secretion and elimination.

9781912230150 170pp \$24.00



Mistletoe

and the Emerging Future of Integrative Oncology

STEVEN JOHNSON, DO AND NASHA WINTERS, ND, FABNO

WITH ADAM BLANNING, MD; MARION DEBUS, MD; PAUL FAUST, ND, FABNO
MARK HANCOCK, MD; PETER HINDERBERGER, MD

"What a treasure this book is—for patients and practitioners alike. It's time to shed the war metaphor and acknowledge that comprehensive healing must incorporate spirit, soul, and body. These authors provide an expansive and inclusive view of how we can approach and accomplish healing the whole person. As more of us embrace and practice the approaches introduced in this book, we will truly have actual healthcare rather than disease management."—Jan Adrian, MSW, founder/director of Healing Journeys

Today, many allopathic medical practitioners are beginning to seek out a greater connection with holistic and integrative approaches. The authors of this book introduce one specific therapy and make a case for integrative health in general, including anthroposophically extended medicine, naturopathy, and other holistic approaches.

Mistletoe therapy has long been considered a viable treatment for cancer by the European medical community and is beginning to gain recognition in North America, as well. The mistletoe plant possesses many remarkable properties. As a therapy, it represents a rediscovery of ancient wisdom and shows us how the science of modern medicine might expand its reach and reconnect with a more human-centered medicine.

The book is structured to follow the syllabus of a three-day practitioner training hosted by the Physicians' Association for Anthroposophic Medicine (PAAM). While this book should not be regarded as a treatment or diagnostic manual, it is intended to both prepare practitioners to begin mistletoe therapy training and to make this information available, in an accessible form, to anyone interested in learning about this approach to treating cancer.

Anthroposophic Nursing Practice

Foundations and Indications for Everyday Caregiving

ROLF HEINE, Editor; DR. ADAM BLANNING, Introduction; DR. MICHAELA GLÖCKLER, Foreword; DR. MATTHIAS GIRKE, Foreword

"A monumental contribution to the field of nursing and health care in general. It will no doubt soon become the classic text in this important area."—Arthur Zajonc, author of *Meditation as Contemplative Inquiry*

9781938685286 hc 624pp \$65.00

What Is Anthroposophic Medicine?

Scientific Basis – Therapeutic Potential – Prospects for Development

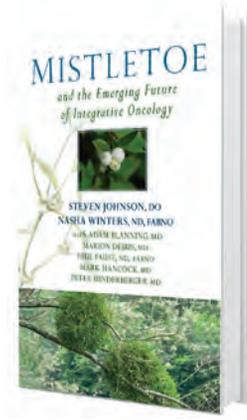
DR. MICHAELA GLÖCKLER

Dr. Glöckler's wise summary of the therapeutic spectrum of anthroposophic medicine today includes practical examples of its application and suggestions for treating patients at home.

9781855845732 168pp \$18.00



Coming
October 15



"This exciting collaboration by leading integrative physicians is not only a comprehensive deep-dive into the science and practice of mistletoe therapies, it provides a context in holistic cancer care. Nutrition, spirituality, metabolic therapies, naturopathy, and other natural medicines are given voice as the new paradigm of integrative medicine."

—Neil McKinney, ND, author, *Naturopathic Oncology: An Encyclopedic Guide for Patients and Physicians*

9781938685330 384pp \$34.95

Form, Life, and Consciousness

An Introduction to Anthroposophic Medicine and Study of the Human Being

DR. ARMIN J. HUSEMANN, MD

Forward by Professor Dr. Peter Heusser

"...the world would be a very different place if this were a resource tool in general education."

—C. T. Roszell in *Being Human*

Dr. Husemann—an anthroposophic physician, Goethean researcher, teacher, and the head of the Eugen Kolisko Academy in Germany, provides an abundance of marvelous scientific details that enable us to see the human being clearly within the context of life, nature, and its spiritual origin—which is the essence and basis of anthroposophically extended medicine.

His wonderfully illustrated examples of the human organism's phenomenological encounter with nature support a more holistic practice of therapies and understanding of the healing process.

9781621482390 hb illustrated 360pp \$65.00

Hearts and Minds

Reclaiming the Soul of Science and Medicine

WALTER ALEXANDER

In the wake of the great scientific revolution of the last 500 years that has landed upon a set of summary conclusions depicting a random, indifferent, and wholly impersonal cosmos, Walter Alexander tells the exciting tale of the emerging discoveries in medicine, quantum physics, open-systems biology, consciousness studies, epistemology, the arts and philosophy that restore our own self and consciousness as integral to the workings of the world.

"HEARTS AND MINDS champions novel research revealing the importance of consciousness in the elaboration of health and illness. It also exposes pernicious resistance to these findings from conventional science and medicine—and offers solutions. No medical approach can be complete if it does not incorporate these vital trends."—Larry Dossey, MD, author of *One Mind*

9781584209195 328pp \$27.99



Matters of Death and Life

"We are separated from the spiritual worlds only by states of consciousness, not by spatial circumstances. States of consciousness are what separate us."

—RUDOLF STEINER

Growing Old

The Spiritual Dimensions of Aging

RUDOLF STEINER

Selected and introduced by Franz Ackerman
Translated by Matthew Barton

What really happens as we age? How can we cope with old age in the best way?

This anthology of key texts by Rudolf Steiner, carefully compiled by a director of elder care homes, shows how spiritual knowledge can expand our understanding of the aging process and the problems that older people encounter. From the contents: The Core Messages of Aging, Aging as a Developmental Process, The Art of Growing Old, Old Age and Death, Cosmological Dimensions of Aging.

9781855845626 240pp \$22.00

Old Age

Journey into Simplicity

HELEN LUKE

"Better to spend a day meditating on a single page of her writing than to read a stack of books on enlightenment." —Thomas Moore, author of *Care of the Soul*

"Helen Luke is a unique voice that carries beautiful passion, feeling, and clarity. She is clearly one of our most precious national treasures." —Clarissa Pinkola Estés, author of *Women Who Run with the Wolves*

In this classic text on aging wisely, the renowned Jungian analyst Helen Luke reflects on the final journeys described in Homer's *Odyssey*, Shakespeare's *King Lear*, and T.S. Eliot's *Little Gidding*.

By examining these great masterpieces of literature produced by writers at the end of their lives, she shows you the possible way forward emotionally and mentally during the culminating stage of life.

9781584200796 132pp \$16.95

Approaching Death

A Companion's Guide to the End of Life

RENÉE ZEYLMANS

Translated by Philip Mees
Introduction by Bastiaan Baan

This wonderful companion book will accompany you to the end of life with practical information, insights, and meditations from many worldviews and cultures around the world. It includes answers to pressing questions around the physiology of death, fear, fasting, funerals, music, language, and the human senses.

9781782506034 160pp \$22.95

The Twilight Years

Thoughts on Old Age, Death, and Dying

ALMUT BOCKEMÜHL

"Growing old is a constant battle... One has the experience of being squeezed out of one's bodily home, and one sets out to protect oneself against it, and holds on to what one can... But when we make an effort to grow old in the right way, which means transforming what is earthly into what is spiritual, we are working at the transubstantiation of the earth."

What is it like to live to a ripe old age? What is it like to have to look after oneself in later life, or to be cared for by others? As life expectancy in the Western world continues to grow, these questions arise on a daily basis.

Shortly after the death of her nearly ninety-year-old mother, Almut Bockemühl paused to contemplate the four years of intensive care that she devoted to her mother. She sensitively describes invaluable experiences, showing how old age, death, and dying have the possibility of touching the highest realms of human knowledge and perception.

9781906999872 70pp \$13.50

Only Love Remains

Lessons from the Dying on the Meaning of Life: Euthanasia or Palliative Care?

ATTILIO STAJANO

Preface by Marie de Hennezel
Translated by Patricia Brigid Garvin

"We find something that undermines and subverts our schemes: the sick are a resource that helps us in our search for the meaning of life."

—Sergio Mattarella, President, Italian Republic

"Simple and precise words that say fundamental things about the thoughts and affections of those who discover and present to us the meaning of the life they are leaving." —Tullio De Mauro, past Minister of Education, professor of linguistics, University of Rome La Sapienza

Attilio Stajano works as a volunteer in the palliative care ward of a Brussels hospital. He has been an industrial researcher at IBM, administrator of research programs for the European Commission, university professor in Bologna and at the Georgia Institute of Technology in Atlanta, and European Union Fellow at the University of Pittsburgh.

9781905570775 220pp \$24.50

Staying Connected

How to Continue Your Relationships with Those Who Have Died

RUDOLF STEINER

Compiled and edited by Christopher Bamford

"Living and working with the concepts and exercises in these talks and meditations has changed my life. This is a most practical book. Do what it recommends and you will experience the presence of the dead in your lives. You will know that the community of human beings on both sides of the threshold is not theory, but reality."

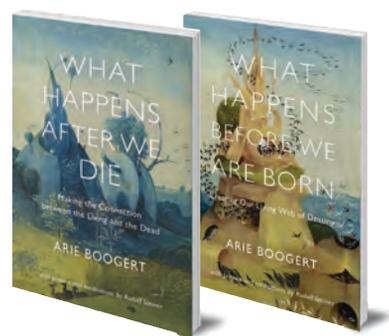
—Christopher Bamford, from the introduction

9780880104623 288pp \$19.95



"Life after death, life before birth; only by knowing both do we know eternity."

—RUDOLF STEINER



The Imaginative Life Tableau

The Spiritually Perceived Story of Our Life between Birth and Death

Meditative Knowledge out of Childhood Forces

RUDOLF STEINER

Edited and introduced by Andreas Neider
Translated by Elizabeth Marshall

The life tableau that is part of the early period after death can also emerge before death as a result of meditation. Steiner speaks of this occurring through "imagination," the first level of spiritual experience, as conscious self-perception of the soul in the realm of images. There we are confronted our doppelgänger, as well as the cosmic forces of childhood, which are present in all of our life processes and are described in psychology as the "inner child."

By following the guidance in this anthology, you can begin a therapeutic, meditative approach that can bring strengthening and healing to your body, soul, and spirit.

9781855845725 152pp \$18.00

Experiences from the Threshold and Beyond

Understood through Anthroposophy

ARE THORESEN

Structuring the book on his own biography, Are Thoresen, a doctor of veterinary medicine, conveys the many lessons he has learned through decades of familiarity with the invisible dimensions. The most important: that there is only one good reason to attempt to cross the threshold between the physical and the spiritual worlds in life, and that is to serve God and humanity in the name of love. If we do it out of curiosity, or for our personal development, it would be better not to try.

That said, he describes the exact methods and techniques for opening the spiritual sense organs required to cross the threshold.

9781912230334 150pp \$20.00

Knowledge of Spirit Worlds and Life after Death

BOB WOODWARD

Grounded in decades of study of Rudolf Steiner's work and on direct communications with his spirit guides, Bob Woodward gives a detailed survey of our lives in spirit worlds before birth and after death; our relationships there with friends, family, and even pets; and our connections with good and evil spiritual beings, as well as covering a wide range of important topics such as reincarnation and climate change.

9781912992164 166pp \$19.00

The Meaning of Life

And Other Lectures on Fundamental Issues

RUDOLF STEINER

Translated by Johanna Collis

Rudolf Steiner offers enlightening answers to this ancient enigma, addressing practical issues facing us in modern life: growth, decay and reincarnation; our participation in evolution; illusory illness; the feverish pursuit of health; luck—reality and illusion; psychological distress and the birth pangs of the consciousness soul; how to listen to the spirit.

9781855840928 176pp \$23.00

Manifestations of Karma

RUDOLF STEINER

11 lect., Hamburg May 16-28, 1910 (CW 120)

Translated by Heidi Hermann-Davey

Why do people encounter such different events and circumstances in life? What is behind diseases, accidents, and natural disasters? Rudolf Steiner speaks of karma as a reality that, if we understand it, answers the questions that arise as we begin to look seriously for life's meaning and purpose. The whole pattern is not contained in one but in many lives on earth and is always in the process of being resolved.

9781855840584 240pp \$24.00

What Happens after We Die

Making the Connection between the Living and the Dead

ARI BOOGERT

Translated by Philip Mees

Juxtaposing vivid descriptions by Rudolf Steiner, Ari Boogert shows in specific detail how we separate gradually from our earthly existence after dying and how we acclimate to the new and very different reality as we pass through the spiritual worlds to form our destiny and a new life. Most important, he shows how we on earth can maintain contact and help those who have died through prayers and meditations that enable us to accompany them in a real way through the worlds of spirit.

9781584209119 204pp \$20.00

What Happens before We Are Born

Creating Our Living Web of Destiny

ARI BOOGERT

Translated by Philip Mees

This second volume, on our life before we are born, by Ari Boogert is a master road map for the path through the worlds of soul and spirit between death and a new birth. Juxtaposing Rudolf Steiner's descriptions, Ari Boogert shows the involvement of angelic beings in processing our past life and preparing for the next, the structures of destiny and karma, the continuity of our individuality, and the forming of our new incarnation.

We can begin to observe that other reality while we are still living on Earth as we become aware of it being present in our world. By assembling the necessary concepts and mental images of that completely different world and existence, we can learn to actually see it beforehand.

9781584209133 268pp \$25.00



Spirit in Life

*"All existence is spirit. Just as ice is water, so matter is also spirit.
Mineral, vegetable, animal, or human—all are a condensed form of spirit."*

—RUDOLF STEINER

Wandering Joy

Meister Eckhart's Mystical Philosophy

Translated by Reiner Schürmann

Foreword by David Appelbaum

In this exquisite work, Reiner Schürmann shows Meister Eckhart, the thirteenth-century Christian mystic, as the great teacher of the birth of God in the soul, which shatters the dualism between God and the world, the self and God. This is an exposition of Eckhart's mysticism—perhaps the best in English—that brings Eckhart into our contemporary life, and because Eckhart is a profound philosopher as well, it is also an exemplary work of contemporary philosophy.

Eckhart von Hochheim O.P. (c.1260–c.1328) has acquired the status of a great mystic within contemporary popular spirituality, as well as considerable interest from scholars situating him within the medieval scholastic and philosophical tradition.

9780970109712 304pp \$18.95

Alive in God's World

Human Life on Earth and in Heaven as Described in the Visions of Joa Bolendas

Foreword by Therese Schroeder-Sheker

To be alive in God's world means living in a prayerful and powerful unity with God, with those risen from the dead, and with all the peoples of the earth. To live this unity is truly human.

Joa Bolendas (1917–2005) was a modern Swiss visionary and down-to-earth mystic in the mold of Hildegard of Bingen. Her visions concerned the unity of the churches, the state of the world—ecological, geopolitical, and social—and the meaning of life on both sides of the threshold.

The heavenly beings asked her to pray. Thus Joa undertook great prayer battles for the future of humanity and the Earth. These became known and occasionally foreign governments would consult with her. www.joabolendas.ch

9780970109750 224pp \$16.95

Harmony

The Heartbeat of Creation

The convergence of ancient wisdom and quantum physics in the triune pulse of nature's forms

MONIQUE POMMIER

"As a scientist, to realize how the same harmonic laws underlie physics, chemistry and biology, psychology and cosmology, is revelatory. To grasp how life and love actually penetrate every particle of cosmos does more: it transforms you. A profoundly symphonic work, this book will leave you resonating with the omnipresent heartbeat of the universe." —

Irene Goncharov, MS theoretical physics, teacher

Starting from compelling hints at a universal order presented by the recurrent numbers and geometries in nature and cosmos, Monique Pommiere penetrates into the cosmological processes that result in all the physical forms we see and the forms of consciousness we are.

9781584209256 532pp \$45.00

The Hidden Geometry of Flowers

Living Rhythms, Form, and Number

KEITH CRITCHLOW

Foreword by The Prince of Wales

In this beautiful and original book, renowned thinker and geometrist Keith Critchlow shows us how we can meet flowers as sources of remembering—ways of recalling our own wholeness, as well as awakening our inner power of recognition and consciousness. Flowers become teachers of symmetry and geometry (the "eternal verities," as Plato called them) that can remind us of what underlies all existence. Working with his own color photographs overlaid with hand-drawn geometric pattern, Keith Critchlow shows us how to re-engage the human spirit in its intimate relation with all nature.

9780863158063 fully illustr. 448pp \$50.00

Alchemy

The Mystery of the Material World

HERMANN BECKH

Translated by Alan Stott and Maren Stott

A Christian priest and master of both ancient and modern languages, Hermann Beckh came to the realization that the mystery of substance—its transmutation in the cosmos and the human being—can be approached in the fullness of its spiritual-physical nature by "chymistry" or "alchemy"—thereby taking in a millennia of spiritual tradition.

His encompassing *Alchemy* unveils the hidden riches of both Western alchemy and the Bible. Topics include, for instances, Isis, the Golden Fleece, traditional fairytales, and Wagner's *Parsifal* in a way that enables the reader to glimpse the Mystery of Substance and to share Hermann Beckh's authentic experience of the divine substantia, the living reality of Christ in the world. This is a newly translated edition of Beckh's most popular work.

9781912230358 156pp \$20.00

From the Mysteries

Genesis – Zarathustra

HERMANN BECKH

Introduction by Neil Franklin

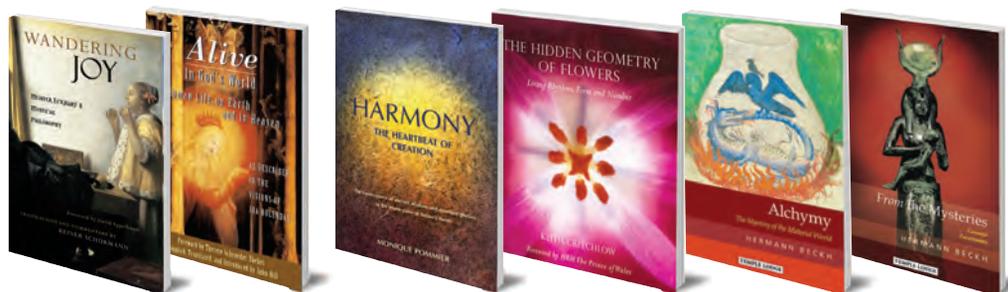
Translated by Alan Stott, Maren Stott, Hannes Kaiser

Includes: *Seminal Ideas and Historic Moments* by Stephen E. Usher

Hermann Beckh—a world-renowned authority on Tibetan, Sanskrit, Pali, and Avestan texts—quickly became disenchanting with Madame Blavatsky's *Theosophy*, since it displays little precise academic knowledge of primary records. Universities also showed scant understanding of the texts they analyzed through philology and sociology.

This book is the result of Beckh's intense, esoteric search to discover the truth about the mystery wisdom of antiquity.

9781912230440 318pp \$26.00





Buddha's Life and Teaching

HERMANN BECKH

Translated by Dr. Katrin Binder
Foreword by Neil Franklin

In 1916, Hermann Beckh was among a handful of leading European authorities on Buddhist texts—he could read Tibetan, Sanskrit, and Pali fluently. He was also a member of the Esoteric Section of the Anthroposophical Society. Consequently, his seminal study on Buddhism has an entirely unique approach: It is freshly expressed and renewed by anthroposophic insights, while revealing its universal validity through the original texts. In the first part, Beckh presents Gautama Buddha's life according to legend and history. The second part details the general viewpoints of Buddhist teaching and the stages of the Buddhist path. Collated from his broad knowledge of the primary sources, Beckh adds his academic understanding and sheds new light from his research based on meditation guided by Rudolf Steiner, with whom he shared a lengthy recently discovered correspondence.

9781912230266 248pp \$24.00

From Buddha to Christ

HERMANN BECKH

Translated by Alan Stott and Maren Stott
Hermann Beckh published this mature study in 1925, after having written *Buddha's Life and Teaching* in 1916. This book follows a path of development "both of method and goal"; studying it is itself a path of knowledge and potential initiation.

From the contents: The Tree of Knowledge and the Tree of Life; The Gospel of Birth and Death: The Knowledge of Repeated Lives on Earth and of the Law of Destiny; Knowledge: The Four Noble Truths and the Twelve Causes; The Path. Appendix: "Steiner and Buddha: Neo-Buddhist Spiritual Streams and Anthroposophy."

9781912230259 120pp \$20.00

Cognitive Yoga

Making Yourself a New Etheric Body and Individuality

YESHAYAHU (JESIAH) BEN-AHARON

In the last century, Rudolf Steiner challenged practitioners of Western spiritual science to develop a new form of cognitive, or Michaelic, yoga that involves a spiritualization of thinking, as well as the transformation of perceptions and sensations.

In this seminal work, built on decades of first-hand research, Dr. Ben-Aharon describes in detail an entire modern yogic process that can create a living framework for spiritual research through a fully spiritualized thinking accompanied by a complete renewal of the experiences of perception and sensation, and a transmutation of the deepest and most unconscious bodily processes and functions.

Cognitive Yoga offers a guide to knowledge of the present revelations of the spiritual world, culminating in a description of a completely individualized meeting with the etheric Christ in the etheric world.

9781906999957 220pp \$26.00

The Spiritual Foundation of Morality

Francis of Assisi and the Christ Impulse

Translated by Malcolm Ian Gardner

In this very much-loved cycle of three lectures, Rudolf Steiner indicates the sources for the recovery of a living morality today. By delving into the hidden secrets of life, he reveals the moral sources of life, true moral impulses.

He shows the transformation of the virtues through the evolution of consciousness in connection with the mission of Francis of Assisi and, above all, through the incarnation of the Christ in the Mystery of Golgotha.

9780880104258 108pp \$15.00

The Rose of the World

DANIEL ANDREEV

Translated by Jordan Roberts

This is a masterpiece of contemporary Russian spiritual literature in the tradition of Vladimir Soloviev and, for the West, in the tradition of Dante and Blake.

Begun in secret in a Russian prison and completed just before Andreev's death in 1959, the manuscript was hidden from the Soviet secret police for 20 years. Since its publication in Russia, it has sold over 6 million copies.

Called by Andreev a "meta-philosophy of history," this all-encompassing poetic cosmological epic is a record of his visions of other worlds, vast celestial and subearthly realms with their struggle between good and evil. In the slow progress of humankind toward the goal of moral perfection, he had seen the calamities of the coming centuries, which will culminate, however, in the sublime reign of the Rose of the World, that enables the spiritual reunification of all people and an open and harmonious relationship among the great world religions.

9780940262836 416pp \$24.95

Meditation as Contemplative Inquiry

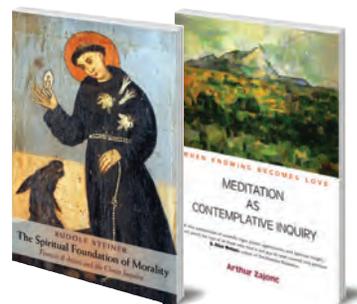
When Knowing Becomes Love

ARTHUR ZAJONC

Arthur Zajonc gives an overview of the meditative journey that leads to the place where wisdom and love unite. He carefully weaves practical instruction together with the guidance and inspiration of the world's great teachers, from Rudolf Steiner to Rumi, and from Goethe to the sages of Asia.

This book is the fruit of many years of personal practice and working with hundreds of university students and professors, as well as with contemplative groups in the U.S., Europe, and Australia.

9781584200628 220pp \$22.00



New in the Collected Works of Rudolf Steiner

Macrocosm and Microcosm

The Greater and the Lesser World:
Questions Concerning the Soul, Life and
the Spirit

12 lectures, Vienna, March 19–31, 1910 (CW 119)
Translated and introduced by Paul King

This classic series of lectures has been retranslated and now includes a previously unavailable public address. Contents: the planets and their connection with our sleeping and waking life; the inner path of the mystic; the "greater" and "lesser" guardians of the threshold; the mysteries of Osiris and Isis; initiation in the Northern mysteries; the four spheres of the higher worlds; mirror images of the macrocosm in humankind; the Rose Cross; reading the akashic record; four-dimensional space; future human capacities, and more.

9781855845893 298pp \$29.00

The Mission of the New Spirit of Revelation

The Pivotal Nature of the Christ Event in
Earth Evolution

16 lectures, various places, Jan. 5–Dec. 26, 1911
(CW 127)

Translated and introduced by Matthew Barton
Christ is the "heart" of our Earth.

These previously untranslated lectures were given during the year before Rudolf Steiner separated from the Theosophical Society. They reflect his increasing emphasis on the central deed of Christ in Earth's evolution, revealing profound vistas of humanity's development over many millenia and into the future in which Christ will be our guide.

9781855845862 274pp \$29.00

Understanding Society through Spiritual-Scientific Knowledge

Social Threefolding, Christ, Lucifer,
and Ahriman

15 lectures, Dornach, Oct.–Nov. 1919 (CW 191)
Translated and introduced by Matthew Barton

Speaking to an intimate group of anthroposophists, Steiner shows specifically how new social thinking is integral to anthroposophy. True social understanding enables comprehension of karma—the appreciation of each person's individual destiny. In parallel, he says, we should work toward global consciousness, as true social ideas are founded on people feeling themselves to be citizens of the world.

In an important corollary, Steiner speaks about the incarnations of three significant spiritual beings: Lucifer, Christ, and Ahriman, whose incarnation is immanent in the West, warning that new wisdom must be achieved out of free human will, or else we will succumb to Ahriman.

9781855845428 280pp \$25.00

The Aims of Anthroposophy and the Purpose of the Goetheanum

Translated and introduced by Mathew Barton

In his final lectures to the general public, Rudolf Steiner speaks with great clarity and purpose about the inner and outer need for the anthroposophical impulse in modern times.

From the contents: Enhancing powers of perception to develop Imagination, Inspiration, and Intuition; experience and perception of thinking and speech; 4 stages of inner experience; perceiving the etheric world; human development and education in the light of anthroposophy; anthroposophy as a contemporary need; how do we gain knowledge of the supersensible world?

9781855845718 254pp \$24.00

World History and the Mysteries

9 lectures, Dornach, Dec. 23, 1923 – Jan. 1, 1924
(GA 233)

Translation by Mary Adams, George Adams,
Dorothy S. Osmond

Introduction by Frederick Amrine

Given in the evenings during The Christmas Foundation Meeting, these lectures present world history in parallel with the ancient mysteries of initiation, showing how they are intimately linked. Steiner describes consciousness in the ancient East and follows the initiation principle from Babylonia to Greece and its influences on present-day spiritual life. He also discusses Gilgamesh and Eabani, the mysteries of Ephesus and Hibernia, and the occult relationship between the destruction by fire of the Temple of Artemis and the burning of the first Goetheanum in Dornach, Switzerland.

This revised text is published for the first time with color plates of Steiner's blackboard drawings.

9781855845886 230pp \$27.00

Wonders of the World

Trials of the Soul, Revelations of the Spirit

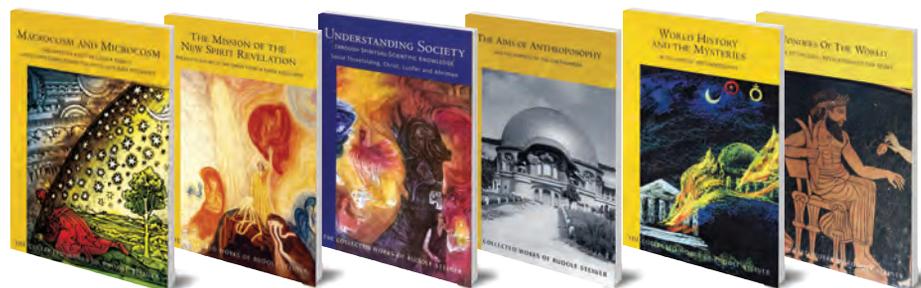
11 lectures in Munich, August 18–28, 1911 (CW 129)

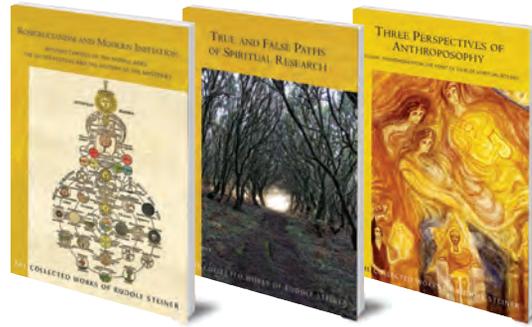
Translated by Owen Barfield, revised by D. Linn
Introd. and appendices by Frederick Amrine

From the contents: The Origin of Dramatic Art in European Cultural Life and the Mystery of Eleusis; The Living Reality of the Spiritual World in Greek Mythology; The Entry of the Christ Impulse into Human Evolution and the Activity of the Planetary Gods; The Merging of the Ancient Hebrew and the Greek Currents in the Christ-Stream; Ego-Nature and the Human Form; Dionysian Mysteries; Eagle, Bull, and Lion Currents, Sphinx and Dove.

This freshly revised text features color images, with an introduction, notes, and appendices by Professor Frederick Amrine.

9781855845817 color illustr. 286pp \$27.00





Rosicrucianism and Modern Initiation

Mystery Centres of the Middle Ages

10 lectures in Dornach, Switzerland, January 4–13 and April 19–22, 1924 (CW 233a)

Introduction by Andrew Welburn

Translated by Frederick Amrine; Mary Adams

“Steiner has been able to clarify the historical reality behind the Rosicrucian story, with all its aura of glamor and fantasy. That effected, he points to the enormity of its vision for the future evolution of ideas.” Published for the first time as a single volume, this newly revised text is complemented with an extensive introduction, “Rudolf Steiner and the Rosicrucians,” by Dr. Welburn and detailed notes and appendices by Professor Amrine.

9781855845787 248pp \$24.00

True and False Paths of Spiritual Research

11 lectures in Torquay, England, August 11–22, 1924 (CW 243)

Introduction by Paul King

Translated by Harry Collison; A.H. Parker; newly revised and corrected by Paul King

Steiner surveys the differences in consciousness—from ancient to modern times, in waking and dreaming, from space into time—and the changes that have taken place in relation to knowledge and science in history. He then discusses the mystery nature of crystallized minerals and metals and their relationship to the planets and explains the role of moon beings and ahrimanic elemental beings and the true nature of mediumship, ectoplasm, and spiritual possession.

9781855845763 246pp \$24.00

Three Perspectives of Anthroposophy

Cultural Phenomena from the Point of View of Spiritual Science

12 lect., Dornach, May 5–Sept. 23, 1923 (CW 225)

Translated and introduced by Elizabeth Marshall

What is truly real? Rudolf Steiner illumines everyday reality through spiritual knowledge, urging that if anthroposophy is brought into daily life we can achieve spirituality on Earth.

9781855845879 224pp \$27.00

Esoteric Lessons

for the First Class of the School of Spiritual Science at the Goetheanum

Volumes One to Four (CW 270)

9781855845824 hc 1,728pp \$125.00

The Chadwick Library Edition

The Chadwick Library Edition is an endeavor to publish in new or thoroughly revised English translations selected written works of Rudolf Steiner. This premier edition (750 numbered copies) has a leather spine binding, cloth sides, and a light slipcase. Printed and bound at Ruggero Rigoldi, Milan, Italy.

See our website for more information on The Chadwick Library Edition and to order from the complete series.

Goethe's Theory of Knowledge

With Special Reference to Schiller

Translated by David W. Wood, David Ecklund, and Cliff Venho

Written 1884–1885 (CW 2)

As the editor of Goethe's scientific writings during the 1880s, Rudolf Steiner became immersed in a worldview that paralleled and amplified his own views in relation to epistemology, the interface between science and philosophy, the theory of how we know the world and ourselves.

In this concise volume, Steiner lays out his argument for this view and, moreover, begins his explication of how one goes beyond thinking to the observation of thinking itself.

This book is essential reading for a deeper understanding of Rudolf Steiner's seminal work, *The Philosophy of Freedom*.

9781734546125 slip-cased hb 180pp \$45.00

Christianity as Mystical Fact and the Mysteries of Antiquity

Translated by Clifford Venho, David Ecklund
Written 1902 (CW 8)

As one of the earliest works by Rudolf Steiner that addresses esoteric themes directly, this book is the cornerstone for a new understanding of the essence of Christianity and its place in the spiritual evolution of humanity. It traces the development of knowledge preserved in the mystery schools of Egypt and Greece from Heraclitus and Empedocles to Plato and Philo of Alexandria, each revealing a thread in the tapestry of humanity's spiritual life. The esoteric teachings contained in the New Testament and the cosmic significance of Christ's deed on Golgotha are laid bare by Rudolf Steiner's spiritual research. This great journey leads to a core insight: “Christianity as mystical fact is a stage of development in the course of human evolution; and the processes in the mysteries, and the effects produced by them, are the preparation for this mystical fact.”

9781734546149 slip-cased hb 232pp \$45.00

An Outline of Spiritual Science

Translated by Agnes Schneeberg-de Steur

Written in 1909 (CW 13)

This foundational work is the most comprehensive and effective presentation of a spiritual alternative to contemporary, materialistic cosmologies and the Darwinian view of human nature and evolution. It shows how the creation and evolution of humanity is embedded at the heart of the vast, invisible web of interacting cosmic beings, through whom the alchemical processes of cosmic evolution continue to evolve. Includes descriptions of the physical-spiritual makeup of the human being; the relationships of the different “bodies” of the human being to sleep and death; and a detailed, practical guide to methods and exercises, including the “Rose Cross Meditation,” through which we can attain knowledge of the spiritual worlds.

The most remarkable and revolutionary aspect is the central function that Steiner attributes to the Christ's involvement in human and earthly evolution through the Mystery of Golgotha.

9781734546163 hb 3-volume slip-cased set 584pp \$135.00

Foundational Works and Selected Lectures

Intuitive Thinking as a Spiritual Path

A Philosophy of Freedom

Written in 1894 (CW 4)

RUDOLF STEINER

Introduction by Gertrude Reif Hughes

Translated by Michael Lipson

Classics in Anthroposophy Series

Of all of his works, this is the one that Rudolf Steiner himself believed would have the longest life and the greatest spiritual and cultural consequences. It was written as a phenomenological account of the "results of observing the human soul according to the methods of natural science."

This seminal work asserts that free spiritual activity—understood as the human ability to think and act independently of physical nature—is the suitable path for human beings today to gain true knowledge of themselves and of the universe. You will not find abstract philosophy here, but a step-by-step account of how a person may come to experience living, intuitive thinking—"the conscious experience of a purely spiritual content."

This volume is arguably the most essential of Steiner's works. The thoughts in this book establish the foundation for all of Anthroposophy.

9780880103855 304pp \$17.95

An Outline of Esoteric Science

Written in 1909 (CW 13)

RUDOLF STEINER

Introduction by Clopper Almon

Translated by Catherine E. Creeger

Classics in Anthroposophy Series

"Esoteric science is the science of what takes place esoterically, in the sense that it is perceived not outside in nature but where one's soul turns when it directs its inner being toward the spirit. Esoteric science is the opposite and counterpart of natural science." —Rudolf Steiner

9780880104098 448pp \$19.95

Theosophy

An Introduction to the Spiritual Processes
in Human Life and in the Cosmos

Written in 1904 (CW 9)

RUDOLF STEINER

Introduction by Michael Holdrege

Translated by Catherine E. Creeger

Classics in Anthroposophy Series

Theosophy is a key work for gaining a solid footing in spiritual reality. To begin, Steiner builds a comprehensive understanding of human nature: physical bodily nature; soul qualities; spirit being, or "I"-being; and the higher spiritual aspects. Then he gives an overview of the laws of reincarnation and the principles of karma. In the third section he shows the various ways in which we live on earth and after death and in the three worlds of body, soul, and spirit. Finally, he gives a succinct description of the path of knowledge, along which you can begin to understand the marvelous, harmonious complexity of the psycho-spiritual worlds in their fullness.

9780880103732 256pp \$16.95

Anthroposophy and the Inner Life

An Esoteric Introduction

RUDOLF STEINER

Some Results of Spiritual-Scientific Research
into Human History and Development (CW 15)

Given shortly after the Christmas Foundation Meeting, in which Rudolf Steiner refounded and renewed the Anthroposophical Society, these lectures reformulate the content of spiritual science from a condensed, personal, experiential point of view. What Steiner presented in *Theosophy* in a descriptive, systematic way, is complemented here with great intensity, challenging us to cultivate a living experience of the spiritual nature of ourselves and of the world.

9781855844179 134pp \$22.00

How to Know Higher Worlds

A Modern Path of Initiation

Published in 1904 (CW 10)

RUDOLF STEINER

Foreword by Arthur Zajonc

Translated by Christopher Bamford

Classics in Anthroposophy Series

This is the classic account of the modern Western esoteric path of initiation made public by Rudolf Steiner in 1904. Steiner begins with the preconditions for personal development and guides the reader through the stages of initiation, its practical aspects, and its effects.

This is Steiner's most essential guide. It has inspired hundreds of thousands of readers around the world and has been admired by some of the most brilliant minds of our time.

9780880103725 288pp \$16.95

Knowledge of the Higher Worlds How Is It Attained? (CW 10)

RUDOLF STEINER

Translated by Thomas O'Keefe, Clifford Venho and Julia Selg

This extraordinary, exact and elegant translation of Rudolf Steiner's foundational written work on how to attain knowledge of the spiritual world is part of the Chadwick Library editions. See the entire collection on our website.

9781732461390 hc 268pp \$45.00

Anthroposophy (A Fragment)

A New Foundation for the Study
of Human Nature (CW 45)

RUDOLF STEINER

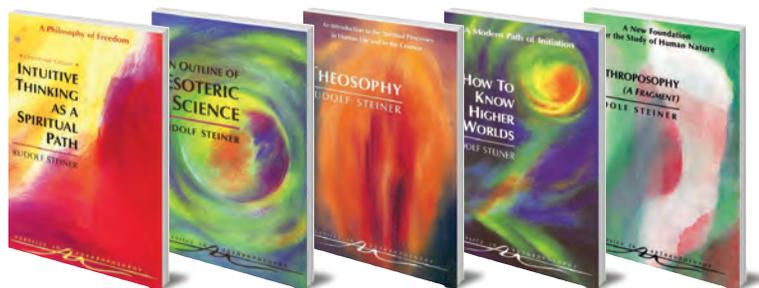
Foreword by Robert Sardello

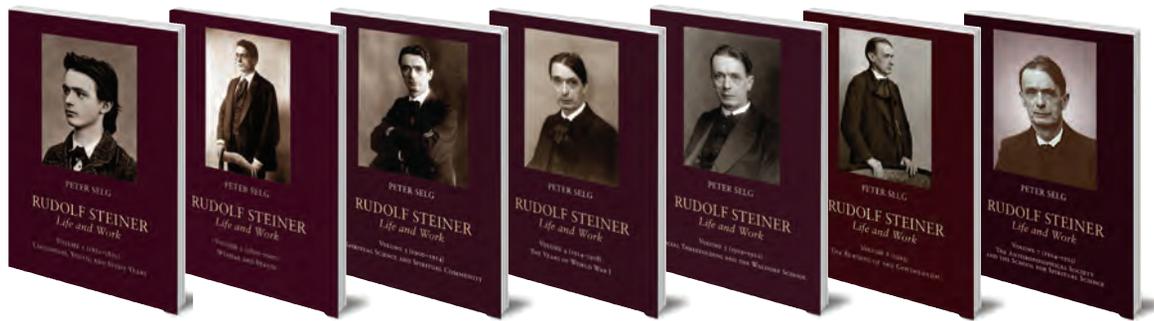
Introduction by James A. Dyson, M.D.

Translated by Catherine E. Creeger & Detlef Hardorp

Classics in Anthroposophy Series

9780880104012 224pp \$24.95





Care for the Soul

Between Body and Spirit – Psychotherapy
Founded on Anthroposophy
RUDOLF STEINER

Edited with introduction by Harald Haas, MD;
translated by Matthew Barton

This excellent anthology compiled by Swiss psychiatrist and psychotherapist Harald Haas explores the nature of the soul through the writings and lectures of Rudolf Steiner and the scientific, and above all, spiritual-scientific methodology for comprehending it.

Rather than looking back to conditions that influenced how we are today, he brings a therapeutically innovative meditative training in imagination that focuses on our further development as beings that think, feel, and act with intentionality. From the contents: Methods of Anthroposophic Study of Soul and Spirit; Thinking, Feeling, and Will: Our Dependency on Physical and Spiritual Realities; Looking Back into the Soul Realm, Immersion in the Spiritual Nature of the World; Schooling of the Will and Thinking through Meditation and Concentration; From the Ordinary Mind to Spirit Vision

9781855845633 142 pp \$17.00

Love & Its Meaning in the World

RUDOLF STEINER

Compiled and introduced by Christopher Bamford
Love is at the very heart of Rudolf Steiner's whole body of work and the foundation of his hopes for humankind and the Earth. This collection gathers all of Rudolf Steiner's main lectures and writings related to love—from earthly love to the nature and function of spiritual love. These lectures are essential reading to gain a deeper understanding of our true mission as human beings and the purpose of evolution on the Earth.

9780880104418 208pp \$24.95

Heart Thinking

Inspired Knowledge
RUDOLF STEINER

Collected and introduced by Martina Maria Sam

The concept of “thinking with the heart,” or EQ (“emotional intelligence”), is often used today, usually in contrast to intellectual thought. When Rudolf Steiner used the phrase “heart thinking,” he meant it in the very specific sense that heart thinking is intimately related to the spiritual faculty of Inspiration and that the heart can become a new organ of thinking through exercises that work toward the transformation of feeling, shedding its personal and subjective character.

By practicing the exercises presented here you can attain thinking that is in harmony with the true nature and reality of what you seek to know.

Martina Maria Sam is leader of the Literary Arts and Humanities Section of the School for Spiritual Science at the Goetheanum.

9781855845350 136pp \$17.00

Start Now!

A Book of Soul and Spiritual Exercises:
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Compiled and introduced by Christopher Bamford

This inspiring guide to the practical aspects of anthroposophy offers the most extensive collection available of Steiner's spiritual instructions and practices for working with the dead, with the angelic hierarchies, and with our guardian angels. It will become a lifelong friend and helper along the way.

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PETER SELG

Translated by Margot Saar

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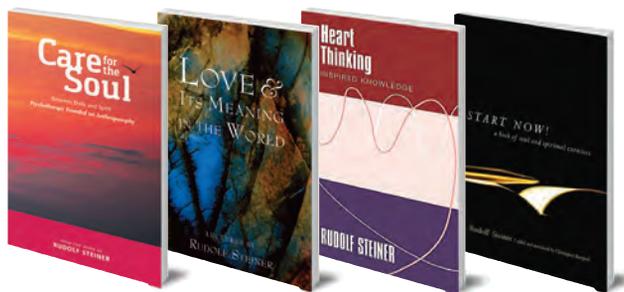
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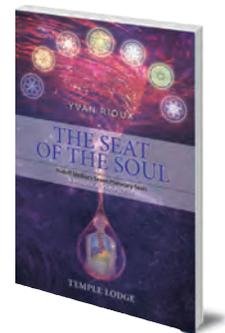
9781621482338 hc 326pp \$40.00

Peter Selg is director of the Ita Wegman Institute for Basic Research into Anthroposophy, Arlesheim, Switzerland, and works in collaboration with the Executive Council of the General Anthroposophical Section of the School of Spiritual Science (Goetheanum).



“The seat of the soul is where the inner world and the outer world meet. Where they overlap, it is in every point of the overlap.”

–NOVALIS



Freemasonry and Rudolf Steiner

An Introduction to the Masonic Imagination
N. V. P. FRANKLIN

“The question is not ‘Was Rudolf Steiner a Freemason?’ but ‘Which elements of Freemasonry did Rudolf Steiner find to be valuable?’

Knowing the traditions of Freemasonry are invaluable to understanding the works of Goethe, Mozart, Herder, Lessing, and Novalis—as well as Rudolf Steiner, who renewed the “Royal Art” of Freemasonry from 1906 to 1914 through his ritual work known as *Mystica Aeterna*.

Franklin uncovers the heart of Freemasonry and why it was—and is still—immensely relevant to anthroposophy. With meticulous research into its older rituals and teachings, this detailed study is a unique contribution to the understanding of both freemasonry and anthroposophy.

9781912230556 340pp \$28.00

The Michael Prophecy and the Years 2012–2033

Rudolf Steiner and the Culmination of Anthroposophy
STEFFEN HARTMANN

Translated by Bettina Hinds

This collection of essays focuses on critically important themes in the teachings of Rudolf Steiner: the collaboration between souls both on Earth and in the spiritual world connected to the Platonic and Aristotelian “schools,” in the wider metaphysical collective known as the “Michael School” led by the Archangel Michael and Rudolf Steiner’s “Michael Prophecy” of 1924, his vision of this millennium and especially the crucial period between 2012 and 2033.

9781912230419 88pp \$14.00

The Twilight and Resurrection of Humanity

The History of the Michaelic Movement since the Death of Rudolf Steiner: An Esoteric Study

DR. YESHAYAHU (JESAIHAH) BEN-AHARON

This unique work describes the anthroposophic movement’s evolution and transformation in the etheric world during the twentieth century, focusing on developments in the work of building the community of the School of Spiritual Science, that embodies the new Michaelic movement today.

DR. BEN-AHARON, spiritual scientist, writer, philosopher, and social activist, is founder of the anthroposophic community in Harduf, Israel, cofounder of the Global Network for Social Threefolding, director of Global Event College, and contributor to the School of Spiritual Science.

9781912230426 352pp \$40.00

The Temple and the Grail

The Mysteries of the Order of the Templars and the Grail and their Significance for Our Time

WILLEM VELTMAN

Combining historical research with insights gained from the work of Rudolf Steiner, Willem Veltman reveals significant new perspectives: that the “poetic imagination” of the Grail mystery originated in actual historical events and that the true history of the Knights Templar is essentially esoteric.

He presents an impressive survey from the pre-Christian mysteries to the continuation and metamorphosis of the Grail and Temple impulses into the future, analyzing along the way the significance of the holy city of Jerusalem, the Temple of Solomon, the Temple Legend, the Grail Temple, the Rosicrucians, the Templars’ gold, and the charged issue of evil.

9781912230761 234pp \$23.00

The Seat of the Soul

Rudolf Steiner’s Seven Planetary Seals
A Biological Perspective

YVAN RIOUX

In *The Mystery of Emerging Form*, Yvan Rioux explored the formative forces of the 12 zodiacal constellations. In this sequel, he reveals how the activity from the planetary spheres works within us as “life stages,” or metabolic processes, and explores the impact of each planetary sphere on our complex organic makeup and psychic activity.

He then gives a description of Rudolf Steiner’s 7 “planetary seals,” the hidden signatures that show their ongoing etheric impacts on the 7 stages of our metabolism. Finally, he synthesizes a convergence of ideas between Steiner’s indications and the ancient Chinese view on human physiology that offers exciting new perspectives for understanding the human being.

9781912230235 228pp \$25.00

The New Cain

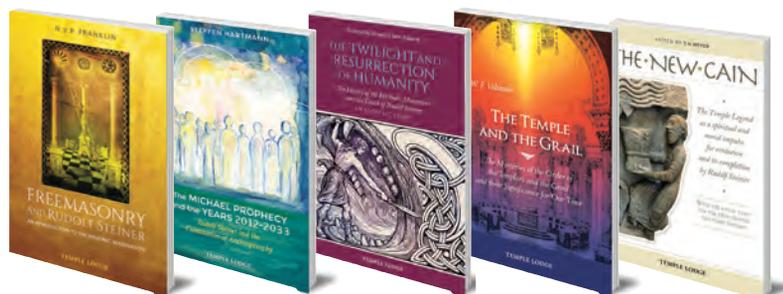
The Temple Legend as a Spiritual and Moral Impulse for Evolution and Its Completion by Rudolf Steiner

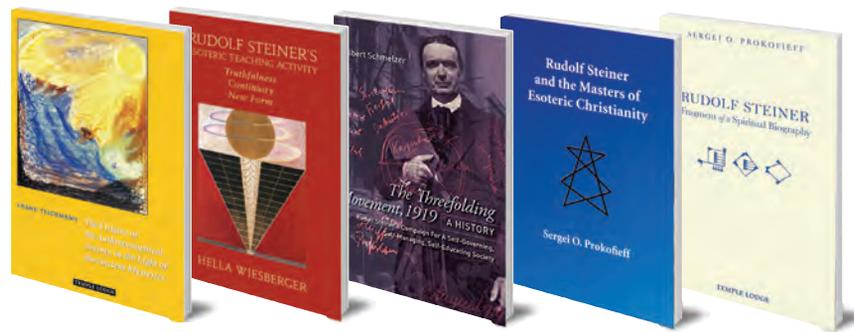
T. H. MEYER, EDITOR

In the context of the “new” Cain described by Thomas Meyer here, the ritual ceremonies enacted by Rudolf Steiner between 1905 and 1914 acquire their true meaning. As a way to incorporate previously developed spirit knowledge into the human soul and into physical reality, these early “rites of knowledge” are in a direct line to the Class lessons of 1924.

Includes reflections by Rudolf Steiner and Thomas Meyer’s commentaries; important thoughts by Marie Steiner, W. J. Stein, Ludwig and Polzer-Hoditz, and D. N. Dunlop that reveal the universally human core of the rituals encountered both in traditional freemasonry rites and in those developed by Rudolf Steiner.

9781906999100 216pp \$26.00





The Origins of the Anthroposophical Society in the Light of the Ancient Mysteries

FRANK TEICHMANN

While researching the mysteries of antiquity, Frank Teichmann made a series of surprising discoveries in connection with the origins of the Anthroposophical Society at the Christmas Conference 1923–24 that connect directly to contemporary events and the tasks of the present day. Based on extensive documentation of historical sites, he offers incisive, fresh insights into Rudolf Steiner's seminal esoteric deed: "All [of Steiner's] deeds, no matter how original they may appear in the foreground, have a deep esoteric background that contains the entire spiritual history of humanity."

Fully illustrated, including his own original photos of British mystery landmarks.
9781912230495 illustrated 178pp \$18.00

Rudolf Steiner's Esoteric Teaching Activity

Truthfulness - Continuity - New Form
HELLA WIESBERGER

Transl. by John M. Wood, Matthew Barton, Marsha Post, Rita Stebbing; edited by Julius Zoll
These accounts by Hella Wiesberger (1920–2014) offer an overview of the nature, background, and history of Rudolf Steiner's esoteric teaching activity. This book is the result of her lifelong study of this aspect of Steiner's work, including documents she oversaw as an editor of Rudolf Steiner's Collected Works. Wiesberger's collegial relationships with certain esoteric students also helped her shine a light on some of Steiner's less accessible documents.

9781621482413 292pp \$25.00

The Threefolding Movement, 1919

A History: Rudolf Steiner's Campaign for a Self-governing, Self-managing, Self-educating Society

ALBERT SCHMELZER

Albert Schmelzer offers an accomplished synthesis of the development of social thought and the complex politics of that time, presenting his study of threefolding within the context of evolving social ideas and comparing Steiner's relevance to key political and cultural thinkers, reformers, and radicals. Schmelzer shows how Steiner's social ideas transcend the right-left divisions and polarizations of contemporary politics and provide a fresh way to understand society that enables a more creative and harmonious future.

9781855845411 240pp \$24.00

The Challenge of Spiritual Language

Rudolf Steiner's Linguistic Style

MARTINA MARIA SAM

Translated by Douglas E. & Marguerite V. Miller

Martina Maria Sam describes why Rudolf Steiner had to create new forms of expression, and examines the specific nature of his lectures. She considers two stylistic principles that permeate Steiner's entire body of work, his special way of handling the pictorial element in language, his construction of meditative verses and mantras, and his development of an artistic, linguistically creative element that will be fully possible only in the future.

9781855845770 96pp \$18.00

Rudolf Steiner and the Masters of Esoteric Christianity

SERGEI O. PROKOFIEFF

This deep study shows how the 7 Masters of esoteric Christianity—Manes, Master Jesus, Scythianos, Gautama Buddha, the Maitreya Bodhisattva, Novalis and Christian Rosenkreutz – have guided humanity over millennia; their working with Rudolf Steiner in the founding of the new mysteries, anthroposophy, during the Christmas Conference of 1923–24; aspects of Rudolf Steiner's own development and Initiation; and Steiner's position within the circle of Masters.

9780946206827 418pp \$45.00

Rudolf Steiner, Fragment of a Spiritual Biography

SERGEI O. PROKOFIEFF

Foreword by Astrid Prokofieff

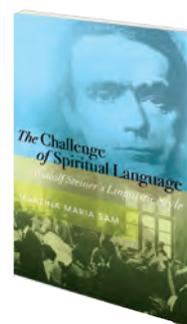
Translated by Simon Blaxland de Lange

In a sequence of five past incarnations as indicated by Steiner himself, Sergei Prokofieff searched over many years for the inner thread of Steiner's life. He completed this book only in the final years of his life.

This "fragmentary" biography features additional material, including an introduction on the relationship of the anthroposophic movement to other esoteric streams of Christianity and their Masters; a spiritual-scientific interpretation of "The Epic of Gilgamesh" that establishes Rudolf Steiner's connection with the being of Jesus of Nazareth, and an exploration of Steiner's relationship to the Nathan soul, the Jesus child of Luke's Gospel.

9781912230563 260pp \$32.00

"What was most important for me in this was to point out Rudolf Steiner's intentions in his specific, and often original, linguistic forms and, consequently, to create the introductory basis for a deeper understanding." – Martina Maria Sam



The Stars

“The images of the zodiac constellations represent actual experiences connected with the waking and sleeping of particular spiritual beings. In these images we have a knowledge that needs to be renewed at this time.”

—RUDOLF STEINER, 1912



The Language of the Stars

Zodiac and Planets in Relation to the Human Being: The Cosmic Rhythm in the Creed
HERMANN BECKH; RUDOLF FRIELING

Translated by Maren Stott and Alan Stott

Published here for the first time, this is the crowning masterpiece to Beckh's Collected Works. The annotated text is accompanied by Rudolf Frieling's profound application of Beckh's principles of the cosmic starry order to the Creed of The Christian Community.

Through ever-deepening meditation guided by Rudolf Steiner and his vast knowledge of Tibetan, Sanskrit, Pali and Avestan sacred texts, Beckh came to his own first-hand realization of how human and cosmic life is ordered. What he perceived directly and personally experienced in disciplined consciousness became this extraordinary work.

9781912230532 600pp \$35.00

Astronomy and Astrology

Finding a Relationship to the Cosmos

RUDOLF STEINER

Selected by Margaret Jonas

Rudolf Steiner brings a spiritual perspective to our study of the heavens. While criticizing the superficial nature of popular astrology, he shows that, as individuals with the guidance of spiritual beings, we choose the appropriate time of birth to match the destiny we are to live.

This enlightening anthology, collated expertly by Margaret Jonas, features selections of Steiner's work on the spiritual individualities of the planets; the determination of human characteristics by the constellation at birth; the cultural epochs and the passage of the equinox; cosmic influences on the individual and humanity; life in the planetary spheres between death and rebirth; solar and lunar eclipses; comets; and much more.

9781855842236 256pp \$26.00

Interdisciplinary Astronomy

Third Scientific Course

RUDOLF STEINER

18 lectures, Stuttgart, Jan. 1–18, 1921 (CW 323)

Translated by Frederick Amrine

The subject of these lectures is not actually astronomy, broadly considered, but the relationship of astronomy to the other fields of natural science. As he does elsewhere, Steiner maintains that the rigid specialization so prevalent in scientific endeavors will not bring us any closer to an integrated, singularly comprehensible understanding of the reality of our world. In particular, a true grasp of this will not be possible until its mirror, the study of human embryology, is recognized as such and penetrated with this reflective relationship in mind.

Steiner once again shows himself to be both an utterly unique and masterful commentator on scientific and intellectual history, as well as a living light, shining a possible forward path for human progress and self-knowledge.

9781621480709 342pp \$30.00

Spiritual Beings in the Heavenly Bodies and in the Kingdoms of Nature

RUDOLF STEINER

10 lectures, Helsinki, April. 3–14, 1912 (CW 136)

Introduction by Christopher Bamford; original translation revised by Marsha Post

This extraordinary course of lectures forms the central pillar of Rudolf Steiner's cosmological work: a revolutionary angelological cosmology, a new, non-dual, phenomenological path to a contemporary divine-spiritual-physical cosmology that is angelological and theophanic.

In these lectures, you are led through a series of meditations to recognize these spiritual beings and to know their deeds.

9780880106153 288pp \$25.00

Zodiac

An Exploration into the Language of Form, Gesture, and Colour

GERTRAUD GOODWIN

“From the many relationships to other qualities, like the consonants, virtues, colors, eurythmy gestures, the elements, musical keys, and many more, in which the zodiacal forces express themselves as if through different instruments, a harmony begins to emerge, which informs me of an ever-rounding picture of one particular force of the Zodiac.” —Gertraud Goodwin.

In this richly illustrated collation of original artistic research on the zodiac through sculpture, graphics, and painting, new insights are explored and illumined in 27 essays and numerous full-color images, shedding light on the vast realm of creative forces around us and their primary source.

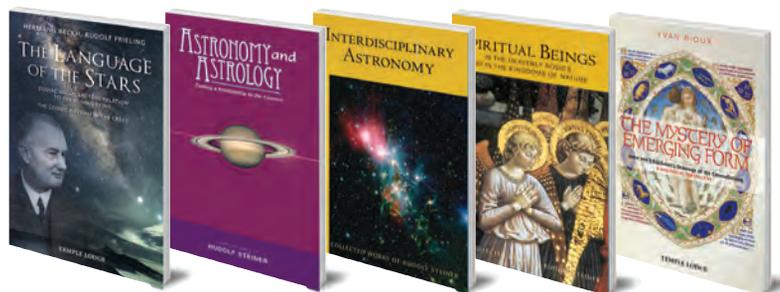
9781912230396 large format illustrated 200pp \$33.00

The Mystery of Emerging Form

Imma von Eckardstein's Drawings of the Constellations: A Biological Perspective
YVAN RIOUX

In the original edition of Rudolf Steiner's Calendar of the Soul, 12 illustrations of the constellations, made by Imma von Eckardstein, were published for the first time. These intuitive drawings differ greatly from the traditional ones, and Steiner stressed their great importance for our modern consciousness. The images invite us to comprehend formative forces in their various guises in the kingdoms of nature. By exploring the gifts of each constellation, Yvan Rioux uses Imma's drawings as a template to elucidate the emergence of 12 basic forms as the common denominators of all creatures, leading eventually to the human form.

9781912230020 196pp \$24.00



from *The Genius of Home*

Teaching Your Children at Home with the Waldorf Curriculum

by Catherine Read, PhD



EVERYONE HAS THEIR OWN REASONS for deciding to school at home. There are many books on the subject, and that decision is not a focus here. But teaching with the Waldorf curriculum at home is innovative now—in its early days. Waldorf schools are institutions, and if one decides that one's child will be best educated outside of institutions, for whatever reason, then one is left with the challenge of finding a life in the curriculum that resonates to life at home. Before Steiner gave indications for an institutional school, he tutored one family's children at home, in all subjects, including one child with special needs. The first Waldorf school was begun when Emil Molt asked Steiner for indications of a curriculum and school for the children of the workers at his cigarette factory in Stuttgart, Germany. Yet as far as I know, no one ever asked Steiner for indications on how to school at home. We don't know what his answers might have been; we have to find the answers now ourselves. Steiner was clear, though, that starting a school as an institution within the state would require compromises (*Foundations of Human Experience*, August 20, 1919). School at home does not require those same compromises.

I often got the question, "How can the children be socialized if they go to school at home?" That question has many assumptions behind it. One assumption

is that an institution in which children spend hours every weekday in a room with twenty or thirty other children the same age is the only way to provide them group experience that will teach them how to interact in a socially acceptable way with others. This assumption is not true, even in Waldorf schools where teachers take into account the balance of temperaments in the group. Another assumption is that children who have school at home are not in social groups. This assumption is not true either. For instance, we were part of a group of families that celebrated festivals together and sometimes joined to teach our children in small groups. And we also hired specialty teachers for small groups throughout the fifteen years that we had school at home. Flexibility and adaptability are hallmarks of the Waldorf curriculum, and these qualities make the curriculum not only ideal, but crucial, as a foundation for teaching at home.

The Teacher's Own Relation to the Curriculum

If we go back to the word "curriculum" again, we can go deeper with its meaning. The word is from the Latin *curri*, a stem of the verb *currere*, "to run," and combines with *culum*, from *cule*, which is a diminutive suffix. Thus, a curriculum is "a little running" or "a little course." This is

the type of course that stars follow, that rivers flow, and that runners run. But what does this "course" have to do with a predetermined set of lessons, which is what we now think of as a curriculum? If the course is a path, then schooling is a path, and the teacher and student are on that path together. And so there is movement and progress and change and adaptation.

As I stated earlier, my first contact with the Waldorf curriculum came before I had children, when a friend who had attended the Edinburgh Steiner School gave me *Education Towards Freedom* by Franz Carlgren. This book describes the curriculum and nature of the Waldorf schools of 1972 in England and Germany. When I first read it, a few things immediately struck me about the education: its beauty, depth, integrity, and wholeness. These qualities I was strongly drawn to, even though my own education and professional work were nothing like the schooling described. I was also drawn to the paintings and drawings, the classrooms themselves, and the expressions of interest and well-being on the children's faces, not to mention the breadth of topics and the detail of the thinking behind the topics—and also the sense that all the lessons were related to a larger whole. I felt that I would have children and that this Waldorf method would be the right education for them.

– Chapter Three, *Connecting with the Curriculum*



For Parents and Educators

"Each child in every age brings something new into the world from divine regions, and it is our task as educators to remove bodily and psychical obstacles out of its way."

—RUDOLF STEINER, AUGUST 19, 1922

The Waldorf School

An Introduction

CHRISTOF WIECHERT

What is distinctive about Waldorf schools? How do their pedagogical aims relate to the wide range of educational provision available today? Many people have heard of these schools, but know very little about them. Waldorf schools pursue an innovative educational practice that can enliven, inspire, and renew many aspects of today's educational systems.

This accessible and straightforward book describes the core concerns of Waldorf education and the current challenges it faces. It is intended for parents, teachers, and student teachers, and anyone who is interested in understanding what Waldorf schools are about.

9783723515396 120pp \$12.00

Teaching, the Joy of Profession

An Invitation to Enhance Your (Waldorf) Interest

CHRISTOF WIECHERT

To be a teacher never becomes dull or boring, but it is also a professional life under pressure. Working in the teaching profession can easily lead to a loss of balance between inner needs and the needs of the students, parents, and the school organism as a whole.

This book is a guide to finding balance, access to more energy, and renewed enthusiasm for the classroom.

Christof Wiechert worked for thirty years as a Waldorf teacher in The Hague. He co-founded the Waldorf teacher seminar and is a board member of the Anthroposophical Society in the Netherlands. He was head of the Pedagogical Section at the Goetheanum, and is active for the Free University at the Goetheanum.

9783723514733 184pp \$15.00

Solving the Riddle of the Child

The Art of Child Study

CHRISTOF WIECHERT

Rudolf Steiner's ideal was the weekly pedagogical meeting for teachers in the Waldorf schools to support their developing insight into the students. He demonstrated this himself as the "art of evolving insight" during the faculty meetings that he attended. Christof Wiechert presents Steiner's guidelines as a key tool for nurturing student development, as well as the teacher's growing powers of insight, which will support the educational and social dimensions of the entire school community.

9783723515273 232pp \$20.00

The Therapeutic Eye

How Rudolf Steiner Observed Children

PETER SELG

Rudolf Steiner's ability to perceive the inner nature and development of a child provided extraordinary insights at many levels and areas of the learning process. He spoke of this ability as a precondition for educators for all forms of healthy childhood education. In this valuable resource for both parents and teachers, Dr. Peter Selg discusses childhood development, how to observe children, and how teachers can develop lessons and classroom activities to deal with behavioral extremes and learning challenges.

9780880105941 96pp \$15.00

I Am Different from You

How Children Experience Themselves and the World in the Middle of Childhood

PETER SELG

This is an essential book for all parents and teachers to read—well before the crisis in the middle of childhood—in order to recognize what is necessary to support children during this decisive event in the right way.

9780880106580 120pp \$12.00

The Dignity of the Young Child: Volume 1

How Can We Keep the Young Child Healthy? Care and Up-bringing in the First Three Years of Life

MICHAELA GLÖCKLER; CLAUDIA GRAH-WITTICH

New insights for the care of young children today during the first three years of life, from research based on the anthroposophical understanding of the human being and the work of Emmi Pikler.

This far-reaching interdisciplinary combination of medical–psychological–pedagogical research supports children's healthy development in a world that is less and less child-friendly every day.

Published in cooperation with the Association of Waldorf Kindergartens and the Medical Section at the Goetheanum.

9783723516157 208pp \$30.00

The Child as a Sense Organ

An Anthroposophical Understanding of Imitation Processes

PETER SELG

"By means of the nerve-and-sense system, the body of children becomes like an imprint of the surroundings and, particularly, of the morality inherent in them."—Rudolf Steiner

Children's early experience of the world begins as an undifferentiated sensory relationship to their phenomenological environment. Dr. Selg describes the unfolding of the early stages of childhood from the perspectives of anthropological and anthroposophical research so that parents and educators can work therapeutically with young children.

9781621481836 134pp \$15.00



The Genius of Home

Teaching Your Children at Home with the Waldorf Curriculum

A family's path of homeschooling from kindergarten through high school grade eleven

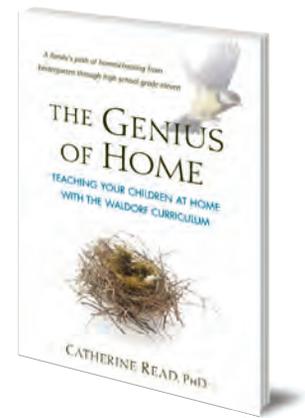
CATHERINE READ, PHD

There are as many possible approaches to teaching children at home, that is, "homeschooling," as there are homes and families who choose to take up this individualized approach to education.

Catherine Read chose to model her homeschool approach on the curriculum used in Waldorf schools, drawing insight and guidance from the pedagogical principles articulated by Rudolf Steiner.

Part memoir, part how-to, this book is the story of her journey as the primary teacher of her two daughters through the Waldorf curriculum from early childhood to grade 11: what she did, when she did it, and why.

Along the way, this flexible, artistic, challenging, and ultimately rewarding approach to education comes into focus. Inspiring and instructional, practical and personal, her account of her years as a parent who teaches her own children will benefit anyone considering or already engaged in homeschooling.



9781952166099 240pp \$30.00

Behavioural Disorders in Children and Adults

A Fresh Perspective: Insight – Empathy – Treatment

GEERTJE POST UITERWEER

This groundbreaking scientific study based on the insights of Rudolf Steiner describes six constitutional types or syndromes that occur in children and adults with learning disabilities and behavioral disorders, and neurological conditions such as epilepsy. The author asks a vital question: What actually underlies these disorders at a deeper level? The answer leads to better understanding, fresh perspectives, and new therapeutic methodologies.

Written by a highly experienced educator of special needs children, with comprehensive descriptions, including symptoms, causes, interpretations, approaches, and therapies, as well as several training exercises. This book is intended for teachers, counselors, and parents.

9781912230747 196pp \$27.00

Understanding Deeper Developmental Needs

Holistic Approaches for Challenging Behaviors in Children

ADAM BLANNING, MD

Individualized, therapeutic approaches to challenges such as aggressive behaviors, attention problems, anxiety, autistic behaviors, and depression that encourage healing from the inside out.

9781584209508 522pp \$35.00

Education for the Future

How to Nurture Health and Human Potential

Experiences and Perspectives from the Global Waldorf School Movement for Education in the 21st Century

MICHAELA GLÖCKLER

In this important book, Dr. Glöckler, leader of the Medical Section at the Goetheanum, covers the most urgent questions in education today and what this means for the daily school practice of Waldorf education.

9780952836438 252pp \$28.00

Knowledge, Teaching, and the Death of the Mysterious

DENNIS KLOCEK

A master teacher addresses the learning tasks and concerns of children – and adults – with illustrations from physiology and psychology. Contemporary education often attempts to 'solve' the mysterious aspects of nature by applying the 'proper' information, which tends to make awe and wonder disappear rapidly in the soul. Dennis Klocek shows how the Waldorf methodology is designed to help students penetrate the mysteries of life while still keeping the experience as well as the joy of the mysterious intact.

9780945803546 134pp \$19.95

Anthroposophic Medicine for All the Family

Recognizing and Treating Common Disorders
SERGIO MARIA FRANCARDO, M.D.

Precise descriptions of key remedies and ways to treat common ailments at home. It will be your family's primary health resource. Keep it handy.

9781855845343 334pp \$20.00

Childhood Illnesses and Immunizations

Anthroposophic Ideas to Insure the Wellbeing of Our Children in This Digital Age
ROSS RENTEA, MD; MARK KAMSLER, MD; ANDREA RENTEA, MD

"A highly researched yet accessible work that explains how current influences, primarily immunizations, infiltrate the child's organism and make growing up more difficult. offers many practical ways to overcome those hurdles. Supporting the health of the developing child with anthroposophic education and medicine will 'soften' the blow." –Mary Jo Oresti, M.A., Director and founding member of the Teacher Educational Support Program.

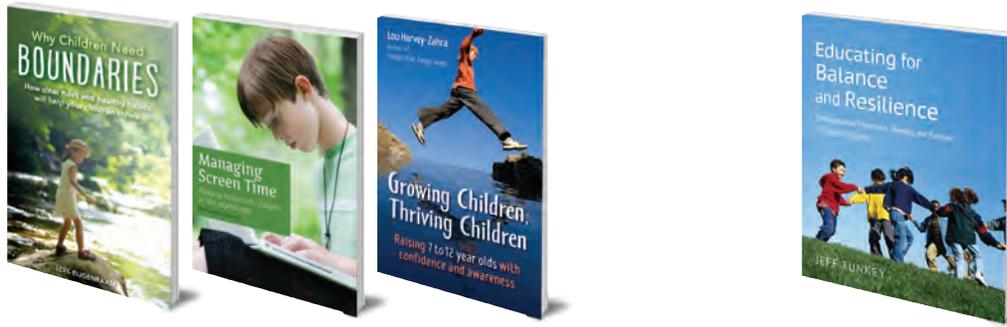
9781621482024 478pp \$35.00

Autism – Meet Me Who I Am

A Contribution toward an Educational, Sensory, and Nutritional Approach to Childhood Autism that Supports Families and Ignites the Child's Deeper Wish to Connect to People and the World
DR. LAKSHMI PRASANNA & MICHAEL KOKINOS

9781584209362 132pp \$14.95





Why Children Need Boundaries

How clear rules and healthy habits will help your children thrive

LOÏS EIJGENRAAM

Translated by Barbara Mees

A parent's toolkit of practical advice on common pitfalls to avoid, how to form healthy family habits and how to set appropriate rules. Lois Eijgenraam draws on Rudolf Steiner's insights of child development to create a holistic, natural and positive guide to inspire and support your own approach to parenting.

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EDMOND SCHOOREL

A comprehensive exploration of the health effects of screen time and the educational impact of new technology.

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"... this book is worth a read regardless of how well you think you communicate with your child."— Education Otherwise

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LEA PAGE

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JEFF TUNKEY

Movement exercises for all students, in all classes, every day.

The importance of developmental movement is clearly validated by modern science as a path to physiological and emotional development, and might be just as important as academic presentation, especially in the early grades. This book gives developmental movement, drawing, and painting exercises for all ages that build such basics as postural control, spatial orientation, physical coordination, and body geography.

"I found that utilizing even one sample of his many treasures made an immediate difference in the work with my class. His ideas are immediate and practical." —Jennifer Snyder, public school Waldorf teacher and member of the Pedagogical Section Council of North America

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How movement and music assist in brain development in children aged 3-7 years

SALLY GODDARD BLYTHE

This comprehensive collection of songs, action nursery rhymes, exercises and movement stories is a highly valuable guide for parents to helping their young child develop through movement.

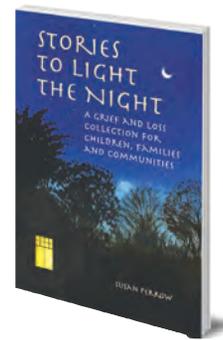
Includes 2 CDs.

19781907359996 incl. 2 CDs 192pp \$29.00



"What if imagination and art are not frosting at all, but the fountainhead of human experience?"

—ROLLO MAY, existential psychologist



Heaven on Earth

A Handbook for Parents of Young Children
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SHARIFA OPPENHEIMER

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—Kim John Payne M.Ed. *Simplicity Parenting*

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A Waldorf Guide to Children's Health

Illnesses, Symptoms, Treatments, and Therapies

MICHAELA GLÖCKLER, WOLFGANG GOEBEL AND KARIN MICHAEL

Translated by Catherine E. Creeger

This fully comprehensive guide is an essential reference for child health and wellness. It draws on anthroposophic medicine, combining conventional treatments with complementary therapies. Includes: First aid guidance; treatments for common complaints such as pain, fever, vomiting, allergies and asthma; recommendations for common illnesses such as chickenpox, glandular fever and ear infections; advice on serious disorders such as meningitis, diabetes, chronic illnesses, and hospital stays.

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The Extra Lesson

Movement, Drawing, and Painting Exercises to Help Children with Difficulties in Writing, Reading, and Arithmetic

AUDREY E. MCALLEN

Real help for elementary through high school students who are struggling with basic skill.

This revised and expanded 6th edition of the classic text gives careful and thorough instructions for the remedial drawing, painting, and movement exercises developed by Audrey McAllen, based on decades of her own work and observations and Rudolf Steiner's indications of the spiritual aspects of human development.

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Foundations of the Extra Lesson

Beyond What Is Seen in the Exercises

JOEP EIKENBOOM

Joep Eikenboom, a Waldorf class teacher and Extra Lesson practitioner in the Netherlands, has worked extensively with Audrey McAllen and others to found remedial education teacher training programs around the world.

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A Practical Guide to Curative Education

The Ladder of the Seven Life Processes

ROBYN M. BROWN

There is no definitive consensus as to why mental and behavioral disorders are so prevalent in children today and what this indicates about the world in which we live. Parents and educators are now faced with challenges they are often ill-equipped to address. This is a much-needed guide of an educational approach that can work for every child, and ultimately for our society.

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SUSAN PERROW

94 stories compassionately crafted for times of grieving, loss, and separation: loss of a loved one, of family connection, of a pet; separation from home, country, or place; loss of wellbeing; eco-grief and eco-anxiety; and stories on the cycles of life and change. Each story also indicates an age group and situation.

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Therapeutic Storytelling

101 Healing Stories for Children

SUSAN PERROW

Create your own therapeutic stories for children from 3 to 10 years old; how to use healing stories for global and national challenging situations; how to develop storytelling skills using useful tips and anecdotes; modern and traditional wisdom tales from around the world for unruly behavior, grieving, anxiety, lack of confidence, bullying, teasing, nightmares, intolerance, inappropriate talk, toileting, bed-wetting, and much more.

9781907359156 256 pp. \$37.00

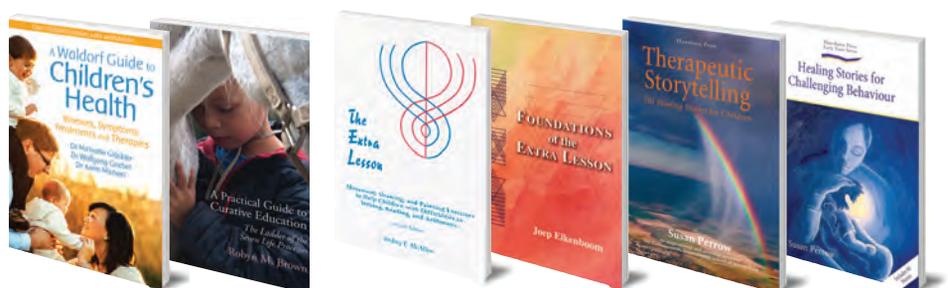
Healing Storytelling

The Art of Imagination and Storytelling for Personal Growth

NANCY MELLON

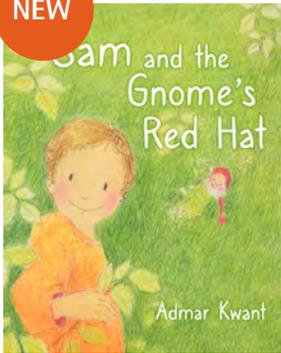
As a path of self-development, storytelling awakens inner archetypal experiences, symbols, and forces for healing yourself and others. Nancy Mellon tells the secrets of how to create a good story from scratch: making an atmosphere using movement and direction, rhythms of voice and language, the elements and seasons; and how to use special words that represent archetypal forces in the world.

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For the Children

NEW



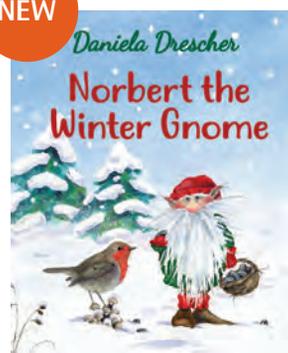
Sam and the Gnome's Red Hat

ADMAR KWANT

Sam's friends robin and fawn live in the forest. His very best friend is a little gnome who lives in the middle of the forest where the leaves are thick and ferns and mosses grow. They often leave little gifts for each other in the forest—a sweet blackberry, a shiny pebble, a red woodpecker feather. One day, Sam decides to make a special gift for his friend. (Ages 3-6)

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NEW



Norbert the Winter Gnome

DANIELA DRESCHER

Winter has arrived, and the forest is covered in snow. What will the forest animals eat? Norbert the Winter Gnome decides to visit his hungry friends, trekking through the icy forest to bring each of them a delicious gift. (Ages 1-3)

9781782506782 board book 10pp \$9.95

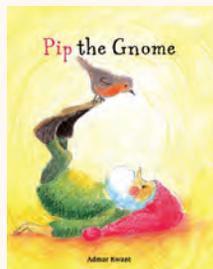
Pip the Gnome Series

ADMAR KWANT

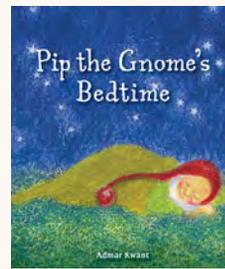
"Delightful board books for the youngest readers to practice talking about the pictures and page turning, and for emergent readers to 'have a go.'"

— Martine Horvath, EYE: Early Years Educator

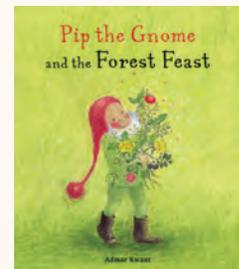
Admar Kwant lives with her family in the Netherlands. She regularly creates illustrations for Educare, a Dutch parenting magazine. (Ages 1-3)



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board book 14pp \$9.95



9781782504139
board book 14 pp \$9.95



9781782505495
board book 12 pp \$9.95

New Edition



My First Root Children

SIBYLLE VON OLFERS

All through the winter the Root Children sleep underground, but when spring comes, Mother Nature wakes them up to clean and paint the beetles and bugs. When summer comes, they play in the fields, ponds and meadows. (Ages 1-4)

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Elsa Beskow Gift Collections

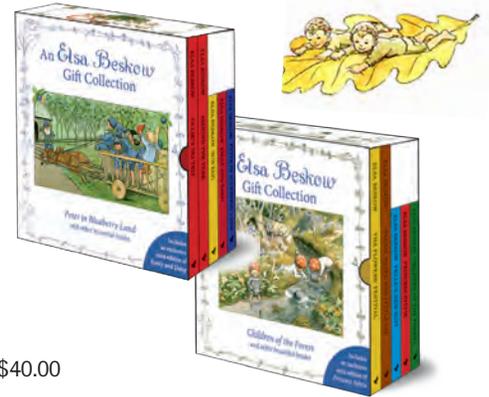
(Ages 4-7 years)

Peter in Blueberry Land

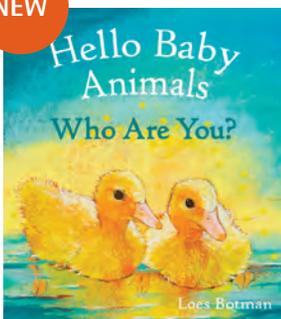
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NEW

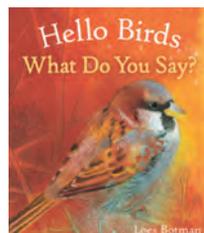


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First board books for very young children

LOES BOTMAN (Ages 1-3)

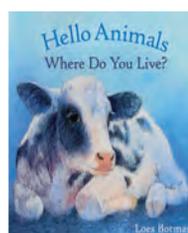
"There are just a few pages, but each one is worth spending time with." – The New York Times



9781782504887
BB 12pp \$9.95



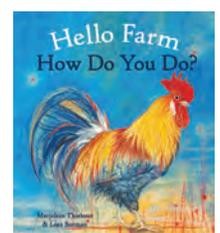
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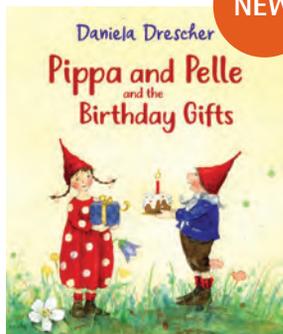
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Daisy the Hungry Duck

EVELIEN VAN DORT
ILLUS. BY MARJAN VAN ZEYL

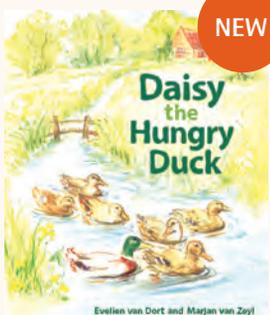
"Another Floris Books favorite."

– Where the Board Books Are

With soft illustrations and rhythmic words, perfect for reading aloud.

(Ages 1-3)

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NEW

Wake Up, Let's Play!

MARIT TÖRNOVIST

Join two friends who love playing together. They play clogs and boats, castles and baking, snowmen and parties. This simple board book has very few words, encouraging children to interact with the artwork in their own way. (Ages 1-4)

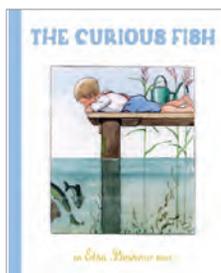
9781782506263 22pp \$8.95



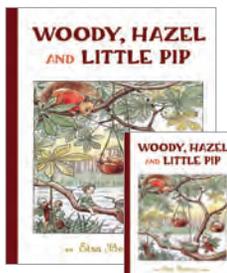
NEW



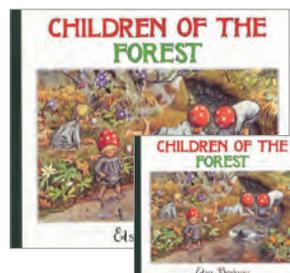
(Ages 3-6)
9781782507277 hc
32pp \$19.95



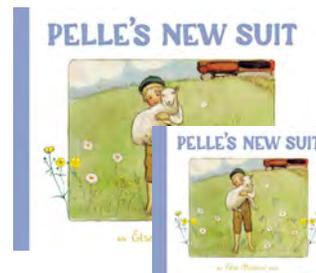
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Gerda Muller's all-time bestselling four seasons board books (Ages 1-5)



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Autumn

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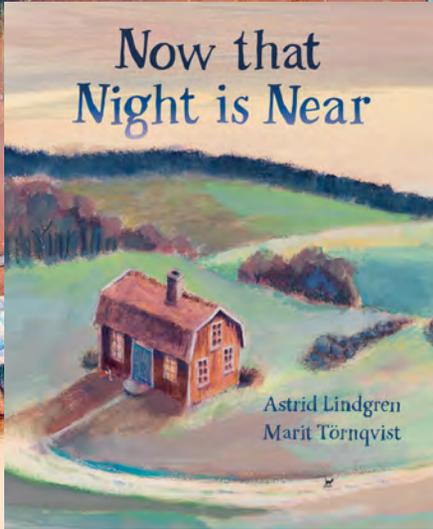
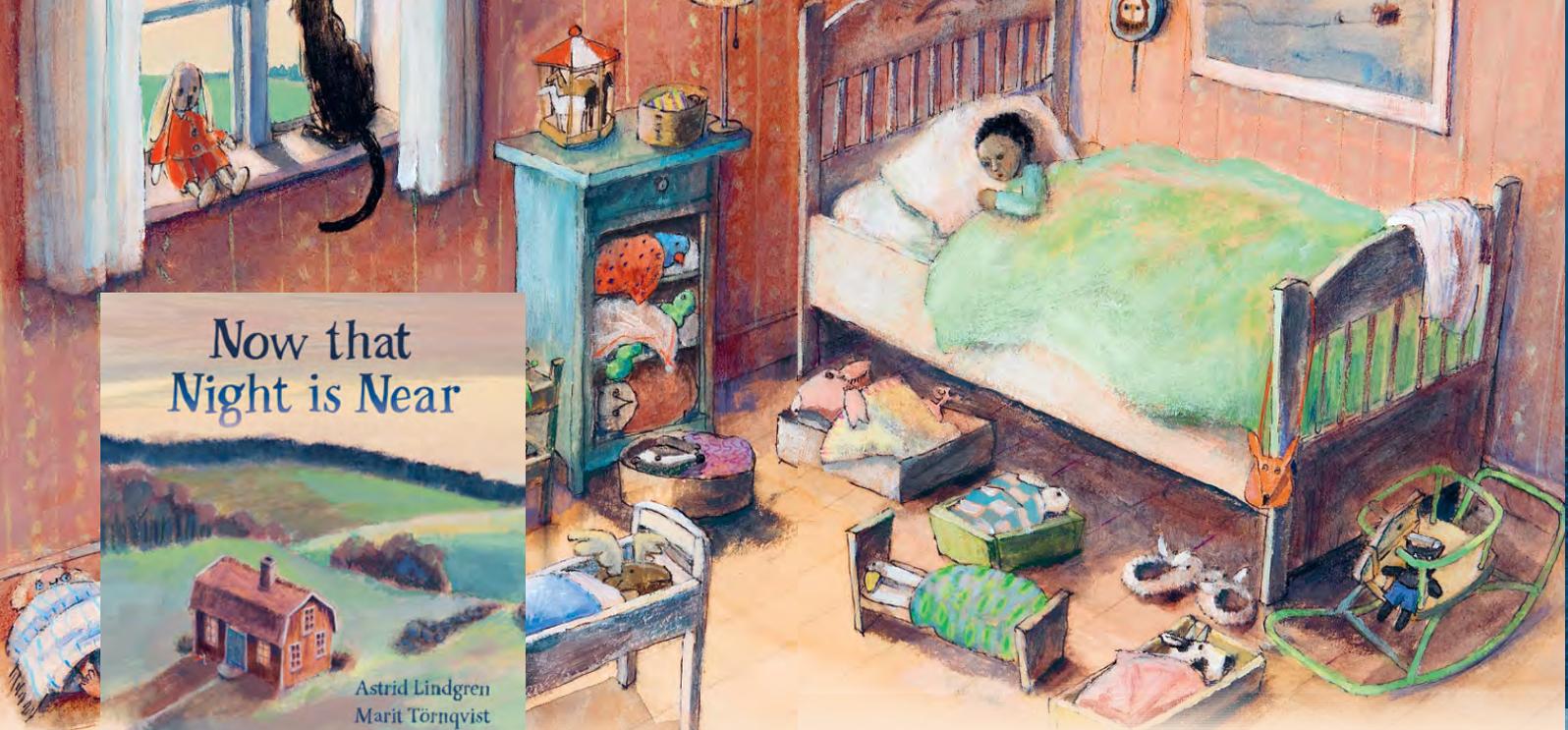


Winter

9780863151927 \$10.00



9781782504733 4-book set
48pp \$30.00



Now that Night is Near

ASTRID LINDGREN

Illustrated by Marit Törnqvist; Translated by Polly Lawson

Written by Astrid Lindgren, the bestselling author of Pippi Longstocking, with artwork by award-winning illustrator Marit Törnqvist, this soothing story is perfect for sharing with young children at bedtime. See more books by Astrid Lindgren and Marit Törnqvist on the website: www.steinerbooks.org

"This is such a sweet story, showing how night-time gently creeps into a country farm. The illustrations are soft and cozy and filled with all kinds of little details. Children need to really look closely to see all the animals curled up for bed ... there are many secrets hidden in the illustrations." – Youth Services Book Review, 5 stars

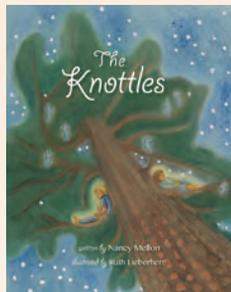
t's bedtime, and across the land everyone is settling down to sleep. The cows are lying down in their fields, the rabbits are snug in their burrows, and the birds are resting on their branches. Except someone isn't quite ready to close his eyes just yet... A curious cat gently wanders through midsummer fields, forests, and dusky Swedish landscapes as the sun slowly sets.

9781782506751 hc 24pp full color \$17.95 (Ages 2-5)



Charlie imagines all sorts of wonderful things that he might see at the carnival: lemonade rivers and lollipop trees, elephant taxis and a cake as big as the town square.

Explore Charlie's amazing imaginative carnival with lots of super fold-out pages and delightful illustrations. 9781782504603 hc 32pp \$17.95



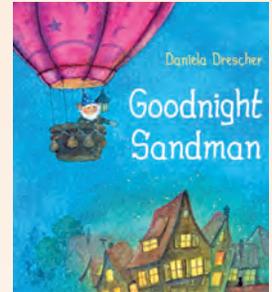
Two children go to sleep in their new home in the forest for the first time and they have the most surprising dream... Out of a large pinewood knot climb seven little Knottles, who are the guardians of the pine trees. In the morning, they are inspired to plant pine tree seedlings, and they promise to take good care of all their trees for evermore. 9781621480037 32pp \$11.95



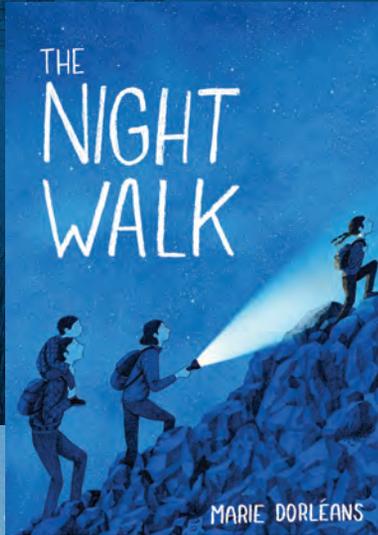
Little Fairy meets a mother fox, an elf father, and the Sandman. A moth fairy prince takes her to a midsummer night's party where she dances until she is so tired that she finally falls asleep. This magical, dreamlike tale makes perfect bedtime reading. (Ages 3-7) LIMITED QUANTITY 9780863158254 hc 24pp \$16.95



"A mesmeric collection of seven inconclusive stories meant to spark the imagination of a child who is subsiding into sleep. Mysterious jewel-hued illustrations reinforce the dreamlike quality of these short tales, which ideally should be read aloud softly, one each evening, just before lights out." – The Wall Street Journal: "Best New Children's Books" (Ages 6-9) 9781584209287 48pp \$12.95



Every evening, when everyone else is going to bed, Jacob the Sandman wakes up and starts his work. One evening atop the pile of dream sand is a snoring Night Monster (who turns out to be not-so-scary). This bedtime tale is perfect for banishing nightmares and encouraging sweet dreams. Much-loved artist and best-selling author Daniela Drescher makes this a new night-time favorite for every young child. (Ages 3-6) 9781782505259 hc 26pp \$16.95



The Night Walk

MARIE DORLÉANS

Marie Dorléans studied art and history of art at the School of Decorative Arts in Strasbourg, France. She works as a children's book illustrator. *The Night Walk* is the winner of the French literary prize, the Prix Landerneau, in the best children's book category.

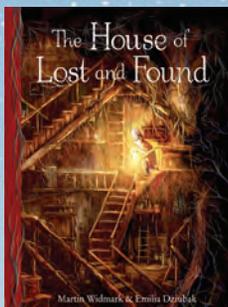
"Watercolor and pencil illustrations depict an enveloping nocturnal world. This wondrous darkness gleams with reassuring lights (from lamps, windows, flashlights, glinting stars, a woolly moon). A gift — here night isn't scary; the unknown is exhilarating and the ending sunny and clear."
 — Kirkus Reviews, Starred Review

"From the chirping of crickets to the scent of grass to the snap of dead branches as the family walks through the forest, the text uses sensory details effectively to help listeners imagine the experience. This rewarding picture book invites children to experience a memorable encounter with the natural world." — Booklist, Starred Review

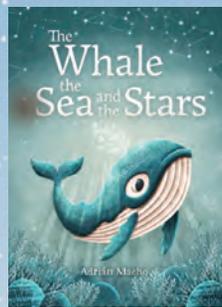
9781782506393 hc 32pp full color \$17.95 (Ages 4-8)



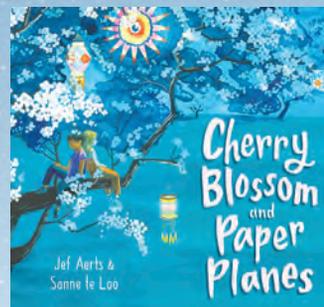
"Because of this instant classic, imaginations will soar; whether it's bedtime, daytime, or any time else, a bit of fantasy is in order." Foreword Reviews
 A moving story about overcoming loss and finding hope from a bestselling Swedish author. (Ages 4-7)
 9781782505990 hc 32pp \$17.95



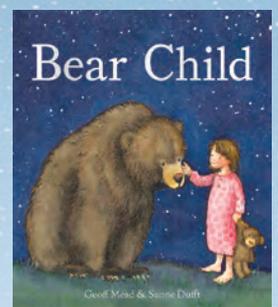
USBBY Best International Book 2019
"Stunning, poetically crafted storytelling and a work of art." — Goodreads
 Lonely Niles is entrusted with his neighbor's plant — as he cares for the growing plant, he starts to care for himself again and finds hope and friendship. (Ages 4-7)
 9781782505426 hc 40pp \$17.95



When it's time for little Gerda the blue whale to leave home, with her mother's song in her heart she follows the stars to a place she knows she can call home. Exciting adventures take her from the warm waters of the equator to the freezing poles. (Ages 4-7)
 9781782505594 hc 32pp \$17.95

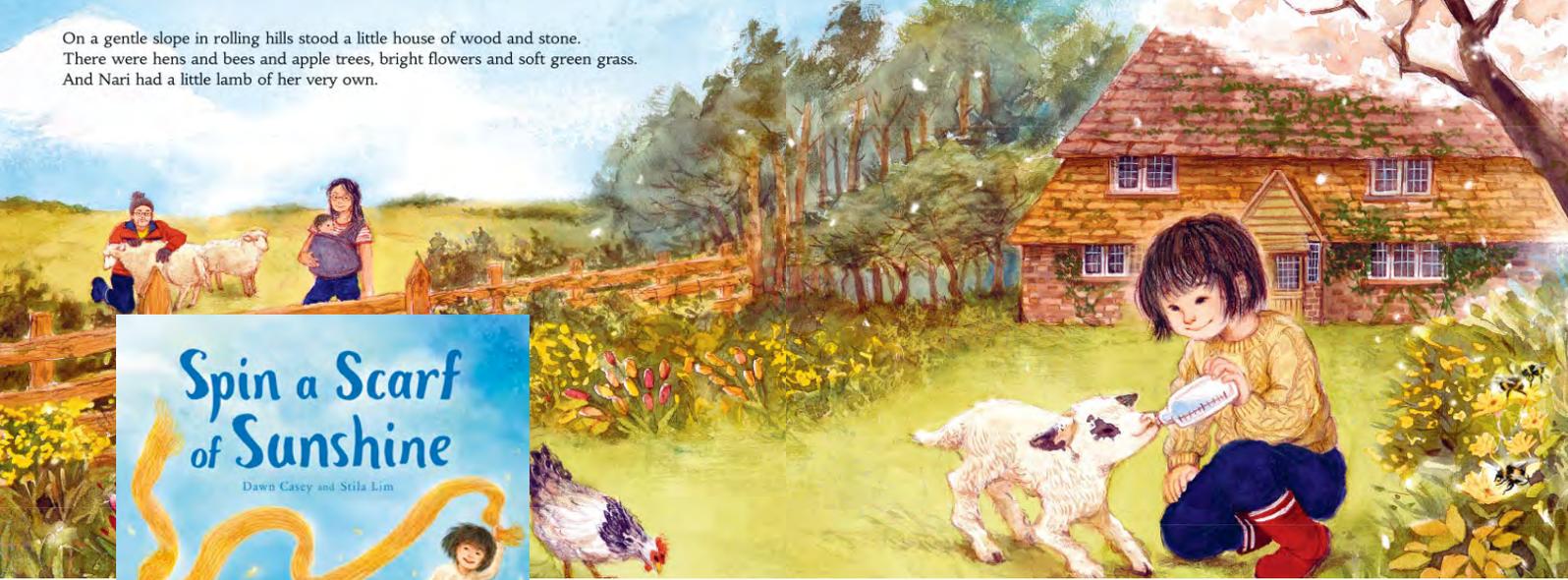


When two best friends are separated, they find their way back to each other through a shared love of cherry blossom and paper planes. (Ages 4-8)
"Resonates honestly and clearly with reassurance that friendship can weather changes and bridge distances. Memorable and visually rich." — Kirkus Reviews, Starred Review
 9781782505617 hc 48pp \$17.95



Who are the bear folk — and what makes them special?
"Powerful storytelling ... a magical tale." — Kindling
"A truly timeless folktale, unreservedly recommended." — Midwest Book Review
 An uplifting tale about childhood dreams, parental love and embracing individuality. (Ages 3-7)
 9781782504764 hc 32pp \$17.95

On a gentle slope in rolling hills stood a little house of wood and stone. There were hens and bees and apple trees, bright flowers and soft green grass. And Nari had a little lamb of her very own.



Spin a Scarf of Sunshine

DAWN CASEY

Nari lives on a small farm, where she cares for a little lamb of her own. As the seasons turn her little lamb grows into a fine sheep. Nari learns to shear, spin, dye and knit the wool into a beautiful scarf. Finally, after many years, Nani's beloved scarf is recycled into compost for the farm with the help of some friendly worms.

Spin a Scarf of Sunshine encourages young children to explore the simple beauty around them and connect with the idea of sustainable living.

9781782506584 hc 32pp \$17.95

Dawn Casey's work has won the Gold Nautilus Award and received an Accolade from the American Folklore Society. Stila Lim is an illustrator from South Korea. She studied Fine Art and graduated from Kingston University as Master of Communication Design.

The Sorcerer's Apprentice

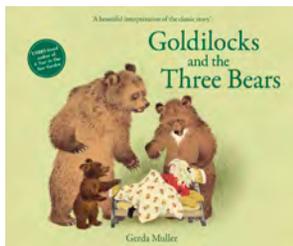
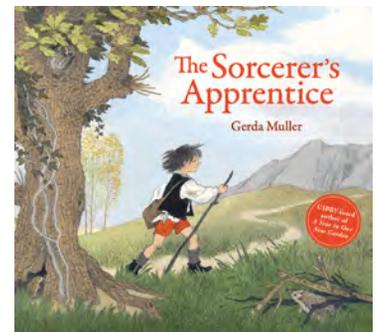
GERDA MULLER

When Oliver becomes a sorcerer's apprentice, he enters an incredible new world. He learns wonderful magic spells, the secrets of nature, and how to make healing potions and oils.

One day the sorcerer goes on a journey. Bored with his endless chores, Oliver enchants some brooms to do the work for him. But when the spell gets out of control, how can Oliver stop the magic?

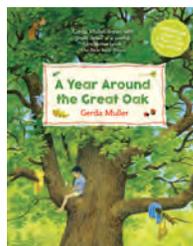
This classic tale was the inspiration for Disney's *Fantasia*.

9781782506287 hc 24pp \$17.95



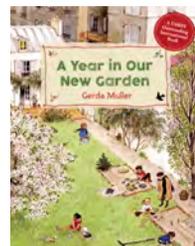
"The traditional tale with a modern twist a delightful mix of tradition and the modern day.." — WakingBrainCells blog

(Ages 3-7) 9781782506614
hc 40pp \$17.95



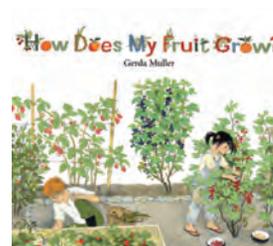
"An exquisite work of art - timeless quality - a must for all schools." — Carousel

(Ages 3-7)
9781782506027
hc 32 pp. \$18.95



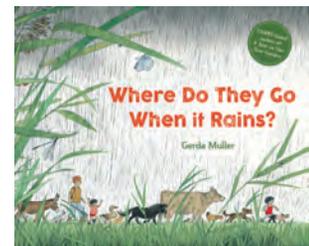
"This engaging story and gardening information will delight readers." — School Library Journal

(Ages 3-7)
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'5/5 stars' — A Window Into Books
"Lovely illustrations and a wonderful world of information awaiting young readers. I certainly learnt a great deal."

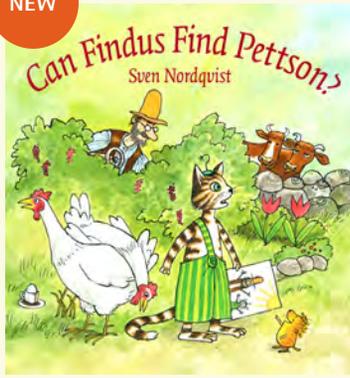
— Early Years Educator
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40pp hc \$17.95



"A lovely story to share with older pre-school children and those in their first year at school ... this is a fresh and colourful presentation of the answer to an age-old question. Don't forget to look at the end-papers."

— Beverley Mathias, The School Librarian (Ages 3-6)
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Finally, a Findus board book!

Can Findus Find Petson?

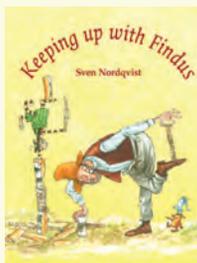
SVEN NORDQVIST

Findus asks everyone he meets, but nobody seems to know where Farmer Petson is – not the hens, not the cows, not even the muckles.

9781912480241 BoardBook 20pp \$9.95

The Findus series follows the adventures and misdemeanours of the mischievous Findus the Cat and Farmer Petson along with their muckle friends. With amusing storylines the Findus books approach personal and social issues which the characters learn to overcome with humor and playfulness. (Ages 2-6)

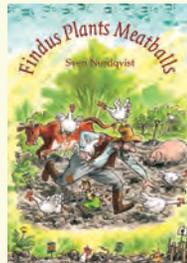
Find more Findus & Petson books by Sven Nordqvist on our Website



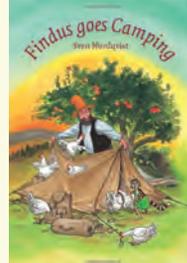
9781912480142 hc
28pp \$17.95



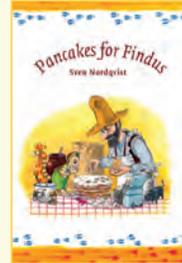
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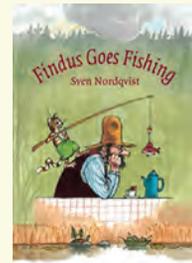
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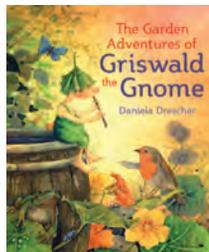


Evie and the Strawberry Surprise

STEFANIE DAHLE

Evie has lost her magic wand, her strawberries have turned bright blue, and odd noises have been heard coming from Berry Woods. Can Evie find out the truth? (Ages 4-7)

9781782506386 hc
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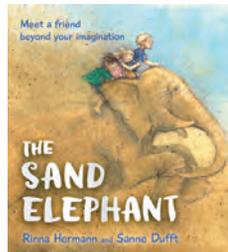


The Garden Adventures of Griswald the Gnome

DANIELA DRESCHER

Griswald is a little gnome who lives in a rain gutter. One day, a storm washes him down the drainpipe into an old rain barrel in the garden. Through the seasons, Griswald explores a whole new world in the garden and meets many new friends. Perfect for bedtime, each easy-to-read chapter tells a different adventure. (Ages 6-10)

9781782505211 hc 120pp
\$19.95

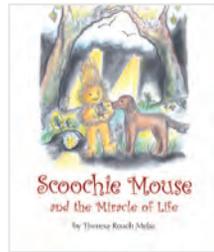


The Sand Elephant

RINNA HERMANN'
ILLUSTRATED BY
SANNE DUFTT

Paul has no one to play with. As he digs and pats in the sand by himself, an elephant shape appears. Curling up under the elephant's warm trunk, he drifts off to sleep. But then something amazing happens. The sand elephant comes alive and takes Paul to a wonderful land where incredible sand animals play with him.

9781782506157 28pp
\$17.95



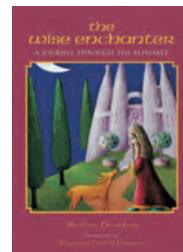
Scoochie Mouse and the Miracle of Life

THERESA ROACH MELIA

Born from the Waldorf approach to early childhood learning, this book as well as its companion *The Adventures of Scoochie Mouse* are gentle, healing stories about deep reverence for the natural world, abiding kindness toward all creatures, love, and goodness. The short chapters are perfect for reading aloud to young children and for early readers to read for themselves. (Ages 3-6+) 9781952166068 168pp \$13.95

The Adventures of Scoochie Mouse

9781584209911 152pp \$12.95



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A Journey through the Alphabet
SHELLEY DAVIDOW; ILLUSTRATED
BY KRYSZYNA EMILIA KURZYCA
A wonderfully adventurous learn-
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are sent on a quest to rediscover
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Waldorf Alphabet Book

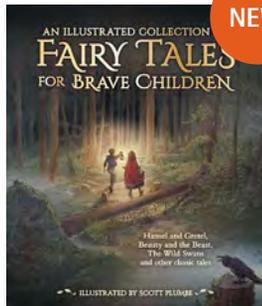
FAMKE ZONNEVELD

Afterword by William Ward
A bestselling Waldorf early
learning book

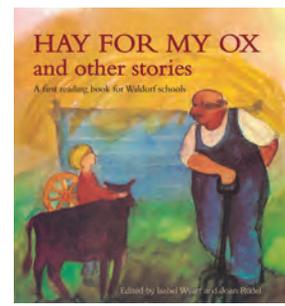
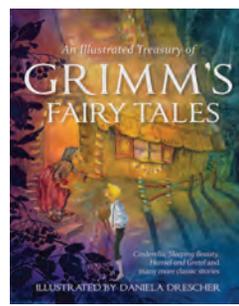
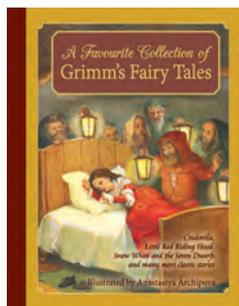
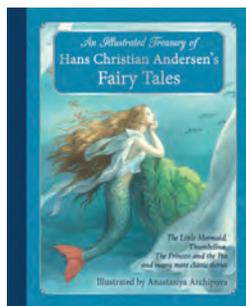
A unique alphabet book that encour-
ages natural language development
in children. Vivid illustrations bring
the unique qualities of each letter to
life. Ideal for use at home or in the
classroom. 9780880105590 64pp \$14.95

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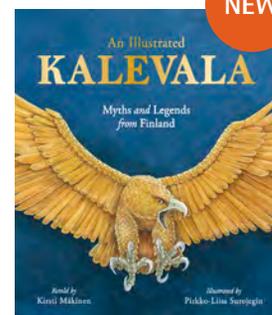
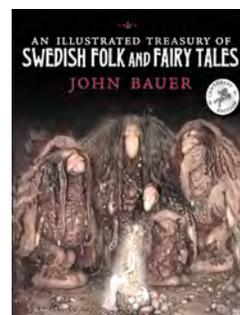
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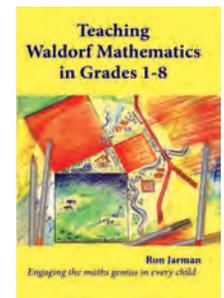
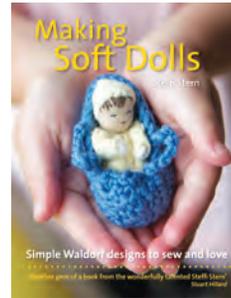
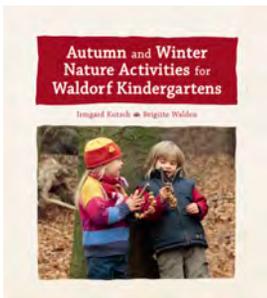
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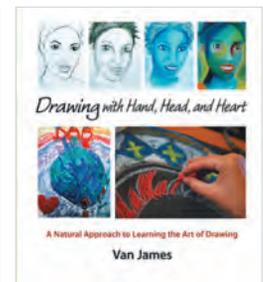
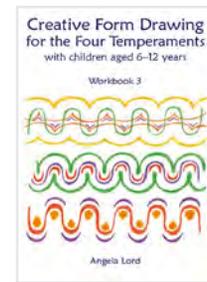
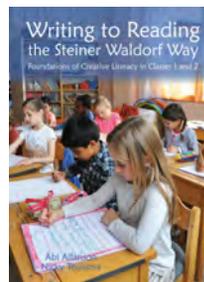
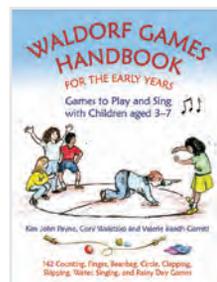
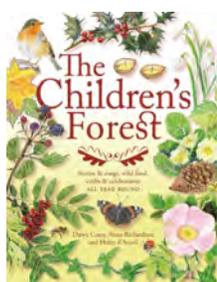
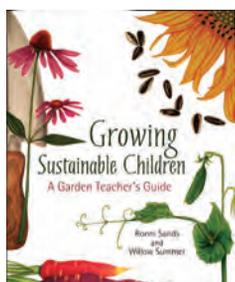
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